

# Providing day centre services for mixed groups of adults

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# NHSCT



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# Day Centre Services

- 10 day centres within Community Care
- 429 service user places per day
- Staff group of approximately 200 staff
- Regulated services
  - RQIA
  - Minimum Standards for Day Care
  - Monitoring Schedule
  - Annual Inspection

# Day Centre Service

Enablement



Positive Living

S.T.E.P.S

Early Dementia

Health & Wellbeing

Maintenance

# Day Care in a Pandemic

- Sudden, unplanned closure
- Redeployment of staff
- Development of outreach programmes
- Reset of services
- IPC guidelines and DoH directives
- Target driven

# Journey of a Day Centre Referral

- NISAT
- Day Care Referral Form
- Consideration of capacity
- Day Care Assessment
- Agreeing a start date/time/phased approach
- Service user agreement
- Initial Review
- Communication!!

# How do we provide day care to mixed groups of service users?

# Groups

- Inclusive groups
- Activity analysis
- Appropriate planning to ensure that activities are appropriate
- Using a person centred approach



# Interfaces

- Service PR
- Named worker/community teams
- GP practices
- Links with specialist services
- RQIA
- Voluntary Sector
- Community Navigator
- Families

# Staff

- Deliver person centred care
- Skills of the staff
- Staff development
- Mandatory training
- Vocational Training
- Staff support – appraisal/supervision

# Environment

- Room size and location
- Number of people in each room
- Security
- Proximity to exit
- Distance to bathroom facilities
- External environment

# Why do we provide day care to mixed groups of service users?



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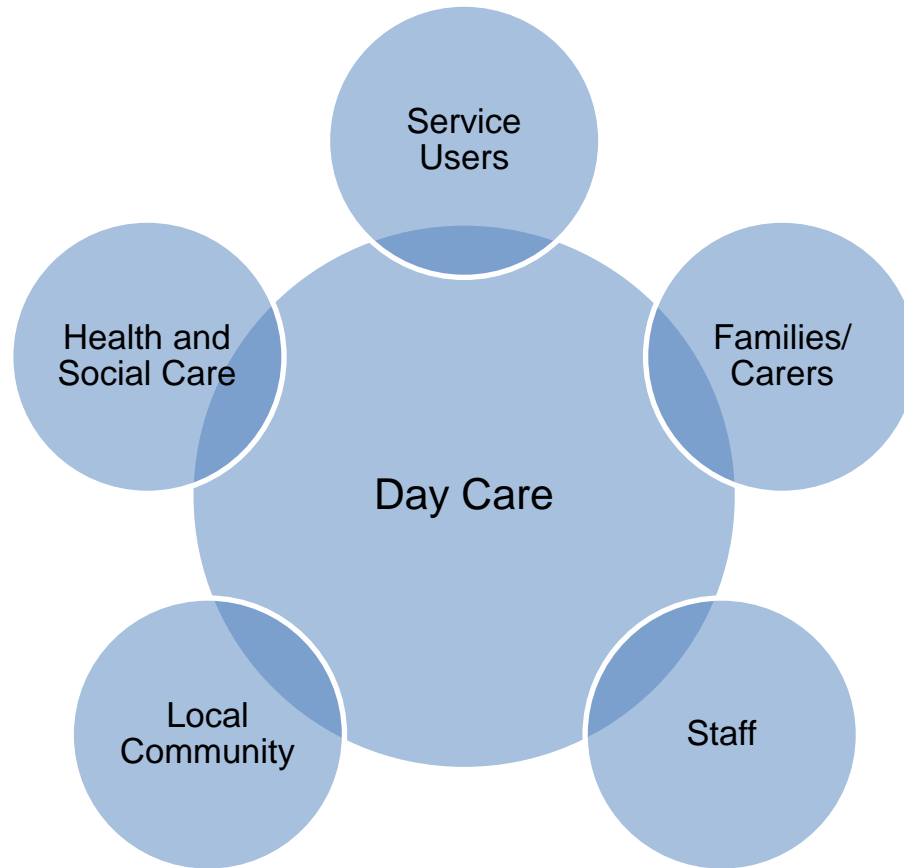


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# What are the benefits?



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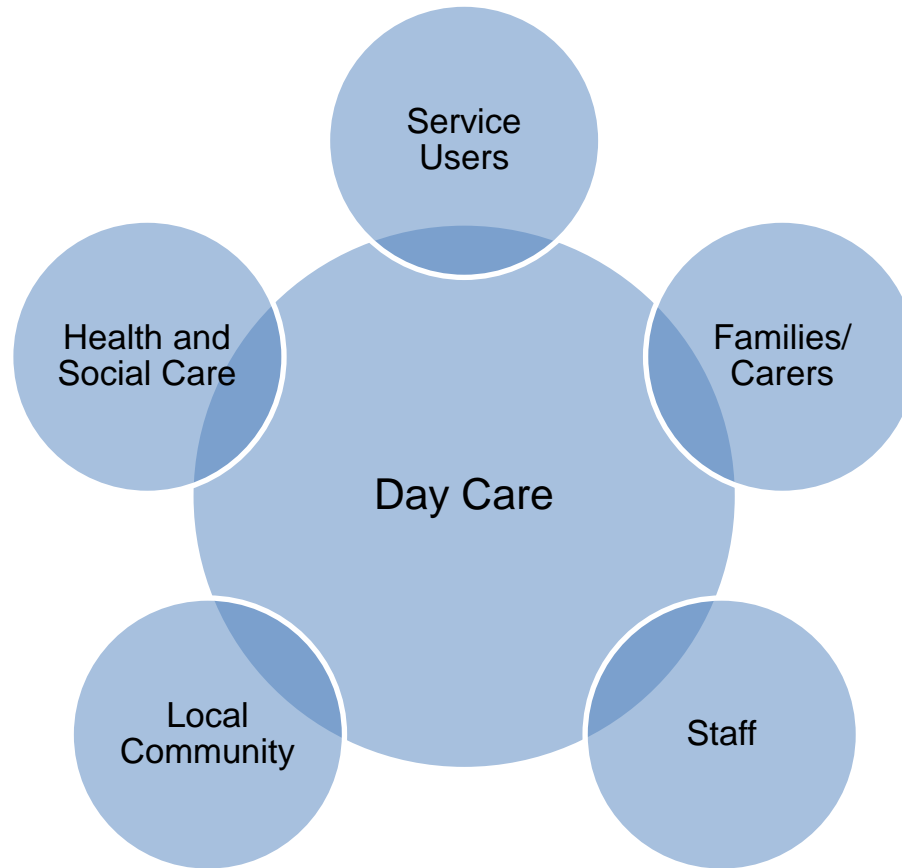
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# What are the challenges?



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# The road ahead....

- Review and development of services
- Links to trends in health and social care
- Contingency arrangements during pandemic
- Effective use of resources
- Community engagement and development

# Thank you for listening