

An abstract illustration featuring stylized human figures in various poses, reaching out towards each other. The background is a mix of light blue, grey, and dark grey geometric shapes, with small white dots scattered throughout. A central teal rectangle contains the title and subtitle. The overall theme is connection and transformation.

INTOUCH

.....
Autumn Issue
2016

THE TRANSFORMATION ISSUE

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LONDON

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WELCOME TO THE AUTUMN 2016 *INTOUCH*, THE TRANSFORMATION ISSUE.



Since we published the last issue of *InTouch*, the world as we know it has changed. On 23 June, the UK voted to leave the European Union, and in doing so ushered in Theresa May as the new Prime Minister. By the time *InTouch* arrives on your doorstep, the USA will also have elected a new President and, whichever way the vote goes: the result will be of historic importance. One thing is certain, we are living in a time of great and constant change.

Throughout this issue, we address some of the ways in which the world is changing, and highlight how King's is making a positive impact. To start with, 2016 marks the 50th anniversary of the Liver Unit, so what better opportunity is there to celebrate the story of this pioneering facility?

And as the Cancer Centre at Guy's Hospital opens its doors (more on this next issue), we are also delighted to bring you the story of one of its most dedicated advocates, Rola Gordon, who shares why she is supporting this world-leading development. We are also pleased to share the inside story on some of the most exciting parts of the university, from Deborah Bull's vision for King's cultural connections across London and the world, to insights from one of the most in-demand research centres at King's, the International Centre for the Study of Radicalisation and Political Violence (ICSR). We also examine how the world has changing for women, and what King's is actively doing to support women at all levels.

Throughout the issue, we've highlighted where you can find more content on our website, from exclusive articles to videos and more, and invite you join the conversation online – we look forward to hearing what you have to say.

Finally, thank you to everyone who wrote to us following the Celebration Issue. We were delighted with the response, and have taken on board your feedback where possible. I personally hope that you enjoy this issue equally – if not more – and, as ever, we welcome any comments or feedback you may have. Please write to us at alumoff@kcl.ac.uk or at our main address and share your views using #ForeverKings.

With warm regards,

JENNIFER NEWMAN
EDITOR

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IN THIS ISSUE

Autumn 2016

02

INSIDE KING'S
KING'S AT THE
HEART OF CULTURE

Connecting through culture: Deborah Bull outlines King's plans to share and develop cultural projects in London and beyond.

03

CELEBRATING
50 YEARS OF FIGHTING
LIVER DISEASE

Academics and clinicians reflect on the research and innovations that have made King's Liver Unit the largest transplant centre in Europe.

06

WHAT I'VE LEARNED
GLOBAL PERSPECTIVES
ON RADICALISM

Dr Shiraz Maher outlines how greater understanding of radicalisation can influence policy and help build peace.



09

KING'S DEBATE
WOMEN, LEADERSHIP
& GENDER EQUALITY

Women make up more than half of the population – so how can they gain more influence in decision making? What is King's doing to redress the balance?

20

ENTREPRENEUR'S MARKET
DARE TO DREAM BIG

King's alumnus Allen Law talks about the skills and mindset that helped him succeed in a tough market.

14

**THE CHANGE THAT
YOU CAN MAKE**

King's alumna and Campaign Board member Rola Gordon talks about seeing her dream of a 'Survivorship Centre' for cancer patients become a reality.

24

KING'S SPORT
STILL ROWING STRONG

At 93 years of age, Dr Francis de Marneffe re-lives King's Wyfold Challenge Cup triumph at Henley.

28

GKT ALUMNI
A HISTORY OF
TRANSFORMING THE WORLD

The alumni of the medical schools of Guy's, King's and St Thomas' hospitals have gone on to change the world with their ideas and dedication.



OTHER FEATURES

LIVING ABROAD	13	WE MET AT KING'S	22	QUIZ	35
HOW LONDON HAS CHANGED	16	KING'S LEGACY	27	CLASS NOTES	36
TO A PHD AND BEYOND	18	KING'S IN THE NEWS	30	OBITUARIES	38
ADVICE FROM THE EXPERTS	19	ALUMNI EVENTS, BENEFITS & SERVICES	32	YOU RECOMMEND	40

Deborah Bull

KING'S AT THE HEART OF CULTURE

Former Principal Ballerina with The Royal Ballet and Creative Director of the Royal Opera House, Deborah Bull joined King's in 2012 to provide leadership and direction to its wide range of cultural collaborations. Having established specialist Culture teams to facilitate partnership, and taken the lead on the development of King's Science Gallery London, she is now Assistant Principal (London).

You're at a dinner party. How do you describe what you do?

I work at the interface between King's and London. King's has been highly innovative in developing partnerships and collaborations within London – from uniquely tailored teaching, training and internship programmes, to collaborative research

projects, public events and exhibitions and consortia, such as Shakespeare400. These collaborations with external partners help to generate new insights, new approaches and new connections, across the university and beyond.

What attracted you to King's?

I was intrigued by the possibility of coming closer to the academic insights into the world I had inhabited for so long. As a dancer, I was passionate about the potential of the arts to make a difference. I was also excited by King's ambition within London's cultural landscape. It's been hugely rewarding to develop partnerships with so many organisations and individuals where King's can make a difference.

What do you see as some of the key issues facing culture in the UK today? How is King's addressing them?

One of the biggest challenges is the impact of the decision to exit the EU. Britain's reputation as a global cultural leader stems from the flow of talent and ideas across borders, and the sector must ensure that the Brexit vote and its impacts do not compromise our creative pre-eminence. As a university, King's can provide a neutral space where the cultural sector can unite and debate, drawing on academic objectivity and analytical rigour that can support and provoke new thinking.

I'm very proud of CultureCase.org, a website we have developed that provides research digests from across the globe on the impacts of arts and culture. This helps the sector in terms of decision making and long-term planning. It's exactly the kind of information resource I longed for when I worked in the arts.

What are you most looking forward to delivering next?

Looking forward, there's a strong focus on art's potential to contribute to health and wellbeing. We are also implementing a university-wide artist-in-residence programme and joining up King's extended family of public venues, from the Old Operating Theatre to the forthcoming Science Gallery London, both on Guy's Campus. With the university's international strategy firmly embedded, we want to connect the

global to the local – to be of London, not just in it. We want to generate knowledge for the city, the country and the world.

By 2029, I want King's to be seen throughout the world as having helped to redefine the role of a university in a major international city.

YOUR VIEWS

How would you like to see alumni engage with and support King's?

Our alumni already do so much to support the university's ambitions, and it's spreading.

Many have achieved stellar careers so they are ideal 'connectors', opening doors to potential partnerships. They can spread the word about King's innovations and how we engage with London and its communities. And they can help by coming to our King's events – exhibitions held at the Strand Campus flagship space, the Inigo Rooms, as well as talks and screenings.

FIND OUT MORE ABOUT EXCLUSIVE ALUMNI EVENTS AT

 alumni.kcl.ac.uk/events

CELEBRATING

50 years

OF FIGHTING LIVER DISEASE

Since the 1960s, some of the most important breakthroughs in treating liver disease have taken place at King's College London and King's College Hospital, home to the largest liver centre in Europe.

Over the last 50 years, King's Liver Unit has established a reputation for high-quality patient care and for cutting-edge research and innovations.

We don't often talk about our liver, but it's an incredibly important organ. It has 500 separate functions for keeping us alive – including fighting infections, controlling blood sugar and neutralising toxins – and, uniquely, is capable of regenerating itself.

For this reason, liver disease has serious consequences, but effective treatment, and transplants in particular, can have an almost miraculous effect on patients who are acutely ill. Half a century after opening its doors, King's Liver Unit has the largest transplantation programme in Europe, performing over 200 transplants every year. The King's Liver Unit is the result of this hand in glove approach to translational medicine between King's College London and King's College Hospital.

'I often treat people who are at death's door, but the day after a transplant are sitting up in bed drinking a cup of tea,' says Professor Nigel Heaton, Consultant Liver Transplant Surgeon at King's College Hospital, who has performed more than 1,000 transplants over the last 30 years.

A HISTORY OF INNOVATION

Since opening in 1966, King's Liver Unit has pushed the boundaries of liver care, pioneering new procedures that have transformed thousands of lives. The first split liver transplant in 1999 was a major turning point in the treatment of children with liver disease. Just 20 years ago, transplants for children were rare due to the difficulty of finding the right-sized, small organs for transplant, explains Professor Heaton.

'With the introduction of split liver transplants we were able to cut and use about 20 per cent of an adult liver to transplant into a child. We are still the leading clinic in the world for this,' he says.

The ability to split livers has led to related procedures that also exploit the organ's powers of regeneration. Living donor transplantation involves surgeons taking parts of the

liver from living donors, usually other family members, which benefits both adults and children. Similarly, in auxiliary transplants, surgeons graft part of a healthy liver on to a patient's own organ to help it regenerate and recover.

The outstanding teamwork of King's clinicians and academics has been key to the successful innovations of the last 50 years. Today their work is more important than ever in the fight against the worrying rise in liver disease.

Alberto Sanchez-Fueyo, Professor of Hepatology, at King's College London's Institute of Liver Studies leads the world-leading development of novel immunotherapeutic strategies to improve long-term outcomes in liver transplants. He is in no doubt about the importance of their work, 'within a period of ten years, these innovations will completely transform the way we manage liver transplant recipients, and result in better patient survival and improved quality of life.'

THE FUTURE: COMBATING LIVER DISEASE

The Liver Unit is the best in the UK for patient outcomes, both for survival rates after transplants and for longevity of life after surgery.

Professor Heaton and one of the many young patients he has helped.



'There are very few centres in the world that have maintained such a high volume of adult and child transplants over nearly 30 years – there's something very special about that,' says Professor Heaton.

However, this success is more than matched by the sharp upward trajectory of liver diseases. Lifestyle factors, including increases in obesity, diabetes and alcohol consumption, are responsible for rises in liver cancer and cirrhosis. In fact, the incidence of liver cancer has doubled in the last decade, with King's Liver



Unit now treating 2,700 new cases every year. Sadly, a cancer diagnosis can sometimes come too late.

'There are no symptoms early on,' says Professor Heaton. 'That's why we need to increase our surveillance and screening of those at risk. If we catch the cancer when it is still small, we have a much greater chance of curing it.'

SUPPORT FOR KING'S

Donating to King's Liver Unit can make a huge difference to advancing research into new therapies for liver disease.

Donations support:

- the identification of new liver tumour biomarkers that can lead to a faster diagnosis of liver cancer
- the development of better personalised treatment of liver disease
- new flow cytometry equipment that allows researchers to determine what subtypes of cells are important in the blood and liver.

BEHIND THE SCENES

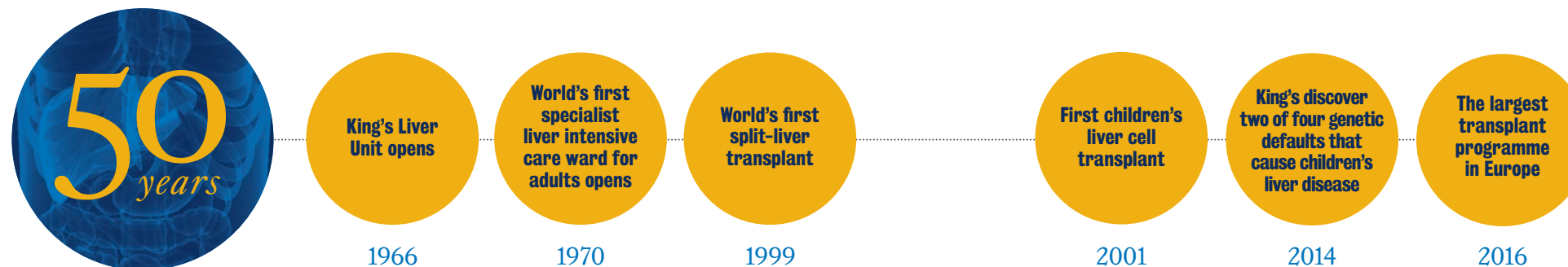
King's Liver Unit care – From bench to bedside

For our research teams, the sheer volume of people receiving treatment at King's every year has created a virtuous circle. Data collected from the thousands of adults and children are analysed by researchers – in labs above the wards and in specialist research units in the university – with the goal of generating innovations that will impact directly on patients' quality of life.

Notable breakthroughs and developments:

- **In 2014, a King's research team discovered two of the four main genetic defaults that cause liver disease in children.** Researchers used the latest gene sequencing technology to investigate cholestatic liver disease (CLD), which impairs the production of bile and can be fatal. This discovery means that liver experts now understand the mechanism underlying the disease, and can start treatment earlier and in a targeted fashion.
- **As a pioneer in paediatric liver care, King's is now the largest children's liver transplantation centre in the world, with more than 60 transplants a year.** A major ambition is to create the world's largest children's liver research tissue bank.
- **Researchers are investigating how to provide immunosuppression for patients without the need for lifelong medication.** Immunosuppressant drugs such as cyclosporine are essential in stopping the body from rejecting a transplanted organ, but these drugs can have significant side effects.
- **The Liver Institute is the only centre to focus on the potential uses of liver cells.** Current research includes developing cell transplantation for children with liver-based metabolic disorders.
- **King's is the first hospital to trial new technology that keeps a liver alive outside of the human body before transplantation.** The results from the first two transplants at King's suggest that the device could enable the preservation of livers that would otherwise be discarded as unfit for transplantation – potentially doubling the number of organs available for transplant.

