

JEmbassy of
Japan
in the UK



KING'S
College
LONDON
University of London

Japan-UK Dementia Symposium 2015

10th November 2015

Embassy of Japan in the UK

Programme

13:45 Doors open

14:15 – 14:25 Opening remarks – Ambassador of Japan

Session 1 - Latest trends and the future of dementia policy and community care in Japan and the UK, focusing on the comparison between both countries.

14:25 – 14:45 *Keynote speech* : Dr Kenji Toba, President, National Center for Geriatrics and Gerontology, Japan

14:45 – 15:05 *Prime Minister's Challenge on Dementia 2020*: Ms Lorraine Jackson, Deputy Director, Dementia Policy, Department of Health, UK

15:05 – 15:20 *The Current Japanese Vision – the "New Orange Plan"*: Dr Yoshiki Niimi, Senior Specialist for Dementia, Health and Welfare Bureau for the Elderly, Ministry for Health, Labour & Welfare, Japan

15:20 – 15:35 *A GP's experience*: Dr Noriaki Sawa, GP, Stuart Road Surgery

15:35 – 16:15 *Synergy Cafes – A partnership approach*: Ms Jo Marshall, Neurological Care Centre Director, Sue Ryder

Dementia Friends" initiative: Dr. Mayumi Hayashi, Research Fellow, Institute of Gerontology, King's College London

Aiming higher for people with dementia: Mr George McNamara, Head of Policy and Public Affairs, Alzheimer's Society

16:15 – 16:25 Q&A

16:25 – 16:40 Coffee Break

Session 2 – Cutting edge research and technology, usage of data towards dementia

16:40 – 17:10 *Improving diagnosis rates of dementia in London*: Dr Daniel Harwood, Consultant Psychiatrist and Clinical Director, South London and Maudsley NHS Foundation Trust

Supporting people with dementia and their carers: insights from the AKTIVE project's Everyday Life Analysis: Professor Sue Yeandle, Director, CIRCLE, Centre for International Research on Care Labour & Equalities, University of Sheffield

17:10 – 17:40 *The Role of Technology? Potential of analytics technology for healthcare*: Dr Michio Oikawa, Senior Researcher, European Big Data Laboratory, Hitachi Europe Limited

Dementia-friendly technology charter: Ms Alison Rogan, Group External Affairs Director, Tunstall Healthcare

Discussion

17:40 – 18:10 Panel Discussion – chaired by Professor Anthea Tinker, Professor of Social Gerontology, Institute of Gerontology, King's College London.

18:10 - Networking Reception

*Please note that the programme may change without prior notice

- Abstracts and Biographies -

Dr Kenji Toba

President, National Center for Geriatrics and Gerontology, Japan



Biography

Diploma:

1978: Diploma of The University of Tokyo

Postgraduate Career:

- 1978-1980: Junior Resident at the Department of Internal Medicine,
The University of Tokyo Hospital
- 1980-1981: Senior Resident at Tokyo Metropolitan Police Hospital
- 1981-1984: Staff at the Department of Geriatric Medicine, University of Tokyo
- 1985-1994: Assistant Professor at the Department of Geriatric Medicine, The University of Tokyo
- 1995-1996: Lecturer at the Department of Geriatric Medicine, The University of Tokyo
- 1996-2000: Associate Professor at the Department of Geriatric Medicine, The University of Tokyo
- 2000-2010: Professor and Chairman at the Department of Geriatric Medicine,
Kyorin University School of Medicine
- 2006-2010: Director at the Center for Comprehensive Care on Memory Disorders (Kyorin)
- 2010-2013: Director, Hospital of National Center for Geriatrics and Gerontology (NCGG),
Director at the Center for Comprehensive Care and Research on Memory Disorders (NCGG)
- 2011-2013: Director, Biobank of National Center for Geriatrics and Gerontology
- 2014- President, National Center for Geriatrics and Gerontology (NCGG)

Membership of Academic Society:

- The Japan Geriatrics Society (Director)
- The Japan Gerontological Society (Director)
- Japan Atherosclerosis Society (Councilor)
- Japan Osteoporosis Society (Councilor)
- Japan Dementia Society (Director)
- Secretary, International Gerontology and Geriatrics Society, Asia Oceania Region
(2006-2009)
- Member of committee for medical research (Cabinet office)

Award:

- 1994, 2000: Most Excellent Research Paper Award, Japan Geriatrics Society
- 2001: Award of Japan Osteoporosis Society
- 2015: Most Excellent Research Paper Award, Geriatrics and Gerontology International

<Keynote Speech >

Please see the handouts

Ms Lorraine Jackson

Deputy Director, Dementia Policy, Department of Health, UK



Biography

Lorraine Jackson is Deputy Director for Dementia Policy at the Department of Health and has been with the Department since 2009. During this time in addition to dementia, her policy responsibilities have included Older People, Prevention (social care), Loneliness & isolation and Housing. Lorraine's team leads for the government on the Prime Minister's Dementia Challenge.

Previously Lorraine has worked for the Ministry of Justice on regional and national legal services policy and she began her career in the private sector in Marketing and Brand Management.

Outside of work Lorraine is a trustee of ASDA Foundation and was previously chair of St. Anne's Community Services, an organisation in the North of England providing support for people with learning disabilities, mental health problems, those experiencing homelessness and substance misuse problems.

< Prime Minister's Challenge on Dementia 2020 >

We are caring for people who whilst living longer, healthier lives, are managing increasing complex needs and multiple conditions such as dementia. As well as a personal impact, dementia presents a societal and economic impact, affecting 850,000 people in the UK and costing UK society £26 billion. To meet the challenge dementia presents, the Prime Minister launched his Challenge on Dementia 2020 on 21 February 2015 which aims to identify what needs to be done to make sure that dementia care, support, awareness and research are transformed by 2020. It sets out to build on the achievements of the Prime Minister's Challenge on Dementia 2012-2015. This presentation will look at where progress has been made such as increases in the dementia diagnosis rate, dementia friendly communities and spending on research; what we want to see happen under 2020 Challenge and examples of where best practice of care of dementia is taking place in England.

Dr Yoshiki Niimi

Senior Specialist for Dementia, Health and Welfare Bureau for the Elderly,
Ministry for Health, Labour & Welfare, Japan



Biography

Education

- 2012 Graduated from Nagoya University , Graduate School of Medicine
- 1998 Graduated from Nagoya University , School of Medicine (awarded MD)

Work Experience

2013-

Senior Specialist for Dementia, Office for Dementia and Elder Abuse Prevention,
Health and Welfare Bureau for the Elderly, Ministry of Health, Labour and Welfare

2011-2013

Research Associate, Department of Neurology, Fujita Health University, School of Medicine.

2008-2011

Medical Staff in Neurology, Department of Neurology, Nagoya University Hospital

2007-2008

Medical Staff in Neurology, Gifu Social Insurance Hospital

2001-2007

Medical Staff in Neurology, Kasugai Municipal Hospital

2000-2001

Resident in Internal Medicine, Kasugai Municipal Hospital

< New Orange Plan and Dementia Measures in Japan >

Japan is aging faster than the rest of the world. It is estimated that the Japanese population of over 65 years old would be over 30% around 2025. A recent estimation showed that 4.62 million people over 65 are with dementia. The estimation also showed the number of people with MCI (Mild Cognitive Impairment) is 4.00 million. These figures reveal that one in four persons over 65 are living with dementia or experiencing preliminary stages of dementia. The prevalence of dementia is expected to continue to rise as society continues to age. The recent estimation revealed that the number of persons with dementia will be approximately 7.00 million in 2025. It means that one in five persons over 65 will be with dementia. Today, it is likely that everyone will be affected by dementia, either through being diagnosed with dementia or living beside a person with dementia. We must build communities in which people with dementia can live to their fullest alongside other members of the community recognizing that the person with dementia is not a mere person to be supported.

Last November, MHLW held the 'Global Dementia Legacy Event Japan' in Tokyo. At this event, the Prime Minister declared to start formulating a new action plan for dementia. In response to this statement, MHLW led to formulate the 'Comprehensive Strategy to Accelerate Dementia Measures (New Orange Plan) along with other eleven ministries. Through this plan, we are aiming at realizing an age and dementia friendly communities while targeting to create an Integrated Community Care System, which combines healthcare, long-term care, preventive long-term care, housing, and livelihood support services in a unified manner. In this presentation, I would like to introduce the "New Orange Plan" to review the aim of the plan and some specific measures for persons with dementia in Japan.

