

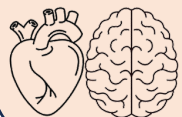
WP1

WP2

WP3

SCIENTIFIC AIMS

**Train
interoceptive
precision to
resolve anxiety**



Level of explanation
Neurophysiology

**Augment
interoceptive
beliefs to resolve
anxiety**



Level of explanation
Psychology

**Optimize
clinician-patient
interoceptive
communication**



Level of explanation
Sociostructural

**Co-produced
interoceptive
cardiac training**



**Co-produced
body mindset
intervention**



**Co-produced
clinical simulations**



LIVED EXPERIENCE

*Lived Experience Partners
Cancer Charity & Stakeholder Partners*

Communicating mental health in survivorship care through co-production



**Co-produced
patient-facing
materials.**



**Co-produced clinical
stakeholder dissemination.**