We're so proud of the many worldwide momentous milestones that have been achieved since King's Liver Unit opened its doors. Here are just a few...



Help advance research into new therapies for liver disease.

CALL US TO DONATE:

+44 (0)20 7848 3053

OR VISIT:

alumni.kcl.ac.uk/liverinstitute

Global perspectives ON RADICALISM

THE KING'S INTERNATIONAL CENTRE
FOR THE STUDY OF RADICALISATION
AND POLITICAL VIOLENCE

*Dr Shiraz Maher (War Studies, PhD),
Deputy Director of King's International Centre
for the Study of Radicalisation and Political
Violence (ICSR), talks to us about the importance
of the Centre's work and how it is already
proving to help counter terrorism.*

Dr Maher leads the Centre's research on the Syrian and Iraqi conflicts, and is widely regarded as a world-leading expert on radicalisation. His book *Salafi-Jihadism: The History of An Idea* was published in June 2016.

The ICSR came about as a result of the 7/7 attacks in 2005 in London. There was a desire to build a centre of excellence at King's that would try to understand and explain the processes of radicalisation, terrorism and extremism, in an academically rigorous and robust way. So much coverage about terrorism is anecdotal, or politically or ideologically driven. We wanted to approach this area in an objective, empirical, evidence-led way, using our findings to produce very solid policy outcomes.

WHAT HAPPENS IN SYRIA TODAY COULD BE COMPLETELY REVERSED TOMORROW

We work on long-term projects, but we are very driven by events: things really move around us. That can be things out there on the ground, or what's happening here – governments introducing new policies, for example.

When the first British suicide bomber emerged in 2014 in Syria, we confirmed it before anybody else in the world. That created a huge media storm and lots of interest, so, in that sense, the days can be very different and challenging.

We really are on the cutting edge of what's happening, particularly in Syria and Iraq. We have the complete edge on knowing the foreign fighter dynamic; our reputation as world-leading on that topic is unparalleled.

SERVICE TO SOCIETY

There's no established 'best practice' for this kind of research; we've had to build and test different models and try to bring rigour into the process. We are quite proud of what we've achieved as a unit.

“ We've just completed a project coding foreign fighters' social media output, to search for patterns of linguistic and behavioural markers online before someone goes to Syria or Iraq ”

DR SHIRAZ MAHER

We call on the expertise of first-rate colleagues within the Department of War Studies and the wider university. Working across departments has allowed us to build a much broader, better picture of what's happening on the ground.

For example, we've just completed a project coding foreign fighters' social media output, using this to search for patterns of linguistic and behavioural markers online before someone goes to Syria or Iraq. That requires a high degree of statistical analysis – not my area of expertise; I'm a historian. Having the collaboration of colleagues who give us their time is incredibly beneficial.

RADICAL RESEARCH

I don't think anywhere else has built up the same rigorous methodological approach to understanding Syria. We're proud of that because this conflict affects the whole world. It's causing consternation for governments, and everyone comes to us to talk about it. What began as a grid of names and some social media accounts now encompasses 84 different data collection points, and 700 to 800 fighters. That

allows us to do some really, really interesting stuff.

We have now systematised 4,600 unique files – entry documents for ISIS fighters that were leaked to the press in March this year. This is why it's wonderful to work in an institution like King's; within 30 minutes I was able to get five MA students who are fluent in Arabic to translate those documents and organise them into a database. Now we are using data science to better understand the profile of people who go to fight with ISIS.

INEVITABLE CHALLENGES

There are several challenges with our work. Data collection is a challenge. Personal safety is also an issue. Many border towns we visited at the start are no longer safe. We've also had legal issues with the police when ensuring that the data we're collecting doesn't contravene the Terrorism Act, but academic independence and freedom remain central.

We've also met the families of fighters who have died, when they have no details. We would pass on information from fighters on the ground to the families. It's been a unique thing to work on;

CONTINUES OVER →

Peter Neumann is Professor of Security Studies at the Department of War Studies, King's College London



BEHIND THE SCENES

Key facts about the ICSR

The ICSR's mission is to bring together knowledge and leadership. By producing first-class, rigorous research, its aim is to educate the public and help policymakers and practitioners find more intelligent solutions for dealing with radicalisation and political violence.

- **The ICSR was launched in January 2008.**
- **The ICSR is independent and non-partisan.** All of the work is published. The Centre does not undertake classified research for governments or international organisations.
- **In addition to research, the ICSR facilitates systematic, outcome-driven dialogues,** bringing together the world's leading experts with the people who can make things happen.
- **The ICSR nurtures leadership.** The Atkin Fellowship programme has created a network of pragmatic and educated young leaders from both sides of the Arab-Israeli conflict.
- **The ICSR partners with five great academic institutions:** King's College London; the University of Pennsylvania; the Interdisciplinary Center Herzliya (Israel); the Jordan Institute of Diplomacy; and Georgetown University.
- **The ICSR is affiliated with** TRENDS Research and Advisory in Abu Dhabi; the Centre for Policy Research in New Delhi; and the Pakistan Institute for Peace Studies in Islamabad.



The ICSR engage with first rate experts in War Studies, the wider university and external world.

“For us, the challenge is to grow as an institution in a way that will allow us to continue our research”

DR SHIRAZ MAHER

it's well beyond what I imagined an academic's life would be.

For us, the challenge is to grow as an institution in a way that will allow us to continue our research. Having research support is incredibly useful, since it allows me and the team to get on with our work. We're a small team, and I think the public perception is that we're incredibly well-funded, that we're this huge outfit. Neither is true.

STAYING SAFE

There is inevitable exposure to very brutal things in this field. We wanted our staff and students to have access to counsellors if they're seeing things that trouble them, so King's very quickly and robustly put this in place. And if students come to see us in our teaching capacity, we've been very proactive in thinking about how to stop people being exposed.

CHANGING THE DEBATE

ICSR is transformative. We speak to government, the police and the public. It's very important to explain that this is not a simple issue. The ICSR has really helped to craft the Syria debate in this country in a much

more responsible fashion. Not everyone who goes to Syria is a terrorist. What if a 14-year-old goes and then wants to return? We should really try and bring him back; it cannot be a life-ending move for him. Even just interjecting that nuance into the debate early on has been really important.

THE STRENGTH OF TRANSPARENCY

We were open with the foreign fighters throughout. Some chose to speak to us, others didn't. But we built really good relationships because we demonstrated objectivity; we established trust.

We've only done what was legal and available. Let's say two fighters go together and join IS. One has a completely open Facebook page – we would take everything from that. If the other had a completely locked – down Facebook page, we would only take what we could see. King's deserves a lot of recognition for giving approval for us to do this; King's took a very brave decision.

What's grown out of this is a credit to the Department of War Studies and King's as a whole, not just the ICSR.

KEY ACHIEVEMENTS

The ICSR's intelligent solutions

- The ICSR has advised numerous governments and international organisations, including Her Majesty's Government, the White House and the United Nations.
- The ICSR has built a database of approximately 800 foreign fighters, containing tens of thousands of data points.
- The ICSR has conducted over 100 interviews with western-born fighters.
- The ICSR is currently working on the entry documents of more than 4,000 ISIS recruits.

SEE THE LATEST NEWS COVERAGE ON THE ICSR HERE:

[alumni.kcl.ac.uk/ICSR](https://www.youtube.com/watch?v=alumni.kcl.ac.uk/ICSR)

Illustration by Owen Davey, FolioArt

LEVELLING THE PLAYING FIELD:

WOMEN LEADERSHIP

AND

gender equality

Is female leadership automatically good news for women? From the classroom to the boardroom to the Cabinet; hear what the experts have to say and you decide.

2016 has been a year of significant transformation and not least in the realm of politics.

In the same year that King's welcomes former Australian Prime Minister, and the first woman to hold that post, Julia Gillard, to the Policy Institute's Policy Circle, there has been a noticeable shift in the presence of women in politics. In the UK, Theresa May became the second woman to serve as Prime Minister, following in the tracks of Margaret Thatcher. Across the UK, this shift can be seen: Scotland's First Minister is Nicola Sturgeon, her counterpart Ruth Davison is leader of the Scottish Conservatives; the leader of Plaid Cymru is Leanne Wood, and Northern Ireland's First Minister is Arlene Foster. Add to this the fact that Europe's most powerful politician is Germany's Angela Merkel, and that by the time you are reading this, Hillary Clinton may have become the first female US President, which would make her the 23rd serving female head of state around the world. It's clear that – in politics at least – the equity of women as leaders has never been so high.

But Thatcher resigned in 1990, so while it might be tempting to think that in the intervening years there has been a tectonic shift in British politics, is that really the case? According to UN Women – the United Nations agency dedicated to gender equality – the proportion of women in parliaments

around the world has doubled in 20 years, but it is still only 20 per cent on average.

Gender equality has many dimensions, of course, but there are equally many reasons why leadership is particularly important. Leaders make decisions that affect everyone; leaders enjoy greater financial reward, have the opportunity to fulfil their potential; and leaders provide a role model for others, so where there is a deficit of women in leadership positions, that may well become self-perpetuating.

IF WE LOOK BEYOND POLITICS, HAS GENDER EQUALITY BEEN ACHIEVED IN LEADERSHIP ELSEWHERE?

In business, 24 per cent of senior leaders are women, but among the most prestigious Fortune 500 companies, for example, women make up just five per cent of CEOs. The UN has made it a target of the 2030 Sustainable Development Goal on Gender Equality, 'to ensure women's full and fair participation in leadership at all levels of decision making in economic, political and public life.'

As a university, King's boasts an enviable array of female leadership role models among recent alumni – the likes of Harriet Green (Medieval History, 1983), Vice President & General Manager, IBM Watson Internet of

Things, Commerce & Education, Isabel dos Santos (*Physical Science and Engineering, 1994*), Africa's richest woman and its first female billionaire, and Dame Nancy Rothwell (*Physiology, 1976*), both the first female vice-chancellor of Manchester University and of any Russell Group university, to name but three.

THE ROLE OF UNIVERSITIES

So what is the role of universities in helping to level the playing field, in assisting and empowering women to reach these positions?

In academia and higher education institutions, gender equality is widely recognised as an important priority. At King's, there is a raft of initiatives aimed at increasing the pace of change within the university to achieve gender parity. Of these, signing up to and achieving Bronze status under the Athena SWAN Charter has been a significant step. Launched in 2005, Athena SWAN recognises the commitment of institutions that promote and advance careers of women in science, technology, engineering, mathematics and medicine (STEMM) in academia. King's was one of the first handful of institutions to sign up, but there are now 138 members, and more every year, indicating how seriously this initiative

is being taken. More generally, King's offers programmes in career development such as Springboard, an international Women's Development Programme designed to enable women to identify the clear, practical and realistic steps they want to take to develop their careers.

In the area of leadership, King's is also an enthusiastic supporter of Aurora, a programme run by the Leadership Foundation for women who are in the early stages of their careers, to help them identify their own potential as leaders and give them greater confidence to take the first steps in that direction. Sponsoring women to take part since the programme launched in 2013–14, the number King's has supported has grown from seven to 30 in the space of three years.

KING'S LEADING BY EXAMPLE

But beyond the initiatives, King's has also led by example, appointing many women to senior leadership positions: Dr Joanna Newman, Vice-Principal (International), Professor Evelyn Welch, Senior Vice President/Provost (Arts & Sciences), and Deborah Bull, Assistant Principal (London).

This is important not least in the message it sends out to students. Hareem Ghani, NUS Women's Officer and King's student, says: "I believe it's essential to see women represented in positions of leadership across all institutions – not just King's. For one, we have to consider the psychological implications of seeing women in leadership roles: if we normalise it within our institution, then women students and faculty members across all campuses, will begin to internalise this and realise that women can progress to top-level jobs. Appointing women to

positions of leadership thus carries a symbolic message in that it makes absolutely clear that women are just as, if not more, capable than their male counterparts." And Deborah Bull agrees, "it's vital that we see women in leadership positions not only to provide essential role models for young people, but also to ensure that discussions around (and decisions made at) leadership tables take full account of, and are informed by, diverse perspectives."

CONTINUES OVER →

You've read the expert view. Now tell us yours. Is female leadership automatically good news for women?

