

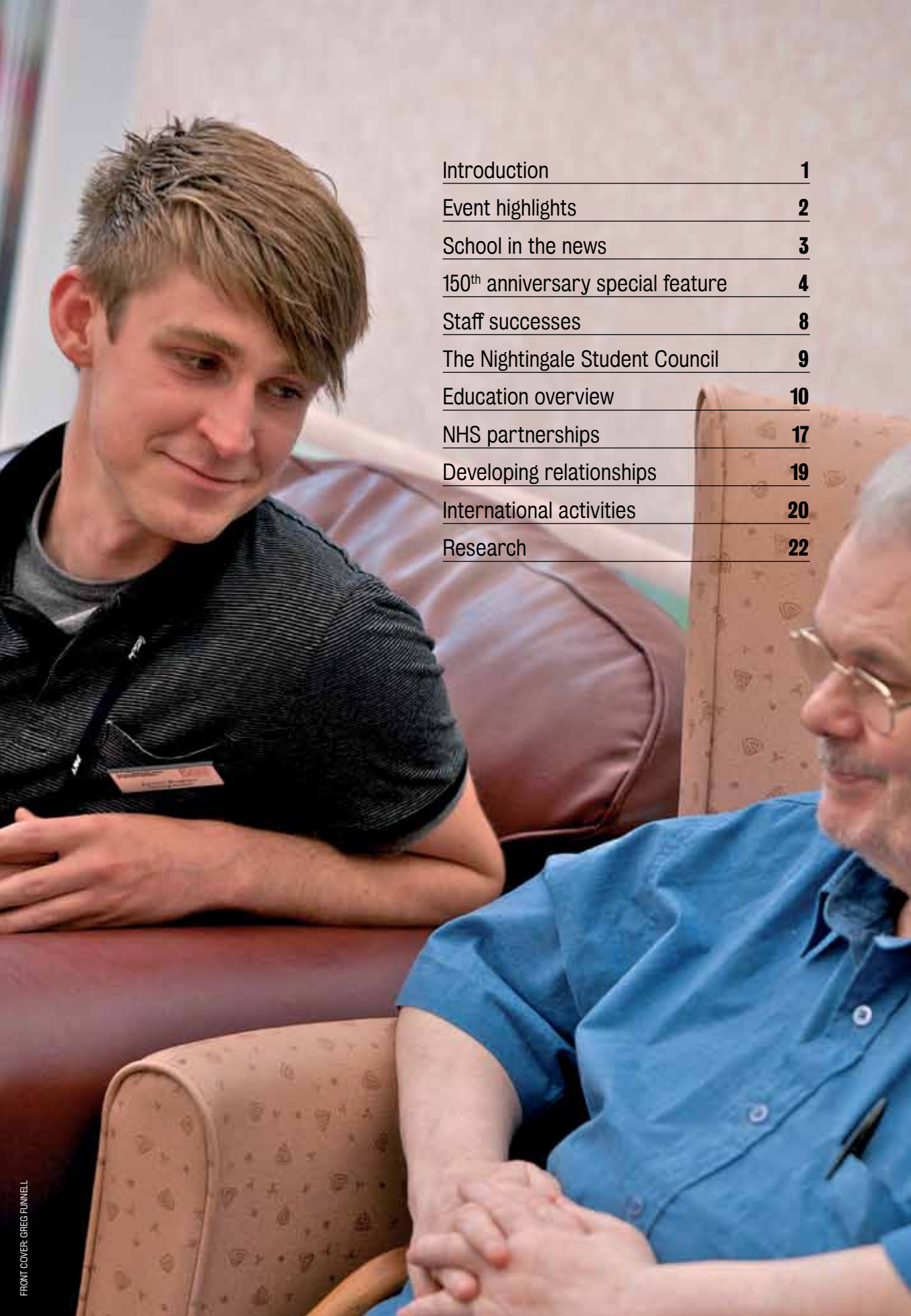
**Florence Nightingale  
School of Nursing  
& Midwifery**

**KING'S**  
*College*  
**LONDON**

# Nightingale Review 2010

*150<sup>th</sup> anniversary edition*





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**I**t has been another exciting and productive year for the School. The year started with my appointment to the Prime Minister's Commission on the Future of Nursing and Midwifery in March 2009. We delivered our report to then Prime Minister Gordon Brown at 10 Downing Street in March 2010. The report's twenty recommendations are currently under consideration by the coalition government.

We have extended our portfolio by winning contracts to provide BSc and a new Postgraduate Diploma programme for Imperial College Healthcare NHS Trust. The Postgraduate Diploma can be extended to convert into a Master's degree in six months with a dissertation option. In addition, we have established a relationship with Chelsea and Westminster Hospital NHS Foundation Trust to provide BSc Adult Nursing and BSc Midwifery student placements.

2010 is a special year for us as we celebrate our 150<sup>th</sup> Anniversary. The original Nightingale Training School opened its doors to probationers on 9 July 1860. We celebrated the occasion with a 'Next Generation Nightingales' Ball in July at the Guildhall in the City of London. The Ball brought together students and staff of the School with members of the College and the wider Nightingale community. Earlier in the year, our students took part in the annual Florence Nightingale Memorial Service at Westminster Abbey on 12 May. Archbishop Desmond Tutu, alumnus of the College, preached at the service and our students processed in uniforms designed as part of an educational collaboration with London College of Fashion. It was a great honour for our students to participate and take tea with Archbishop Tutu prior to the service.

Future events this autumn include a multimedia public engagement evening at The Wellcome Collection on the theme 'Handle with Care' on 17 September followed by a scholarly symposium, 'Navigating Nightingale', again at the Wellcome Collection on 18 September. The symposium will bring together academics from the School and across the College in the departments of Film Studies, War Studies and Psychiatry to examine the contribution that Florence Nightingale made to nursing and healthcare, as well as aspects of intellectual, political and cultural life.

