

# INTOUCH

Spring/Summer  
2018

THE WOMEN'S EMPOWERMENT ISSUE

**KING'S**  
College  
LONDON

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## WELCOME TO *INTOUCH* SPRING/SUMMER 2018 – THE WOMEN'S EMPOWERMENT ISSUE



Gender equality has been described by the UN as 'not only a fundamental human right, but a necessary foundation for a peaceful, prosperous and sustainable world.' Making choices and being an agent of change is key to women's empowerment – the theme of this issue of *InTouch*.

We mark two important milestones in this magazine. As well as it being the centenary of women's suffrage this year, it is also the 150-year milestone since the University of London – of which King's was a founding college – allowed women to take examinations and thus being admitted into higher education.

In the UK, women now have equal access to education and King's has played an important role in this. On page four, you can read about some inspiring women who broke the mould. Through their resilience and drive, they took matters into their own hands and went on to achieve great things.

The demographic of universities has changed over time, and now King's has more female than male students. Yet, women still struggle with the gender pay gap and career progression in the workplace. There is some debate about how to best address these issues. On page 14, we hear from academics and alumnae on whether positive action is the solution to help women break through the 'glass ceiling'.

Regardless of gender, we gratefully remember those who blazed a trail and whose efforts benefit us now. I am delighted to picture Onyinye Udokporo on the cover, a model King's student who is passionate about making an impact on the world. Surrounding her are words of encouragement from King's women who came before her.

Thank you to everyone who sent their feedback via the survey in the last issue. I've included a number of stories based on the excellent ideas you shared. You may also spot the text size is larger, to ensure that the magazine is easy to read. I hope you enjoy reading this issue as much as I enjoyed putting it together.

With warm regards,

*Fiona Gaw*

FIONA GAW  
 EDITOR

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SOME OF THE LATEST DEVELOPMENTS

# at King's

The Duchess of Cambridge visited the IoPPN and was met by the Rt Hon the Lord Geidt, Chairman of King's  
Photo: David Tett

## 1. THE ROYAL COUPLE AT KING'S

King's has received two royal visits so far this year. Prince William, the Duke of Cambridge, visited the Evelina London Children's Hospital on 18 January, and his wife Catherine, the Duchess of Cambridge, toured the Institute of Psychiatry, Psychology & Neuroscience (IoPPN).

Prince William visited Evelina London, part of King's Health Partners, for the launch of the Step into Health programme that helps ex-servicemen and women, and their partners, find work in the NHS. The Prince met veterans who are currently working at the Guy's and St Thomas' NHS Foundation Trust, including Evelina London, along with patients and their families.

The Duchess of Cambridge, who has an interest in understanding the issues surrounding maternal mental health, visited the IoPPN to find out more about its leading 'bench to bedside' perinatal mental health research and meet leading scientists involved in this work.

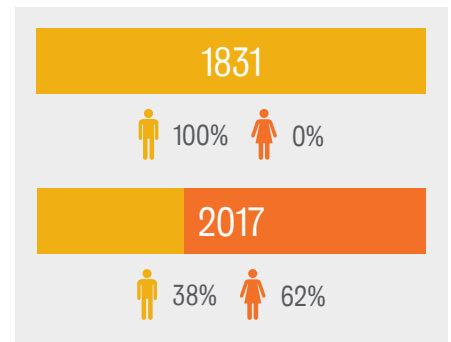
During her visit, the Duchess learnt about experimental therapies, including one in which a person with schizophrenia can talk face to face with an avatar representing the voices they hear. This therapy has the potential to reduce symptoms when used in conjunction with the patient's usual treatment.

Both visits helped to increase the profile of world-leading research and charitable work at King's.

## 2. IN NUMBERS: WOMEN AT KING'S

The latest student numbers show that the majority of students at King's are female, with 62 per cent being women and only 38 per cent being men. This highlights that King's is leading the way when it comes to women in education.

It didn't start off that way, though. For the first 50 years King's only had male students. In 1878, King's 'Lectures for Ladies' were held for the first time in Kensington, making King's one of the pioneers of higher education for women.



The proportion of male and female students at King's has changed over time

This was followed in 1885 by the opening of the King's College London Ladies' Department. The Department's aim was to provide a general liberal education, rather than a degree, with courses that did not generally lead to a formal qualification. Virginia Woolf and her sister, the artist Vanessa Bell, took courses during this period.

From 1895, a few female students gained external degrees from the University of Oxford and, from 1900, King's female students started to take University of London degrees.

In 1910, King's College for Women was incorporated into the University of London.





The 'Pi-Top' team demonstrate their award-winning modular laptop

### 3. INSPIRING ENTREPRENEURSHIP AND COMMERCIAL THINKING

King's students, staff and alumni have launched a host of start-up businesses supported by King's Entrepreneurship Institute, and are sharing their ideas with London's entrepreneurial communities.

Memento, a virtual reality (VR) start-up founded by King's alumni Dr Michael Truong (PhD Imaging Sciences & Biomedical Engineering, 2014) and Olga Kravchenko (MA Arts & Cultural Management, 2017), has won backing from InTeahouse, a leading global innovation and investment platform. Memento smartphone users create and crowdsource VR content that is stitched together using artificial intelligence.

King's graduate Jesse Lozano (Law, 2012) co-founded London-based start-up Pi-Top, a laptop and software learning system for young coders that teaches STEM (science, technology, engineering and maths) and computer science skills to students aged 10 to 18. They have secured \$4.3m (£3.5m) of funding to launch the platform globally.

This commitment to fostering entrepreneurial graduates extends to King's Business School, where students and staff are preparing for an innovative new partnership with Westminster City Council that will see students apply what they have learnt in the community. Deborah Bull, Assistant Principal (London), says: 'By partnering with local entrepreneurs to address a live business challenge, students will gain invaluable learning experience while supporting local growth, in line with King's vision to be a civic university at the heart of London.'



### 4. STUDENTS' UNION MOVES INTO BUSH HOUSE BUILDINGS

The expansion of the Strand Campus has reached an exciting new milestone with the launch of the next phase of Bush House buildings. The historic former BBC World Service buildings will serve as the new home for King's College London Students' Union (KCLSU), which will move from the Macadam Building on Surrey Street to new shared spaces at Bush House this summer.

The KCLSU spaces will be situated in the Undercroft and Courtyard areas of Bush House and will include student venue The Vault, and a vibrant lobby with a café, performance area, cinema, table tennis facilities and plenty of seating. There will also be a dedicated area for advice, meeting rooms and quiet pods for small meetings and study, and activity rooms for fitness and dance classes.

These spaces have been designed to maximise light, provide more social space and be easily accessible for all students and staff.

“These new areas offer really flexible spaces for staff and students, with different parts dedicated to learning, social activity and staff working, and shared spaces that everyone can use.”

NICK O'DONNELL  
DIRECTOR OF ESTATES AND FACILITIES

# BREAKING *boundaries*

*To mark the 150th anniversary of women being able to take exams at the University of London and the centenary of votes for women in the UK, InTouch celebrates the King's women who have made an impact across the globe.*

For many years in the UK, the doors to a university education were only open to men. It took over 20 years of perseverance and petitioning for women to be permitted to attend lectures at the University of London. Jessie Meriton White marked the start in 1856, but her application to be the first female to study for a Diploma in Medicine was rejected.

The Senate of the University of London continued to refuse women's admittance until finally accepting a proposal in 1866, which allowed special examinations for women, but not full degrees. At last, in 1877 the Senate voted in favour of admitting women to degrees in all faculties.

In 1878, King's became a pioneer in women's higher education when the Ladies' Department in Kensington was born, providing a liberal arts syllabus. It later became known as King's College for Women.

Inevitably, fitting into life at King's – and other colleges at the University of London – was tough for women during this period. Until 1915, most of their classes were held offsite, away from the main college on the Strand, and – although rigorous and thorough – the full range of subjects open to men was not available to women. Part of the College developed separately from King's, and in 1953, it was renamed Queen Elizabeth College and men were admitted for the first time. Student radicalism at the time soon saw a positive cultural shift in the way male and female students mixed with each other at the university through studies and social activities.

From the 1960s onwards, women gained more rights in higher education but there was still a long way to go before being treated as equal to men. Even today, issues are still being tackled.

## KING'S WOMEN BREAKING THE MOULD

Since the turn of the 20th century, pioneering King's alumnae have paved the way for women to flourish at King's and beyond. Their stories are so bold, inspiring and fascinating that it's little wonder they continue to be considered outstanding, influential figures around the world. They truly are a credit to King's, the feminist movement and women everywhere.

“ Their stories are so bold, inspiring and fascinating that it's little wonder they continue to be considered outstanding, influential figures around the world. ”

# EDITH MORLEY



Image courtesy of the University of Reading, Special Collections

MS 938/5/5

Indian-born Sarojini Naidu (1879–1949) studied at King's with a scholarship at just 16 years old, then went on to Girton College, Cambridge. During her time in London, Sarojini encountered the suffrage movement and quickly became a campaigner and activist, which she remained for the rest of her life.

Sarojini's campaigning gained momentum when she gave evidence to try to persuade the British Government to give voting rights to Indian women. Although this failed, the bill paved the way for Indian states to decide the issue. She soon became a close ally of Indian independence leaders such as Mahatma Gandhi, Gopal Krishna Gokhale and Annie Besant. Sarojini and her daughter, Padmaja, later played an important role in the Quit India Movement against British rule in India, and both were imprisoned several times.

One of the first women to obtain a degree from King's Ladies' Department, Edith Morley OBE (1875–1964) went on to become a literary scholar, a suffragist and the UK's first female professor.

She attended King's with fellow student Virginia Woolf and later studied for an external Oxford degree under the guidance of Vice-Principal of the Ladies' Department Lilian Faithful CBE. Edith was not awarded her first-class Oxford Honour School of English degree, simply because she was a woman.

University College, Reading, became a university in 1908 while Edith was lecturing English there. She was the only head of department not to be awarded a professorship, simply because she was a woman. Outraged at yet another unacceptable discrimination, Edith

successfully fought for her right to be named a professor, and succeeded.

Edith's time at King's also encouraged her to take a strong interest in politics and she became a member of the Women's Social and Political Union (WSPU). She marched, attended demonstrations and once used her professor title to sign a letter to *The Times* on behalf of the WSPU at Emmeline Pankhurst's request. Edith also continued to teach English at King's and was one of the original members of the London branch of the British Federation of University Women.

She committed herself to helping refugees during World War II, sealing her reputation for being a courageous and passionate fighter for human rights and freedom.

# SAROJINI NAIDU

Back in India, Sarojini set up the Women's Indian Association and gave lectures around the country on social welfare and women's empowerment. She also called for more women to be represented in India's independence movement. In 1925, she became the first Indian woman to be president of the Indian National Congress – a political party that later counted Indira Gandhi as the first woman prime minister of India. The party had given a commitment to women's suffrage in 1921, which became law under the Constitution of India in 1947.

As if these credentials weren't impressive enough, Sarojini also grew up to be a poet, like her mother, and today she is often referred to as the 'Nightingale of India'.

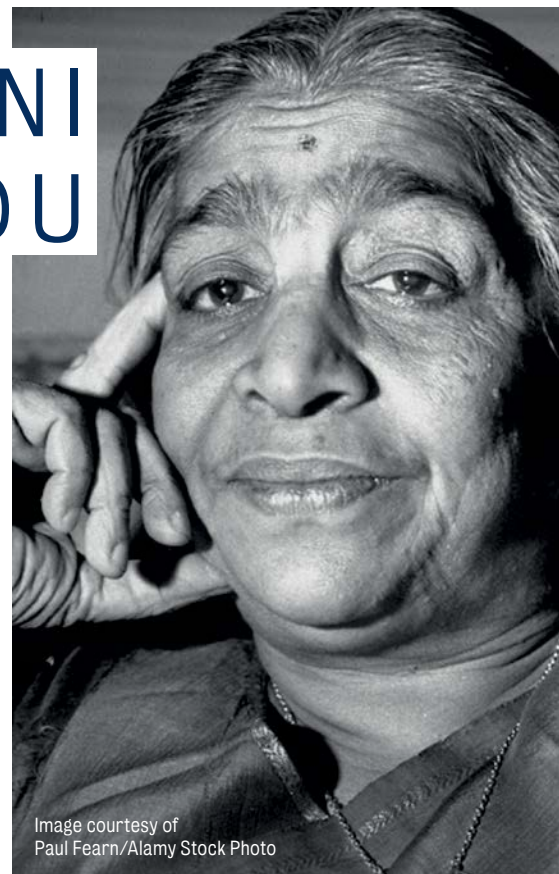


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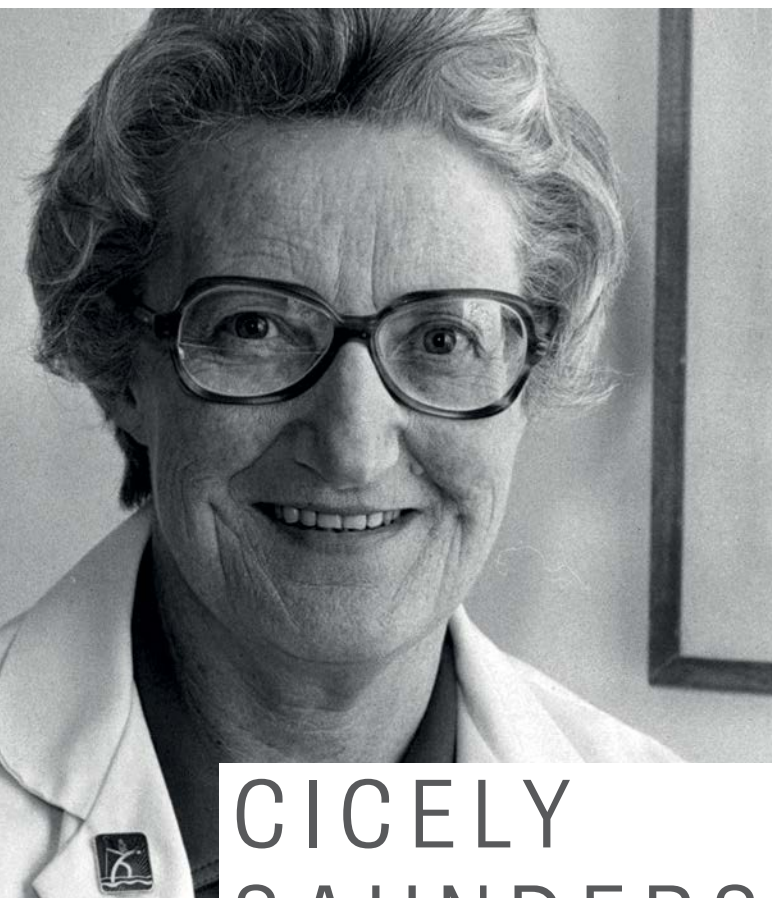


Image  
courtesy of  
Derek Bayes

# CICELY SAUNDERS

A double alumna of GKT, Dame Cicely Saunders OM DBE (1918–2005) revolutionised palliative care for the dying by pioneering the modern hospice movement, as well as establishing the Institute of Palliative Care at King's – the world's first of its kind.