HAVE YOUR SAY:

#KingsDebate

“It's vital that we see women in leadership positions not only to provide essential role models for young people, but also to ensure that discussions around (and decisions made at) leadership tables take full account of, and are informed by, diverse perspectives”

DEBORAH BULL
ASSISTANT PRINCIPAL

INSPIRING THE NEXT GENERATION OF WOMEN LEADERS

But beyond governance, Ghani believes that the university also has a responsibility to help female students prepare for leadership positions in their future careers. "I want to use my own story as an example: when I first joined King's, I lacked self-confidence. I did not engage with my peers, I found it difficult to share my opinions on a topic, and I would never have applied for a leadership position. Fast forward to my third year, and I have now been elected as Women's Officer for the National Union of Students. This was almost exclusively because King's equipped me with the necessary skills and tools to reach my potential, and I'm grateful that I went to a university which pushed me to step out of my comfort zone almost every single day."

Patsy Robertson, a visiting professor at King's Policy Institute, served for more than 20 years as the Official Spokesperson for the Commonwealth, and worked as a senior media adviser at the UN's Fourth World

Conference of Women in Beijing in 1995. She says that a new perspective is needed on the world's most intractable problems, from poverty to diseases and lack of education. "If you're not going to get robots to solve them then the only solution is to include women, who have the main responsibility to deal with these problems," says Robertson. "The exclusion of women for so long from having any kind of leading role in managing our world has to end." In her career, Robertson says she has encountered many notable women leaders from Sirimavo Bandaranaike, who was the modern world's first female head of state, to India's Indira Gandhi. She says: "If you go to the trouble of educating women – and in many societies a high proportion of women are as well educated as men – then the continued exclusion of women from the higher echelons of business in developed countries is quite extraordinary."

LOOKING TO THE FUTURE

In terms of policies, mentoring is particularly helpful, says Robertson, "because women take courage when they see another woman has made it to a high position". Governments, she believes, should encourage greater flexibility – particularly when it comes to women returning to the workplace after having children. "Provide a soft landing. People have to understand women have these extra responsibilities they are often doing three or four jobs at the same time. When they draw breath and are ready to go back to work, everything should be done to encourage that and to be flexible.

Do women bring something different to leadership? "In my opinion they try to

“Women are more than half the world, and so their values deserve to be heard”

PATSY ROBERTSON,
VISITING PROFESSOR AT
KING'S POLICY INSTITUTE

solve problems in a more equitable manner, they are less aggressive in their approach," says Robertson. "They are more collegiate, more understanding of problems facing men and women."

"Women are more than half the world," she says, "and so their values deserve to be heard." Deborah Bull echoes this sentiment: "Put simply, we are missing out on a tremendous reserve of skills and creativity if we disregard the potential of women to contribute at the highest levels. Above all, it's a question of fairness and equity: it cannot be right to restrict the access of half the population to the most senior leadership positions."

So while the outcome of the US presidential election is unknown as we write this, it is clear that, while there is a place for women in positions of leadership, there is still more to be done – and King's will continue to lead by example, championing women among its student body, alumni community and leadership.

Test your knowledge of successful King's women in our online poll.

FIND OUT MORE AT:

 [alumni.kcl.ac.uk/women](https://www.alumni.kcl.ac.uk/women)

JUST A HANDSHAKE AWAY

Pierre Brochet (Law, 1992) gained an LLM in International Corporate Law at King's. He has worked in Europe and the US and is now managing director of BBRCapital&Co, the company he founded in Kuala Lumpur.

Why did you decide to study in London at King's?

I wanted to widen my knowledge of international corporate law before joining a firm in Paris. When I applied to King's that was still unusual. English and US law firms in Paris were much smaller then, so I figured I'd have extra advantages in the job market in Paris. At King's, I learned about opportunities in the UK's 'magic circle' law firms, which led to me taking my professional qualifications in England.

What did you make of King's and London when you first arrived?

What struck me the most at King's was that the books, on almost every topic I chose, were written by academics who were actually lecturing us! I knew then that I had made a good choice.

You've studied and worked in many different countries. Was it a conscious decision to be so international?

Settling in Kuala Lumpur is the result of everything that went before. After qualifying I joined law firm Clifford Chance. I was in capital markets, which gave me opportunities to work overseas: Budapest, New York, a flirt with São Paulo and then Milan.

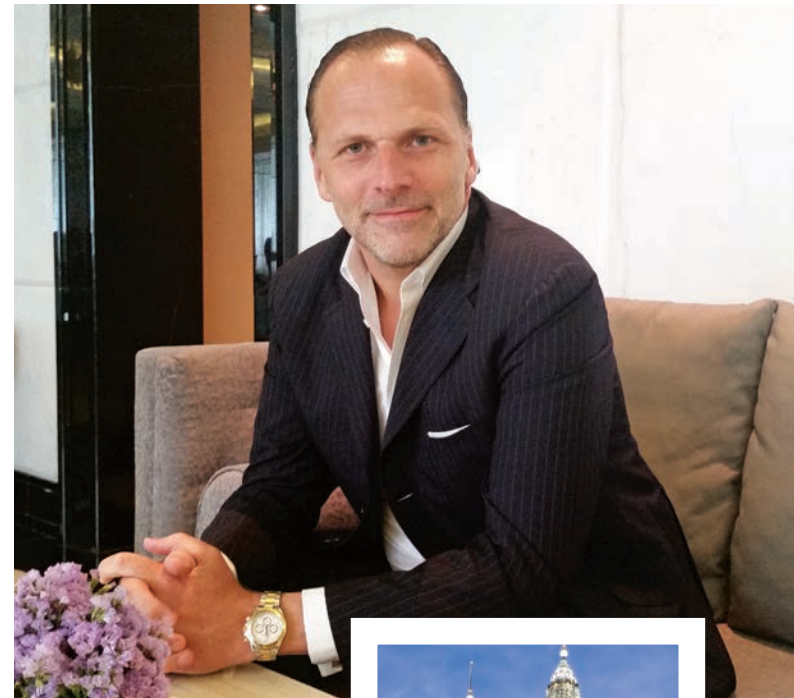
What has setting up your corporate finance firm in Kuala Lumpur been like?

Liberating! My wife is Malaysian, we have a baby daughter and we felt restless after living in Europe for some years. A radical change was what we both needed: my wife in the art world and me in law and business.

Corporate law is very demanding, but eventually you want to prove yourself in other ways. I met a few key people when I arrived in Kuala Lumpur and as a result I made other contacts. Although only one in 10 leads are likely to work out, I try to take an active role in them all. I guess I'm still giving a lot, maybe a trait I can't get out of now. But for the first time in my career I don't count my time (no time sheets, phew!).

How helpful has it been to have a King's alumni committee already set up in Kuala Lumpur?

It was very nice to be amongst friends, with King's alumni just a handshake away. There is a conviviality as if we have known each other forever, and I am very grateful for their warm welcome.



How did being a King's alumnus help you in your career? Did it benefit you when you set up your own company?

I have a confession: it took me nearly 15 years to find my way back to King's. I have tried to repair that since, and I'd urge recent and not-so-recent graduates to maintain contact. I would say that being admitted to King's should be the beginning of a lifelong bond, a contract between generations.



“It was very nice to be among friends, with the King's alumni just a handshake away. There is a conviviality as if we have known each other forever.”

PIERRE BROCHET

Stay connected to King's through your global alumni network.

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 [alumni.kcl.ac.uk/LinkedIn](https://www.alumni.kcl.ac.uk/LinkedIn)

THE CHANGE THAT YOU CAN MAKE

Philanthropy isn't just the act of giving money, says King's donor, student and Campaign Board member Rola Gordon – it's knowing that you can make a difference.



Rola Gordon in the new Survivorship Centre, part of the Cancer Centre at Guy's Hospital.

A diagnosis of breast cancer at a young age would have a profound effect on anyone, but for Rola Gordon (Health Psychology, 2013) it's fair to say the experience has shaped her life beyond what she might have ever imagined.

Now a committed advocate for survivors of cancer, her knowledge and ideas have helped King's, working with Guy's & St Thomas', as part of King's Health Partners, develop a comprehensive programme of services designed to help people adjust to life after major cancer treatments. On 26 September this year, Rola saw the opening of the Survivorship Centre at the new Cancer Centre at Guy's, thanks in part to her generous gift.

HOW I GOT INVOLVED

My original introduction to King's and working with Guy's & St Thomas' as part of King's Health Partners was through my oncologist, Professor Paul Ellis. When I was diagnosed with cancer, there was a lot of information to take on board, decisions I needed to make and aggressive treatment that needed to be done urgently. Professor Ellis was brilliant; he made sure I understood everything and I had total confidence in him. When it was all over I asked, 'What can I do to help? I'd like to get involved in some way'. He said, 'Let me show you where I do my research', and that was when he introduced me to King's and the team – and that's how my connection began.

THE SURVIVORSHIP DIMENSION

Thankfully, more and more people are surviving or living with treatment for cancer, but that doesn't mean it's behind them – there are still physical and emotional effects that linger on. There's a whole new dimension of being a 'cancer survivor' that is left unattended and we're just starting to see this change. As a cancer survivor myself, I feel the disease shouldn't define how you

live, it should just be there in the background – preferably very far in the background!

When I was asked to join the World questions|KING's *answers* campaign Board as Cancer Lead, I learnt a lot about the vision behind the Cancer Centre and the mindset of its leadership; the team were trying to do something really quite ground-breaking. An example is this gorgeous building. It's very inviting and surprisingly doesn't feel like a hospital when you walk in. But there's so much support that's needed, I just didn't know how my tiny amount of giving would make a difference.

I started to think about needs. When I was researching survivorship issues for my PhD at King's, I noticed that there's this middle place where you're not the patient and you're not back to your normal life. That's hard to navigate. Where do you go to get the tools to help you be a confident survivor, back in charge of your life? I thought 'we need to push the boundaries', in terms of both research and care, so I suggested a programme on survivorship to the Cancer Centre Board, and they were really keen.

WORKING TOWARDS A COMMON VISION

Our goals for the Survivorship Centre are to provide information and resources but also to drive research and develop programmes to help support patients and their carers. I really wanted to be involved in shaping the vision and the direction of the survivorship programme, and I hope that I'll continue to do so. The clinical team are brilliant. They have an entrepreneurial approach and are very methodical about how they shape those new ideas into care programmes. It feels nice to be part of something from when it began. I've learned so much and been inspired so much by the others who have been involved.

My hope is that the Cancer Centre at Guy's will make a cancer diagnosis less scary and that patients and their carers will realise they can still live a full life alongside cancer. I'd also like to see King's (working with Guy's & St Thomas', as part of King's Health Partners) become a role model in the UK for survivorship, to really be at the

forefront of identifying how we can support patients better. Let's bring the existing support all together – there's no better time to do that than now with the opening of this Centre, which will be the hub of cancer care in south-east London.

In the next 10 years, I'd like to see a reduction in the negative impact of treatments on people's lives. Certain chemotherapies and surgeries have long-term implications. New treatments are always in the pipeline, but there is always a trade-off with side-effects and this often falls on patients to cope with on their own.

I also expect a cancer diagnosis will carry less of a stigma and that going forward it will be viewed as a manageable disease. People always have a story about someone they know, someone they love, who's been affected. I would like to see this become less frequent and I'd like to see happier endings to those stories. And I would also very much like to see all survivors of cancer feeling confident, and not carrying the burden of this diagnosis with them for years to come.

WHAT ADVICE WOULD YOU GIVE SOMEONE CONSIDERING THEIR FIRST CHARITABLE GIFT?

People want to see their communities do better. Knowing that you can make a difference, that it's not just giving money – it's giving hope, it's creating something new, it's inspiring others.

Giving can be transformational. It isn't just about the gift, it's about what happens with that gift. Think about your own interests and desires, identify something that's important to you. Then look beyond and think about how you can make change possible. And don't wait - because it feels great!

The new Cancer Centre at Guy's brings together most treatment under one roof – previously cancer care was provided in 13 different locations in eight different buildings on the Guy's and St Thomas' sites. We will be reporting fully on its recent opening in our next issue.

If you have been inspired to donate to cancer research, you can still make a difference.

CALL US TO DONATE:

+44 (0)20 7848 3053

OR VISIT:

alumni.kcl.ac.uk/cancerresearch

“Knowing that you can make a difference, that it's not just giving money – it's giving hope, it's creating something new, it's inspiring others. Look beyond the monetary value and think about the change that you can make with your gift”

ROLA GORDON

then & NOW

King's College
LONDON

Postgraduate
Prospectus



1979/80

1979

SUPPORT
BRITAIN'S
MINERS

Harvey Goldsmith Entertainments Presents

QUEEN

CRAZY TOUR OF LONDON
at The Lyceum Ballroom
The Strand WC2
on Thursday 13th December 1979
show starts 8.00 p.m.

Tickets £4.75 each No 4830

MRS THATCHER
TAKES OVER
Heath in running as
Foreign Secretary

By JAMES WICKHAM, Political Correspondent
A JUBILANT Mrs Thatcher worked at 10 Downing Street last night on the formation of her Cabinet after becoming Britain's first woman Prime Minister.

Concordat with TUC 'is dead'

By BLAKE BROWN, International Correspondent
The victory of the Conservative Party in the General Election has given the party a magnificent programme and for a full five-year Parliamentary term.

Her immediate dilemma was whether to offer a post to Mr Heath, the former Prime Minister whom she ousted as party leader, but who had campaigned vigorously throughout the country for a Tory victory.