We have also collaborated with Guy's and St Thomas' NHS Foundation Trust in their celebratory events for 'The Year of the Nurse and Midwife'. Papers have also been presented at conferences at our sister school in Istanbul, the Florence Nightingale School of Nursing, and at a conference to celebrate Florence Nightingale hosted by the Russian Nurses' Federation in Ekaterenburg, Russia.

One of the highlights of the year has been the appointment of John Browne as our composer in residence. John's first piece was performed at the Florence Nightingale Memorial Service and sung by the magnificent Abbey choir. The piece was the perfect prelude to the service and Archbishop Tutu's rousing and rapturous sermon. John has worked on a series of projects and commissions, including music for our own Nightingale Choir, which was sung with the Guy's and St Thomas' NHS Foundation Trust staff choir at a service at St Thomas' Hospital Chapel on Sunday 8 August for BBC Radio 4's Sunday Worship, a songbook for children for use by paediatric students and nurses and a collaborative concert planned with the Southbank Centre for the autumn, involving multiple choirs from the Centre.

**Professor Anne Marie Rafferty CBE**  
**Head of School**

# Event highlights

Over the past year, we have welcomed many speakers and guests to the School.

## The Nightingale Series

The Nightingale Series continues to offer a broad range of thought provoking seminars and breakfasts. Speakers have included Ann Keen, former Parliamentary Under-Secretary for Health, who also chaired the Prime Minister's Commission on the Future of Nursing and Midwifery in England, and Professor Peter Carter, Chief Executive and General Secretary of the Royal College of Nursing.



**Professor Peter Carter**

## Luminary director visits the School

The British director Ken Russell visited the School in January to interview Professor Anne Marie Rafferty and John Browne



DAVID BEBBER/THE TIMES

**Professor Anne Marie Rafferty, Ken Russell and John Browne**

for an article that appeared in *The Times*.

## International Women's Day

On International Women's Day in March, the School welcomed Sarah Brown, wife of the former Prime Minister Gordon Brown. Sarah is a member of the White Ribbon Alliance, which is the world's largest

network of organisations and individuals dedicated to ending the needless deaths of women in pregnancy and childbirth.

## 150<sup>th</sup> anniversary

The School, as part of its 150<sup>th</sup> anniversary, has been participating in many events throughout the year. To find out more information, please

see the special anniversary feature on page 4.

## PM's Commission on Future of Nursing & Midwifery in England

Professor Anne Marie Rafferty was a member of then Prime Minister Gordon Brown's Commission on the Future of Nursing & Midwifery in England, which delivered its report to 10 Downing Street on 2 March 2010. The twenty recommendations made by the Commission, which comprised leaders in nursing and midwifery practice, management, education and research, are now being considered by the current coalition government.



**Sarah Brown, Professor Rafferty and student Tess Dunning**



**Visit to 10 Downing Street**

## School in the news

An emphasis on music, a first for diabetes nursing and number one for nursing in London.

### Composer in residence

The arrival of the School's first composer in residence, John Browne, has featured heavily in both the nursing and national press. The one-year residency was made possible by a grant from the PRS for Music Foundation (PRSF), the UK's largest independent funder of new music. Additional funding was provided by the National Lottery through Arts Council England (London). The project is part of our innovative Culture and Care programme which explores the role that the arts can play in the professional development of nurses and midwives.

DAVID BEBBERY/THE TIMES



John Browne



Angus Forbes

### Breakthrough appointment for European diabetes nursing

The future of diabetes nursing in Europe received a boost following the appointment of Professor Angus Forbes as the first Federation of European Nurses in Diabetes (FEND) Chair in Clinical Diabetes Nursing at the School. The professorship is a collaboration between FEND, King's and the Diabetes Centre at King's College Hospital NHS Foundation Trust.

### Approval for postgraduate pre-registration nursing programme

The School became the only Russell Group university in London

to offer a two year Postgraduate Diploma (PG Dip) in Nursing which forms part of the School's pre-registration education programme. See the pre-registration education overview on page 12 for more information.

### Double RCN research award honour

Two lecturers from the School were announced as winners of the Marjorie Simpson New Researchers' award 2010 at the Royal College of Nursing (RCN) International Nursing Research Conference in Gateshead in May 2010. Suzanne Bench and Wladzia Czuber-Dochan were two of three researchers to receive the award for their ongoing doctoral research projects.

### Number one for nursing in London

The Complete University Guide 2011 announced that the School is the only university in London to be ranked in the top ten British universities

for nursing. The Guide, which was published in *The Independent*, ranked the School as ninth for nursing, an improvement of four places from the previous year's ranking. The School retains its place as the top rated nursing school in London. As a university, King's also rose in the rankings, moving four places from 17th to 13th position.

### Nursing & Midwifery Council commissions nursing research

Professor Peter Griffiths and Dr Sarah Robinson of the National Nursing Research Unit (NNRU) have been commissioned by the NMC to analyse the potential risks and benefits of regulating healthcare support workers.



150<sup>th</sup> anniversary special feature

WELLCOME LIBRARY, LONDON



This year, the Florence Nightingale School of Nursing & Midwifery celebrates its 150<sup>th</sup> anniversary. The world's first professional nurse training school, established by Florence Nightingale at St Thomas' Hospital, opened on 9 July 1860.

### February 2010 Screening the nurse: Call to service – a film collaboration

The School and curators from the Imperial War Museum used film to celebrate and analyse nurses' contributions to war. Experts from the School and colleagues from Film Studies, War Studies and the Institute of Psychiatry at King's, together with the Museum's curators, introduced documentary, recruitment and feature films followed by question and answer sessions.