She originally obeyed her parents' wishes to study philosophy, politics and economics at St Anne's College, Oxford, instead of following her vocation in nursing. However, when the war intervened she paused her studies at Oxford to train as a nurse at St Thomas' Hospital Nightingale School of Nursing, graduating in 1944. After the war, Dame Cicely worked as a hospital almoner (now known as a social worker) and then returned to GKT to train as a doctor at St Thomas' Hospital Medical School, graduating in 1957. She then worked at St Joseph's Hospice in Hackney.

“In Cicely's centenary year, her life's work continues through the Cicely Saunders Institute of Palliative Care, Policy & Rehabilitation, which is internationally recognised for contributing to a field where the need is growing fast.”

KATE KIRK,  
NIECE OF DAME CICELY AND TRUSTEE  
OF CICELY SAUNDERS INTERNATIONAL

Unlike many doctors at the time, Dame Cicely did not see dying as a failure. Cicely's vision was to create a home-like environment where people coming to the end of their lives were offered not just hope and comfort but also the best medical care and symptom control. In 1967, her vision became a reality, with the opening of St Christopher's Hospice in Sydenham, south east London.

In her later years, she set up The Cicely Saunders Foundation (now Cicely Saunders International) to fund a centre for research and education in palliative care. This led to the world's first purpose-built Institute of Palliative Care, developed in partnership with King's, which conducts research and offers training to healthcare professionals.

The author of over 85 publications that have been translated around the world, Dame Cicely received 25 honorary degrees in her lifetime. Thanks to her intellect, tenacity and compassion, hundreds of modern hospices now look after the dying throughout the world. She was made a DBE in 1980 and received the Order of Merit in 1989.





Image courtesy of the King's College London Archives

# HELEN HUDSON

Dr Helen Hudson FKC (1919–2006) acquired her first post at King's – Tutor for Women Students – in 1959 and used her position to fight for her female students' welfare. Helen was often the only woman sat on boards and committees, at a time when Professor Jean Hanson, Biophysics, was the only female professor at King's.

She helped female students secure safe accommodation during their studies after the women's hall in Kensington was sold off. And Helen successfully argued for the male students' Halliday Hall to become a mixed hall, despite being hissed at by the men when first joining them to dine there.

In her role on the admissions board, Helen worked to increase the number of King's College School of Medicine female admissions, which originally had a quota of just 10. During her time there, she interviewed every female student applying to King's, making a point to judge them on their merits rather than gender.

“Helen worked to increase the number of King's College School of Medicine female admissions, which originally had a quota of just 10.”

Helen dedicated herself to King's for over 20 years and was particularly passionate about the Chapel and its music. She became Dean of Students in 1973, a position that she held until 1982. She left a legacy that funds two King's Choral and Organ scholarships for women each year. She is also remembered with a King's Award named after her, to celebrate the contribution, commitment and support of the King's alumni community.

## It doesn't stop here

Work still needs to be done to ensure equality for female staff and students. Approximately 17 per cent of UK university leaders are women and they earn less than men on average. King's is working to address the pay gap as well as using positive action to increase the number of women in fields in which they are under-represented. Read more about this in our King's Debate on page 14.

King's has witnessed huge progression for women in higher education over the last century. The number of female students enrolling at universities now outnumbers that of male students. With a commitment from King's to continue welcoming and supporting female students, it's exciting to think about the next generation of women who we'll be celebrating in the century ahead.

WANT TO READ MORE ABOUT OTHER NOTABLE KING'S ALUMNI?

 [alumni.kcl.ac.uk/notable](https://alumni.kcl.ac.uk/notable)

# SUPPORTING GLOBAL FEMALE LEADERSHIP

*Julia Gillard*

*The Hon Julia Gillard AC has taken on an exciting new role at King's College London as the inaugural chair of the Global Institute for Women's Leadership.*

King's has launched the Global Institute for Women's Leadership, chaired by Julia Gillard, the only woman to have served as prime minister of Australia. In this article, she explains how the Institute will bring together rigorous research, practice and advocacy to better understand why women are under-represented in leadership positions, and the best ways to address this.

It is an absolute pleasure to be at King's working on such a vital initiative. We have known for some time that women face significant barriers at every stage of their careers and continue to be under-represented in leadership positions. They make up just 23 per cent of national parliamentarians, 26 per cent of news media leaders, 27 per cent of judges, 15 per cent of corporate board members, and 25 per cent of senior managers.

Our vision for the Global Institute for Women's Leadership is to create a world in which being a woman is not

a barrier to becoming a leader in any field, or a factor leading to negative perceptions of someone's leadership.

## PROGRESS ISN'T A GIVEN

Women's leadership is an area where there is already a considerable amount of work taking place, with many governments, companies, activists and researchers working on this challenge. As a result, it can be very tempting to assume that change is simply a matter of time.

However, to assume change just happens would be an unfortunate error, given that evidence shows that at the current rate of change it will still take another half-century for the number of women in national parliaments to reach parity with men. Similarly, the number of women in senior management positions globally has risen by just 1 per cent in a decade.

Even where progress has been made, it can also be reversed. For example, women are now more under-represented in the Cabinet of the United States than at any time since the George HW Bush administration, nearly 30 years ago.

There is far too much focus on what female leaders look like and what they wear. »

## SOMETIMES IT'S PERSONAL

Based on my own personal experience, I think we have a great deal of work to do to achieve a world where female leaders are fairly evaluated and not judged through the prism of gender.

There is far too much focus on what female leaders look like and what they wear. Often, different judgements are also made about family structures, with intrusive enquiries about managing leadership demands and caring for children.

Indeed, psychological research into "unconscious bias" shows that people tend to make much more negative judgements about whether a female leader is a likeable person.



## EVIDENCE AND EVALUATION IS NEEDED

All this means we need to deepen the evidence base. There is a critical need for initiatives, research and activity to be coordinated, combined and – importantly – assessed, to bring about real and lasting change.

Many organisations spend a huge amount of money on programmes to support women's leadership but it's not clear if any of it works.

We want to fill this gap by properly evaluating the efforts and highlighting what is truly effective. This will mean that future resources can be better focused on where they will do the most good.

We want to help drive broad and sustainable change by providing examples of where industries and organisations are improving women's experiences, providing access to leadership and evaluating impact.

Realising this vision will involve systematic analysis, global outreach and tangible action to remove barriers and support those who seek to help bring about much-needed change.

## HOT TOPIC

More than ever before, women's equality has been in the news, with the emergence of the #MeToo and Time's Up initiatives exposing serious sexual harassment in Hollywood and beyond. We are also seeing almost weekly revelations about the extent of the gender pay gap across different industries.

These issues have not arisen in a vacuum, and to address them we have to analyse and overcome the persistent gender inequalities in workplaces and society.

## LEADING CHANGE FOR WOMEN

King's College London is a wonderfully diverse and inclusive university. I am delighted to have the opportunity to join it. Already, I have been tremendously impressed by the real commitment to launching and supporting the Global Institute for Women's Leadership. This certainly demonstrates that King's wants to help lead change.

I very much look forward to working with colleagues at King's and beyond to help create a world where new initiatives are no longer needed to advance women in leadership positions, because we are living in a truly equal society.

## FACT FILE

### Global Institute for Women's Leadership

The Institute will work across sectors and countries, fostering collaboration and building extensive and diverse networks.

It aims to strengthen:

- Research – undertaking new research and drawing together existing findings
- Engagement – bringing together experts and stakeholders from across the world
- Practice – using research to deliver evidence-based training and teaching
- Interconnections between research, policy and practice – building an environment that focuses on what works



# Recognising OUTSTANDING ALUMNI

*This year, the King's Distinguished Alumni Awards were launched to recognise students and alumni who have demonstrated outstanding professional achievement, civic leadership or service to King's and society. Here, we find out more about some of the winners.*

## STUDENT OF THE YEAR

Onyinye Udokporo  
(Religion, Politics  
& Society, 2019)

Intelligent and determined, with an unstoppable drive to serve others, Onyinye is in her second year of studying Religion, Politics & Society at King's. She juggles her studies with numerous volunteering commitments in her spare time.

She was delighted to discover she had won the Student of the Year award for service to society.

'It was a big surprise when I found out I'd won. It was very humbling and a massive honour. This award will give me a really good platform to help others.

'I'm passionate about social mobility and creating opportunity for others, especially in education. If I can speak as someone who's been recognised as Student of the

Year, people are more likely to take on board the things I say.' Onyinye is a keen volunteer with organisations including the Prince's Trust, a charity that helps young people aged 11 to 30 get into jobs, education and training.

She is also working with the City of London Corporation to engage members from the Square Mile to participate in increasing social mobility, such as through supporting scholarships to independent schools. She explains: 'I believe that every child deserves the right to have the best possible education.' She has personal experience of this, as she grew up in north London and at the age of 11 received a scholarship to attend the Christ's Hospital School in West Sussex.

She's grateful for the opportunities open to her at King's, such as taking part in the Leadership &

Professional Skills Award, which develops employability skills and careers knowledge. 'Being at King's has helped me become so much more confident and outgoing. I've met incredible people here, both lecturers and students, and learnt so much about leadership.'

She has also benefited from King's Leadership Mentoring programme and speaks highly of the experience.

'My alumni mentor has shared so much advice, both personal and academic, and has given me a sense of what it's like outside King's and where I could get to if I work really hard.'

The award has boosted her confidence in her abilities as a student. She explains: 'Being Student of the Year has given me the confidence to think about postgraduate study – I'm clearly doing something right so I'd like to remain a student for a bit longer.'

Onyinye Udokporo (left)  
and Emma Keith (right)

## KING'S IN LONDON ALUMNI AWARD

Emma Keith  
(MA Digital Culture  
& Technology, 2010)

For the last eight years, Emma has worked for National Theatre Live, a ground-breaking initiative that broadcasts plays live from the National's stages to venues worldwide, reaching over 2,500 screens in more than 65 countries, including one at King's.

In her role as Head of Broadcast, Emma oversees

not just the screening of plays to cinemas, but also digital learning content, including a platform that broadcasts plays to schools across the UK. In addition, she manages a team of in-house filmmakers and editors.

After training in dance, Emma worked for Arts Council England, an organisation that champions, develops and invests in artistic and cultural experiences that enrich people's lives. She then completed a master's in Digital Culture & Technology at King's, which has been a springboard for her career at National Theatre Live.

Emma was nominated for an award because of her impact on arts and culture both within London and internationally.

So how did she feel when she found out she'd won the award? 'It was completely surprising, I really didn't expect it. It's fantastic that I still have a connection with King's. To be recognised by the institution for the work I've done and my contribution to the King's community is really overwhelming.'

So does Emma have any advice for other alumni? 'Be passionate about what you

want to do and go the extra mile, as employers notice that sort of thing. Although academic qualifications are really important, it's your interest and enthusiasm which is really valuable.'

Emma is sure that her studies helped her get where she is today: 'My time at King's was completely invaluable to my career. I wanted to change direction and at the time digital wasn't what it is today, so to do a pioneering course showed my enthusiasm to make that change. I still use the things I learnt at King's on a day-to-day basis.'

CONTINUES OVER →



## Meet the rest of the winners...



### ALUMNUS OF THE YEAR

Sir Keir Starmer KCB  
(Law, 1996)

Keir is the Labour MP for Holborn and St Pancras and Shadow Secretary of State for Exiting the EU. He was previously a human rights lawyer.



### LEADING VOLUNTEER AWARD

Ryan Wain  
(Law, 2009)

Alongside his career in marketing, Ryan volunteers for the Samaritans, is a Trustee of the Prison Radio Association and he supports King's Widening Participation programme.