Speculation on Mr Heath's possible return to two portfolios—Foreign Secretary, or a post with special responsibilities for the EEC.

Mr Heath, who was seen to be a strong contender for the post of Foreign Secretary, was seen to be a strong contender for the post of Foreign Secretary.

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I remember Covent Garden when it was still a market!



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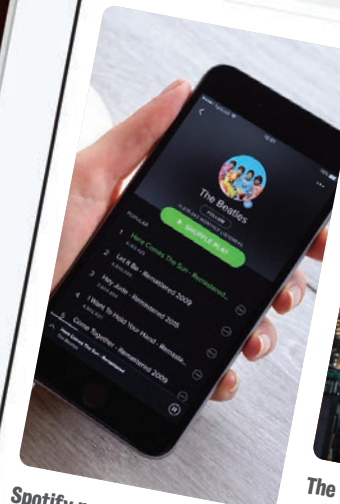
From mix tapes to iPads, the miners strike to the junior doctors strike, a lot has changed since Margaret Thatcher came to power.

Here we have a look at how different the life of a King's student in 1979 would be to a student studying in 2016.

Were you a student in 1979? Tell us about your lasting memories

JOIN THE CONVERSATION:

#ForeverKings



Spotify now has 40 million subscribers

Streaming thousands of artists and playlists for every mood

TECHNOLOGY



The London skyline

Many new buildings have been added to the London skyline including The Shard

LONDON



Theresa May becomes the UK's second female Prime Minister

Successor to fellow Conservative David Cameron following his resignation over Brexit

POLITICS



King's release their new postgraduate prospectus

Online versions of many of King's printed collateral are available

STUDENT LIFE



Adele's '25' tops the charts

British singer surprises the world with her third studio album

MUSIC



Junior doctors strike

Doctors around the UK strike over unfair pay and weekend working hours

Top image by flickr user rogerblackwell

POLITICS



MASTER'S SCHOLARSHIP

A CHANCE TO TAKE THE NEXT STEP

King's attracts some of the brightest students. Once here, students can develop their knowledge and potential and begin to think about how they can use their expertise in the future.

But for some students, particularly those from lower income families, meeting study and living costs in London can be very challenging, even with a student loan. Course fees and living expenses are currently estimated at over £22,000 per year – a sum that is often beyond the means of many students and their families.

A CHANCE TO ACHIEVE THE NEXT STEP

Once students have completed their undergraduate studies, those who want to continue their academic journey have to decide if the financial burden of continuing is possible. For many, the sheer expense means that they have to abandon their plans, regardless of their academic ability.

Through the generous donations of alumni, we have been able to fund hundreds of students through a series of scholarships, bursaries and other forms of support at both undergraduate and postgraduate level. The financial stability that this support brings can often make the difference between students completing their studies or having to abandon their plans and future academic or career aspirations.

RACHEL'S STORY

A King's master's scholarship recently enabled Rachel (*History, 2015*), a promising history student, to complete her MA in the History of Warfare. Rachel needed financial support in order to take up her postgraduate place. Other alternatives, such as teacher training or full-time work, would have meant abandoning her dream of further studies.

Means-tested master's scholarships are awarded to students who have

“Scholarships are vital for levelling the playing field in academia... Great ideas are not restricted to the rich”

RACHEL, KING'S MASTER'S SCHOLARSHIP RECIPIENT

shown the best academic performance at undergraduate level. Rachel's scholarship helped her to pay course fees and most of her living costs. She could afford books and other study-related expenses, such as attending residential conferences and seminars.

Rachel also did some part-time work and gained a second scholarship, the Wolfson Townsley Scholarship for history. This was awarded to Rachel because she was judged to be the strongest applicant for a postgraduate degree in History at King's, and meant that she had the opportunity to travel to Ireland as part of her research.

Rachel said: 'I am so extremely fortunate to have been awarded scholarships...It has meant I was actually able to take up my place at King's. The scholarships have bought me time, which has benefited my studies and future plans no end. I have been able to dedicate myself to preparing for seminars, which was of great benefit.'

'Scholarships are vital for levelling the playing field in academia... Great ideas are not restricted to the rich. Financial support facilitates the continued education of those who are capable of studying at a postgraduate level and have original ideas to contribute but who otherwise would not be able to afford to remain at university.'

Rachel has secured funding for PhD studies. Ultimately she hopes to use her expertise on political violence and counter-insurgency in academia or in a think-tank or policy role.

STUDENT VIEWS:
A word from Rachel

Why do you think supporting these kinds of scholarships is important?

Scholarships are crucially important because insightful research does not have to correlate with the wealth of the researcher. Nor is a public school background a prerequisite for academic excellence.

As such, scholarships are vital for levelling the playing field in academia. Financial support facilitates the continued education of those who are capable of studying at a postgraduate level and have original ideas to contribute but who otherwise would not be able to afford to remain at university.

Support a student like Rachel today.

FIND OUT MORE AT:

 alumni.kcl.ac.uk/donate

FIT LEGS,
FIT BRAIN

Words by Dr Claire Steves

Research carried out by Dr Claire Steves hit headlines around the world last year when she discovered that there was a strong indication that women who have strong legs are likely to fare better when it comes to maintaining brain health as they grow older. Here, Dr Steves, lead author and senior lecturer in Twin Research at King's, shares the story behind the decade-long study and her top tips for staying healthy into old age.

How we age is something that greatly affects quality of life, both for us as individuals, and the people who love and care for us. We wanted to find out how environmental and lifestyle factors affect the ageing of the brain in older women (although we have no reason to suspect it is any different for men!).

I was really expecting that the major players would be things like high blood pressure and metabolic disorders such as diabetes. While we did find that these had some effect, leg power had a much more striking impact.

Our study relied on comparing sets of twins. Twins let us adjust for all kinds of factors that can muddy the waters – such as genetics, environment and even age. These factors can be difficult to account for in other ways; it's easier to dissect the effects of physical fitness by looking at identical twins with different fitness levels. While the results were unexpected, that's all part of what makes this research interesting.

TOP TIPS

How to kick your brain into action

- 1 We all have our own genetic and early life background,** and may start off with different physical abilities, but whatever position you start from, this study shows that building your own physical strength will reap rewards.
- 2 The secret to a youthful appearance, under the skull?** Exercises such as walking, running and dancing – or whatever takes your fancy – all contribute to younger-looking brains.
- 3 What matters when exercising is improving your personal best;** we found no evidence of a threshold you have to reach.
- 4 If you're not used to doing any exercise, it could just be a matter of starting with a gentle walk** to help you to maintain your cognitive powers.
- 5 For those who are already active, fast, high-power activity is best,** e.g. jumping, running, dancing or playing ball sports.
- 6 The most important piece of advice for those who work in an office?** Get a standing desk – and don't use the lift!

Each month we'll ask King's alumni and entrepreneurs to share some words of advice and to expand on their own experiences.

DARE TO DREAM BIG

Allen Law on innovation and creativity in the Asia-Pacific hotel industry

Allen Law (*Mathematics & Management, 2003*) is a Hong Kong-born businessman and CEO of the Park Hotel Group, which develops, owns and manages hotels under the Grand Park and Park Hotel brands in the Asia-Pacific region.

Under his leadership, the Group has been awarded the title of Best Regional Hotel Chain for five consecutive years at the Travel Trade Gazette (TTG) Travel Awards (2012–2016), and the Best Hotel Owner of the Year at the 2012 Asia Hotel Forum (AHF) Asia Hotel Awards.

You've had brilliant success in expanding Park Hotel Group since you joined. What do you see as the primary challenge facing your industry in south-east Asia, and how is Park Hotel Group responding to this challenge?

Tourism is evolving beyond traditional destinations; many more places are fighting for the tourism dollar. Travelling is more affordable, so everyone wants to explore. There are huge opportunities in Europe and Asia, but there's also tremendous competition. Our group

competes with a few hundred other hotels in just one location. So our biggest challenge is standing out from the crowd.

We're looking as far ahead as possible, identifying key trends and staying ahead of customers' expectations. But the most important thing is the team welcoming customers and facilitating their trip. We really need to understand our customers, and try to meet and anticipate their needs. We're offering something beyond their expectations, so they come to us for the experience, not just for bed and breakfast.

You come from a family of great entrepreneurs, and believe that in order to succeed, willingness to fail is key. What other qualities do you think an entrepreneur needs? What defines entrepreneurship for you?

The biggest thing for me is daring to dream big. Then, putting all your energy into the dream and bringing it to life. At the beginning, the hardest part is rejection. Everyone says, 'you're not being realistic, this won't work'. The critical factor for me is being able to turn any negativity into positive energy,

and a driving force to do things better. Because once you're defeated by negative thoughts, you are bound to fail.

When I interview for senior staff I say, 'I'm looking for the entrepreneur inside you' – I need to see the fire in their bellies. We have to share a common vision, management philosophy and values. That's the corporate culture I'm trying to build – that's entrepreneurship to me.

What's the innovation philosophy you follow?

Innovation is crucial in my business, but sometimes we have to push individuals to think about it. It can be as simple as improving a daily task. As long as you can find room for improvement, that's creating something better, and that's innovation to me.

At Park Hotel Group, our innovation committee uses a 'test lab' to try out ideas. Each person is expected to have failures in order to come up with that one successful idea. If you're not making enough errors you are not creative enough. You are too safe; you're not taking enough risks. Whether it works or not doesn't matter.

“If you're not making enough errors you are not creative enough”

ALLEN LAW

We need that culture and system to drive it through: we can't just say to someone 'go on, be innovative'. I have instilled this philosophy in the company.

How do you think your experience at King's helped to prepare you for the business world?

First, my course really allowed me to develop analytical and problem-solving skills, and helped me to question more: why must we only look at three dimensions? Why can't we look at more dimensions?

The other important aspect is social: people skills. Exposure to diverse cultures and the interests of other students was another advantage. I had no family in London, so I had to find my own way and be very independent.

For me, education happens throughout university, not just in the classroom: becoming more independent, adapting, and asking for newer, better ways of doing things. Only when you constantly press forward can you find better solutions – whether at university or in the business world.

What is the most important piece of advice you would give to any King's alumni considering starting their own business?

Dare to dream big, and have a clear goal and vision. Research as much as possible so you can take calculated risks. Put lots of emphasis on creating values – that's how a business will thrive. Get used to rejection. Accept the values and live by them, then you'll get through the difficult times you'll face.

If you were a student at King's today and had an idea for a business, what resources could the university provide that would be useful?

Partnerships and connections. People say, 'it's not what you do, it's who you know', and this is especially important for an entrepreneur. Expand your circle of support and partnerships – King's has an extensive network that students can leverage to build relationships and connections. Whether ideas blossom often depends on finding the right door to open – and finding it first. It may be hard to see the full picture, especially for students without experience in the commercial world, but students should definitely be tapping into all of King's connections and partnerships.

Are you an entrepreneur? Do you have advice for other King's graduates looking to start a business?

LET US KNOW:

 alumoff@kcl.ac.uk

INNOVATORS, RAIN OR SHINE

Antoine Gros & Aurélien Rinaldi

Antoine Gros (Mathematics, 2013) and Aurélien Rinaldi (Mathematics with Management & Finance, 2013), founders of innovative accessories brand Beau Nuage

ANTOINE: Our business, Beau Nuage, focuses on creating accessories that solve common problems. The idea for our first product – an umbrella that we hope will revolutionise the accessories industry – actually came to us when Aurélien and I were eating burgers in Covent Garden.

AURÉLIEN: It was raining, as it so often does in London, and we remarked to each other how surprising it was that no one had come up with a more practical umbrella design. Nothing much has changed with umbrella design; people face the same frustrations that they did years ago.

ANTOINE: We decided that we'd create something that addressed people's most common complaints, and produced a revolutionary cover that absorbs water so that your umbrella stays dry. We've also developed an affordable, state-of-the-art umbrella that's flexible and robust, and whose handle adapts to the user.

AURÉLIEN: There's so much focus on digital innovation these days, but we want to improve people's lives with simple, practical inventions. The umbrella is just the start!