IMPERIAL WAR MUSEUM



### January 2010 Year of the Nurse and Midwife

Professor Anne Marie Rafferty gave a speech to nurses and midwives on Tuesday 19 January at Guy's and St Thomas' NHS Foundation Trust which began their Florence Nightingale centenary celebrations with the launch of *The Year of the Nurse and Midwife*.

# 150<sup>th</sup> anniversary special feature

## April 2010 150<sup>th</sup> anniversary website



A commemorative 150<sup>th</sup> anniversary website was launched by the School to highlight its history and founder, students, alumni and research activities, as well as events the School is participating during the year. Visit the website: [www.kcl.ac.uk/schools/nursing/anniversary](http://www.kcl.ac.uk/schools/nursing/anniversary)

## May 2010 Memorial service at Westminster Abbey

Archbishop Desmond Tutu, Nobel Peace Laureate, Fellow and King's alumnus, gave the address to a congregation of 2000 nurses, midwives, students and health care professionals attending the commemoration service at Westminster Abbey on Wednesday 12 May to celebrate the life and work of Florence Nightingale in the centennial year of her death.

Nursing and midwifery students from the School featured heavily in the service, which was attended by many staff from the School. Nursing

students from both the School and the Armed Forces met Archbishop Tutu and participated in the Procession of the Lamp, a symbolic part of the service where a replica of the lamp used by Florence Nightingale in the Crimean War is carried by a scholar of the Nightingale Foundation and passed between nurses to represent the passing of knowledge from one nurse to another.



Westminster Abbey

## June 2010 The Year of the Nurse and Midwife – Education Month

The School collaborates with Guy's and St Thomas' NHS Foundation Trust to celebrate nursing education. A film show, interactive education classes, drop in sessions and exhibits featured all things educational – from exam papers to competence assessment books.



Florence Nightingale Museum

# 150<sup>th</sup> anniversary special feature

150<sup>th</sup> ANNIVERSARY BALL PHOTOS BY GREG FUNNELL

**July 2010 Next Generation Nightingales 150<sup>th</sup> anniversary ball** On Friday 9 July staff, students and friends of the School gathered to celebrate our 150<sup>th</sup> anniversary at London's prestigious Guildhall venue. The event was an opportunity for everyone to enjoy the School's achievements over the past 150 years and look to the future of the nursing and midwifery profession.



# 150<sup>th</sup> anniversary special feature

CHARLIE MULLIGAN



## August 2010 BBC Radio 4 – Sunday Worship

The School's Nightingale Choir performed the music of John Browne as part of BBC Radio 4's Sunday Worship from St Thomas's Chapel on Sunday 8 August.



LING ARZEMAN

## September 2010 'The Thinking Nurse' and Wellcome Collection event

During September, the School will be participating in a number of events. From September to December the Maughan Library at King's Strand campus will host *The Thinking Nurse* exhibition, curated by Professor

Anne Marie Rafferty and Dr Rosemary Wall, together with the King's College London archivists. The exhibition is open to the public.

On 17 and 18 September, the Wellcome Collection will host two events organised by the School.

*Handle With Care*, 17 September – a public engagement evening, curated by the School, celebrating nursing and midwifery and the 150<sup>th</sup> anniversary of the School.

*Navigating Nightingale*, King's Symposium, 18 September – Florence Nightingale will be examined by King's academics from a wide

variety of angles including war studies, history of medicine, celebrity and the media, religion, travel and life writing.

You can find out all about our anniversary year of events by visiting our special website: Visit [www.kcl.ac.uk/schools/nursing/anniversary](http://www.kcl.ac.uk/schools/nursing/anniversary)

WELLCOME LIBRARY, LONDON



Maughan Library

## Staff successes



### Professor Debra Bick

The Hospital to Home Postnatal Study, led by Professor Debra Bick with funding from the Burdett Trust, was awarded first prize in the postnatal category of the All Party Parliamentary Awards.

### Professor Sarah Cowley

Sarah Cowley, Professor of Community Practice Development, was the Project Leader on Health Visitor Matters, a report published in November 2009 by the UK Public Health Association.

### Dr Mary Malone

Dr Mary Malone is the module and chapter editor for the Department of Health's e-learning project, 'The e-healthy child'. The project will develop e-learning materials for use by health care professionals to support the delivery of the Healthy Child Programme for children under five years. It is anticipated that materials will be used within the UK and internationally.

### Mary Sheridan

Mary Sheridan, lecturer practitioner, was awarded a National Institute of Health Research (NIHR) Clinical Doctoral Research Fellowship. Her doctoral study focuses on the detection and management of breech births. She is supervised by Professor Debra Bick and Dr Susan Bewley, consultant obstetrician at Guy's and St Thomas' NHS Foundation Trust.

### Dr Isabel White

Dr Isabel White, Remedi/Macmillan Clinical Research Fellow in Cancer Rehabilitation, received two awards for her work. The first was the Robert Tiffany Lectureship awarded by the International Society of Nurses in Cancer Care (ISNCC) and presented to Dr White at the International Conference on Cancer Nursing in Atlanta, Georgia, USA in March 2010. The second was the Professor Rosemary Pope Memorial, conferred by the University of Surrey. The award is for the doctoral thesis that, in the opinion of the judges, has most significantly contributed to the development and advancement of nursing and midwifery practice.

### King's Award for Excellence in Teaching

The King's Awards for Excellence in Teaching provide students with an opportunity to recognise teaching staff or groups of staff from each of the College's nine schools. Richard Jones, tutor in mental health nursing, and the Postgraduate Diploma curriculum development team received awards for the School.