### INTERNATIONAL ALUMNI AWARD

Dr Sweta Chakraborty  
(PhD Geography (Science), 2011)

Sweta works at Columbia University in New York and volunteers with organisations to encourage careers in science, technology, engineering and maths (STEM).



### ARTS & CULTURE ALUMNI AWARD

Sabrina Mahfouz  
(Classical Studies with English, 2005)

Sabrina writes plays, poetry and essays. Her poetry collection, *How You Might Know Me*, was recommended as a Best Summer Read by *The Guardian* in 2017.



### HELEN HUDSON AWARD – UK

Rola Gordon FKC  
(MSc Health Psychology, 2013)

Rola is a philanthropist focused on cancer issues. She is an ambassador for the Guy's Cancer Centre, where she founded The Gordon Survivorship Centre with her husband.



### BUSINESS LEADER AWARD

Edit Laszlo  
(MSc International Management, 2011)

Edit is a senior leader in real estate finance at NatWest and RBS. She is a King's alumni mentor and chairs the mentoring programme for the membership organisation Women in Banking and Finance.



### ALUMNI MENTOR AWARD

Sophie Weber  
(LLB English Law & French Law, 2008)

Sophie is a barrister at One Essex Court specialising in commercial litigation and arbitration. She has been a King's alumni mentor for a number of years.



### KING'S YOUNG ALUMNI NETWORK (KYAN) SPRINGBOARD AWARD

Dr Bhavagaya Bakshi  
(Medicine, 2011)

Bhavagaya is a GP who co-founded C the Signs, a digital tool that uses artificial intelligence to help identify patients at risk of cancer.



### HELEN HUDSON AWARD – INTERNATIONAL

Xijiang Tiger Jin  
(MSc Engineering with Business Management, 2010)

Xijiang founded ANPI Technology, a cross-border e-commerce trade business. He is Chair of the King's Shanghai Alumni Committee and is an alumni mentor.



### ENTREPRENEUR AWARD

Ankur Shah  
(Law, 2003)

Ankur founded the luxury footwear brand Mahabis. Find out more about him on page 21.



### INCLUSIVITY AWARD

Claudia Colvin  
(MA Middle East & Mediterranean Studies, 2013)

Claudia worked in the charity sector and then founded a silent disco dancing company. She has volunteered with a number of charitable organisations since graduation.



# Performing AT THE TOP

*The Performance Athlete programme at King's offers financial sponsorship and support to students who compete in their chosen sport at the highest level.*

From rowing hero Dame Katherine Grainger CBE FKC (PhD Law, 2013) to recent Performance Athlete graduate and athletics superstar Dina Asher-Smith (History, 2017), King's alumni have a proud history of sporting success – one we're keen to see continue.

The Performance Athlete programme aims to identify and support the best student athletes to help them achieve both academic and sporting success. As well as providing financial grants, the programme gives athletes access to state-of-the-art performance facilities plus tailored support and coaching. Here, we profile a couple of the student athletes currently benefiting from the programme.

## LAVIAI NIELSEN

A Geography student at King's and an international 400 metre runner, Laviai is half Egyptian and traces her interest in Geography back to regular summer trips to

Egypt – a very different world from the London suburb of Leytonstone where she grew up.

She said she was attracted to King's as a modern university with a great research programme 'and that's exactly what I got'.

Laviai and her twin sister Lina started out as middle-distance runners (racing between 800 and 3,000 metres), but after trying 400 metre running a couple of years ago they've never looked back. Laviai's sports career has continued to develop with the support of King's, culminating with her proudest sporting moment to date: representing Great Britain at the European Athletics Indoor Championships in 2017, coming home with a silver medal as part of the relay squad.

As a young volunteer 'games maker' carrying Jessica Ennis-Hill's kit bag at the London 2012 Olympics, Laviai was able to see her sporting hero compete first hand.



Above: Laviai Nielsen (second from right) with the GB 400 metre relay team at the European Athletics Indoor Championships, 2017



Left: Will Deary competing in 2017 at the Junior World Fencing Championships in Bulgaria

Laviai said: 'Jessica [Ennis-Hill] was my sporting idol growing up. I was inspired by her composure under pressure as well as her determination overcoming setbacks.'

## WILL DEARY

A Computing & Robotics student at King's and an international junior fencer, Will took up fencing as a young child in Cornwall. He started as a beginner and worked hard to join his friends in the higher groups. The hard work paid off and following his A-levels he moved to London to train with the British Fencing team full time.

As a first year, Will is a recent addition to the Performance Athlete

programme, but he says he is already seeing the benefit of regular physio work and weekly gym sessions with Chris McCann, Strength and Conditioning Coach. Will has been balancing his academic and sporting commitments since the age of 12 and he explains: 'You have to be strict about how you organise your time. I go to all my lectures and then often straight to training.'

Will's sporting hero is fellow diabetic Sir Steve Redgrave, someone he identifies with as not having let anything affect his ambitions as an athlete.



# Positive action – THE BEST WAY TO BREAK THROUGH THE GLASS CEILING?

*Following the furore around the gender pay gap at the BBC, it feels as if there has been a sea-change in what will be tolerated by women in the workplace. But are organisational initiatives such as positive action key to helping women and under-represented groups finally break the glass ceiling?*

The phrase ‘glass ceiling’ was coined 40 years ago to describe challenges faced by women trying to advance in business and government. Fast forward to 2018 and it’s still an issue, as recent high-profile coverage of the gender pay gap in UK organisations demonstrates.

In this article, we ask two women passionate about diversity, but with very different viewpoints, whether initiatives such as positive action really are the ‘silver bullet’ to creating equality for all. In addition, alumnae share how they’ve taken the challenge to create equality in the workplace into their own hands.

## POSITIVE ACTION IS PART OF THE SOLUTION...

*Sarah Guerra, Director of Diversity and Inclusion at King’s, believes positive action is an important way to increase diversity at King’s and beyond.*

‘Research shows more diverse organisations tend to be more profitable and efficient. Different perspectives can bring creativity and innovation to decision-making.

‘At King’s, we believe it’s important to have the same breadth in our workforce that we have among our students, so that students feel they belong. We’ve made diversity and inclusion a cornerstone of our long-term vision – Vision 2029 – and invested in that, not just in terms of finance but resource too.

‘Positive action is just one of the tools that can help promote diversity. It’s not about giving people who are not good

enough an unfair advantage. It’s about correcting an unlevel playing field, removing personal or organisational barriers to allow everyone to compete fairly. For example, if there are two applicants for a position and one is in a wheelchair, and the job interview is down some stairs, the person in the wheelchair is disadvantaged... unless there’s a lift. By providing a lift, both people can get there, and they might both be good enough for the job.’

## PROMOTING WOMEN IN STEM

Figures from 2017 show that women held 23 per cent of roles in science, technology, engineering and maths (STEM) occupations (according to WISE, the campaign for gender balance in STEM subjects). This is something King’s has been working to address and Sarah and her team continue to champion.

‘King’s promotes Athena SWAN to support women in academic life by tracking gender equality, especially in STEM areas – science, technology,



Sarah Guerra

engineering, maths and medicine. This commitment to gender equality has been recognised, with King's winning its first institutional Bronze Athena SWAN award in 2008, which was renewed again in 2013.'

## ADDRESSING UNCONSCIOUS BIAS

While the number of women pursuing STEMM careers can be influenced by individual choices, as well as the environment and support around them, "unconscious bias" is one of the hidden factors that prevent some people advancing.

Sarah explains: 'At King's, we've developed "unconscious bias" training for senior leaders. These sessions help managers to understand the barriers that are faced by students and staff, and how they can lead as inclusively as possible.'

'The theory is that as people become more self-aware, and recognise their biases, then women and people of colour will break through. The dramatic effect "unconscious bias" can have has been seen within the music industry, where



Jacqueline Robbins

it was felt that "unconscious bias" might exist against female musicians auditioning for orchestras. To test this, some orchestras started holding "blind" auditions, with musicians auditioning behind a screen. Lo and behold, the gender balance started changing dramatically. When the conductor was only listening to what the person could do, the women were found to be just as good.'

## REAL PROGRESSION

Jacqueline Robbins (PhD Neuroscience Research, 2017) believes passionately that the gender gap needs to be addressed, and was pleased when

## KEY FACTS

### Understanding the terms

#### POSITIVE ACTION

Positive action is allowed by the UK's Equality Act 2010. It is when an employer takes steps to encourage certain groups of people with different needs, or who are under-represented in some way, to access work or training. For example, an employer could organise an open day for people from a particular ethnic background if they're under-represented in the employer's workforce.

#### POSITIVE DISCRIMINATION

Treating one person more favourably than another because they have a protected characteristic (gender, ethnicity etc) is generally prohibited under the Equality Act 2010, unless there is an occupational requirement for the role. Positive discrimination because of a person's disability is allowed, and may sometimes be required if there is a duty to make reasonable adjustments.

#### BAMBOO CEILING

This is where minority groups face barriers such as stereotypes and racism in the professional arena.

CONTINUES OVER →





Dr Sabrina Bajwah

King's committed to addressing this as a result of her campaigning. Now more women sit on pay and promotion panels, which should help more women advance, helping to close the pay gap.

'After King's response I was really excited that the university was committing to positive changes, by offering the job to a woman if two candidates were equally qualified in departments with an imbalance. It made me feel that we may see real progression for all women during my career, and proud to be part of an institution seriously tackling this issue.'



## POSITIVE ACTION CAN SET WOMEN UP FOR FAILURE...

*Dr Sabrina Bajwah (PhD Palliative Medicine, 2015) is a consultant and honorary senior lecturer in the Department of Palliative Care, Policy & Rehabilitation. She strongly supports equality, but believes that building strong role models and mentors is the best way to break the glass ceiling.*

### THE IMPORTANCE OF ROLE MODELS

'Women have a tendency to undersell themselves and hide their ambition. I think strong, successful women should be applauded and encouraged to act as role models to young girls. Recently here at King's we ran a campaign that celebrated female professors, and BAME [black, Asian and minority

ethnic] women were highlighted. We need more things like that.

'Every woman who achieves should help other women to move up the ladder. Because of my own background, as a British Pakistani Muslim, I'm interested in mentoring BAME girls from working-class backgrounds. For these girls to achieve, education is not enough. They need role models and support. If they aren't getting it at home then they need to get it from somebody else that they can relate to.'

### CONFIDENCE IS KEY

'To really excel in a role you need to have confidence. However, positive action is often confused with positive discrimination, and it doesn't instil confidence in the individual. People see it as people being given preferential treatment, rather than removing barriers. It sets them up for failure, which in turn reinforces negative stereotypes.'

People need to know they're in a role because of their experience, skills and potential, not because of their gender, colour or background, or to tick a box for their employers. 』

DR SABRINA BAJWAH

'People need to know they're in a role because of their experience, skills and potential, not because of their gender, colour or background, or to tick a box for their employers. Showing preference for a race or gender can breed resentment in the workplace, leaving individuals socially isolated without the support of their peers.'

### WOMEN OF COLOUR FACE ADDITIONAL BARRIERS

'Discrimination and biases at work can be particularly tough for women of colour. Women such as myself not only have to break the glass ceiling, they also face the "bamboo ceiling". Sometimes that's the bigger barrier. There are lots of reasons for this, but it includes prejudice within and outside the community about what we can or should achieve. Pakistani Muslim women are one of the most under-represented ethnic minorities in STEM.'

### AN INDIVIDUALISED APPROACH

Sabrina is adamant, though, that the best solution involves employers being more transparent and accountable for the support they provide: 'There needs to be a documented individual assessment of each person's potential and the support they need to break barriers and achieve. It shouldn't just

be a blanket "You're this colour or this sex so you get more support than everybody else". At the end of the day, we all need to succeed on our own merit. That's when our achievements as women will feel like they have been truly earned.'

### ATTITUDE IS KEY TO BREAKING DISCRIMINATION

Rita Kakati Shah (Mathematics & Management, 2001) set up her own company, Uma, to help people – mainly women – back into work after a career break. She believes developing personal skills and a winning attitude can be more effective than trying to change a system that is unequal and often unfair.

Rita launched her company because of her own experience after four years out of the workforce to raise her children:

'I was not seen as a career person any more. I wasn't ambitious. I was a quitter. It was a harsh reality and I had to change that.'

'At Uma, we encourage people to push back. Being a mother isn't a dent in your career. It is an experience with extremely valid skills: teamwork, organisation, finance and the ability to deal with constant change. I call it being the CEO of the household.'

'However, if you want to go back to what you did before, it's important to keep up to date with your old industry. When you go for an interview you should be confident, know the job and be ready to go.'

'I set up my company to empower people; to build confidence and important skills, such as networking and interview skills, and emotional support so that they can succeed for themselves. But then you're basically on your own. We're not guaranteeing jobs, or a promotion. It's important to network and take charge, find that role model or mentor in order to progress to the next level.'



Rita Kakati Shah

### In conclusion

While initiatives such as positive action can help address inequalities, they can also be misunderstood. The employment market should be fairer and more transparent, regardless of the industry – whether public, private, education or entertainment. Individuals, too, should feel empowered to take destiny into their own hands and do what they can to find their own path to success. And it is clear that both sides of this debate agree on the importance of role models and mentors.

HAVE YOU GOT SOME EXPERIENCE TO SHARE?

Your knowledge and expertise could help fellow King's alumni or students to reach their potential.

