

**THE PROGRAMME SPECIFICATION**

<b>1. Programme title and designation</b>		<b>Mental Health Studies</b>		
<b>2. Final award</b>				
<b>Award</b>	<b>Title</b>	<b>Credit value</b>	<b>ECTS Equivalent</b>	<b>Any special criteria</b>
MSc	Mental Health Studies	180	90	N/A
<b>3. Nested award</b>				
<b>Award</b>	<b>Title</b>	<b>Credit value</b>	<b>ECTS Equivalent</b>	<b>Any special criteria</b>
N/A	N/A	N/A	N/A	N/A
<b>4. Exit award</b>				
<b>Award</b>	<b>Title</b>	<b>Credit value</b>	<b>ECTS Equivalent</b>	<b>Any special criteria</b>
PGDip	IoPPN (Mental Health Studies)	120	60	Any combination of modules
PGCert	IoPPN (Mental Health Studies)	60	30	Any combination of modules
<b>5. Level in the qualifications framework</b>			7	
<b>6. Attendance</b>				
			<b>Full-time</b>	<b>Part-time</b>
Mode of attendance			x	x
Minimum length of programme			<b>1 year</b>	<b>2 years</b>
Maximum length of programme			<b>3 years</b>	<b>6 years</b>

<b>7. Awarding institution/body</b>	King's College London, University of London
<b>8. Teaching institution</b>	Institute of Psychiatry, Psychology & Neuroscience, King's College London
<b>9. Proposing department</b>	Department of Psychosis Studies
<b>10. Programme organiser and contact details</b>	Dr Eugenia Kravariti IoPPN (main building), PO Box 63, De Crespigny Park, Denmark Hill, London SE5 8AF Tel: 020 848 0331  Email: <a href="mailto:e.kravariti@kcl.ac.uk">e.kravariti@kcl.ac.uk</a>
<b>11. UCAS code (if appropriate)</b>	n/a
<b>12. Relevant QAA subject benchmark/professional and statutory body guidelines</b>	n/a
<b>13. Date of production of specification</b>	October 2008
<b>14. Date of programme review</b>	2021/22

PAF originally approved by QA&AA: 18 April 2007  
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**16. Educational aims of the programme**

The MSc Mental Health Studies aims to enable students to build on their existing knowledge & experience of the mental health field and to provide a basis for them to continue to advance their knowledge and understanding.

The educational aims of the programme are to enable students to:

- Acquire a systematic understanding of theory, research and practice in mental health
- Develop a critical awareness of contemporary debates and current problems in the mental health field
- Develop skills of independent learning, critical appraisal and research
- Apply these systematically in evaluating different forms of evidence
- Apply the knowledge, understanding and skills gained, to their specialist areas

**17. Educational objectives of the programme/programme outcomes**

The programme provides opportunities for students to develop and demonstrate knowledge and understanding and skills in the following areas:

At the end of the programme students will,

- Have an enhanced knowledge and understanding of theory, research and practice in the mental health field
- Have an enhanced critical awareness of contemporary debates in the mental health field
- Have a systematic knowledge and understanding of research principles and methods
- Be able to critically appraise theory and research evidence
- Be able to systematically apply the above to their specialist areas, where appropriate.

**Knowledge and understanding**

The programme provides a **knowledge and understanding** of the following:

- Theoretical perspectives on mental health and illness
- Psychiatric disorders: epidemiology, clinical features & treatment
- The principles and practice of mental health assessment
- Contemporary models of mental health care & service delivery
- Evidence bases in mental health
- The research process
- Ethical considerations relative to mental health studies

+ Module specific knowledge bases

These are achieved through the following **teaching/learning methods and strategies**:

Lectures, interactive sessions (e.g. group discussions, group work, and workshops) video case presentations, tutorials, and student presentations.

**Assessment:**  
 Summative: written examinations, essays, blogs, case studies  
 Informal/diagnostic formative: intermediate written exams.

**Skills and other attributes**

**Intellectual skills:**  
 Critical thinking and appraisal  
 Conceptual analysis, synthesis and integration  
 Problem solving skills  
 Generation of original ideas

These are achieved through the following **teaching/learning methods and strategies**:

Lectures; interactive tutorials (e.g. group discussions, group work, student

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presentations) and self-directed learning  
**Assessment:** written examinations, essays, blogs, case studies and dissertation.