# The Nightingale Student Council

The Nightingale Student Council (NSC) is a student-led committee of pre-registration nursing and midwifery students from the School.

The NSC has been commended for its effective structure and representation of all students by the School, the Nursing and Midwifery Council, King's College London and King's College London Student Union (KCLSU). The NSC has now become the structural template that all other councils within King's should adopt.

The NSC organised a social event on 12 May 2010, Florence Nightingale's birthday, and designed a range of School hoodies for students. Limited edition hoodies were also produced to celebrate the 150<sup>th</sup> anniversary of the School, with a donation given to the Florence Nightingale Foundation from the profits.

The NSC was honoured to take part in the Procession of the Lamp at the Florence Nightingale Commemoration Service at Westminster Abbey on the centenary anniversary of her death. The NSC also played a major role in organising the School's 150<sup>th</sup> Anniversary Ball held at the Guildhall on 9 July 2010.

We wish to thank the students, staff and lecturers who have supported the Council throughout the year, as well as those dedicated Council members who regularly give up their time and energy to support others.

James C Squires  
**Nightingale Student Council Chair**

## PRE-REGISTRATION STUDENT SUCCESSES

**Angelina Kennedy**, BSc Adult Nursing (2006 intake), was awarded the Jelf Medal, the highest honour the College can bestow on students and awarded to students who have, in the view of the Principal, most distinguished themselves during their undergraduate course.



**Greg Hext**, (BSc Adult Nursing, 2006 intake), **Nick Jones** (two year DipHE Mental Health Nursing, 2007 intake) and **Lauren Chandler** (DipHE Midwifery, 2007 intake) were all winners of the Taylor Wessing Prize for Excellence for their final year marks.

**Kirsty Ann Fletcher**, (BSc Adult Nursing, 2006 intake), **Elizabeth Witts**

(two year DipHE Adult Nursing, 2007 intake) and **Kishan Sandy** (DipHE Adult Nursing, 2006 intake) were awarded the Phyllis O'Rourke Prize for their excellent final year results.



**James Squires**, BSc Adult Nursing (2007 intake) and outgoing Chair of the Nursing Student Council, won the KCLSU Course Representative of the Year award and the Laurels

Award for recognition of an outstanding contribution to King's and KCLSU. He was also nominated by KCLSU for the Student of the Year award.

**Amy Catherine McLeod** and **Angelina Kennedy**, both BSc Adult Nursing (2006 intake), graduated from the Associates of King's College (AKC) course.

**Mark Woods**, BSc Adult Nursing (2007 intake), completed the London to Paris cycle challenge in June 2010 to raise money for the paediatric liver unit at King's College Hospital NHS Foundation Trust.

# Education overview

Professor Alison While *Associate Dean (Education & External Affairs)*

This year has been notable for successful reviews of our education provision and the continuing development of our offering building upon a solid foundation of education embedded in our research activities and partnerships across King's and leading healthcare providers.



The continuing development of our education is driven by three guiding intentions, namely, the education of exemplary professionals capable of delivering world class high quality care, the development of intellectual self-reliance and the increasing internationalisation of our education. Thus, we have validated a number of new programmes both in our pre-registration education and for qualified practitioners. We actively promote opportunities to learn from international elective experiences both for the individuals themselves and also for the benefit they bring to student groups and clinical partners, especially when it involves trained staff.

Professor Ian Norman, Associate Dean (Staff Development), has led a staff development programme with the support of Heads of Departments so that all staff are actively encouraged to develop their scholarship and knowledge transfer skills for the benefit of students. There have been a number of new appointments to replace staff who have retired and the new role of Clinical Teacher has been introduced so that the staff group has been strengthened to deliver excellence across all areas of education in the coming year. An 'Education Excellence' poster showcase event was held in June to share the strengths of King's and its staff in the delivery of nursing and midwifery education. We look forward to working with our many partners in the coming year.

# Pre-registration nursing education

Angela Parry *Strategic Lead for Pre-registration Nursing Programmes*

This has been a busy year for the pre-registration nursing programmes within the School. Three programmes, with registration as an adult, children's or mental health nurse, continue to be offered – BSc, graduate entry two year Diploma of Higher Education (DipHE), and three year DipHE (adult and mental health only).

There have been increased numbers of applications to all programmes, and higher student numbers enrolled on the BSc and graduate entry programmes. Furthermore, an increased number of three year DipHE students met the criteria to transfer to the BSc programme for the commencement of year two of their studies. An increased range of NHS Trusts and other healthcare organisations now provide clinical learning opportunities for students, enabling further high quality practice learning options to complement the academic opportunities within the various programmes of study.

## Successful reviews

There were three reviews of the nursing programmes during the last academic year. At the NMC annual monitoring event, the pre-registration nursing programmes were rated as 'good' in all five areas reviewed, with commendations gained in three areas directly relating to the support and management of students. This showed improvement on the previous year. NHS London's annual contract review noted increased quality and performance across all programmes. The National Student Survey (NSS) 2009 rated highly the teaching, academic support, learning resources and opportunities for personal development available to students showing high satisfaction with the overall programme. This year, record numbers of students have completed the survey, the results of which will be known later in the year. All these achievements echoed the recent excellent Institutional Audit rating of the College.