Become a mentor, or find a mentor, via our online mentoring platform King's Connect:

 [alumni.kcl.ac.uk/connect](https://alumni.kcl.ac.uk/connect)

Read more about mentoring on page 31.

# SPOTLIGHT ON Greece

*King's has a Greek community of over 2,000, with over 1,000 alumni based in Athens. All have made a contribution to society both while at King's and in their lives after university. In this article, we catch up with an alumna now working in Greek politics and look at King's contribution to Hellenic studies.*

**O**lga Kefalogianni (LLM Commercial & Corporate Law, 1998) is a Greek politician. She served as Minister for Tourism in Greek Government from 2012–15 and is currently MP for Athens. She is an attorney at law, a member of the Athens Bar Association, and was the legal advisor to the former prime minister of Greece.

'Following my graduation from Athens University Law School, I decided to come to London to study at King's.

I felt the urge to broaden my perspectives and enhance my background knowledge in law. King's is one of the most prestigious educational institutions in the world, well known for its high-quality legal studies.

'I was already quite well acquainted with London life. King's gave me a totally new perspective of the city, especially since my degree was part of the intercollegiate programme [King's College London, London School of Economics, University College London and Queen Mary University]. This enabled students registered in all four colleges to mix and gain diverse educational experience. I felt very comfortable in London: I liked the multicultural personality of the city and I particularly miss the beautiful parks.

'Early in my career I was a lawyer, but was always interested in politics – especially its role in enhancing social cohesion and prosperity. My studies

King's is one of the most influential ambassadors for Greece, promoting the undisputed principles that Greek Classics has given to humanity. ]

OLGA KEFALOGIANNI

at King's increased my understanding of international and comparative law, which has been a very helpful background in politics.

'Women throughout the world are struggling to reach leadership positions, not only in politics. Steps have been taken in Greece in recent years but there is ample room for improvement, especially in tackling stereotypes and educating the public.

'If I were asked to give advice to my younger self I would remind myself how fortunate I am to have studied at King's. I'd also say to follow your instinct and do what is close to your heart.'

## KING'S GREEK ALUMNI COMMUNITY

Over 1,500 former students and staff connect through the King's Greek alumni society. It unites alumni, builds networks and organises events with eminent alumni and supporters, including politicians, diplomats and business leaders. It is run by a committee under the chairmanship of Epameinondas Stylopoulos (Law, 2006).

FIND OUT MORE ABOUT INTERNATIONAL ALUMNI GROUPS AND BRANCHES LIKE THIS ONE:

 [alumni.kcl.ac.uk/  
branches](http://alumni.kcl.ac.uk/branches)







The Parthenon in present day Greece



Ruins of Hadrian's Temple, the Acropolis and the Parthenon. From *A Journey Through Albania* (1813). Image courtesy of King's College London, Foyle Special Collections Library

## SECURING OUR UNDERSTANDING OF GREEK CULTURE

A major contribution to the world's understanding of Greek history and culture has come from teaching and research at King's. This year, we celebrate the centenary of the Koraes Chair, an academic post established and supported by philanthropy, around which expertise in the Hellenic world has grown and flourished.

For some of us, the study of Greek history and language could make us think of ancient Greece. This is a period often studied at schools in the UK. Indeed, classical subjects such as Ancient Greek have been taught at King's since the College opened in 1831. For the last 100 years, research at King's has increased the understanding of a later period of Greek history, from the medieval empire of Byzantium right up to contemporary times.

A century ago, when Greece and Great Britain

came together as allies in World War I, a new academic post was created at King's. It aimed to fill a gap by focusing studies on the essential but often overlooked period of post-classical Greece (from 300 AD to the present day). In 1918, the *Koraes Chair of Modern Greek and Byzantine History, Language and Literature* was established. It was named after Adamantios Koraes, the intellectual founding father of the modern Greek state.

The Chair was generously supported by the then Greek Prime Minister Eleftherios Venizelos, parliament and the Greek business community mostly based in London. At the time, it was one of the few university positions in the world devoted to the study of this period. It has helped us in understanding the culture and history of the region ever since.

Today, the Chair is at the centre of a flourishing

Classics department, leading world-class teaching and research and attracting record numbers of students. King's is one of the few universities where this period is studied, together with the language, literature and culture of the time. Students have gone on to have distinguished careers in academia, business, public administration and the diplomatic services in the UK, Greece, Cyprus and beyond. Alumni include *The Guardian's* Athens correspondent Helena Smith (Modern Greek Studies, 1987), and John Kittmer (MA Modern Greek Studies, 2007), HM Ambassador to Greece from 2013–16.

The future of the Koraes Chair has recently been secured thanks to the generosity of charitable and educational foundations and individuals in Greece, Cyprus and the UK. This support means that King's can continue its work enriching the world's

understanding of Greek history and culture.

The current Koraes professor, Roderick Beaton, will have held the Chair for exactly 30 years when he retires at the end of August 2018. His successor will be Professor Gonda Van Steen, who joins King's from the University of Florida.

.....

We would like to thank our generous supporters of the Koraes Chair, including The A.G. Leventis Foundation, the Stavros Niarchos Foundation, The Hellenic College Trust, The Hellenic Foundation, the family of Tassos and Angele Nomikos, the George Vergottis Memorial Fund, Stiftung, the Bank of Greece, The Schilizzi Foundation, the late Nicholas Egon FKC and Mrs Matrona Egon, the Stelios Philanthropic Foundation, and the Ministry of Education and Culture of the Republic of Cyprus.

# A CLASSICAL ROMANCE

## Diana & Brian Sparkes

*Diana Sparkes (née Foss) and Brian Sparkes (both Classics, 1955 and 1956) met on their first day at King's. They married seven years later and will celebrate their 60th wedding anniversary in 2019.*

**BRIAN:** We met in the Department of Classics in 1952, when 15 of us first-year students were assembled in the departmental library.

**DIANA:** I was just 19 when we first met and became friends. We were engaged in 1957 and married in 1959. Now we have been married for nearly 60 years!

**BRIAN:** Living in London was exciting and new. There were so many cinemas, theatres, exhibitions and second-hand bookshops to explore. There was also smog and mods and rockers to avoid. I was lucky to live in halls for all my undergraduate years.

**DIANA:** As I was born and bred in London, I knew it well. Visiting the major hotspots with King's friends was great fun.

**BRIAN:** One of our greatest memories is acting in the Department of Classics 1953 production of the Greek tragedy *Hippolytus*, performed

in the original Greek, dating from 428 BC. I played Hippolytus. This was its first production and the annual 'Greek Play' still continues.

**DIANA:** Little did we think we were starting a King's tradition, or that students would apply to King's because of the Greek Play! Another memory is singing in the Chapel choir every week for four years. I also represented King's in netball, fencing and tennis.

**BRIAN:** I was really inspired by my teacher Professor Winnington-Ingram, an expert in Greek drama and music, and Professor Romilly Jenkins who taught Greek art.

**DIANA:** I applied for Classics at King's because my excellent Latin teacher, who had herself been at King's, inspired me. She is Meg Parker (née Graves), now aged 96.

**BRIAN:** After graduating, I studied for a PhD and spent two years in Athens, where I worked at The American School of Classical Studies. I then moved into academia, eventually becoming a professor of classical archaeology at the University of Southampton. Both of us have always been fascinated by the Greek and Roman world – history, literature, art.



Above: Diana and Brian at Hampton Court Maze in 1953



Right: Diana and Brian on holiday in Italy in 2017

**DIANA:** My first job was at a comprehensive school in Putney, south west London. After marriage and children, I introduced Latin to a comprehensive school in Southampton. It continues to this day, 50 years on!

**BRIAN:** Our marriage has been a combination of love and friendship, shared interests, worldwide travel, putting each other first and discussing plans together.

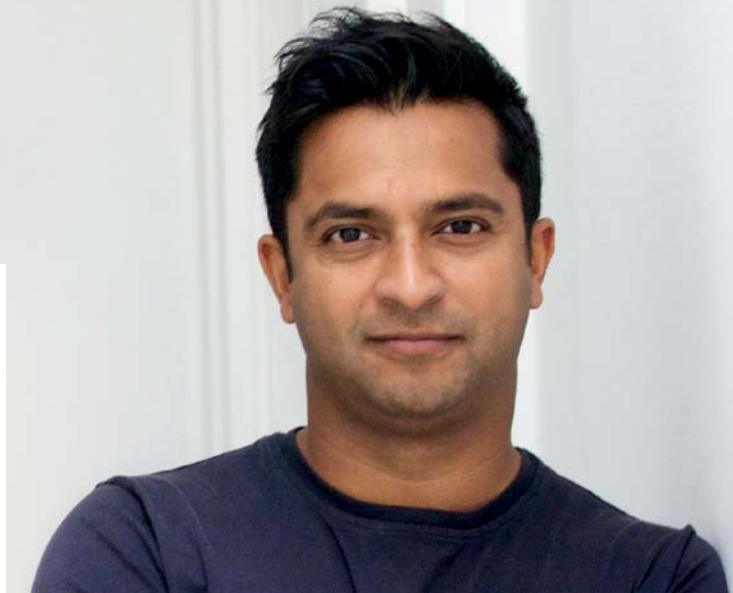
**DIANA:** I have a great deal to thank King's for. The myriad of friendships and wealth of experiences have influenced my whole life. We gained so much from our time at King's. It determined our lives forever.



Diana and Brian's wedding in 1959



# THE LIFESTYLE BRAND MAKING SLIPPERS COOL



*Each issue, we ask entrepreneurial King's alumni to share some words of advice and talk about their own experiences. We caught up with King's Distinguished Alumni Award winner Ankur Shah (Law, 2003) to discuss the success of his Mahabis slipper brand and the importance of quality downtime.*



“I would never have imagined while I was studying [Law] at King's that I would end up selling slippers.”

ANKUR SHAH

Ankur's entrepreneurial career began with a bet. Could he and a friend sell a new app idea within one week? They could, and the company that resulted, Techlightenment, went on to become a global leader in social marketing, selling to Experian – one of the largest information services companies in the world – in 2011.

The idea for Ankur's current venture came as he was taking some time out, looking for somewhere new to invest his energy and capital. 'I was wearing some terrible slippers at the time,' he recalls, 'so I started to do some research; it seemed like there'd been no innovation in slippers for 200 years and I couldn't name a single slipper brand.' For Ankur, there was only one solution: 'I decided to make the world's best slippers.'

His slipper company, Mahabis, launched in July 2014 and quickly became a success. In just three years Mahabis reached half a million customers in 100 countries by selling directly to them online. The growing demand has meant that Ankur is now expanding from his original model, with Mahabis selling through online retailer Amazon and being stocked in 50 Nordstrom stores across the US. There are also plans to extend the range further, and roll out retail partnerships worldwide.

Curiosity is a key motivator for Ankur, who loves the fact that his career has taken him to unexpected places, from dealing with the US tech giants of Silicon Valley to discovering that Portugal is a manufacturing hub for quality footwear.

'I would never have imagined while I was studying at King's that I would end up selling slippers,' he said, and

recommends that would-be entrepreneurs 'just take the leap. If you have an idea go for it, because you never know where you're going to end up'.

The Mahabis brand describes itself as being 'dedicated to your downtime', and looks to be the place 'you go to when you want to switch off, put your feet up, and see the world for what it is'. Aware of the stresses that large cities like London place on people, Ankur says he is keen for his business to practise what it preaches, taking a flexible approach to managing working hours and encouraging employees to work from home one day a week.

'Work is not the be all and end all,' Ankur said, 'We want to build a brand that encourages people to put the phone down and to not let work dominate.'



# *Remembering* **A GREAT KING'S ENGINEER WHO HELPED CONNECT LONDON**

*Built between 1886 and 1894, Tower Bridge is a symbol of London known throughout the world. But many do not know that King's engineers created its iconic 'drawbridge'-style movement. In this article, we hear from Jemima Atkinson, whose great-grandfather was one of those engineers. Here, she shares why he inspired her to leave a legacy to King's.*



Taking its name from the nearby Tower of London, Tower Bridge is a bascule bridge across the River Thames ('bascule' comes from the French for 'see-saw'). At the time it was built, a traditional fixed bridge at street level wasn't suitable because it would prevent tall sailing ships from accessing the port facilities in the Pool of London, which was situated between London Bridge and the Tower of London.

A team of engineers – led by several King's engineering alumni – worked together over a number of years to create a bridge that solved the problem. They devised a hydraulic system so that the bridge could be raised to allow ships to pass through. The bridge is famous for this, as well as its distinctive ornate Victorian Gothic façade.

### JEMIMA'S STORY

Jemima Atkinson is the great-granddaughter of Professor Henry Robinson (1837–1915), a King's engineering alumnus who was known by his family as Herbert. She recalls hearing about the proud moment when Herbert started work on Tower Bridge, explaining: 'It was an exciting and ground-breaking project to work on at the time, which would connect one side of London to the other. His team were given a picture of the bridge and told to make it work, so it's a good job they were fixated on solving problems.'



Jemima Atkinson

During Herbert's career, he worked on many important projects, including railways, water supply, sewerage and electric lighting. He became Professor of Civil Engineering at King's in 1880 and was an expert on hydraulics and sewerage, contributing to academic literature on these subjects.

This passion for engineering continued to run in the family, as Herbert's daughter, Irene, went on to marry another King's engineering alumnus called Arthur Bartlett, who was taught by Herbert.

