

Centre for Mental Health Nursing Research Themes

Safewards Research

(Prof Alan Simpson & Geoff Brennan)

- Safewards in CYP settings
- Safewards in Emergency Departments
- Cultural adaptations and translation of Safewards

Methodologies & Evidence-based Practice for Nursing

- Research informing education & practice
- Co-produced & lived experience led research
- Creative approaches to training mental health professionals

Creative and Alternative Approaches to Mental Health Care and Research

(Dr Zoe Moula)

- Nature- and arts-based therapies
- Creative approaches for research, education, impact & dissemination

Inpatient Mental Health Care Research

(Prof Alan Simpson, Geoff Brennan, Dr Una Foye, Dr Jess Griffiths)

- Use of surveillance technology on wards
- Activities on wards, & at discharge
- Relational care
- Trauma-Informed Care
- Ward Safety (#WardSonar)

Lived Experience of Mental Health

Involvement, Co-Production & Co-Design

Involvement of people with lived experience of mental health problems and the systems that provide care for mental health sits at the centre of all our work. Across our research we involve people with lived experience in a range of ways including as advisory panel members, members of study steering groups, as direct researchers, as consultants, and as partners and critical friends. We link with Service User Research Enterprise at KCL and have several lived experience PhD students and employees in our centre.

Eating Disorders Research

(Dr Tom Jewell & Dr Una Foye)

- Calories on Menus
- Restrictive Practices within inpatient care
- Mealtimes support on inpatient wards
- Risk & recovery in eating disorders
- Suicidality & self-harm
- Gender & help-seeking

Community Mental Health Care Research

(Prof Alan Simpson & Dr Una Foye)

- Care planning & coordination
- Advance Choice Documents
- Community #WardSonar
- AI & care planning
- Peer Support

Mental Health Recovery Research

(Dr Mary Leamy & Prof Alan Simpson)

- Recovery-orientated services
- Recovery-oriented practice & training
- Personal recovery
- Outcome measures for recovery-oriented practice at a service level
- Recovery Colleges
- Peer Support

The Intersection between Physical and Mental Health

(Prof Alan Simpson & Dr Vasiliki Tzouvara)

- Diabetes & mental health
- Community gyms for inpatient wards & discharge wellness

Trauma Research

(Dr Vasiliki Tzouvara)

- Trauma Informed Care
- The role of Adverse Childhood Experiences (ACEs), Post Traumatic Stress Disorder (PTSD) & trauma on mental health
- Development & validation of PTSD measures
- Staff trauma in mental health services

Children and Young Persons Mental Health Research

(Dr Tom Jewell & Dr Zoe Moula)

- Wearable technology for nursing training
- Wearable technology to understand parent-child relationships
- Research in healthcare and educational settings

Dashed lines indicate linkage between research themes