# Pre-registration nursing education

Angela Parry *Strategic Lead for Pre-registration Nursing Programmes*

## New programmes

The School has received NMC and College approval to offer a new pre-registration nursing programme at postgraduate level commencing in September 2010. This programme replaces the current graduate entry two year DipHE and enables students to achieve professional registration and two-thirds of a Master's qualification. It is envisaged many students will complete a final year of study once professional registration is achieved to obtain their MSc. We are the only Russell Group University in London to offer this programme for graduates with relevant first degrees and healthcare experience. We anticipate that this programme will be instrumental in raising the educational achievements of the future nursing workforce in London and will offer exciting career opportunities for graduates of the programme. A Fast Track Health Visitor initiative commenced in 2009. Three students were successfully recruited, with salary support, to undertake the two year graduate entry DipHE and will progress immediately on completion to the one year Postgraduate Specialist Community Public Health Nursing programme. This will enable registrants to work as health visitors within three years of commencing their nursing studies. Interest in the initiative has been considerable and NHS London has agreed to continue its support of the initiative for 2010 entry.



## The student experience

The School benefits from a highly engaged student body who have actively contributed to the continuing development of the nursing programmes and to the overall student experience. Two particular initiatives in 2009–10 involved student clinical learning in practice. Two BSc students studying adult nursing were successful in gaining a scholarship to attend the University of Pennsylvania for one term and a further two students have been selected for this in September 2010. A number of 2nd year BSc degree students, and final year graduate entry DipHE students, were given the opportunity to undertake a four week elective placement during Spring 2010. Record numbers of students gained international experience with others having clinical placements in other UK health care organisations. Presentations following the elective experience were outstanding and clearly demonstrated the benefits of these opportunities. Three year DipHE students will have the opportunity to undertake an elective experience in their final year.

The pre-registration programme team look forward to continuing this buoyant progress in the forthcoming session.



# Pre-registration midwifery education

Sophie French *Lead for Pre-registration Midwifery Education*



## Successful review

The NMC's annual monitoring event in March showed the continued strength of the School's pre-registration midwifery and supervision of midwives provision. The programmes were rated as 'good' in all five areas reviewed, with commendations gained in three areas directly relating to the support and management of students.

## All graduate midwifery

The BSc pre-registration midwifery curriculum has completed the second year of implementation and continues to attract an increase in high calibre applications. NHS London student midwife commissions have increased and continuing funding has been secured for the well evaluated Clinical Placement Facilitator roles. In addition to the current five affiliated NHS Trust maternity units, practice placements have been secured at St Mary's Hospital and Queen Charlotte's Hospital, Imperial College Healthcare NHS Trust.

## Joint midwifery appointment with Chelsea and Westminster NHS Foundation Trust

Dr Mary Stewart has been appointed as a Senior Lecturer in Midwifery in a joint role between the School and Chelsea and Westminster Hospital NHS Foundation Trust. She joins the School from the National Perinatal Epidemiology Unit at the University of Oxford. The appointment is the first of its kind for the Trust, and one of a series of collaborative joint appointments for the School. The joint appointment adds strength to the excellent maternity service for women who choose to have their babies at the Trust', and will facilitate research, audit and teaching to help promote midwifery-led care across London. Mary will join the School in September 2010.

# Post-qualification undergraduate education

Julie Bliss *Head of Post-qualification Education*

Student numbers continue to increase across the majority of the post-qualification undergraduate provision.

## Collaboration

This increase in the number of students reflects our close working relationship with NHS Trusts and independent health care providers which ensures that the study days, modules and programmes continue to meet the needs of evolving health care delivery. An example of this is work with the HIV unit at Chelsea and Westminster NHS Foundation Trust to further develop the HIV module.

Recent developments include the Bariatric Surgery study day and the new module Ambulatory Day Surgery in Acute and Community Settings that will be offered in term one of the new academic year. A range of Graduate Certificates started in September 2008 and the first students have now successfully completed the programme and graduate this academic year.

During recent months, Study Skills workshops have been more closely aligned with the Academic Practice module which will allow students to choose to continue on the module and gain academic credit towards an award. The Academic Practice module had a 100 per cent pass rate and follow up of the initial student group showed an improvement in their subsequent academic work.

## Module developments

An increased number of students have also enrolled on the Return to Practice module this academic year. This is offered with a number of health care providers. Continuing development of the e-learning materials to support modules and study days has enabled students from outside London to access the provision. International students have been able to attend study days and modules.



# Postgraduate taught studies

Dr Margaret Edwards *Head of Postgraduate Taught Studies*

This academic year saw robust recruitment to all Master's programmes. The session started with John Browne leading over 150 newly enrolled students in hearty community singing.

**T**he MSc programmes continue to recruit widely both nationally and from across London. There are over 300 students currently registered on Master's programmes within the School.

## Developing modules

Much work was undertaken in the summer of 2009 to re-engineer and develop Master's level modules. The College e-learning site has made it possible to exploit the use of the internet to provide blended and interactive materials. The use of short block contact days has meant that students, many of whom hold senior managerial and/or clinical positions, can minimise disruption to their working life. We had record demands for two core research courses, Principal Methods of Healthcare Research and Evidence Based Decision Making in Healthcare, as well as Prescribing for Nurses and Midwives.

## New programmes

Two new MSc programmes, the MSc Education for Healthcare Professionals and the MRes in Health and Social Care, came on stream in 2009–10. Dr Ann Wilkinson led the inaugural year of the MSc Education for Healthcare Professionals. The newly configured programme enables students to obtain a recordable NMC teacher qualification. The programme has been made available to international students seeking a Master's level education programme. The MRes in Health and Social Care is led by Professor Emma Ream and provides a stretching and comprehensive research training to form the basis for future doctoral study.

## Student successes

In 2009–10, competition has been fierce for the Wilson Barnett Prize, awarded annually for the dissertation achieving the highest mark. Currently students will need marks in excess of 80 per cent to beat dissertations submitted so far this year. As ever, the Evidence-Based Decision-Making module has produced a number of pieces of student work of publishable quality.