Jemima remembers her grandfather Arthur working on the engineering of London Underground's Bakerloo line, proffering: 'I think Henry and Arthur would have been over the moon with the new Crossrail, which will, like Tower Bridge, help further connect our capital city.'

Jemima now has four grandchildren, whom she has taken on trips to visit Tower Bridge. They all have enjoyed exploring the viewing gallery, including her nine-year-old grandson who already aspires to be an actor rather than an engineer.

'I'm sad that no one else in the family has gone on to study engineering, but I've told my grandchildren that they can do whatever they choose,' Jemima reflects. 'And if the girls do decide they want to become engineers, it's great that they are able to do so now. It's not just for boys!'

With Jemima's generous legacy, more young people out there will be supported to study engineering at King's, and some may well be part of the world's future innovative engineering projects. She says: 'I am pleased to leave a legacy to King's, as it's the least that I can do to support the next generation of engineers.'

### THE FUTURE OF ENGINEERING AT KING'S

The Department of Engineering was first opened in 1838, making it one of the oldest in England. Nowadays, it is quite different from before. Although the department closed in 2013, the research and teaching of engineering has continued in the three separate departments of Informatics, Physics and Biomedical Engineering. There is a big focus on enrolling more female students onto engineering courses, with a range of scholarships and funds available to aid the diversification of the profession.

King's is planning to relaunch a wider range of engineering courses in the coming years, with project-based taught programmes to prepare students for careers in industry.

Thanks to Graham Raven (Civil Engineering, 1963) and Keith Newton (Civil Engineering, 1958) for contributing to this article, on behalf of the King's College London Engineers' Association (KCLEA).

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### KEY FACTS

#### Did you know?

King's has nurtured many notable engineers over time. As well as Henry Robinson, a number of other alumni worked on Tower Bridge:

- Sir John Wolfe Barry (1836–1918) was the structural engineer for Tower Bridge and from 1887 had sole responsibility for its design.
- Henry Marc Brunel (1842–1903), the second son of celebrated engineer Isambard Kingdom Brunel, worked for Sir John Wolfe Barry.
- James Edward Tuit (1860–1903) managed the building of the bridge from 1889, on behalf of the construction contractor.
- Kenneth Alfred Wolfe Barry OBE (1879–1936), son of Sir John Wolfe Barry, was the ongoing Consulting Engineer to the owners of Tower Bridge.



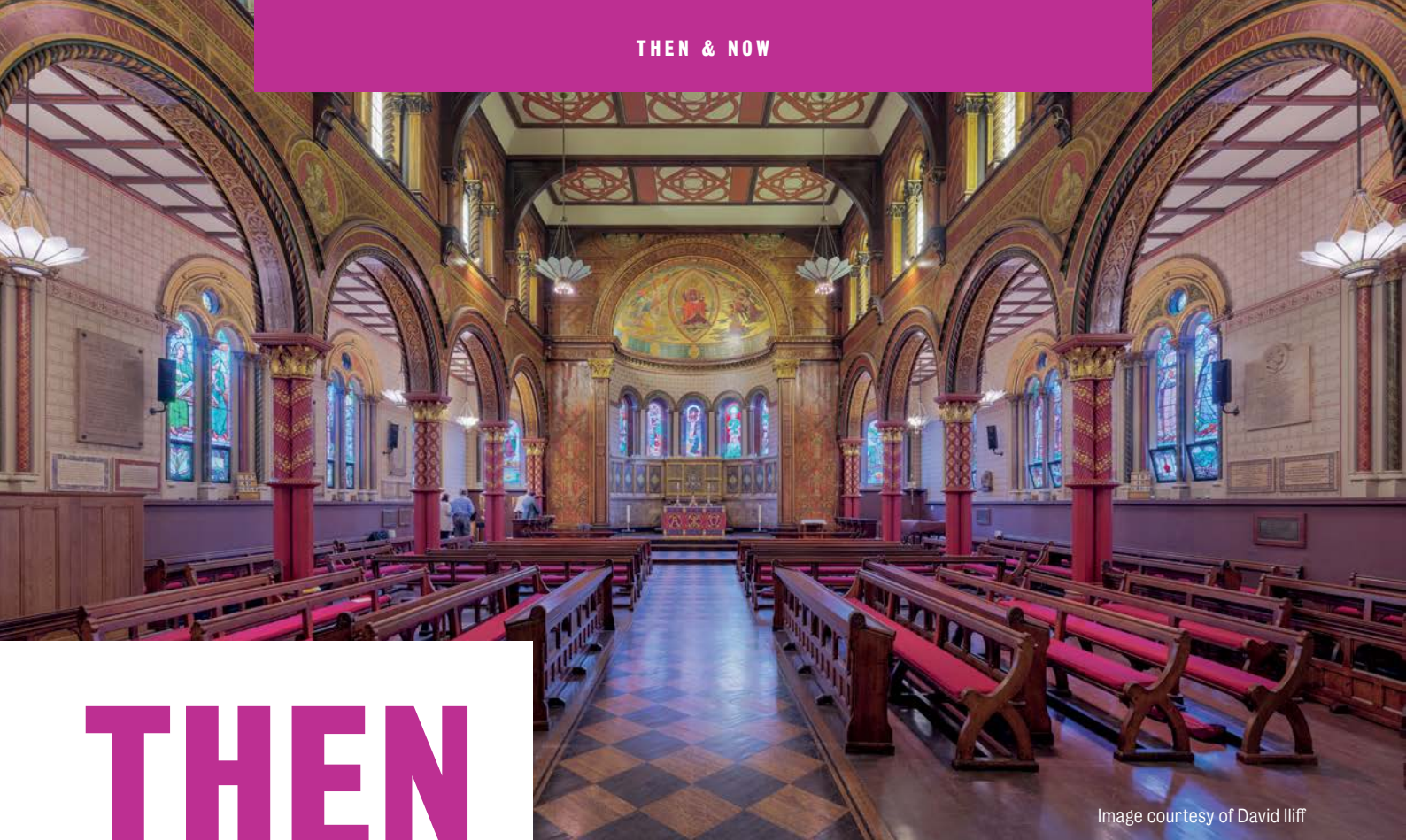


Image courtesy of David Iliff

# THEN & NOW

*The College Chapel at the Strand Campus is seen by many as the spiritual heart of King's. Over the years, it has been a focus for worship, as well as a place of peace in our busy university open to all.*

There are Chapels or prayer rooms at the five King's campuses – Guy's, St Thomas', Denmark Hill, Strand and Waterloo. In this article, we look at the College Chapel at the Strand Campus, a remarkable piece of Victorian architecture located on the first floor of the King's Building, directly above the Great Hall.

The flexible seating arrangement, sound system and lighting allow the Chapel to be used for concerts, lectures and presentations, as well as regular worship.

In the semi-dome of the apse, above the altar, is a copy of a mosaic created by eminent Italian glassmaker Antonio Salviati, representing Christ in Majesty with adoring angels.

1831

The original College Chapel opened, designed by Sir Robert Smirke. It was described as a low, broad, plain room, but no designs or pictures of it survive.

1859

The College Chaplain proposed that the original Chapel be reconstructed, saying that its 'meagreness and poverty' made it unworthy of King's.

1864

The new Chapel designed by Sir George Gilbert Scott was completed at a cost of just over £7,000, and the Bishop of London preached at the reopening service.

1907

Female students requested to attend Chapel services, and this was agreed by the principal, the Revd Dr Arthur Cayley Headlam.



“I remember sitting in the tranquillity and solace of the lovely Chapel after a hectic day of lectures and research work at the Maughan Library. As I strolled past, I heard the organist practising some hymns and choruses for the upcoming service. I was glad I popped in for a quick prayer and brief solitude.”



ADRIAS TAN  
(MSC CONSTRUCTION  
LAW & DISPUTE  
RESOLUTION, 2009)

“When I was at King’s, I would often go into the Chapel to pray. The space was quite dark, but it had a sense of hospitality. Occasionally I would bump into the Chaplain, who was friendly and would ask how study was going. The Chapel was close to the place I had lectures. I liked the way prayer and study could be held together in this way – very good for an ordained person engaged in theological reflection.”



THE RT REVD  
ANNE DYER  
(MTH, THEOLOGY &  
RELIGIOUS STUDIES,  
1989), BISHOP OF  
THE UNITED DIOCESE  
OF ABERDEEN  
AND ORKNEY

“Half-way through my course, I was diagnosed with breast cancer. There were good days and bad days. I found solace in the Chapel. I used to go there to sit and think. The peaceful solitude, the feeling that someone was looking after me, and more than a few silent prayers said means that the Chapel has a special place in my heart. So, when my partner Brian and I decided to get married, we chose the Chapel.”



FIONA MCCORMACK  
(MA SHAKESPEARE  
STUDIES, 2009)



The long vertical panels on either side of the arch are elaborately decorated, and include figures bearing scrolls, some inscribed with the King’s motto *Sancte et Sapienter*, which means ‘With holiness and with wisdom’. King’s has a long and distinguished

tradition of providing theological education, and is unusual among British universities in that the Dean is an ordained member of staff, responsible for overseeing the spiritual development and welfare of all students and staff.

FIND OUT ABOUT VISITING  
THE CHAPEL, DONATING TO THE  
ORGAN RESTORATION APPEAL,  
OR EVEN GETTING MARRIED THERE:

 [alumni.kcl.ac.uk/strandchapel](http://alumni.kcl.ac.uk/strandchapel)

 **+44 (0)20 7848 3053**

## 1931–32

To allow for new teaching space above the Chapel, the pitched roof was replaced with the present flat ceiling.

## 1948–49

Following war damage to the original stained glass windows, architect Stephen Dykes Bower directed the installation of new tinted cathedral glass windows.

## 2000–01

Supported by alumni donations, major restoration work took place, including painting the arcade columns in their original colour and recreating a painted tile motif on the walls.

## 2018

The Henry Willis organ, which has been altered several times since its construction in 1866, is being fully renovated to create an instrument of true artistic integrity that will stand at the heart of our musical community for the next generation and beyond.

# CARVING A TURN FOR *cardiology research*

*A skiing challenge in France's Méribel Valley has recently taken place to raise money for Professor Mike Marber's innovative heart attack diagnostic test.*

**A** revolutionary new blood test to help detect heart attacks could have a significant impact on speeding up diagnoses and reducing hospital waiting times. A charity skiing event has helped raise vital funds for the test to be developed further.

The innovative 'MyC' blood test, developed by leading cardiologists at King's, could allow heart attacks to be ruled out in up to 40 per cent more patients, compared with current testing methods.

By speeding up diagnosis, and allowing those not suffering heart attacks to be sent home, NHS accident and emergency (A&E) resources could be freed up to concentrate on those needing immediate treatment.

Mike Marber, Professor of Cardiology at Guy's and St Thomas', whose team is behind the research, said:

'The vast majority of patients coming through the doors with chest pain aren't having a heart attack. By ruling out those patients, we can ensure that resources are used for those who need them most.'

## VALUABLE SUPPORT FOR HEALTHCARE INNOVATION

King's scientists are committed to a 'bench to bedside' approach to research, ensuring that the latest discoveries quickly make a real-world difference in patient care. To bring the transformative 'MyC' test into use, a prototype handheld device is being produced to administer the test, both in A&E departments and by paramedics on the ground.

Funding for the crucial next stage in development is not possible through commercial partnerships or the NHS itself, so Professor Marber's team has turned to philanthropy for support.

## A WINTER MARATHON FOR MyC

Being part of the King's community means help and support is never far away.



Professor Mike Marber and some of his research team

This year, Coeur Blanc, a skiing challenge fundraising event founded by former King's College Council member Rory Tapner FKC (Law, 1982) was dedicated to raising money for MyC.

In March, contestants competed in a sponsored skiing marathon to complete every route in France's Méribel Valley in one day. This meant taking the lift up and skiing downhill on 52 different routes – a total ascent and descent of over 15,000 metres. The challenge hopes to raise more than £150,000 towards the development of MyC's handheld prototype.

Coeur Blanc organiser Pierre Taylor said: 'We're proud to support the Guy's and St Thomas' charity to help with Professor Marber's research. These funds will enable King's to create a functioning prototype and purchase devices for testing. We want the money raised by Coeur Blanc to make a real impact, and the MyC project has huge potential.'



Skiing in Méribel Valley

## FACT FILE

### MyC

- The new test developed by King's cardiologists analyses the level of cardiac myosin-binding protein C (or MyC for short) in the blood.
- Current testing methods can take up to 90 minutes to return results. A handheld MyC device will provide instant results, leading to reduced waiting times.
- Currently up to 85 per cent of people with suspected heart attacks need to remain in hospital for further tests. MyC could allow 40 per cent more patients to be ruled out instantly, freeing up resources for those in need.

# Reggie's

## MODERN FACELIFT

*Many generations of King's students have cherished their mascot, Reggie the Lion, since he was brought to King's in 1923. But how do King's students picture their mascot nowadays?*

The original statue of Reggie has been much renovated by King's engineers over the last 95 years and he stands proudly in the King's College London Students' Union (KCLSU) protected by a glass case. A lovable mascot, Reggie remains part of student life in many ways – the student newspaper, *Roar*, is affectionately named after him, and over 18 KCLSU societies use a Reggie icon in their communications. From the Robotics society

to the Ukulele Society, Reggie's adventurous ways are captured in various forms. We picture just a few of them here, on the right.