Dr Noriaki Sawa

General Practitioner, Stuart Road Surgery



Biography

Noriaki is originally from Toyama Prefecture in the northwestern part of Japan and has been living in the UK since 1998. He qualified as a doctor in 2007 and became a member of Royal College of General Practitioners in 2012. Since then he has been working as a family doctor/GP at Stuart Road Surgery serving the people of Pontefract, West Yorkshire.

He also acts as an advocate of general practice and regularly gives lectures and presentations on the subject to Japanese audiences. He has also appeared on Japanese national television and published articles in various Japanese journals and national newspapers to promote the understanding of the role that general practice/family medicine plays to improve health systems. In 2014, he was awarded an annual prize in the field of medical care by Furukawa Medical & Welfare Foundation for his contribution.

He enjoys an ambassadorial role to foster friendship between Japan and the UK and has contributed to the establishment of UK-Japan Primary Care Exchange Programme, a new bilateral exchange initiative between the RCGP Junior International Committee and the Japan Primary Care Associations for GP trainees and newly qualified GPs in both countries.

<A GP's experience>

Since the establishment of the National Health Service in 1948, general practice has evolved as an academic discipline and is now firmly the cornerstone of the NHS dealing with 90% of all patient contact. This presentation briefly outlines the role of GPs in delivering dementia care to illustrate how primary care strengthened by family medicine can help provide community-based, continuous, comprehensive, cost-effective, coordinated/collaborated, and person-centred care to people with dementia and their carers to help improve their health and wellbeing. This presentation also introduces some of the tough challenges today's GPs are facing.

Ms Jo Marshall

Neurological Centre Director, Sue Ryder The Chantry Ipswich



Biography

Jo has worked in health and social care for 29 years and began her career by training as a mental health nurse in Ipswich Suffolk. Following this she worked in the NHS in hospitals and the community supporting people with dementia before moving into healthcare management.

Prior to joining charity Sue Ryder in 2002 Jo worked for a housing association in London providing innovative care and support for people with Dementia and complex needs within the community. Since joining Sue Ryder she has enjoyed managing and developing the neurological services offered at The Chantry specialist neurological care centre in Suffolk and has also worked in the business development team establishing new services at in both hospices and Neurological centres.

<Synergy Cafes – A partnership approach>

As the number of people with dementia continues to rise in Suffolk alongside an aging population . The voluntary sector have been playing an increasingly important role in developing local community based support. This presentation focuses on one such initiative Sue Ryder Synergy Cafes which aim to work with a number of local organisations and communities to provide a consistent approach to post diagnostic support across the county.

Dr. Mayumi Hayashi

Research Fellow, Institute of Gerontology,
King's College London



Biography

Dr Mayumi Hayashi FRSA is a Research Fellow in the Institute of Gerontology, King's College London. Her research focuses on the social care for older people in the UK and Japan, and includes a cross-national study into the role of the voluntary sector in community-based provision – particularly support for people with dementia and their carers. She is currently investigating both 'Dementia Friends' and dementia-friendly communities.

Publications include: *The Care of Older People: A Comparative Study, England and Japan* (2013) and for leading peer-reviewed journals. She has written for *The Guardian* and *Health Service Journal*, and has been broadcasted on the BBC and CBC. She has briefed the UK Cabinet Office, HM Treasury and the Canadian Government on Japan's long-term care policies. Recent presentations include: Alzheimer Scotland Annual Conference, Glasgow; Health Economics World Congress, Milan; Westminster Briefing Conference, London; and the WHO Global Forum, Kobe. Visit: www.mayumihayashi.net.

<"Dementia Friends" initiative >

An increased awareness and understanding of dementia, positive attitudes and helpful actions among friends, neighbours and communities are crucial to enhance the everyday lives of people with dementia and their carers. To achieve such awareness and understanding, the Dementia Friends initiative, "the largest social movement for any disease", was pioneered in Japan in 2005 – adapted in England in 2013 – and is set to go global, with the rest of the UK; Australia; Canada and India, for example, following closely. To date Japan has created 6.3 million Dementia Friends and hopes to meet the policy target of 8 million Friends by March 2018. This presentation will look at this largest social movement in some detail and share with you its aims and achievements to date – and the remaining challenges it faces. I will conclude with some shared learning opportunities with the UK.