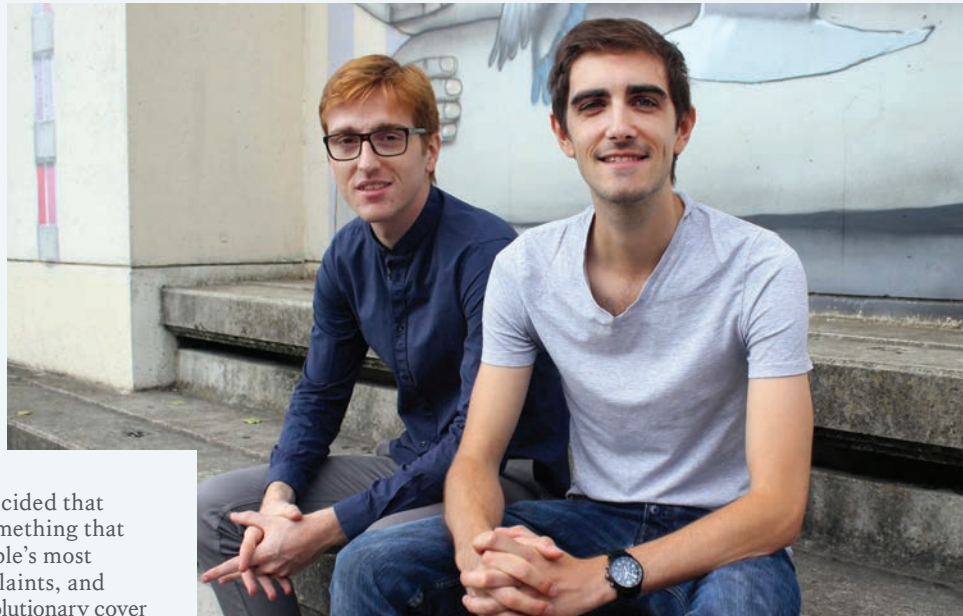
ANTOINE: We've always shared a desire to find the most straightforward solutions. Aurélien was the first person I sat next to, and our friendship grew from there. I'd come to King's to meet people from all over the world, so I was surprised to find out that he was also French!

“It's really important to have someone else for those difficult decisions, but, more importantly, motivation spreads like fire when you share a dream!”

ANTOINE GROS



Antoine and Aurelien's Beau Nuage umbrella



AURÉLIEN: Once we graduated, I went back to France to do a master's while Antoine stayed in London to continue his studies. I returned again in my placement year and we resumed plans for Beau Nuage. We love London, and our time together at King's was really transformative.

ANTOINE: We particularly loved spending time in the Maughan Library. While revising, we'd stay until 2 or 3am; it was a magical environment in which to discover that we actually liked the idea of working hard! I also have to thank Professor Simon Scott for encouraging me to study pure maths – it taught me how to be analytical and rigorous, but most of all it made me like solving problems, which is very important whenever you want to create something!

AURÉLIEN: We're both problem solvers, but the hardest thing we've learned since starting Beau Nuage is how important finance is. Between us, we had the engineering knowledge and design contacts to make our prototype, but raising the capital to go into production – even when stores already want to stock our products – has been the biggest challenge. Our next goal is to expand our sales to the UK market.

ANTOINE: Luckily, we support each other; I would never advise someone to start a business on their own. It's really important to have someone else for those difficult decisions, but, more importantly, motivation spreads like fire when you share a dream!

AURÉLIEN: You're never the smartest by yourself, so don't be afraid to ask for advice from the people and networks around you. Don't be afraid to let people challenge your ideas; it's always beneficial.

ANTOINE: And don't be afraid to start – you learn quickly, so just do it!

FROM HALLIDAY HALL TO THE MIDDLE EAST VIA TOKYO

Amanda & Andrew Woodward

Amanda Woodward (Pharmacology, 1985) and Andrew Woodward (English Language & Literature, 1983) met at King's in 1981, and started a life-long adventure that has seen the couple explore the world with their family.

MANDY: We met when I arrived at Halliday Hall, the halls of residence opposite Clapham Common, which sadly no longer exists. My whole family was in tow, and Andy initially thought it was my sister who was the new student! I was just about to start at King's College Medical School, although I ended up transferring to do a BSc in Pharmacology.

ANDY: I was in the second year of my English degree and had been appointed *social secretary* of Halliday, which meant I got to spend another year there. I really enjoyed showing Mandy around; at one point I had her whole family bouncing up and down on the sprung floor of the hall!

MANDY: The hall had, in its heyday, been a dance floor. I thought it was rather odd to be jumping up and down, but thought 'Ok, I'll go along with this'; it was the funniest picture to see us there and is a great memory now.

ANDY: I knew that there was a spark between us the first day we met, but our first proper date came a couple of weeks later

when we went to see Roman Polanski's take on *Tess of the D'Urbervilles*.

MANDY: I didn't realise at the time that we went to see this film as part of Andy's studies! We've now been together for 35 years.

ANDY: We got engaged when I left King's and started my first job as a graduate trainee at the General Accident Insurance Company. An office circular went around asking if anyone would be interested in working overseas, so I signed it and forgot all about it. A few months later, I was called into my boss's office and was offered a posting in Japan; six weeks later, we were there.

MANDY: We celebrated our first wedding anniversary on the plane to Tokyo, via Alaska. Unfortunately, because of visa restrictions, I couldn't work. However, I did manage to fill our three years there immersing myself in Japanese culture and expat life. Our first child, Patrick, was born there in 1988 in Aiiku Hospital, Tokyo. The last twenty or so years have been spent solely in the Middle East, but we've lived in seven different countries and visited many more. We celebrated our 30th wedding anniversary in May this year, and we have King's to thank for our very long and happy union.

ANDY: The whole university experience is something that you never forget and can never recapture, and King's is still very much part of our lives. We're

fortunate to have been able to stay in touch with the friends we made while we were there, and for our children to have grown up together.

MANDY: While we have kept in touch with several old friends, overseas life pre-Wi-Fi has meant that we've also lost contact with a great many. We'd love to catch up with them and are looking forward to returning to London in five years' time to rekindle happy memories of our old life in central London – and finding out if Ormes wine bar is still there! We have missed a great many things over the years, but I don't think either of us would swap it for the amazing experiences we've had and the fascinating people we've met along the way.

ANDY: Our secret to a happy marriage – and for surviving expat life – is not to take life too seriously; if you can laugh, you can make your way through anything.

“We celebrated our first wedding anniversary on the plane to Tokyo, via Alaska”

AMANDA WOODWARD



SEND US YOUR 'WE MET AT KINGS' STORIES:

✉ alumoff@kcl.ac.uk

STILL ROWING STRONG

THE INSPIRING STORY
OF THE KING'S BOAT CLUB

King's College London Boat Club (KCLBC) and the former boat clubs of Guy's and St Thomas' hospitals have a proud history, both in terms of their sporting success and the achievements of the men and women who crewed their boats.

This year, a special commemoration took place during Henley Royal Regatta to mark the 70th anniversary of KCLBC winning the Wyfold Challenge Cup. The stroke of that crew, Dr Francis de Marneffe (*Medicine, 1950*), was invited to row over the course in a boat crewed by KCLBC to celebrate his achievement in 1946. In doing so, Francis, who is now 92 years old, became the oldest Henley winner and oarsman to undertake a commemorative row past.

THE 1946 WYFOLD CUP

While rowing didn't come to a standstill during the war years, Henley Royal Regatta was not held. Many oarsmen had joined the armed forces and some were yet to return home. When the Regatta returned to normal, KCLBC entered the Wyfold Challenge Cup. Over the two days of that Regatta, KCLBC beat:

- Quintin Boat Club in the heat
- Westminster Bank Boat Club in the quarter final
- Sabrina Rowing Club in the semi-final
- Thames Rowing Club in the final

“The stewards of the Regatta are happy on this special occasion to make an exception to their row past criteria by allowing Francis to conduct a row past to celebrate his crew's 70th anniversary at Henley Royal Regatta in 2016”

SIR STEVEN REDGRAVE'S
ACCEPTANCE LETTER

FRANCIS'S STORY

'I grew up in Belgium, the son of a Belgian father and an English mother, both of whom were committed scullers and athletes. My whole social life was centred around the boat club in Brussels. I was in a single racing shell when I was just eight years old.'

At the age of 15, he escaped the Nazi invasion of Belgium by cycling to Bordeaux and catching the last boat to England, where he lived with his aunt during the war. Francis emigrated to America in 1950, where he trained as a psychiatrist, and served for 25 years as General Director of McLean Hospital in Boston.

THE CREW

John R Johnson
(*Medicine, MBBS*)

Johnny was captain and leader of the crew. He served in the military during the war. At King's he studied medicine. After graduating as a physician he became a doctor in the Royal Navy.

Thomas H Christie
(*Medicine, 1950*)

Tom hadn't rowed before he went to King's. He was a natural oarsman and studied medicine. He was the outstanding oarsman of his era. Tom was appointed as a consultant anaesthetist in Brighton and still lives close by.

Peter S Pusey
(*Engineering, BSc*)

Peter studied engineering at King's. He had competed in the Danesfield Cup in 1945. Pusey died tragically young in a scuba diving accident.

CONTINUES OVER →

DID YOU KNOW?

Know your rowing

The Wyfold Challenge Cup is a rowing event that was established in 1855 for men's coxless fours at the Henley Royal Regatta.

A Coxless four is a four-man, sweep-oared boat.

The 'stroke' is the oarsman nearest the stern. He sets the rate and rhythm for the crew, adjusting it according to the race plan.

A celebratory row past along the course during the Regatta is awarded to crews who won an event at Henley, and still have the majority of their original line up, 25 or more years on. For obvious reasons, it is very unusual for any crew to undertake a row past more than 50 years after their win, and none have rowed past 70 years after their win – until now.

The Boston Rowing Marathon is a rowing head race taking place on the third Sunday of September each year in Lincolnshire, over the exceptionally long distance of 30.6 miles (49.2 km). The course is along the River Witham from Lincoln to Boston.



(From left) Francis de Marneffe, Michael Gleeson and Thomas Christie at Henley

Francis's
athletic life
IN NUMBERS

15

'Head of the Charles River' races in Boston, with his last one completed at the age of 84

7

Boston Marathons between the ages of 53 and 61

3

training sessions per week

500

strokes per training session



The 1946 Wynfold Cup crew
(from left to right):

Francis de Marneffe,
John R Johnson,
Thomas H Christie
and Peter S Pusey

FRIENDS IN HIGH PLACES

When Francis and the rest of the KCLBC team won the Wyfold Challenge Cup in the first post-war Regatta at Henley, he was presented with the Cup by the then Princess Elizabeth, now Queen Elizabeth II, with Princess Margaret by her side (pictured page 24).

Francis contacted the university early in 2013 to see if King's still had a rowing club. Through the club, he was introduced to Sir Matthew Pinsent, who encouraged Francis to come back for a ceremonial row past on the 70th anniversary of his win.

Sir Matthew gave KCLBC's request for the commemorative row past to Sir Steven Redgrave at the end of 2015, and he gave it his blessing as Chairman of the Regatta.

HENLEY ROYAL REGATTA
COMMEMORATIVE CREW 2016

The crew that accompanied Francis on his row past represented KCLBC members past and present, including the current and last year's club captains together with alumni from the 1974 crew, who set a national record for rowing the 110 miles non-stop from Oxford to London. Two of them, Paul Stuart Bennett and Simon Jefferies, became world champions and all had achieved substantial success at European and World Rowing Masters Regattas.

WATCH FRANCIS IN ACTION:

 [alumni.kcl.ac.uk/francis](https://www.youtube.com/watch?v=alumni.kcl.ac.uk/francis)

BEHIND THE SCENES

A WORD FROM THE
KCLBC PRESIDENT

We spoke to the President of the KCLBC, Professor Michael Gleeson (Dentistry 1971), about how this special event came about and how the Boat Club helped shape his life.



How did you come to know Francis' story?

Francis contacted the university early in 2013 to enquire if King's still had a rowing club and his enquiry was passed to me. We very quickly struck up an email friendship. Francis and I decided to meet at Henley in the summer of 2014. A surgical colleague at Guy's, friend and former Olympic oarsman Rupert Obholzer, arranged for Francis to have breakfast with Sir Matthew Pinsent. Sir Matthew suggested that Francis return in 2016 and row over the course.

I reminded Sir Matthew of his suggestion last December and he passed my request to Sir Steven Redgrave personally. He couldn't refuse once I had provided a cardiology report on Francis from Harvard.

What difference did the Boat Club make to your university experience?

I joined the Boat Club as a fresher at Guy's in 1967 having never rowed before. I became captain of the Guy's Club in 1970, a time when a few outstanding oarsmen came to study medicine and dentistry. They were team players and taught us all how to move boats faster.

I learned how to manage time, fitting in long hours of training with study. Rowing on the Thames was the perfect relaxation. The camaraderie within the club was such that everyone helped each other, an ethos that persists to this day.

What are your favourite memories of the club?

Winning the Boston Rowing Marathon for three years in succession, getting into the *Guinness Book of Records* for breaking the Oxford to London record in 1974, and qualifying and competing at Henley for Guy's and the University of London.

In other words, rowing for several years with those who became and have remained my very best friends.

THE FUTURE
is nearer than you think

MAKING PLANS NOW CAN
HELP YOU BUILD A SMOOTH
PATH TO YOUR FUTURE

When you first started working and began to pay into a pension, or saved for that 'rainy day', retirement probably seemed a long way off. But as life expectancy increases, it's becoming more important to make choices now that could help you avoid stress in the future. Here our Head of Legacy Giving, Sarah Dalling shares her top tips on some of the things you may want to consider.

HEALTHY BODY, HEALTHY BRAIN

Maintaining a healthy lifestyle helps prevent a number of health issues, as well as staving off the risk of dementia: what's good for the body is also good for the brain. Healthy eating, staying active, not smoking or drinking too much and keeping stress levels down all help.

TO DOWNSIZE OR
NOT TO DOWNSIZE?