It's clear from these lively and varied examples that our students have not only affection for Reggie but also a marked and continuing affinity with the lion-like qualities he embodies – strength, courage, confidence, sociability, loyalty to and protectiveness of the pride. These powerful attributes are a credit to King's and ensure that Reggie will endure as our mascot. »

CHRISTINE AYRE  
HEAD OF BRAND DESIGN

### WEAR REGGIE WITH PRIDE

We have a limited supply of 250 pin badges to give away, based on the classic line drawing of dancing Reggie by King's alumnus Cyril Kenneth Bird.



GET YOUR OWN FREE  
REGGIE PIN BADGE  
BY VISITING:

 [alumni.kcl.ac.uk/  
reggiebadge](https://alumni.kcl.ac.uk/reggiebadge)

OR CONTACT US:

 +44 (0)20 7848 3053



Robotics  
Society



Ukulele  
Society



Engineering  
Society



Women in  
Business  
& Finance  
Society



Lebanese  
Society

Graphic based  
on a cartoon by  
Fougasse, drawn for  
the annual dinner  
of the Engineering  
Society, 1928



## Arts and Humanities



## THE EXPRESS

### Millions of Brits [are put off] operatic performances for THIS reason

[A recent] poll of 2,000 people for Classic FM found that two thirds [of those surveyed] simply weren't interested in opera. They cited price and not knowing the etiquette including when to clap, what to wear and when to go to the loo as reasons.

The criticism has stung aficionados, who insist opera is thriving and has much to offer. Flora Willson, a lecturer in music at King's College London, says: 'Opera has a bigger audience today than at any time in its history... I don't think opera is inaccessible or the venues intimidating although it can seem that way. It's absolutely relevant because the stories although old are very emotionally engaging. Going to the opera is a magical experience and I'd urge everyone to try it.'

## King's Business School



## THE FINANCIAL TIMES

### King's rejects MBA courses after talks with business

King's College London has become the first leading British university to open a business school that will not offer an MBA. The new King's Business School will instead offer specialist master's degrees alongside undergraduate courses and short executive education training for corporate clients.

[Professor] Stephen Bach, Dean of the School, said that, after speaking to businesses, there did not appear to be enough support for an MBA programme. 'Companies are looking for talent at an earlier stage [and] new students who are very strategic in their thinking. We already have great strengths in teaching people in those areas.'

# MAKING HEADLINES

## The Dickson Poon School of Law



## QUATRO CINCO UM (FOUR FIVE ONE)

### The oil is theirs

*Professor Leif Wenar, Chair of Philosophy & Law, and Dr Octavio Ferraz, Reader of Transnational Law, comment on how tyrants and criminals profit from the oil we consume.*

[Translated from Portuguese]

More than half of the world's traded oil comes from countries where the people have no control over natural resources – that is, in which the principle of popular sovereignty over resources is violated.

In these countries, violent and corrupt tyrants and militias exploit the nation's resources for their own benefit. They become rich and even more powerful, while the people often remain poor and suffer human rights violations – including murders, torture and rape. Democratic countries that buy or participate in this production are complicit in this criminal process.

## Faculty of Life Sciences &amp; Medicine



## THE TELEGRAPH

### The surprising health benefits of staying in bed

Those of us partial to a lie in woke up to good news this week, as a new study showed that a good night's sleep can help with weight loss. We're often told to eat less and move more to lose weight, but according to research by scientists at King's College London, simply spending an extra 90 minutes in bed could also be a solution.

Participants in the study who get more sleep choose healthier foods within a week, eating on average 10 grams less sugar each day. They were less likely to pick sugary treats, or reach for comforting carbohydrates.



Dental Institute

SCIENTIFIC AMERICAN

### Instead of filling cavities, dentists may soon regenerate teeth

For dentists, a cavity is a conundrum – in order to save the tooth they must further damage it. But what if instead of drilling holes into teeth and patching them up with synthetic fillers, dentists could coax our pearly whites to regrow themselves? Recently, Professor Paul Sharpe, a bioengineer at King's College London, and his colleagues discovered a new way to do exactly this in mice.

If the treatment eventually becomes part of the dentist's standard tool kit, scientists say it would easily be one of the field's most important advances in 50 years.



Institute of Psychiatry, Psychology & Neuroscience

BBC

### Avatar therapy 'reduces power of schizophrenia voices'

Confronting an avatar on a computer screen helped patients hearing voices to cope better with hallucinations, a UK trial has found. In the avatar sessions, patients created a computer simulation to represent the voice they heard and wanted to control, including how it sounded and how it might look.

Professor Tom Craig, study author from King's College London, said getting patients to learn to stand up to the avatar was found to be safe, easy to deliver and twice as effective as counselling at reducing how often voices were heard.

*King's has been making headlines around the world. From experts offering commentary on policy and significant news stories to the world-changing impact of King's research, we've chosen a story from each of our nine faculties that we didn't want you to miss.*



Faculty of Social Science & Public Policy

THE WASHINGTON POST

### Iran after the protests: What comes next?

*Dina Esfandiary, a Fellow in the Department of War Studies, comments on the war in Iran.*

The recent spate of protests in Iran has ebbed – at least for the moment. The unrest caught the regime off guard. Initially it responded in the usual manner: by blaming foreigners and discrediting protesters. But in a pragmatic move, the leadership then acknowledged the protesters' demands. This is new and significant because it signals a willingness to open up in order to stay in power. But doing too little or too much will jeopardize the system.



Florence Nightingale Faculty of Nursing, Midwifery & Palliative Care

THE CONVERSATION

### Shortage of nurses in UK is affecting patient care and threatening lives

*Anne Marie Rafferty, Professor of Nursing Policy, comments on the need for change in government nursing policy.*

The NHS has consistently enjoyed high public confidence. Perhaps this has caused complacency in the government. But low nurse staffing levels not only saps morale, it significantly affects patient satisfaction and safety. The government needs to implement evidence-based solutions if it is to avert the looming crisis.



Faculty of Natural & Mathematical Sciences

TIMES HIGHER EDUCATION

### Academic moonlighters: a bit on the side

Rivka Isaacson is something of an authority on the novelist and philosopher Iris Murdoch. She has delivered papers about her at conferences, published two peer-reviewed articles and contributed a chapter to a book.

Many in that community are surprised to learn that her academic post at King's College London is not in the English or philosophy department, but in chemistry.

# ALUMNI EVENTS

King's runs a year-round calendar of alumni events, from reunions and meet-ups to talks from world-leading thinkers.

## ALUMNI WEEKEND

8–10 June 2018

Now in its 15th year, our annual alumni celebration is a great opportunity for a trip back to your alma mater.

This year's theme is 'Revolutionary' and we'll be hosting speakers and workshops with experts from across the university exploring how we can all

bring about change by thinking differently, while giving a flavour of the revolutionary research happening right here on campus.

As always, there'll be plenty of time to catch up with old friends, whether over afternoon tea or a glass of fine wine at this year's wine tasting!



## King's Distinguished Alumni Awards

Monday 21 May 2018

Join President & Principal, Professor Edward Byrne AC and fellow alumni at our first King's Distinguished Alumni Awards, honouring the top emerging alumni leaders in our community.

## USA & Asia Pacific Alumni Networking Events

June–July 2018

King's is coming back to the United States in June 2018 and to the Asia Pacific region in July 2018 to host a series of networking events, talks and discussions.

## King's Business School Women in Business Event

November 2018

Join King's Business School and members of the City Women's Network at Bush House for a seminar and networking reception.

## REUNIONS

Catch up with former classmates and old friends at a reunion this year.

### Class of 1968 German Reunion

Saturday 9 June 2018

Anthony Kremer invites you to meet up during the afternoon tea at this year's Alumni Weekend. RSVP to [tony.kremer@me.com](mailto:tony.kremer@me.com)

### 1988 Entry Medicine Reunion

Saturday 29 September 2018

Sujata Dave Narayan is reaching out to those who started in 1988 at Guy's and St Thomas' for a reunion. RSVP to [sujata.narayan@gmail.com](mailto:sujata.narayan@gmail.com)

### Class of 1983 Medicine Reunion

Saturday 9 June 2018

Calling all King's College Hospital and Westminster Hospital medical graduates. Join Liam Brennan and Helen Barlow for a reunion at Alumni Weekend 2018. RSVP to [h.barlow@btinternet.com](mailto:h.barlow@btinternet.com)

### 1958 Entry Medicine Reunion

Dr John Ashton is seeking to arrange a reunion for all who started 2nd MB in 1958 and went on to King's College Hospital, Westminster Hospital or St George's Hospital. RSVP to [john.ashton@doctors.org.uk](mailto:john.ashton@doctors.org.uk)

### Class of 1993 Dentistry Reunion

Saturday 17 November 2018

Laura Lynch invites you to a 25-year reunion at Guy's Robens Suite. RSVP to [lauralynch@me.com](mailto:lauralynch@me.com)

FURTHER DETAILS ABOUT REUNIONS ARE AVAILABLE ON OUR WEBSITE:

 [alumni.kcl.ac.uk/reunions](http://alumni.kcl.ac.uk/reunions)

FOR SUPPORT IN ORGANISING YOUR OWN REUNION, PLEASE CONTACT US:

 [reunions@kcl.ac.uk](mailto:reunions@kcl.ac.uk)

 +44 (0)20 7848 3053

Find out more about upcoming events:

 [alumni.kcl.ac.uk/events](http://alumni.kcl.ac.uk/events)

 [alumnievents@kcl.ac.uk](mailto:alumnievents@kcl.ac.uk)

 +44 (0)20 7848 3053



# ALUMNI BENEFITS & SERVICES

You can take advantage of a wide range of benefits, services and discounts. These are available if you studied at King's or at one of the institutions that merged with King's.

## Mentoring with King's Connect

Have you ever considered mentoring? Becoming a King's Connect mentor is a great way of developing key skills around listening, questioning, facilitating, empathising and rapport-building while also giving back to the King's community. We know our King's alumni have a great deal of knowledge to pass on and King's Connect is designed to help you do just that!

King's Connect is a community where mentors can connect with current King's students and recent graduates to advise them in their professional development. Being a mentor can mean something as simple as offering advice via email, or it could involve providing an internship or work experience to a recent graduate looking for a way into your industry. Whatever help you can offer, we are here to connect you with mentees eager to learn

“Mentoring has definitely made me reflect on my own experiences at King's and what I have learnt since then. It has been a very rewarding experience, both professionally and personally.”

LYN OH (LAW, 1993), WHO CONNECTED WITH MENTEE  
CHRISTINE LI (LAW, 2005) THROUGH KING'S CONNECT

from your experience.

It's easy to get set up as a mentor or mentee. Simply register and create a profile on King's Connect (if you use LinkedIn, you can import your profile from there) and then activate your mentoring account. We'll support you with a range of resources and through hosting regular networking events where mentors and mentees can meet up.

FOR MENTORING  
OPPORTUNITIES:

 [alumni.kcl.ac.uk/  
mentoring](https://alumni.kcl.ac.uk/mentoring)

 [mentoring@kcl.ac.uk](mailto:mentoring@kcl.ac.uk)

## More benefits for you

Our full range of alumni services and benefits includes: library and journal access, Associateship of King's College London (AKC), language courses and discounted gym membership.

FOR BENEFIT DETAILS:

 [alumni.kcl.ac.uk/  
benefits](https://alumni.kcl.ac.uk/benefits)

 +44 (0)20 7848 3053

 [alumoff@kcl.ac.uk](mailto:alumoff@kcl.ac.uk)

## A NOTE FROM THE KCLA CHAIRMAN



King's College London Alumni Association (KCLA) represents alumni in King's affairs and aims to keep you connected with the university.

Alumni are invited to attend our annual events, including the sports dinner and alumni games in October 2018 and the AGM and annual dinner in November 2018, as well as Duel Day, which will take place in March 2019, and the KCLA address in April 2019.

The Alumni Office also organises the Alumni Weekend in June and many other alumni events, which you can read about on this page and on the website: [alumni.kcl.ac.uk/events](https://alumni.kcl.ac.uk/events)

KCLA works with King's Sport and King's College London Students' Union to support continued alumni participation in as many sports as possible. We are also actively seeking more alumni involvement in

cultural activities, including music, theatre and choirs.

We want to hear your views on all matters involving alumni and the university.

**Emeritus Professor  
Chris Hamnett FKC**

GET IN TOUCH:

 [chris.hamnett  
@kcl.ac.uk](mailto:chris.hamnett@kcl.ac.uk)

# NEW APPOINTMENTS & COMMENDATIONS

## NEW APPOINTMENTS

### Professor Rebecca Oakey

Alongside her role in the Department of Medical & Molecular Genetics, Professor Oakey has been appointed King's first Dean for Doctoral Studies as well as the Chair of the Postgraduate Research Student Sub-Committee.

### Professor Peter Heather

As Deputy Dean for Doctoral Studies, Professor Heather will support Professor Oakey to play a crucial role in providing academic leadership for doctoral studies at King's – equipping researchers to excel at the beginning of their careers.

### Dr Nigel Eady

To provide strategic and operational oversight of both the Centre for Doctoral Studies and the Centre for Research Staff Development, Dr Eady has been appointed as Director (Research Talent), supporting over 4,500 PhD students and research staff at King's.

### Professor Gonda Van Steen

In September 2018, Professor Van Steen will join the Department of Classics as the Koraeas Professor of Modern Greek and Byzantine History, Language and Literature. She currently holds the Chair in Greek Studies at the University of Florida.