Mr George McNamara

Head of Policy and Public Affairs, Alzheimer's Society



Biography

George leads the policy development, government relations, campaigns and wider external engagement at the Society. George regularly comments on health and social care policy and sits on a number of government and sector wide health and social care advisory groups. Working with NHSE, he is leading new ways of delivering dementia care and support, particularly around diagnosis and post-diagnosis support, as well as developing models of integrated dementia care and support. George played a leading role in the delivery of the Prime Minister's Challenge on dementia. He was instrumental in the creation of the Dementia Friends programme and dementia friendly communities, which is now the fastest growing social movement in England.

Prior to joining Alzheimer's Society, George held senior positions at the British Red Cross and Action for Children. He specialises in organisational and cultural change and has written extensively on a variety of social policy issues, as well as leading a number of successful influencing campaigns. He spearheaded the development of family intervention projects across England and expansion of home from hospital services for the elderly. He has also worked in Parliament and Whitehall as a civil servant.

<Aiming Higher for People with Dementia>

Dementia has never had such a high profile, or been prioritised in the way that we've seen during the last six years. Much has been done and much has been achieved, from the implementation of the National Dementia Strategy for England, the Prime Minister's challenge on dementia 2012, and global recognition of dementia and the development of research through the G8/G7 activity, to increased national awareness raising through initiatives such as Dementia Friends and dementia-friendly communities.

We cannot let this falter. What has been achieved needs to be maintained, and what still remains to be done needs to be prioritised in order to ensure that ambitions are transformed into action. Even with these recent achievements, the funding and delivery of care and support remains far behind other conditions.

Further awareness raising and the recognition of dementia as a national priority in its own right needs to be followed by the development and delivery of truly person centred, effective care that not only meets the needs of people with dementia and their carers, but becomes the blueprint for integrated care and support.

Dr Daniel Harwood,

Consultant Psychiatrist and Clinical Director,
South London and Maudsley NHS Foundation Trust



Biography

I am consultant in old age psychiatry at the South London and Maudsley NHS Foundation Trust, with clinical work based in the Lewisham Care Home Intervention Team.

I am Clinical Director for Mental Health of Older Adults and Dementia for the Trust. I am interim Clinical Director for the London Dementia Strategic Clinical Network and last year worked for NHS England as Dementia Ambassador for the London Region, working with the SCN and national NHSE team to improve dementia diagnosis rates across all boroughs in London. I am member of the Royal College of Psychiatrists Faculty of Old Age Executive Committee. I have previously carried out research in suicide in older people and the needs of bereaved relatives and friends.

< Improving diagnosis rates of dementia in London >

Please see the presentation.

Professor Sue Yeandle

Director of CIRCLE, the Centre for International Research on Care,
Labour and Equalities
University of Sheffield



Biography

Professor Sue Yeandle is Director of CIRCLE, the Centre for International Research on Care, Labour and Equalities, at the University of Sheffield. A sociologist who specialises in the study of care, work and family life, her recent work has included evaluations of two programmes of carer support in England and the AKTIVE project which explored how technology installed in the home affects the everyday lives of frail older people and those who care for them.

Prof. Yeandle was Special Adviser to the House of Commons Work & Pensions Committee for its Inquiry on Carers in 2008 and a member of the UK government's Task & Finish Group on Carers in Employment in 2012-13. Her recent book, 'Combining Paid Work and Family Care: policies and experiences in international perspective' (Policy Press 2013, edited with T. Kröger) covers developments in work-care reconciliation in Australia, England, Finland, Sweden, Japan and Taiwan, and she is currently working on a new book on the influence and international interconnections of the carers' movement.

< Supporting people with dementia and their carers: insights from the AKTIVE project's Everyday Life Analysis >

- Introduction to the AKTIVE project
- People with dementia and their carers: how can telecare help?
- Some case examples: real life challenges and solutions
- Dementia, social isolation and the place of technology in networks of care
- Reflections on the future role of technology-enabled support for people with dementia

Dr Michio Oikawa

Senior Researcher, European Big Data Laboratory, Hitachi Europe Limited



Biography

Michio Oikawa graduated in 1992 with a BS in Engineering from the University of Tokyo. He joined Hitachi Limited in 1992 and engaged in the research regarding medical 3D image processing in the Systems Development Laboratory. After R&D activities such as radiotherapy planning system and surgery support systems, he received PhD in Engineering from the University of Tokyo in 2004.