Do you have a house filled with rooms that you don't use any more, and want to free up more disposable income? Or can you now finally afford the home you've always wanted? Now is the time to seize the opportunity and set up the living environment that is right for you.

DON'T WANT TO STOP WORKING?

You don't have to stop working altogether even if you've reached retirement age. You can work compressed hours, flexi-hours or part-time – due to a change in the law in 2011, organisations can no longer ask employees to leave because of age alone.

If you still enjoy working and feel you have plenty left to offer, there's no reason to retire prematurely.

YOUR TIME'S YOUR OWN

Aside from planning financially, consider what you will do with the free time you'll have. There are plenty of options out there, from taking up a new hobby to volunteering for a charity that's special to you. Perhaps you could even opt to study one of King's online courses? Retirement can provide the perfect opportunity to do something new or return to an old passion.

MAKE OR REVIEW YOUR WILL

Making a will is important for your peace of mind. It's something that none of us like to think about, but a will can give you security and save your family or friends from needless stress at an already difficult time. Children, grandchildren, spouses and other key figures need to be remembered and taken care of. It's important to have an up-to-date and accurate will to ensure that the people and causes that matter to you don't get forgotten.

LEAVING A LEGACY TO KING'S

Legacies left by alumni help to fund studies and research at King's. Our alumni have been remembering the university in their wills for generations – those gifts left in decades past will almost certainly have contributed to your own studies here in some way. A legacy from you would benefit the next generation of King's students.

TOP TIPS

What to do with
your pension pot

There are six different options for your pension pot when you retire, so make sure you choose the one that's the best fit for you:

- 1 **Leave your whole pot untouched** – you don't have to start taking money from your pension pot when you reach retirement.
- 2 **Opt for a guaranteed income (annuity)** for the rest of your life.
- 3 **Choose to receive an adjustable, regular income** where you decide what to take out and when.
- 4 **Take cash-in-part payments**, as and when you choose.
- 5 **Take your whole pot in one go** – 25 per cent is tax free, but remember that the rest is taxable.
- 6 **Mix your options** – although this usually requires a larger pot!

Source: www.pensionwise.gov.uk

Will you continue this
incredible tradition today?

FIND OUT MORE:

 [alumni.kcl.ac.uk/legacy](https://www.youtube.com/watch?v=alumni.kcl.ac.uk/legacy)



GKT ALUMNI

TRANSFORMING THE WORLD

The alumni of the medical schools of Guy's, King's College and St Thomas' hospitals have gone on to change the world with their ideas and dedication. Here are just a few of their impressive achievements...



Dr. Cicely Williams



John Keats



Florence Nightingale



Thomas Armitage



Dame Cicely Saunders



Africanus Horton

DR CICELY WILLIAMS

Williams (1893–1992) researched malnutrition, and campaigned against substitutes for human breast milk. One of the first female graduates of Oxford University, she graduated from medicine at King's in 1923. She was the first woman to be elected to an honorary fellowship of the Royal College of Medicine (1977). Interned in Changi prison in Singapore, she used her nutritional knowledge to care for her fellow prisoners, keeping the death rate lower than at other camps.

JOHN KEATS

The Romantic poet Keats (1795–1821) trained as a surgeon-apothecary at Guy's Hospital Medical School in 1815–16 but renounced medicine in favour of poetry soon afterwards. 'Sure a poet is a sage; / A humanist, physician to all men', he wrote in *The Fall in Hyperion* (1819). Keats is commemorated with a biennial memorial lecture and a bronze statue near the colonnades at Guy's Campus.

FLORENCE NIGHTINGALE

Nightingale (1820–1910) founded the world's first professional school of nursing at St Thomas' Hospital in 1860 – the direct ancestor of the current Florence Nightingale School of Nursing & Midwifery at King's. Nightingale came to prominence while serving as a manager of nurses trained by her during the Crimean War, where she organised the treatment given to wounded soldiers. She became an icon of Victorian culture, especially in the persona of "The Lady with the Lamp", in recognition of her nightly rounds tending to the wounded soldiers.

THOMAS ARMITAGE

Armitage (1824–90) was a blind physician, promoter of Braille and founder of the Royal National Institute for the Blind. Like Florence Nightingale, Armitage used his medical skills during the Crimean War, but on his return he was forced to abandon his medical career due to his deteriorating vision. It was this that led to his work to make literature available to blind people, through embossed type. In Britain this had become complicated by the proliferation of different standards, but Armitage was instrumental in the adoption of Louis Braille's system in Britain.

DAME CICELY SAUNDERS

Dame Saunders (1918–2005) graduated as a doctor at St Thomas' Medical School in 1957 and founded St Christopher's Hospice, Sydenham, in 1967. Believing that 'dying is as natural as being born', she transformed the way that terminally ill patients were looked after by founding a worldwide hospice movement. The Cicely Saunders Institute of Palliative Care at King's is the world's first purpose-built institute dedicated to research and education in palliative care.

AFRICANUS HORTON

Africanus Horton (Medicine, 1859) is possibly one of King's earliest Black Scholars. Born in Sierra Leone in 1835, a British War Office scholarship took him to King's to study medicine. Born James Beale Horton, he took the name 'Africanus' as mark of pride in his homeland. In 1859 Horton was commissioned back to West Africa as staff-assistant surgeon in the British army, becoming one of the earliest African officers. He went on to lobby for the establishment of a medical school and higher education institution in West Africa. Today, he is also remembered in a rather unique way: a crater on Mercury is named after him!

**This is our list, but what's yours?
Get in touch if you think we've missed
someone important.**

SEND YOUR STORIES WITH THE
SUBJECT LINE 'GKT ALUMNI' TO:

✉ alumoff@kcl.ac.uk



King's College London to take over former BBC studio at Bush House

King's College London has announced plans for a new campus in central London by taking over one of the capital's most iconic buildings.

King's has acquired Bush House, fronted by giant neoclassical columns and formerly the headquarters of the BBC World Service, as well as three associated buildings in the Strand on a 50-year lease.



Eating oranges could improve your eyesight

A study suggests that older people could improve their eyesight simply by eating oranges. In a 10-year study, lead researcher Professor Chris Hammond and his team found that elderly people who ate fruit and vegetables high in vitamin C were a third less likely to develop cataracts. Professor Hammond said: 'Simple dietary changes such as increased intake of fruit and vegetables as part of a healthier diet could help protect them from cataracts.'



Terrorism's new reality

Following terrorist attacks in Nice and other incidents in Europe, many analysts have urged western governments to explore why citizens might become prone to messages telling them to kill on behalf of terrorist groups.

Professor Peter Neumann, of the Centre for Science and Security Studies, said that western citizens who turn to terrorism often see it as a way to bring meaning to their lives, or to explain their own sense of helplessness or isolation. Professor Neumann said: 'The bottom line is: it's about feeling like you belong.'



Hong Kong's rich among biggest givers to King's College London

Philanthropists from Hong Kong have donated a total of £34 million (HK\$381.6 million) – almost six per cent of the HK\$6.7 billion donations to King's College London during its World Questions|King's answers campaign. This is the largest amount from any region outside the UK.

Prominent hotelier Aron Harilela donated HK\$28 million to the Business School, which is due to launch in September 2017. Harilela said: 'One of the most important things for students is to be able to have a link with universities outside their home country.'

MAKING HEADLINES

King's has been making headlines around the world, from experts offering commentary on world events, to the life-changing impact of King's research. We've chosen a small selection of the stories you may have missed.



Report finds social media use 'may boost social intelligence levels' among teens

A report on social intelligence among teens has discovered that increased use of social media does not correspond to low social skills. Instead, it found that teenagers who spend more time online are better able to make friendships in person. Dr Jennifer Lau, reader in Health Psychology, said: 'This could be an indication that young people are using the internet as a platform to build relationships with others and to practise their social skills. However, while important as a means of practising social skills, online interaction is not a substitute for real life.'



The Olympics: Why we're hardwired to watch

Dr Daniel Glaser, Science Gallery Director, and Professor David Papineau, from King's Department of Philosophy, have contributed to new research exploring the psychology of sports spectators. Professor Papineau said: 'We admire people who are beautiful, intelligent and those who have exceptional physical skills.' Dr Glaser said: 'Even if you're completely stationary, you're using the bit of the brain that would control your body if you were moving, to help you see the movements of others.'



A-level subject choice is strongly influenced by genes, scientists say

Scientists say that up to 80 per cent of students' choices of A-level subjects is down to genetics. Environmental factors such as home life account for 23 per cent of the choice at most.

Kaili Rimfeld, a researcher at the Institute of Psychiatry, Psychology & Neuroscience, and first author of the study, suggests that these findings support the idea that children should have greater choice in what they study at school.

She said: 'We are really arguing that individuals can actively choose and create their own educational experiences partly based on their genetic propensities.'



New blood test targets depression

Professor Carmine Pariante, from King's Department of Psychological Medicine, has developed a new blood test to help doctors pick the best drugs for patients with depression.

Up until now, medics have relied on trial and error, which means that the first type of antidepressant only works for around half of patients. The study looks for markers of inflammation, and has found that patients with high levels of these markers are unlikely to respond to conventional, commonly prescribed antidepressants. Professor Carmine said: 'About a third of patients might have these inflammatory markers. Consequently, we might encourage them to go on more aggressive treatment.'



Elton John launches HIV screening at King's College Hospital

Patients at King's College Hospital who have blood tests will now be routinely screened for HIV thanks to the Elton John Aids Foundation.

The 69-year-old singer launched the initiative at King's College Hospital in May. The programme aims to test 34,000 Londoners in its first 12 months.



Ignoring online education 'is a big danger'

King's President & Principal, Professor Ed Byrne spoke at a debate about online learning and global higher education. He said he hoped that 'the need for accelerated, exponential change will be met by the sector'. He added: 'I think places that just ignore all this will be in real trouble in every aspect of what they do.'

ALUMNI EVENTS

King's is proud to present a diverse calendar of events for our alumni community, including our annual highlight, Alumni Weekend. We'll bring your more details of Alumni Weekend 2017 in the coming months, but for now, here are some exciting dates for your diary.

Greek Play

Wednesday 8 – Friday 10 February 2017
Greenwood Theatre, Guy's Campus
Join fellow alumni to watch the annual Greek Play, which will be Aeschylus' *Prometheus Bound*, directed by Maria-Pia Aquilina. Excitingly, this will be the first time the Department of Classics has produced *Prometheus Bound* in the Greek Play's 64-year history. There will be academic talks before the performance, and light refreshments in the theatre bar afterwards. Details will be available later in the year from the Alumni Office.

Dental Alumni Weekend

Friday 3 – Saturday 4 March 2017
Grange City Hotel and Guy's Campus
Dental Alumni Weekend brings together professional development and social opportunities for alumni and friends of the Dental Institute. The 2017 Dental Alumni Weekend will include the annual Dental Dinner on Friday, followed by Clinical Day on Saturday. Details will be available later in the year from the Alumni Office.

King's College London Engineers' Association (KCLEA) annual lecture

Thursday 9 March 2017
Nash Lecture Theatre, Strand Campus
King's College London Engineering Association (KCLEA) invite King's engineers and friends to their annual lecture, 'Titanic – From engineering triumph to human tragedy' by King's engineer Graham Anthony. Details will be available later in the year from the Alumni Office.

Alumni Weekend 2017

Friday 9 – Sunday 11 June 2017
Strand Campus
Lectures, lunches and reunions! Come along and reconnect with old friends and classmates while joining in with our fun workshops, and learning something new in our special King's lectures. Details will be available later in the year from the Alumni Office.

Principal's Asia Tour

Monday 20 – Monday 27 March 2017
Join President and Principal, Professor Edward Byrne AC and members of the King's alumni office for our annual trip to Asia. We will be hosting evening alumni receptions across the region featuring talks by senior members of the King's community. Each talk

Alumni Weekend 2017 needs you!

Is there a specialist topic you love to talk about? Have you had a career that's taken you in surprising directions? We are currently accepting proposals to speak at Alumni Weekend 2017.

EMAIL US AT:

alumnievents@kcl.ac.uk

will be followed by a reception, giving you the perfect opportunity to make new contacts, re-connect with old friends and meet members from the local alumni committees. Stay tuned to the alumni website for more details on speakers, venues and booking!

Date	Location
Mon, 20 March	Hong Kong
Wed, 22 March	Kuala Lumpur
Thu, 23 March	Singapore
Fri, 24 March	Shanghai
Mon, 27 March	Beijing

REUNIONS

Instant Sunshine: 50th Anniversary Reunion

17 February 2017
Cadogan Hall, Sloane Terrace, SW1

Formed by medics at St Thomas' Hospital in 1967, Instant Sunshine have performed together regularly ever since. This witty, musical and very talented group have been featured on radio and television, and have performed at charity concerts. They remain regulars at the Edinburgh Festival.

For their 50th anniversary celebration concert, they invite all former St Thomas' students, and would particularly ask their

contemporaries who qualified between 1965 to 1970 to form reunion groups to attend this special event. The majority of the proceeds from this event will be donated to Professor Poston's Pregnancy Research Unit at St Thomas' Hospital.