**Practical skills:**

Information retrieval including literature/data base searching  
Research skills including: writing research proposals, data collection and analysis, writing research reports  
Clear written and oral presentation of ideas, knowledge and evidence  
Assessment skills  
Case analysis and writing case studies

These are achieved through the following **teaching/learning methods and strategies:**

Lectures; interactive tutorials (e.g. group work, workshops and student presentations); supervised patient contact and group supervision; planning, executing and writing-up a small-scale research project.  
**Assessment:** Essays, blogs, case studies, dissertation, written examinations

**Generic/transferable skills:**

Information retrieval  
Critical thinking  
Research skills: as above  
Effective communication  
Essay/report writing  
Independent behaviour: self-directed learning

These are achieved through the following **teaching/learning methods and strategies:**

Guided practice, interactive tutorials (e.g. discussion of articles, group work, workshops, and student presentations); self-directed learning; planning, executing and writing-up a small-scale research project.  
**Assessment:** Essay writing, blogs, case study formulation, dissertation, written examinations

**18. Statement of how the programme has been informed by the relevant subject benchmark statement(s)/professional and statutory body guidelines**

n/a – no available benchmarks

**19. Programme structure and award requirements**

The MSc Mental Health Studies consists of the following modules: a core 30-credit Basic Mental Health module, two core 15-credit modules in research methods (selected from a range of six possible choices), two optional 30-credit modules (alternatively, one optional 30-credit module and two optional 15-credit modules) and a 60-credit dissertation.

**(a) numbers of core, compulsory and optional units to be taken in each year of the programme**

*Full-time 1 year* (Attend 2 days per week)

1 x core module 30 credits (Basic Mental Health)

2 x 30 credit optional modules or 1 x 30 credit optional module and 2 x 15 credit optional distance learning modules

2 x 15 credit core modules (A combination of modules in Research Methods)

Dissertation 1 x 60 credit (core) dissertation

*Part-time 2 years* (Attend 1 day per week)

*Year 1*

1 core module x 30 credits (Basic Mental Health)

1 x 30 credit optional module or 2 x 15 credit optional distance learning modules 2 x 15 credit core modules (A combination of modules in Research Methods)

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*Year 2*

1 x 30 credit optional module or 2 x 15 credit optional distance learning modules  
Dissertation 1 x 60 credit (core) dissertation

**(b) range of credit levels permitted within the programme**

All modules are at credit level 7

**(c) maximum number of credits permitted at the lowest level**

180 credits at Level 7

**(d) minimum number of credits required at the highest level**

180 credits at Level 7

**(e) progression and award requirements (if different from the standard)**

n/a

**(f) maximum number of credits permitted with a condoned fail (core modules excluded)**

30

**(g) are students permitted to take a substitute module, as per regulation A3?**

No

**(h) other relevant information to explain the programme structure**

n/a

The programme offers exit awards with the title of the Post Graduate Diploma in IoPPN (Mental Health Studies) at 120 credits at level 7 and Post Graduate Certificate in IoPPN (Mental Health Studies) at 60 credits at level 7. Students are able to receive these if they have completed any combination of modules equalling or exceeding the above number of credits.

These are exit awards only and students are not able to enrol directly on the programme at entry.

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<b>Programme structure</b>									
<b>Title</b>	<b>Credit level</b>	<b>Credit value</b>	<b>Status (I, C, O) for each type of programme</b>			<b>Progression</b>			<b>Assessment</b>
			Single honours	Joint honours	Major / minor	Single honours	Joint honours	Major / minor	
7PAGMBMH Basic Mental Health	7	30	Cr			Y			Coursework Written Examination
7PCSMCBT Cognitive Behavioural Therapy	7	30	O			N			Coursework Written Examination
7PCSMPSY Psychological Therapies	7	30	O			N			Coursework Written Examination
7PCSMSCM Social & Community Mental Health	7	30	O			N			Coursework Written Examination
7PCSMWMH Women's Mental Health	7	30	O			N			Coursework Written Examination
7PAYFPSY Psychology and Neuroscience of Psychosis	7	15	O			N			Coursework Written Examination
7PCSM DRE Disaster Response: Mental Health, Behaviour & Communication	7	30	O			N			Coursework Written Examination
7PAGMIRM Introduction to Research Methodology	7	30	Cr			N			Coursework Written Examination
PPAYFPHA Pharmacotherapies in Mental Health	7	15	O			N			Coursework Written Examination
7PAYFADD Psychology and Neuroscience of Addiction	7	15	O			N			Coursework Written Examination
7PAYFMND Mindfulness: Neuroscience and Application	7	15	O			N			Coursework

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									Written Examination
7PCSISTA Introductory Statistics	7	15	O			N			Coursework Written Examination
7PALSTAT Statistics for Mental Health Research	7	15	O			N			Written Examination
7PCSASTA Advanced Statistics	7	15	O			N			Coursework Written Examination
7PALMQUA Qualitative Research Methods	7	15	O			N			Group poster presentation Coursework
7PALMSYS Systematic Reviews in Mental Health	7	15	O			N			Coursework
7PAGBDMH Big Data in Mental Health Research	7	15	O			N			Poster presentation exam
7PAGMRES Dissertation	7	60	Cr			Y			Coursework

## 20. Marking criteria

All modules will be marked in accordance with the Institute's marking criteria where such exist, or else in accordance with the College's generic marking criteria.

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