In 2000s, he engaged in a research for glassless 3D display as well. From 2005, he led the team as a senior researcher and the research resulted in the winning a technical promotion award from the Institute of Image Information and Television Engineers.

From 2011, he led a research team for privacy protection in big data analytics for healthcare applications. He moved to Manchester, UK, in 2013 with his knowledge of the healthcare field, along with expertise in privacy protection technology. Currently, he is leading the R&D team for healthcare ICT in European Big Data Laboratory of Hitachi Europe Limited.

< The Role of Technology? Potential of analytics technology for healthcare >

This presentation will provide an overview of Hitachi's R&D activity in Manchester and Hitachi's technologies from the analytics point of view. These technologies will be able to contribute improvement for healthcare services by informed decision making. Currently, the work with NHS in Greater Manchester and NorthWest EHealth is focused on diabetes but the technologies have a potentiality to be used for other diseases such as dementia. This presentation will also provide an overview of Hitachi's medical sensing/imaging technologies for dementia which are combination of device and analytics.

Ms Alison Rogan

Group External Affairs Director, Tunstall Healthcare

And Chair of Alzheimer's Society: Dementia Friendly Technology task and finish Group

@AliRogan



Biography

Ali works closely with partners in the charity, health, housing and care sectors and represents industry by being a member of various groups including the Chair of the Alzheimer's Society Dementia Friendly Technology task & finish group, active member of techUK's Health and Social Care Council and Internet of Things Council and member of NHS England's TECS (technology enabled care services) Implementation Group.

Tunstall has been supporting health, housing and social care partners for nearly 60 years across the world, in the use of technology, underpinned by high-touch, high quality services, to ensure that older people and those with long term needs can live independently, securely, healthily and happily in a place of their choice. By effectively managing health, independence and well-being, our connected health and care solutions improve outcomes and deliver efficiencies when compared to traditional modes of hospital or residence-based care

<Dementia-friendly technology (DFT)>

A charter that helps every person with dementia benefit from technology that meets their needs

Background to the charter

In November 2013, Alzheimer's Society, set up a dementia friendly technology task and finish group, involving over 33 organisations and many more individuals from health, housing, social care, providers, voluntary sector and people living with dementia. This important piece of work was launched in June 2014.

The overall aims of the charter

- To help every person with dementia have the opportunity to benefit from technology appropriate to their needs.
- To outline and encourage the implementation of high-level principles and best practice for organisations that provide services to people with dementia

Presentation will cover

- What people have told us about living with dementia and their thoughts on how technology could help
- How technology services can support people living with dementia and their family and friends, before diagnosis, after diagnosis, during a crisis and when there are other complex needs
- A range of case studies and best practice, demonstrating how technology is making a real difference to people's lives
- What a good quality technology service should look like. Issues to consider including ethics and consent and the re-evaluation of needs and outcomes
- A set of key questions devised to be asked by commissioners, assessment teams and people with dementia and their carers prior to buying technology
- Evidence of DFT working

Professor Anthea Tinker, CBE, PhD, FKC, AcSS, FRSA

Professor of Social Gerontology, Institute of Gerontology,
King's College London



Biography

Anthea Tinker has been Professor of Social Gerontology at King's College London since 1988. She has been on the staff of three Universities and three Government Departments and has been a Consultant to the WHO, EU and OECD. She chaired the College Research Ethics Committee from 2001 – 2011.

She is the sole author of eleven books and co-author of twenty one. She has also written over 300 articles. She has carried out research (most of it multidisciplinary) on housing, assistive technology, family care, older workers, community care, older women, very old people, elder abuse, age friendly cities, grandparents, long term care, ethics, falls and accidents. She teaches Social Policy in the Institute of Gerontology, Department of Social Science, Health and Medicine, KCL. She was awarded the CBE in 2000 in the Queen's Birthday Honours for Services to Housing for Older People, elected a Founding Member of the Academy of Learned Societies for the Social Sciences in 1999, a Fellow of King's College London in 1998 and was President of the Section of Geriatrics and Gerontology, Royal Society of Medicine 1998-2000. She was awarded the title of Fellow of the British Society of Gerontology in 2008. She was one of the Women of the Year in 2002. In 2010 she was awarded the Alan Walker prize by the British Society of Gerontology for her significant and lasting contribution to Social Gerontology.