## NOTABLE COMMENDATIONS AND APPOINTMENTS FOR KING'S STAFF AND ALUMNI

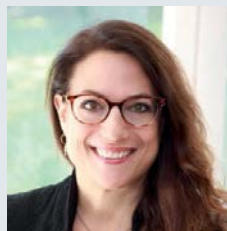
### Rt Revd Dame

#### Sarah Mullally DBE

Dame Sarah Mullally, who serves on the King's College Council, has been appointed the 133rd Bishop of London, the third most senior position in the Church of England. Before becoming a priest, Dame Sarah had a career in nursing, rising to the role of Chief Nursing Officer. From 1980–84, she read Nursing Studies at Southbank Polytechnic and the



Nightingale School of Nursing (now the Florence Nightingale Faculty of Nursing, Midwifery & Palliative Care), where she went on to be a clinical teacher.



### Professor Jennifer Rubin

Director of the Policy Institute, Professor Rubin has been appointed Executive Chair of the Economic and Social Research Council, which supports research and training on social and economic issues.



### Professor Fiona Watt

Alongside her role as Director of the Centre for Stem Cells & Regenerative Medicine, Professor Watt has been named as preferred candidate for the Executive Chair of the Medical Research Council.

## NEW YEAR'S HONOURS

We're delighted that a number of staff and alumni have been commended in the New Year's Honours this year, including:

### Sir Michael Morpurgo OBE FKC

(French & English, 1967), the well-known children's writer, famous for his book *War Horse*, was awarded a knighthood for services to literature and charity.

### The Rt Hon the Lord Geidt GCB GCVO OBE QSO FKC

(War Studies) has been appointed Knight Grand Cross of the Order of the Bath (GCB) for public service. Lord Geidt is the Chairman of King's College Council and served as Private Secretary to HM the Queen from 2007–17.

### Professor Elizabeth Kuipers OBE

(Institute of Psychiatry, Psychiatry, 1983) is Professor of Clinical Psychology at King's and has been awarded an OBE for services to clinical research, treatment and support for people with psychosis.

“It is great to see so many of our staff and alumni featured in the latest New Year's Honours list. My personal congratulations go to all those who have been recognised.”

THE PRESIDENT  
& PRINCIPAL, PROFESSOR  
EDWARD BYRNE AC

READ MORE ONLINE:

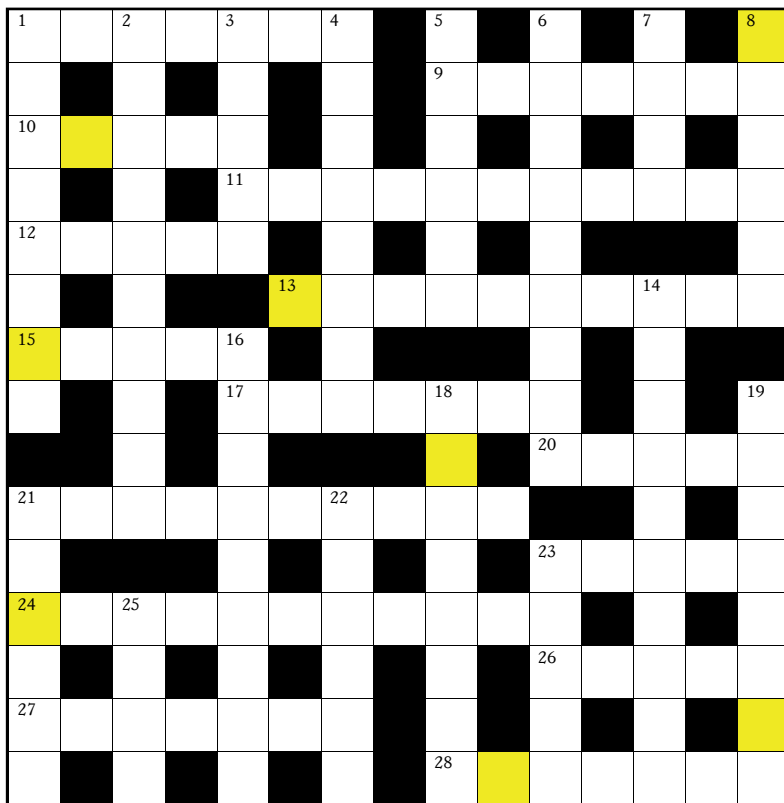
 [alumni.kcl.ac.uk/  
honours2018](https://alumni.kcl.ac.uk/honours2018)

# KING'S

## brainteasers

### CRYPTIC CROSSWORD

Test your ingenuity and give your brain a workout with these puzzles, set especially for us by the Head Teacher of King's Maths School, Dan Abramson (who, in the puzzling world, goes by the pseudonym 'Ishmael').



#### Win a King's goody bag!

There's a final anagram hidden in the coloured boxes of the crossword. Just email your solution to us for a chance to win one of our exclusive King's goody bags.

Not got time for the full crossword? There's a second goody bag up for grabs just for solving our quick puzzle!

#### For your chance to win

Email your solution(s) by 15 June 2018 with 'InTouch puzzle' in the subject line.

✉ [alumoff@kcl.ac.uk](mailto:alumoff@kcl.ac.uk)



#### QUICK PUZZLE

A large number of people each flip a fair coin with a heads and a tails until they get a tails, and then stop. What is the proportion of tails flipped overall?

### Crossword clues

The five solutions without clues are each examples of the answer to clue 13.

#### Across

- 1 (7)
- 9 (7)
- 10 One ringer left end to end defamation (5)
- 11 Processed meat bill set at highest ever level! (3,4,4)
- 12 Repeat no article disseminated by apostle (5)
- 13 100 Spanish notes found in streets for devotees of empiricism (10)
- 15 Metal spike backed up response to poor service (2,3)
- 17 Discharge centre of doable repair (7)
- 20 First two letters take graduates back for a dance (5)
- 21 Active posse in van going wild (3-7)
- 23 (5)
- 24 They call uni improperly? (11)
- 26 Latterly, much in love with cotton fabric (5)
- 27 (7)
- 28 Primary constituent French evil removed from the Spanish cheese (7)

#### Down

- 1 Upwardly mobile single friend goes after German, yes? This one's hot! (8)
- 2 Religious clothing restricts endless accommodation (10)
- 3 Successive notes, first rising of the sun (5)
- 4 Pays no attention to pick-up artist's insults about most of lesson (8)
- 5 Legal position has got your back (6)
- 6 New digits follow idea for keepsakes (9)
- 7 You run from a number (4)
- 8 Certainties thrust apart (6)
- 14 Clock adjustment to un-American museum's remit? (6,4)
- 16 Hear Tupac rap about air-brake (9)
- 18 (8)
- 19 Expose part of yard with shoes and socks off (8)
- 21 Nothing new should be (6)
- 22 Government organisation in Peruvian currency mixer (6)
- 23 Ride in a loop (5)
- 25 Catch sight of English mole (4)

Answers are available on our website now for the Autumn 2017 crossword, and from July 2018 for the puzzles on this page.

📄 [alumni.kcl.ac.uk/puzzles](http://alumni.kcl.ac.uk/puzzles)



# CLASS NOTES

To see all the latest class notes and find out which of your classmates have been performing on stage, writing books and planning reunions, visit our website:

 [alumni.kcl.ac.uk/classnotes](http://alumni.kcl.ac.uk/classnotes)

## MEDICAL SHIP BRINGS HOPE TO MANY IN TANZANIA



### DR JENNY LANGDON (Guy's, Medicine, 1975)

Following a career as a GP, Dr Jenny Langdon has travelled the world volunteering on medical projects. Her latest trip took her to Tanzania, where she worked as a volunteer doctor on the medical ship *Jubilee Hope*.

*Jubilee Hope* is based in Mwanza, on the shores of Lake Victoria. It serves the islands on the lake, where few medical services are available. The boat has a team of Tanzanian doctors, nurses and dental

technicians on board, as well as international volunteers, mostly from the UK.

Jenny has also volunteered at a children's HIV clinic in Mwanza. HIV is a big problem in the area affecting up to 40 per cent of islanders. People with HIV can also suffer other infections such as TB, pneumonia and various cancers. 'These are conditions that I had hardly ever seen when I was a GP – many I had only read about in books,' said Jenny. 'While it was fascinating to see these conditions, it was also heart-breaking. Especially as the vast majority of children with HIV also have a mother with HIV, and some are orphaned, with a bleak future.'

Thanks to the medical ship there has been a great improvement in HIV treatment, largely due to women's HIV support groups being set up. Here, women

share knowledge about HIV testing, prevention and treatment. Microeconomic projects have also been established, giving a small amount of money to each woman to start a small business. These women then become financially independent and empowered. They can now pay their own rent, feed their children, send their children to school and manage their own reproductive health. They also talk to others in their communities, encouraging testing, prevention and treatment.

'Meeting the women was inspirational,' Jenny recalls. 'With the medical work done by *Jubilee Hope*, the future for the islanders looks a lot less bleak. I cannot wait to go back there.'

The ship is run jointly by the Tanzanian Health Authority and the Vine Trust, a charity based in Edinburgh.

## SCOTLAND'S FIRST WOMAN BISHOP



Photo courtesy of Derek Ironside / Newsline Media

### RT REVD ANNE DYER (MTh Theology & Religious Studies, 1989)

Rt Revd Anne Dyer has been elected as the Bishop of Aberdeen and Orkney. She is the first woman to be elected as a Bishop in the Scottish Episcopal Church.

Since 2011, Anne has served as the rector of Holy Trinity Church in Haddington, Scotland. She is also

a member of the Scottish Episcopal Institute Council and a member of General Synod. Before moving to Scotland she was a deacon and a priest in Kent.

Anne is Chair of East Lothian Foodbank and regularly lectures on fine art and theology. She studied chemistry and was a business systems analyst before training for ordained ministry.

Is there anything you'd like to share with your alumni community? We'd love to hear your news and updates.

EMAIL US AT:

 [alumoff@kcl.ac.uk](mailto:alumoff@kcl.ac.uk)

## DENTISTS RETURN TO OLD DENTAL HOSPITAL SITE



The Royal Dental Hospital viewed from the east side of Leicester Square, 1966. Image courtesy of the London Metropolitan Archives, City of London

### PETER FROST

*(Royal Dental Hospital, Dentistry, 1969)*

Members of the Royal Dental Hospital Alumni Association have come together for a lunch at the Radisson Blu Edwardian Hampshire Hotel in London's

Leicester Square. The hotel occupies the same building that from 1901–85 was the Royal Dental Hospital and the London School of Dental Surgery – the oldest dental school in the UK. The event was enjoyed by alumni who graduated between 1961

and 1984, and for many it was their first time back to the building!

The Royal Dental Hospital and the London School of Dental Surgery have had an interesting history since they first opened in Soho Square in 1859. Both provided free treatment for the poor and trained students. They were particularly popular because they offered conservation work, unlike other hospitals who only offered extraction. Demand was so high that in 1901 a new hospital was built in Leicester Square, and in 1911 the school formed an association with the University of London. During World War II the hospital and school adopted the slogan 'We never closed'.

Both were kept open despite the hospital sustaining damage from a nearby landmine. The hospital joined the NHS in 1948, under the administration of St George's Hospital. In the 1980s, the hospital merged with the Royal Dental Unit at St George's and the school merged with the United Medical and Dental Schools of Guy's and St Thomas' Hospitals. The Royal Dental Hospital closed in 1985, the premises were sold and it became a hotel.

This year's reunion event will be held on Saturday 13 October 2018 at the above-mentioned venue.

## THE BIG 50 REUNION FOR THE GEOGRAPHY CLASS OF 1967

### JANE WESTAWAY

*(Geography, 1967)*

Exactly 50 years after their first field trip, the Joint School of Geography class of 1967 (alumni from King's and the London School of Economics) met up again. This time the venue was the Harbour Heights Hotel in Poole, Dorset.

Since graduating, the group has met up four times for walks and dinners, but as September 2017 was the 'Big 50', they decided to go for a bigger weekend celebration!

Alumni from as far away as Glasgow, Teesside and even

the USA met up, many with their partners.

They had a wonderful weekend of walking in glorious sunshine with some even taking a dip in the sea. In the evenings they celebrated with marvellous buffet meals and a quiz based on 1967. They were even joined by one of their lecturers, Dr Barrie Morgan.

Speaking about the event, organiser Jane Westaway said: 'It was quite amazing how we were able to just pick up the threads of friendship and chat away as we did in Florrie's coffee bar and The



The reunion group ready for a walk

Chesham all those years ago.' The next reunion – 50 years from graduation – is planned for June 2020.

For more info, email Jane Westaway: [jwestaway@blueyonder.co.uk](mailto:jwestaway@blueyonder.co.uk)

# IN BRIEF



**SADI KHAN MBE**  
(Microbiology, 1996)

Sadi delivers cultural and religious awareness training to organisations across the UK through her company, Noble Khan. This is as a result of personal experience, which drove her to investigate the issues that minority communities can face in the workplace. Sadi is also a passionate advocate for empowering women. She gives talks and leads coaching for schools and businesses, to educate and give women a voice, and is an ambassador for the charity Women's Aid.

**PROFESSOR IAN EVANS**  
(PhD Psychology, 1970)

After a long career as a Professor of Clinical Psychology in Hawaii and New Zealand, Ian has made the switch from academic to fiction writing. He has had two novels published, both with a psychology theme: *The Eye of Kuruman* and *Menace*.