### Congratulations to the following students who received their doctorate this year.

**Dr Maria Arantzamendi**, PhD 2009. Thesis: 'A mixed method study of the experiences of Spanish hospital nurses caring for terminally ill patients'

**Dr Allan Hicks**, DHC 2009. Thesis: 'An examination of the influences on choice of first post among a population of final year undergraduate student nurses'

**Dr Jaqualyn Moore**, PhD 2009. Thesis: 'Life on interferon: A longitudinal, phenomenological study of people with kidney cancer'

**Dr Ann Wilkinson**, PhD 2009. Thesis: 'An exploratory study of nursing students' use of computers and the Internet for education'

**Dr Gregory Parkin-Smith**, DHC 2009. Thesis: 'A comparison of a protocol of evidence-based conservative care to usual care for acute non-specific low back pain in chiropractic practice'

**Dr Roberta Sammut**, PhD 2010. Thesis: 'Nursing students' psychosocial development'

**Dr Martin Hind**, PhD 2010. Thesis: 'Interprofessional attitudes of health care students: A longitudinal study'

# Postgraduate research studies

Dr Joanne Fitzpatrick *Head of Postgraduate Research programmes*

## Health Schools Graduate Research Showcase

This annual event brings together students and staff from across the Health Schools to network, showcase and celebrate graduate research. From the School of Nursing and Midwifery students Dr Roberta Sammut and Dr Jaqualyn Moore, who recently received their doctorates, presented papers at the 2009 event.

## Master classes

The annual master classes programme was well received by research students and included sessions on: 'writing a research proposal for funding', 'publishing during and after your research programme', and 'the final oral examination'.

## Annual Research Symposium

This year's symposium featured a lively programme of research posters and oral presentations by six research students:

**Carole Jackson** *Unclean: an ethnographic study of nurses' infection control behaviours*

**Oliver Shanley** *Suicide, mental health nursing and the coroner's court*

**Kirstie Coxon** *What do 'moral hygiene' and 'social stigma' have to do with deciding where to give birth? – some thoughts about sociological theory and narrative data*

**Ameera Aldossary** *An exploratory study of the health promotion role of the staff nurse in Saudi Arabia*

**Hilde Ahmedzai** *Online discussion forums – a longitudinal study of women with breast cancer*

**Paul De Raeve** *Modus Operandi - being the lobbyist and the researcher: methodological entry points.*

## POSTGRADUATE RESEARCH STUDENT SUCCESSES

**Denise Hibbert**, PhD student, presented a review of the quality of life literature pertaining to 'rectal cancer patients with and without a permanent stoma' for the Saudi Arabian Colorectal Surgery Annual Forum in March 2010.

**Andreas Xyrichis**, PhD student, presented 'What is teamwork in intensive care? An ethnographic investigation of collaborative practice' at the European Regional

Conference of the Commonwealth Nurses Federation, in Paphos, Cyprus, in March 2010.

**Hui Ching (Serena) Li**, PhD student, presented two papers surrounding dignity therapy for terminally ill cancer patients in Taiwan at the 6th Research Congress of the European Association of Palliative Care in Glasgow in June 2010.

**Dr Gregory Parkin-Smith**, Doctorate in Health Care

(2009), presented his research into chiropractic care for acute non-specific low back pain at the Chiropractic & Osteopathy College of Australasia annual national conference in Sydney, Australia, in October 2009. He won the first prize for original research at this conference, out of the 18 research projects presented.

**Vicki Harmer**, Doctorate in Healthcare student, has provided expert breast advice

relating to breast cancer treatment and care to writers of the award winning soap, Coronation Street, in a prominent breast cancer storyline.



# NHS partnerships

Barbara Dahill *Director of Administration and Business Development and Professor Alison While Associate Dean (Education and External Affairs)*

This has been an exciting year for deepening existing, and beginning new, partnerships with NHS Trusts. Nursing and midwifery pre-registration students spend half of their education in clinical placements within healthcare organisations, so working better together is part of the continuous process of improving the quality of our education and the experience of our students.



**W**e would like to take this opportunity to express our appreciation for the important part that more than 30 partners play in the success of our pre-registration education. As a leading provider of education for qualified healthcare professionals, working closely in this area is also mutually beneficial in our shared goal of supporting a world class workforce.

## King's Health Partners

King's Health Partners (KHP) was accredited by the Department of Health as one of five Academic Health Sciences Centres (AHSC) in the UK. KHP brings together King's College London, and Guy's and St Thomas', King's College Hospital and South London and Maudsley NHS Foundation Trusts in a pioneering collaboration. Before the formation of KHP, our School was already working closely

with all three Trusts in providing pre-registration nursing and midwifery education, and continuing personal and professional development for their healthcare workforces. However, the development of KHP and Clinical Academic Groups, which bring together clinical services and academic activities, has sharpened our focus on innovation and benefits to patients. An early example of this has been our participation in the development of a multi-disciplinary training programme for staff on the prevention and management of delirium across all three KHP Trusts. Delirium is a frequently occurring condition, particularly in elderly patients; it has negative outcomes for patients and is a major cost to the NHS. This programme aims to reduce the occurrence of delirium by ensuring that nurses and other healthcare professionals can provide skilled assessment and evidence-based interventions to patients at risk of this condition.

# NHS partnerships

Barbara Dahill *Director of Administration and Business Development* and  
Professor Alison While *Associate Dean (Education and External Affairs)*

## Developing Trust partnerships

We are also privileged to be working more closely with Imperial College Healthcare NHS Trust (Imperial) – accredited as an AHSC at the same time as King’s Health Partners. We were successful in being awarded the contract to provide pre-registration nursing education, with an emphasis on research capability on graduation, at St Mary’s Hospital. BSc and two year DipHE students in adult and children’s nursing began their clinical placements at Imperial in November 2009.