Guy's Medicine, Class of 1987: 30th Anniversary Reunion

10 June 2017
Heeltap, White Hart Yard, London Bridge

Tony Gardner is organising a 30th anniversary reunion for medical students who graduated from Guy's in 1987. A Facebook group has been set up to help track down former classmates. For more information, please contact the Alumni Office.

Would you like to organise a reunion?

Whether you'd like to organise a reunion at the Dental Alumni Weekend in March, the Alumni Weekend in June or at any other time during the year, the Alumni Office can help you.

FOR MORE INFORMATION ON ALL THE ALUMNI-LED REUNIONS TAKING PLACE, OR TO ORGANIZE A REUNION EMAIL US AT:

reunions@kcl.ac.uk

ALUMNI BENEFITS & SERVICES

If you studied at King's, or at one of the institutions with which it has merged, you are entitled to many great benefits.

FOR MORE DETAILS VISIT US AT:

alumni.kcl.ac.uk/benefits

OR CALL US ON:

+44 (0)20 7848 3053



Become a mentor

Use your own experience of the working world to help guide your mentee to reach their fullest potential. Mentees can search for suitable mentors and approach you via the online platform, King's Connect.

Associateship of King's College

Alumni who missed out on the Associateship of King's College (AKC) while they were students can now study for their AKC through a distance learning programme. Alumni can now participate in the three-year programme, at a cost of £500 per year.

Alumni Online

Our new-look Alumni Online website is a great way to stay in touch with King's and your friends from university. You can also register for our email newsletters, so news from King's goes directly to your inbox.

Modern language courses

King's is proud to offer a programme of part-time evening courses, and a choice of 24 different languages, through the Modern Language Centre. Alumni can save up to £138 by signing up for three terms.

Free access to JSTOR

King's offers Alumni Online members access to a huge range of online academic works and resources via our subscription to JSTOR – completely free of charge.

Use the university libraries

The university's libraries are available for alumni to use; reading in the libraries is free and you can borrow books and materials for an annual fee of £60. More information is available on Alumni Online.

King's email address

As a member of Alumni Community, you can set up a King's specific forwarding account for professional and personal use – a great way to maintain a constant email address even if you change service providers.

Discounted theatre tickets

King's alumni now have access to a range of great theatre offers at selected theatres across the UK run by the Ambassador Theatre Group.

Keep fit at King's

King's Health and Fitness Centre offers alumni an affordable training facility conveniently located five minutes from Waterloo. Alumni receive a discounted rate. To learn more about the centre, please call +44 (0)20 7848 4650.

A NOTE FROM THE KCLA CHAIRMAN

King's College London Alumni Association (KCLA) represents all alumni in the affairs of King's and aims to encourage continued alumni involvement with the university.



We host a series of annual events, including: Duel Day at Lambeth Palace in March; the KCLA address at St Clement Danes in April, which this year

was given in memorable fashion by Lord (General) David Richards, former Chief of Staff of the armed forces; the Sports dinner at the Kia Oval; Alumni Games at HOP in October; and the dinner and AGM at the House of Lords in November. The Alumni Office supports these events and organises the Alumni Weekend in June, as well as many international, professional development and faculty specific alumni events throughout the year. All alumni are welcome to attend these events.

Sport is a vital link between past and current students. We work with King's Sport and KCLSU to support alumni and mixed student and alumni teams across a variety of sports, including hockey, rugby, netball and cricket. 2015–16 has been an excellent year for increasing both the range of activities and the number of alumni participating in university events.

We would like to see more alumni participate in both sporting and cultural activities, and welcome your support and views on any matters involving alumni.

Professor Stephen Challacombe
(Dentistry, 1969)

GET IN TOUCH:

 stephen.challacombe@kcl.ac.uk

Save
the
DATE

FOR MORE DETAILS
VISIT US AT:

alumni.kcl.ac.uk/events

NEW APPOINTMENTS & COMMENDATIONS

NEW APPOINTMENTS AT KING'S

Reverend James Craig

Revd James (Jim) Craig has joined King's as Chaplain to the Guy's Campus. This follows the departure of Revd Stephen Stavrou to work in a parish. Jim will also be Associate Minister at the church of St George the Martyr, Borough High Street, where he will be involved in developing student ministry.

Professor Gillian Douglas

Professor Douglas has been appointed as the new Dean of The Dickson Poon School of Law, replacing Professor David D Caron, who stepped down from the position earlier this year following his appointment to the Iran-United States Claims Tribunal (IUSCT). Professor Douglas will take up the appointment in spring 2017.

The Hon Julia Gillard

The former Prime Minister of Australia (2010–2013) has joined King's as a Visiting Professor,

working closely with the Policy Institute and the Menzies Centre for Australian Studies at King's. Ms Gillard was the 27th Prime Minister of Australia and the first and only woman to hold the position. She gained a Federal seat in Parliament in 1998. Following the Australian Labor Party's Federal Election victory in 2007, she was sworn in as Deputy Prime Minister before becoming Prime Minister in 2010.



The Hon Julia Gillard

Romana Kazmi

Romana Kazmi joins King's as the university's first woman Muslim Chaplain. Romana will work closely with the Dean, Revd Canon Professor Richard A Burridge, and university Chaplain Revd Tim Ditchfield to provide pastoral and spiritual support to all King's students and staff. In particular, she will minister alongside Abdul Choudry, the university's other Muslim Chaplain, and Dr Ehsan Khan, Muslim Staff Adviser.

Professor Andrew O'Shaughnessy

Historian and award-winning author Andrew O'Shaughnessy has been appointed as the inaugural Sons of the American Revolution (SAR) Visiting Professor at King's to contribute to the Georgian Papers Programme. Professor O'Shaughnessy will have early access to the extensive archive of King George III's private papers as part of a major joint project with King's.



Professor Yanis Varoufakis

Sir Simon Robertson

Former Chairman of Rolls-Royce Sir Simon Robertson joined King's as a Visiting Professor in August, where he will be working with the Department of Political Economy. Previously Managing Director of Goldman Sachs International and Chairman of Dresdner Kleinwort Benson, in 2010 Sir Simon was honoured with a knighthood in recognition of his services to business.

READ MORE ONLINE:

alumni.kcl.ac.uk/
alumni-community

Professor Yanis Varoufakis

Greece's former Finance Minister, Yanis Varoufakis joined King's as Visiting Professor in August, working with the Department of Political Economy. During his seven-month tenure as Minister of Finance, Professor Varoufakis earned worldwide attention for negotiating with the International Monetary Fund and the European Central Bank to prevent Greece becoming bankrupt.

Professor Martin Weale

A departing member of the Bank of England's Monetary Policy Committee, Professor Weale has returned to academia, joining King's Department of Political Economy and School of Management & Business. An economist who served on the Monetary Policy Committee at the Bank of England for a second three-year term from 2013, he previously spent 15 years as Director of the National Institute of Economic and Social Research, and prior to this lectured in economics at the University of Cambridge.

Professor Sir Simon Wessely

Professor Sir Simon Wessely, Professor of Psychological Medicine and Director of King's Centre for Military Health Research, has been appointed to King's first 'Regius' Professorship. He will be the first-ever Regius Professor of Psychiatry.

Regius Professorships are created by Royal appointment in disciplines with a 'continuing and significant need'. 12 new Professorships – including the King's Regius Professorship – were announced in June 2016, on HM The Queen's 90th birthday.

NOTABLE COMMENDATIONS FOR KING'S STUDENTS, STAFF AND ALUMNI

Professor Ewan Ferlie and Professor Patrick Wright

Professor Ferlie, from the School of Management & Business, and Professor Wright, from the Department of English, have been elected as fellows of the British Academy, the UK's national academy for humanities and social sciences, in response to their outstanding contribution to research.

Professor Adrian Heyday

Professor Heyday, from the Division of Immunology, Infection & Inflammatory Disease in the Faculty of Life Sciences & Medicine, has been elected to the fellowship of the Royal Society, the UK's national academy of science. Fifty fellows are elected each year in recognition of their exceptional contributions to science, engineering and medicine.



Professor Gordon McMullan

Professor of English and Director of the London Shakespeare Centre, Professor McMullan has been awarded the prestigious Sam Wanamaker Award for his work in increasing the understanding and enjoyment of Shakespeare, partly in recognition of his work in creating and leading Shakespeare400.



Professor Janice Rymer

Professor Rymer, Professor of Obstetrics & Gynaecology at King's and Consultant Gynaecologist at Guy's & St Thomas' NHS Foundation Trust (GSTT), has been elected as one of the five new vice-presidents of the Royal College of Obstetricians and Gynaecologists (RCOG).

KING'S Quiz

GUESS THE QUOTE

WHICH FAMOUS ALUMNI SAID...

1

'Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world.'

2

'We can best help you to prevent war not by repeating your words and following your methods but by finding new words and creating new methods.'

3

'I think one's feelings waste themselves in words; they ought to be distilled into actions which bring results.'

HAIKU RIDDLES

WHICH CAMPUS LOCATION...

1

Remarkable words
From a grand author
Her place on the Strand

2

Seen through her photo
The first building blocks of life
Worth the Nobel Prize

GUESS THE PICTURE

WHICH KING'S BUILDING...

1



2



3



Last issue's maths challenge was won by David Lefroy (Medicine, 1985).

He said: 'I am delighted to have been successful with this challenge which was very stimulating to take part in!'

Find out how you fared in this issue's quiz, and see the solutions to past issue's puzzles.

ANSWERS ARE AVAILABLE ONLINE:

alumni.kcl.ac.uk/quiz

CLASS NOTES

To see all the latest class notes and find out which of your classmates have been performing on stage, writing books and planning reunions, visit our website:

alumni.kcl.ac.uk/classnotes

‘IN THE SERVICE OF SOCIETY’



JONATHAN SHEPHERD
(Dentistry, 1973)

King's is a family affair for Jonathan Shepherd, whose father preceded him at the university. He has also followed the motto 'In the service of society' throughout his career.

Graduating from dentistry in 1973, Jonathan was not constrained by his degree, and applied his skills far beyond the field of dentistry. Prompted by his experience as a trainee surgeon in Yorkshire during the miners' strike, Jonathan's PhD focused on the health impacts of violence. Following his discovery that a great deal of violence was not known to the police, Jonathan created a new community safety partnership. This brought

together the police, health and local authorities, and as a result 373 such partnerships were established around Great Britain.

Jonathan also realised that there was a gap in hospital accident and emergency departments' capacity to share anonymised information on the location of weapons. In response, he devised a model that enabled this to happen. This was formally adopted by government in 2007, and remains national policy to this day. In 2008 he was appointed CBE for services to the justice system and healthcare.

Seven years later, in 2014, Jonathan continued his civic entrepreneurship by helping to establish the new Probation Institute. Bringing together probation professionals across the private, public and voluntary sectors, the Institute works as a centre of excellence on probation practice.

With a career path that may be surprising for a dental graduate, Jonathan has truly embodied the spirit of King's.

COMPOSING ACROSS GENRES

ERROLLYN WALLEN
(Music – Composition, 1983)

Born in Belize, Errollyn Wallen gave up her training at the Dance Theatre of Harlem, New York to study composition at King's. She has had a broad career, appearing alongside Björk, Sting and Elvis Costello. Her career has ranged from avant-garde classical to popular song-writing, as well as composing 'Carbon 12: A Choral Symphony', an oratorio on the history of coal mining, for Welsh National Opera. Errollyn has never been afraid to push boundaries in order to reach as many people as possible.

While Errollyn's drive has always come from her passion for music, she has also been



Photo by Azzurra Primavera

something of a pioneer. In 1997, she was the first black woman to perform at the BBC Proms with her 'Concerto for Percussion and Orchestra', and in 2013 she was the first female recipient of the Ivor Novello Award for Classical Music.

Errollyn was awarded an MBE for her services to music in the Queen's birthday honours list in June 2007.

Her new orchestral album *PHOTOGRAPHY* is out now. It went straight into the top 20 of the UK classical charts.

INNOVATIVE SCHEME BOOSTS MENTAL HEALTH AWARENESS

UZAIR PATEL
(Biomedical Sciences, 2011)

Uzair Patel graduated from his Biomedical Sciences course at King's in 2011. Following graduation, Uzair worked as a Parliamentary researcher before joining the Future Leaders and Development programme at Barclays. While there, he spear-headed the creation of the 'This is me' campaign, which aims to destigmatise mental health issues and support those affected. The scheme has now spread across the Barclays global network and been picked up by the City of London Lord Mayor, as well as more than 50 companies across the City.

Uzair's motivation to set up the 'This is me' campaign came from personal experience. He suffered from anxiety and depression in the first year of his graduate scheme. After contemplating suicide, Uzair decided to go to his GP and open up to his managers at work. With their help and support, he started cognitive behavioural therapy and was able to stay at work. This gave him the motivation to support others who had been affected.

Uzair's time at King's was important in driving his achievements.