**CAPTAIN SIMON PATERSON MBE**  
(War Studies, 2006;  
MA Defence Studies, 2008)

During his career in the British Army, Simon conducted training and operational missions in Afghanistan, Iraq, Ukraine, Bosnia, and a host of NATO countries. His biggest challenge was helping to build the new 77th brigade, tasked with the use of legitimate, non-lethal activities to reduce and prevent conflict. He recently left the Army and is now Communications Director for CloudSense, a commerce systems provider.

**PROFESSOR ROBERT HAMPSON**  
(English Language & Literature, 1970;  
PhD English Literature, 1973)

Robert is an author, poet and academic whose PhD at King's was focused on the writer Joseph Conrad. Robert has recently won the Ian P. Watt Award from the Joseph Conrad Society of America for his lifetime contribution to Conrad scholarship.



**NAOMI MARGHALEET AKC**  
(American Studies, 2012)

Naomi, an author and former actress, now runs a communications consultancy. You Said It Speech Writing assists with pitches, presentations, media interviews, speeches and videos. The company also teaches public speaking skills to help people deliver with confidence, whether on screen or in person.

**DAVID MORGAN**

David was Manager of King's Merton sports grounds in the late 1980s. He was a steeplechase athletics champion in the 1960s and 70s, a coach, and was involved in running University of London Athletics and United Hospitals championships. His recent autobiography *Life Through Corridors of Uncertainty* offers a fascinating insight into the history of university sports in London.

**TEEMU ALEXANDER PUUTIO**  
(Economics for Competition Law, 2014)

After some time in legal and economic affairs at the United Nations (UN) in Bangkok, Teemu now works at the UN Secretariat in the Department of Management in New York. He manages technology and innovation transactions in support of the UN's peacekeeping missions and other entities across the UN Secretariat.



# OBITUARIES

## A MAJOR CONTRIBUTION TO KING'S AND HIGHER EDUCATION IN THE UK

### LORD SUTHERLAND OF HOUNDWOOD KT FKC



A former Principal of King's College London, Lord Sutherland of Houndwood, has died aged 76.

A distinguished scholar, radical reformer and dedicated public servant, Lord Sutherland was also an intellectual and theologian who wrote widely on issues of faith and philosophy in the context of the educational environment. Born Stewart Ross Sutherland, he achieved a long and exceptional academic career including a thirteen-year tenure at King's.

Appointed Professor of History and Philosophy of Religion at King's in 1977, he went on to become Vice-Principal in 1981 and then Principal in 1985, before moving to the role of Vice-Chancellor at the University of London in 1990 and Principal and Vice-Chancellor of the University of Edinburgh in 2002.

Lord Sutherland was committed to improving social care. He chaired the Royal Commission on Care of the Elderly between 1997–99, and was instrumental in the establishment of the Institute of Gerontology at King's which brings together experts from a wide range of related disciplines and organisations to improve the lives of older people around the world. As Professor Anthea Tinker, Global Health and Social Medicine, and first Director of the Institute commented, 'he always had time for everyone and his astute judgement was widely appreciated.'

He was also a former Chief Inspector of Schools in England, a previous member of the Board of the Higher Education Funding Council and the Council of Science and Technology. At the time of his death he was President of the Royal Institute of Philosophy.

## NEWS AND TECHNOLOGY

### DAVID MCILFATRICK (Computer Science, 1987)

David McIlfattrick has died aged 51. He was a key member of the technology team at Reuters News, where he developed early forms of algorithms that drive much of the firm's online content today.

In 1984, David was part of the first intake at the then new Computer Science department at King's. He joined Reuters in 1987 as a technical management trainee and then moved into the news technology group. He became an expert on algorithms,

categorising news stories to ensure the right content reached the right customers. David was fascinated by the world of journalism, enjoying the tales of Fleet Street and history of Reuters, and his knowledge and interest was much valued by his editorial colleagues.

In 2012, David suffered a severe brain haemorrhage and was unable to return home. He was cared for by his partner, family and friends for his last few years and passed away in September 2017.



# OBITUARIES

## DISTINGUISHED DERMATOLOGIST AND KIDNEY DIALYSIS PIONEER



**PROFESSOR ROBIN EADY**  
(*Guy's, Medicine, 1967*)

Professor Robin Eady, Emeritus Professor at St John's Institute of Dermatology at King's College London and former Honorary Consultant Dermatologist

at Guy's and St Thomas' NHS Foundation Trust, has died aged 76.

Professor Eady had a distinguished career in dermatology, specialising in treating people with epidermolysis bullosa (EB). EB is a group of genetic skin conditions that causes the skin to become fragile and blister. He was instrumental in setting up a specialist service for the condition at St Thomas' Hospital in the 1980s. The NHS Foundation Trust has since become a recognised world leader in EB research and care.

Professor Eady's life was remarkable, not least because he lived through decades of ill health. He was born in Cairo in 1940 and attended various UK boarding schools before studying medicine at Guy's. While he was a student he fell ill and was diagnosed with irreparable kidney failure. There was no dialysis available in the UK at the time, so, aged 22, he travelled to the USA to undergo radical new treatment under Dr Belding Scribner in Seattle. It was a success and he returned to Guy's Hospital, qualifying in medicine in 1967.

He continued with dialysis for two decades until a kidney became available for transplant. His health then improved significantly and he was promoted to professor in 1990. Eight years ago and 54 years after his first visit, he returned to the USA to collect an award for being the world's longest-surviving person with kidney failure.

In 2014, Professor Eady was awarded an MBE for services to dermatology and voluntary service to governance in the charitable sector. He is survived by his wife and son.

The establishment of the EB service at St Thomas' was assisted by funding and support from DEBRA, the national charity for individuals and families affected by EB. Professor Eady was a Trustee for DEBRA and served on their International Medical and Scientific Advisory Panel. DEBRA has also helped fund the new Rare Diseases Centre at St Thomas', which brings together specialist services for people with genetic and skin conditions, including EB.

## EDUCATING US TO BE SAFE



**STEPHANIE DAMAN**  
(*History, 1982*)

Stephanie Daman, a leading cybersecurity advocate, has died aged 56. She was passionate about education and did much to tackle the UK's cybersecurity skills gap.

Stephanie studied History at King's before joining the civil service and the Ministry of Defence. She worked in the British Embassy in Washington, D.C. and the Cabinet Office in London before joining HSBC, where she became Head of Group Information Risk.

From 2012, Stephanie was Chief Executive of Cyber Security Challenge UK, a body established to promote cyber skills. Here, she introduced educational programmes, promoted gender equality and improved access to jobs in the industry. She was also a founding member of the Get Safe Online scheme.

Stephanie became one of the most influential women in the cybersecurity field and was valued widely by those in government, industry and academia.

## A MAJOR FIGURE IN FRENCH STUDIES



**LUCILLE CAIRNS**  
(French, 1986)

Lucille Cairns has died aged 54. She was a leading figure in French studies and her research opened up many new areas in the field.

Lucille graduated in 1986 with the best first-class degree of her year, completing her thesis on writer Marie Cardinal. She became a lecturer at the University of Stirling in 1991 and remained there until 2005. She then became a professor at Durham University – the post she held at the time of her death.

Lucille was widely published. Her works focused on gay and lesbian

studies and Jewish writing in French. Just completed at the time of her death was a study entitled 'Eating Disorders in Contemporary French Women's Writing'.

She was President of the Association of University Professors and Heads of French (2007–10). She was also a member of the 2014 Research Excellence Framework panel, which monitors the impact of university research.

Lucille was widely admired across the profession and at the universities where she taught.

## IN SUMMARY

### **DR CHRISTINE BIDMEAD**

(MSc Community Health, 2004;  
PhD Nursing Research, 2013)

Health visitor, Chair of the Community Practitioners and Health Visitors Association Parenting and Family Support Group, and training facilitator at Guy's Hospital and the Maudsley Hospital.

### **IAN KIRBY AKC**

(English, 1955)

Secretary General and President of the International Association of University Professors of English, and Professor at the Universities of Uppsala, Reykjavik and Lausanne.

### **DEVENDRA GUPTA**

(Biology, 1970)

Indian botanist and academic specialising in plant pathology. He was a councillor of the Indian Phytopathological Society in New Delhi, working at universities in London, the USA and India, where he was a former vice-chancellor of Ranchi University.

### **EIICHI KAWATA**

(Law, 1981)

A valued friend and supporter of King's and President of King's alumni branch in Japan until 2016.

### **DR KENNETH COLLINS**

(Guy's, Medicine, 1973)

Physician and heat illness specialist who lectured at St Pancras Hospital and taught Physiology at King's.

### **ALAN LEIGH-BROWNE**

(Dentistry, 1962)

A dentist with a long career working in the UK, Jamaica and Romania.



*Farrah Storr is Editor-in-Chief of Cosmopolitan magazine, the UK's biggest female media brand. She was also the founding editor of Women's Health magazine. Her book, Step Into Your Discomfort Zone, is being published by Piatkus in September 2018.*

**Farrah Storr**  
(French and English Literature, 2001)  
Editor-in-Chief of Cosmopolitan  
**RECOMMENDS**

### Favourite book?

Books are a bit like romantic partners – you need to encounter them at the right point in your life in order to really click. I read *The Outsiders* by S.E. Hinton at age 13 and it's still one of my favourite books of all time.

### Favourite place?

There's a cottage in the Scottish wilderness that my husband, my two dogs and I travel to every Christmas. We eat lots, wear bad clothes and see no one for days on end. It is bliss.

### Treasured childhood memory?

When I was five, my mother, my two siblings and I took the seven-hour train journey from Manchester to Cornwall. When the train stopped on the way, my brother and I looked out of the window and saw three grown-ups in shorts, red knee-high socks and enormous hiking boots. We'd never seen anything like that before and laughed all the way down to St Ives. Ironically, I don't look a lot different when I go rambling with my dogs nowadays – although no knee-high socks you'll be glad to hear.

### Best piece of advice you've ever received?

Make yourself some rules. Stick to them. Hold yourself accountable if you don't conform to them. Have an idea of both who you are and who you would like to be, and keep on track.

### Your big break?

Launching *Women's Health*. The company took a risk on me. I was an unknown editor with no track record. But the magazine was also unknown. We had a team of three, little money and to launch properly we needed to sell over 100,000 copies on issue one. We sold 103,000 copies and it went on to be the most successful women's magazine launch of the last 15 years.

“Don't be defined by anything other than your work and how you treat those above and below you.”



During her year abroad, Farrah lived in Paris

### Your advice for the workplace?

Don't be defined by anything other than the quality of your work and the professionalism with which you treat those above and below you. That's not a mantra for women – that's a mantra for everyone.

### Standout memory of King's?

Where to start?! Dancing on the stage at Tutu's [the club at the Students' Union]; going to Paris for my year abroad and feeling so nervous speaking French that I couldn't even ask for a loaf of bread. People thought I was mute for the first three weeks. It was a chaotic and wonderful time.

KEEP UP TO DATE  
WITH FARRAH:

@farrahstorr

@Farrah\_Storr

# YOU ARE REALLY IMPORTANT TO US...

*That's why we do our best to keep you, our alumni community, up-to-date with what's happening at King's, so that you can hear about benefits, events, reunions, volunteering opportunities and fundraising campaigns.*

*However you choose to get involved, we'll always respect your rights and choices.*

## Our promise to you

We promise to respect any personal data you share with us and keep it safe. We aim to be clear when we collect your personal information, and not do anything you wouldn't reasonably expect. We will tell you what we will, and will not, do with your personal data.

You can find our full privacy policy at:

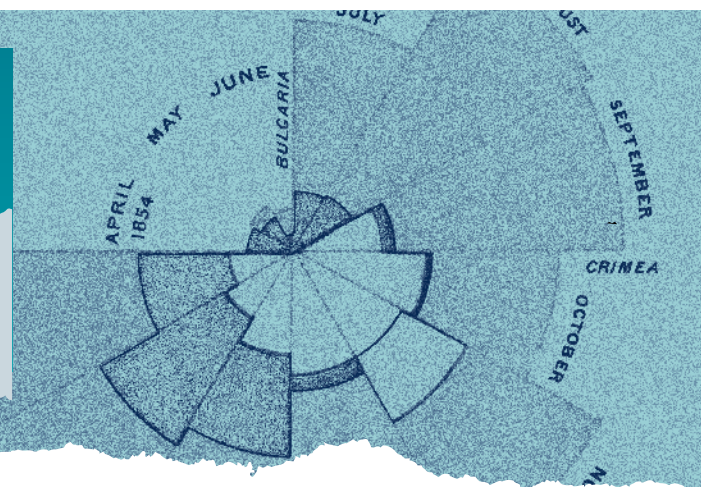
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If you have any questions, please contact us and we will be happy to talk you through it:

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## ALUMNI WEEKEND REVOLUTIONARY

8–10 June 2018



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To see the full programme of events and to book your place, please visit: [alumni.kcl.ac.uk/alumniweekend](http://alumni.kcl.ac.uk/alumniweekend)

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Image detail taken from Florence Nightingale's diagram representing the mortality in the hospitals at Scutari and Kulali from 1 October 1854 to 30 September 1855. Reproduced courtesy of King's College London, Foyle Special Collections Library

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Dame Cicely Saunders  
Dina Asher-Smith  
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