Our offering of clinical placements in central London has been strengthened by agreements with Chelsea and Westminster NHS Foundation Trust to provide nursing and midwifery placements at the Trust. This has been rewarding for our students as the Trust offers unique clinical placements, such as in the burns unit. As part of the Fast Track Health Visitor initiative, we have placements at University College Hospital NHS Foundation Trust and Great Ormond Street Hospital for Children to add to our long term successful partnership with St George’s Healthcare NHS Trust.

## Clinical academic careers

We have also been active in expanding clinical academic career opportunities for our workforce. We are planning to appoint five chairs/senior lecturers in collaboration with NHS partners. The first of these new appointees is now in post; Professor Angus Forbes has been appointed as the Chair of Clinical Diabetes Nursing. This post is funded jointly by the Federation of European Nurses in Diabetes (FEND) and King’s College Hospital NHS Foundation Trust.

Our academic staff have continued their active involvement with Trusts and other healthcare organisations in their roles as account managers and link lecturers. We provide post-qualification education for more than 50 organisations across London and are grateful for this endorsement of the quality of the education that we offer. We look forward to responding to the changing educational requirements of our partners in the coming year.



# Developing relationships

Louise L Clark *Lecturer in Mental Health and Intellectual Impairment and School Business Fellow*

Adult branch students continue to enjoy clinical placements at The Royal Hospital for Neuro-disability, Putney and The Hospital of St John and St Elizabeth.



We are now adding to our portfolio of independent healthcare organisations with the addition of placements for mental health students at Cygnet Blackheath and Lewisham.

Seventeen Registered Nurses from BMI Healthcare hospitals across the UK have undertaken Anaesthetics and Peri-operative Nursing courses and other modules are planned for the next academic year.

Our relationship with Central and North West London Mental Health NHS Foundation Trust continues to thrive. Eight BSc mental health pre-registration nursing students will participate in clinical placements, largely at the St Charles Hospital site. This mirrors adult pre-registration students who enjoy placements at Chelsea and Westminster Hospital NHS Foundation Trust, also in the Royal Borough of Kensington and Chelsea. With the support of our academic staff, Central and North West London Mental Health NHS Foundation Trust are currently sponsoring a development programme for their Modern Matrons following on from workshops to explore 'The Role of the Mental Health Nurse'.

Training in intellectual disability for adult nurses is now delivered to many of our partner Trusts in response to the 'Death by Indifference' campaign (Mencap 2007) and the subsequent inquiries that have stressed the urgent need for education to promote better care. Competencies for adult nurses caring for people with intellectual disabilities in mainstream NHS hospitals have been developed and validated, sponsored by South London Healthcare NHS Trust and led by Professor Alison While and Louise L Clark.



# International activities

Dr Louise Barriball *Head of Department: Primary & Intermediate Care*

VICTORIA DIMMOCK



“ **‘I can’t recommend highly enough to nursing students what an experience like this will add to your professional outlook. Experiencing what positive health outcomes were achieved at the hospital in Maharashtra, India, with so few staff, few diagnostic tools and very little money has been inspiring and leaves me in awe of the people I was lucky enough to meet on this placement.’** ”  
*Victoria Dimmock, BSc Adult Nursing*



## University of Navarra

In February 2010, Professor Ian Norman gave seminars for postgraduate students when he visited the School of Nursing at

the University of Navarra, Pamplona, Spain. The visit was sponsored by the European Union under its Lifelong Learning Programme for promoting staff exchange across European Universities.

“ **During my elective, I worked at a local dispensary in a remote Maasai village. I watched scorpion bites being traditionally healed, discussed traditional and western medicine with Maasai warriors, learnt the art of raising eyebrows to communicate, and experienced different health beliefs.** ”

*Rachel O’Toole, BSc Adult Nursing*

King’s and the University of Navarra have an established partnership focusing on a range of activities over many years, including joint EU research, joint supervision of PhD students and student and staff exchanges.

Dr Maria Carmen Portillo from the University of Navarra will be making a reciprocal visit to the School. She will participate in a series of seminars for postgraduate students and discuss further opportunities for shared academic activities, including collaborative research.

## Visiting Professorships

Researchers in the School are also active partners in a range of other national and international collaborations. Staff with visiting professorships in other countries include Professor Debra Bick at the University of Sao Paulo, Brazil, Professor Sarah Cowley at the University of Technology, Sydney and Professor Alison While at Hong Kong University.

Professor Alison While is working with Hong Kong University and the 2nd Military Medical University in Shanghai to develop research collaborations in several areas, including uptake of flu vaccination by healthcare staff and health promotion for weight management/obesity.

MARIAPAOLA LANZA



around the world. This year, nineteen of our second year BSc and two year DipHE nursing students across adult, child and mental health branches undertook four week international electives in February 2010. Destinations have been both close to home and further afield, in France, Malawi, India, Zanzibar and Australia.

### International Electives

The School offers nursing students the opportunity to study abroad and experience clinical work in other countries. The electives are designed to expand a student's awareness of global health and nursing trends, and enhance their professional development.

The School has strong relationships with many educational and healthcare organisations

**“ Witnessing healthcare provision in Tanzania, a country struck by poverty and famine, has enhanced my outlook on life and has had a powerful impact on my understanding of nursing. It is such a great privilege to be able to practice such a fulfilling career, and the experience has hugely shaped my perspective of nursing on a global scale.”** *Mariapaola Lanza, BSc Children's Nursing*



RACHEL OTOCLE

# Research

Professor Charlotte Humphrey *Interim Associate Dean (Research) and Professor of Healthcare Evaluation*



Among the major projects successfully completed in the past year are two studies funded by the NHS National Institute for Health Research (NIHR) Service Delivery and Organisation funding stream, one led by Professor Alison While investigating the nursing contribution to chronic disease management, and a study scoping the organisation and delivery of diabetes services in the UK led by Professor Angus Forbes.