“King's instilled in me the passion and drive to believe that I could do anything, and the confidence to understand what I could achieve”

UZAIR PATEL
BIOMEDICAL SCIENCES, 2011

BUILDING STABILITY IN THE BALKANS

ANDREA GARAIOVA
(International Peace and Security, 2012)

To say that Andrea Garaiova achieved a lot by the age of 25 would be an understatement. Having graduated from King's with an MA in International Peace and Security, Andrea is now second in command at the Balkans Policy Research Group, where she works on state- and peace-building.

Andrea's time at King's helped lay the foundations for her future success. Her studies allowed her to not only understand the complex



realities of international politics, but also how to apply these in the real world. After submitting her MA dissertation on EU state- and peace-building in Kosovo, she completed a traineeship at the Ministry of Foreign and European Affairs in Slovakia. She then became involved in a project financed by the British Council, aimed at fostering cooperation

between the societies of Kosovo and Slovakia.

Today, her role at local think tank the Balkans Policy Research Group brings its own challenges. As well as managing serious responsibilities, Andrea is operating in an environment where young women are not typically on the negotiating table. She is learning to apply her political knowledge and diplomatic skills, as well as forge her own way, in a largely male-dominated arena.

So, what's next for Andrea? She has recently secured funding to create a partnership between a Slovak think tank and an NGO in the north of Kosovo. Through this, she aims to build the capacity of local civil society to influence public decision making.

CASTLE CELEBRATION FOR GUYS AND GALS OF '66

Guy's Hospital Medical School, class of 1966
August 2016

2016 marked the 50th anniversary of Dr Terry Gibson's graduation from Guy's Hospital Medical School. To mark the occasion, he organised a reunion for his class of 1966 at Durham Castle. Fifty-six of his fellow Guy's alumni and their partners attended, spending three days taking in the culture and exploring the impressive

scenery of north-east England, including a boat trip along the River Wear. There was also a reception and formal dinner held in the Great Hall of the castle – an appropriately grand Norman and Medieval setting for such a venerable gathering of alumni! Plans for subsequent gatherings will take this group through the next decade.



AT A GLANCE

CHELSEA COLLEGE
Salomone Venezia
(Chemistry, 1970)

I would like to receive news from classmates of 1962–1965 Chelsea College of Science and Technology – Chemistry Honours Degree.

GUY'S
Dr John Moorshead
(Medicine, 1955)

At 86 I neither have nor want a computer. I wonder for how much harm they are doing to my grandchildren and great grandchildren? I practice the piano two hours a day, sail my yacht, read and speak four languages and go on two or more cruises a year. My wife and I have been married 63 years in November. Who needs an email?

KING'S COLLEGE LONDON
John Reeve

(Mathematics, 1952/1954)
Still happily married to my childhood sweetheart and we are nearing our 58th anniversary. Enjoying two children, six grandchildren and aerospace interests.

Ian Scott
(Law, 1969)

I was a post-graduate student at King's in the late 1960s, where I was awarded my PhD in 1969. I spent most of my working life at the University of Birmingham, where I became Barber Professor of Law in 1978, and an Emeritus Professor in 2006. In January 2016 two King's law professors, Professor Robin Blackburn and Professor Jonathan Harris, achieved the unusual distinction of being appointed Queen's Counsel (Honoris Causa) on the recommendation of the Lord Chancellor. I was a third, so in a way (although I have never been on the academic staff at King's) that was a hat-trick for King's!

ST THOMAS'
Dr Michael Cotton
(Medicine, 1979)

I am pleased to announce that my work, *Primary Surgery, (Volume One: Non-trauma)*, 2nd edition has been published in June 2016 as a free online reference work by global-help.org.

OBITUARIES

FOR MORE DETAILS VISIT US AT:

alumni.kcl.ac.uk/obituaries

A LIFETIME OF KING'S SUPPORT

DR ABRAHAM SEK-TONG LUE (Mathematics, 1965)

Dr Abraham Sek-Tong Lue CMG MBE FKC had a varied career, and benefited a great many people in his capacity as not just an academic mathematician. He was also an inspiring leader and advisor in academia, business, and especially fundraising and philanthropy.

Gaining his PhD in Algebra in 1965 at King's, Dr Lue joined the staff of the Mathematics Department as an assistant lecturer and his influence quickly spread across not just the department, but the whole of the university.

As the Assistant Principal of King's from 1986 to 1992, Dr Lue worked tirelessly on the recruitment and welfare of overseas students. His devotion not just to academia, but also to his students is remembered by many of the Chinese students whom he mentored, with many going on to become donors. This included funding the Dr Abraham Lue Lectureship in Chinese Entrepreneurship at King's Lau China Institute.

Dr Lue pioneered the creation of one of the first alumni and fundraising departments at a British university. His longstanding belief that philanthropy and fundraising should be cornerstones of the modern British university is one of the reasons why King's has just celebrated raising £600 million for the World questions|KING's *answers* fundraising campaign, which is the largest in Europe outside of Oxbridge. We are now planning our third campaign, whereas many universities have yet to launch their first.

In honour of his ongoing devotion to King's following his retirement, Dr Lue was made Assistant Principal Emeritus in 2006.

Dr Lue received the Fellowship of King's College London (FKC) in 1993 and continued to be actively involved with the King's Alumni Association, including a period as its Honorary Treasurer for 10 years from 1982 to 1992.

During his later years, he demonstrated a fertile imagination and wrote a Chinese children's book called 'Little Jade and the Celestial Guards,' much loved by the children of friends.

Dr Lue is survived by his wife, Dr Adaline Mang-Yee Ko.



LOYALTY AND SCHOLARSHIP

REVEREND PROFESSOR DENNIS NINEHAM (Chair of Biblical & Historical Theology at King's)

The Revd Professor Dennis Nineham, who has died aged 94, was one of the Church of England's most distinguished scholars and teachers. Having also occupied chairs at London, Cambridge and Bristol universities, Nineham was a formidable scholar who insisted that, since the Church's beliefs and practices were built upon New Testament foundations, its preachers, teachers and liturgists must take full account of contemporary scholarship in this field.

Most well-known for his views on the Gospel of Mark, Nineham managed to combine radical criticism of the New Testament gospels with lifelong loyalty to the established Church. His commentary on the Gospel of St Mark (1963) questioned the historical basis of the life and teaching of Jesus portrayed in the Gospel, arguing instead that it consists almost entirely of preaching material intended to spread

Christianity. For Nineham, however, this did not detract from its ability to demonstrate the central message of Jesus.

Born in Southampton on 27 September 1921, Nineham went from King Edward VI School in that city to Queen's College, Oxford, graduating with two firsts. Returning there in 1944, he became the Assistant Chaplain and after two years became the Chaplain and a fellow. He remained in Oxford until 1954, when he was persuaded to take the Chair of Biblical and Historical Theology at King's by close friend Eric Abbott, who had recently become Dean of King's.

During his time at King's, Nineham transformed the university into one of the foremost centres of theological research and teaching in the world. He soon began to achieve impressive results from his undergraduate and postgraduate pupils.

His wife Ruth and a daughter predeceased him. He is survived by a daughter and two sons.

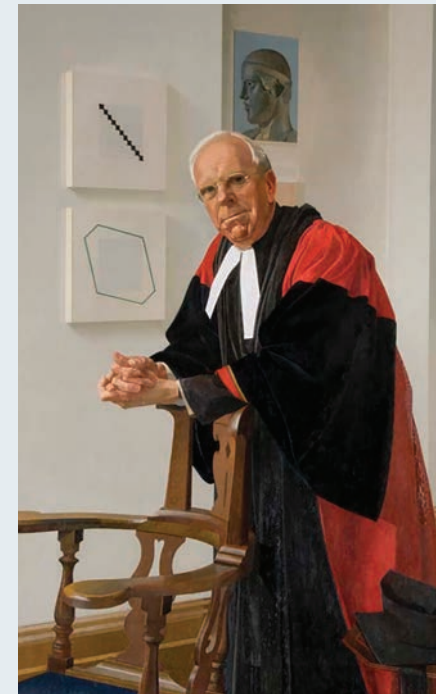


Image by kind permission of the Warden and Fellows of Keble College, Oxford.

COMMITMENT TO EDUCATION



RORY HANDS (French, 1940)

Roderick Kirton Hands, known as Rory, has died aged 96. He taught in the state sector for most of his career, becoming head of one of the UK's largest comprehensive schools.

Hands studied at the Sorbonne 1938–39, transferring to the University of Berlin in summer 1939. In August of that year, he received a letter from the British Consul requesting that he 'urgently consider the desirability of removing your residence.' Hands recalled scenes on Unter den Linden, with troops moving eastwards and refugees moving west.

He returned to King's, which in 1940 was evacuated to Bristol. King's offered support with new living expenses to students who had previously lived at home. Hands never forgot this gesture. It meant that he could complete his degree – he even received a cigarette allowance!

Hands gained his teaching diploma from King's Department of Education. He believed education should be liberal and nurturing, and that schools should be socially and academically inclusive.

Hands taught at St Albans School and St Marylebone and Kilburn Grammar Schools. As Headmaster of Chiswick Grammar School, he oversaw

a transition in 1968 to a two-site comprehensive model. The new entity, renamed Chiswick Community School, came to be regarded as the flagship of the new Labour government.

Throughout his career, Hands welcomed students from King's into his schools. Hands had extensive involvement with Froebel College, now part of Roehampton University, acting as a governor.

Hands' family links to King's included his uncle – killed in the First World War and commemorated in King's Chapel – while his sister and children, all of whom followed him into teaching, also studied at King's.

SPACE WHISPERS

GILLI SMYTH (English, 1959)

Singer, song-writer and performance poet Gilli Smyth, co-founder of Gong, a 1960s avant-garde, anarchic musical ensemble, has died aged 83. Smyth's atonal performance technique – known as 'space whispers' – became her signature style. After leaving Gong, Smyth released a solo album and formed her own touring band. In the 1990s she reunited with other Gong members, touring, recording and performing up to 2009.

Smyth studied English at King's. She edited *King's News*, the university's magazine of



the time, graduating in 1959. She went on to teach at the Sorbonne in 1967–68, where she met Daavid Allen, with whom she formed Gong.

Smyth's song-writing and performances featured strongly in Gong's early albums. The 'Radio Gnome Invisible' trilogy, released by Virgin Records between 1973–74, brought Gong a cult following. Musically the series mixed free-jazz improvisation, psychedelic rock, folk and ambient electronics.

Smyth left Gong in the mid-1970s, releasing her solo album *Mother* in 1978. She founded 'Mother Gong', touring internationally, with performances including stints at Glastonbury in 1979 and 1981. Smyth moved to Australia in 1982.

Smyth lectured on voice techniques and did voice-over and audio work. In 2014 she guest-performed a 'sprinkled space whisper' on Gong's latest album, *I See You*.

Notices of correction

We would like to acknowledge and apologise to the following people for erroneously noting them as deceased in previous issues of *Intouch*.

Dr Patricia O'Connell (Bunning)
(*St Thomas', Medicine, 1982*)

Anthony Seare
(*Guy's, Dentistry, 1960*)

Dr Richard Aldridge
(*St Thomas', Medicine, 1994*)

Dr Joyce Meyer (Vale)
(*Guy's, Medicine, 1959*)

Rory Bremner
(French and German, 1984)
RECOMMENDS

Favourite music?

My tastes are ridiculously eclectic: from Bowie to Clapton, Ella Fitzgerald to Jamie Cullum (via Sinatra) and Mozart to Puccini. I love Kurt Weill, too – his collaborations with Brecht (and Lotte Lenya) define a dark and dramatic period in German history. *Der Silbersee* (1933) was the first opera I translated, and it haunts and thrills me still.

Favourite poem?

'Ozymandias' by Shelley. A concise and powerful metaphor for the vanity of hubris and the ephemerality of earthly greatness, it has real resonance for today's middle east – and far beyond.

Favourite novel?

Candide (1759): Voltaire's colourful and picaresque satire, ridiculing those who believe in a divinely ordered world in the face of so much suffering and injustice, changed my life when I first read it as a 15-year-old. It showed me, for the first time, how humour can dissect and demolish religious and philosophical dogma.

“Don't get it right,
get it written”

Favourite place?

Edinburgh. I was born there; and was inspired by, and started out at, the Fringe Festival. I love its architecture, its setting, its streets, hills and views. A beautiful and inspiring city.

Treasured childhood memory?

Watching Scotland at Murrayfield; playing golf at Gullane; cycling to North Berwick. Luca's ice cream and being in bed while it was still light.

Best piece of advice you ever received?

From John Bird, quoting James Thurber: 'Don't get it right, get it written' – the best antidote to the fear of the blank page.



What piece of music takes you
back to your time at King's?

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The background is a stylized illustration of a mountain landscape. In the foreground, a person with dark hair, wearing a bright yellow raincoat and a pink face mask, is shown from the side, looking out over the scene. The landscape features dark grey mountains, a range of yellow mountains in the distance, and a line of dark green coniferous trees. A single, stylized pink tree stands in the foreground. The sky is a light blue with white clouds and small yellow dots representing stars or distant lights. The overall style is flat and modern.

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