A programme of linked studies concerned with equality and diversity issues in health professional regulation led by Professor Charlotte Humphrey, with colleagues in Cardiff and Manchester Universities, was completed. This was funded by the Economic and Social Research Council (ESRC) Public Services Programme.

The Hospital to Home Postnatal Study, led by Professor Debra Bick with funding from the Burdett Trust, was awarded first prize in the postnatal category of the All Party Parliamentary Awards.

Professor Ian Norman, together with collaborators in the Department of Pharmacy, the Institute of Psychiatry and Lambeth Primary Healthcare

Trust, is working on a study funded by Guy's & St Thomas' Charity to evaluate the feasibility of alcohol screening and brief interventions in 30 community pharmacies within Lambeth Primary Care Trust. The project enhances existing skills of community pharmacists to conduct brief alcohol interventions in their pharmacies and to evaluate effectiveness and sustainability.

Dr Trisha Grocott's work with London College of Fashion, with funding from King's Business Futures Fund, is an innovative collaboration to develop third generation prototypes for woundcare for epidermolysis bullosa.

### National Nursing Research Unit

During the course of the year, the National Nursing Research Unit has been successful in winning several large contracts from the NHS Institute for Improvement and Innovation, including continuation of the work to develop outcome measures for ambulatory chemotherapy nursing. The Unit has also built on the evaluation of the national Productive Ward programme with further work for the NHS Institute and is participating in the evaluation of the Canadian roll out of the programme funded by the Canadian Institute for Health Services Research. Work has begun on the Engineering and Physical Sciences Research Council (EPSRC) funded examination of the workforce implications of moving to single room hospital accommodation. Work continues on Dr Jill Maben's project examining the relationship between staff wellbeing and patient experiences and the Unit's core programme of research examining the relationship between workforce configurations and patient outcomes.



### Supportive Cancer Care research

The Supportive Cancer Care (S-CARE) research group, led by Professor Emma Ream, focuses on providing better supportive care for people affected by cancer. Managing the experience of illness is a major theme of the group's work, with a focus on developing and evaluating nurse-led approaches to assessment and intervention for symptoms and concerns faced by people with cancer and their informal caregivers. S-CARE staff have played a key role. This work has been funded by MacMillan Cancer Support to develop, across England and Scotland, a community of influence, made up of nurses and allied health professionals with expertise and shared interests in the consequences of cancer or its treatment and effects on cancer survivorship. Recently, the group has begun to explore ways of offering care and support in the transition to life beyond treatment for cancer.

# Research

Professor Charlotte Humphrey *Interim Associate Dean (Research)*  
and *Professor of Healthcare Evaluation*

## Midwifery & Women's Health research

Ongoing clinical research in the midwifery and women's health group, led by Professor Debra Bick, includes two randomised controlled trials supported by grants from the National Institute for Health Research (NIHR) funding streams of Research for Patient Benefit and Health Technology Assessment. The first compares intramuscular (IM) administration of diamorphine with pethidine for analgesia in labour; the second compares upright with supine positions for women in labour with epidural analgesia.

Together with colleagues in Stafford University and the Royal College of Midwives, Professor Bick is leading a National Clinical Quality Improvement Project funded by the Health Foundation. This is aimed at improving the assessment and management of perineal trauma. As part of this work, the group has recently won funding to develop an internet-based training package on perineal assessment and repair.

## Nursing and humanities

Professor Anne Marie Rafferty gained funding as the co-Principal Investigator of the Wellcome Trust Strategic Award to support the Centre for the Humanities and Health at King's. This is a multi-disciplinary initiative drawing from King's departments of English, psychiatry, films studies, history, nursing and psychology.

At postdoctoral level, Literature Fellow Dr Jessica Howell has been appointed to the Nursing and Identity: Crossing Borders strand. She is working with Professor Anne Marie Rafferty and Dr Rosemary Wall (Nursing) and Dr Anna Snaith (English) to expand historical research on colonial nursing by examining these nurses as travel writers. These writings are explored from a life-writing perspective, using methods drawn from travel, gender and race theories, comparing nurses' self-representation with colonial values.

Elisabetta Babini is a Wellcome-funded doctoral student examining nurses in film. Her doctoral research is comparative, exploring film in Britain, Italy and the USA. Co-supervised in the Department of Film Studies, this furthers the research by Rafferty and Wall on the value of films for teaching history.

## International research and collaborations

Our research on international health systems and workforce mobility includes two studies funded by the European Commission 7th Framework Programme. The RN4CAST study examines nurse workforce planning and the effect of hospital staffing and organisational culture on nurse and patient outcomes. The School leads two work streams and the UK arm for this project, which covers 14 countries throughout the EU, Botswana, China South Africa and USA: the collection of patient outcome data (led by Professor Peter Griffiths in the National Nursing Research Unit) and dissemination (led by Professor Anne Marie Rafferty). Dr Ruth Young is leading work exploring the personal drivers for migration among individual health professionals for the PROMeTHEUS study on health professional mobility in the European Union.

With funding from the WHO Alliance for Health Policy and Systems Research, Dr Susan Murray and colleagues from Lebanon, Jordan and the United Arab Emirates are investigating factors influencing mobility in the nursing workforce between these countries of the Middle East. New awards to this group include an ESRC Rising Powers network award for collaboration with Jawaharlal Nehru University, Delhi and London School of Economics Health on the globalising healthcare economy. Many staff have contributed international keynote speeches this year, including Dr Isabel White, who presented the Robert Tiffany Memorial Lecture at the 16th International Conference on Cancer Nursing in Atlanta, Georgia, USA.



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