Inclusion & Awareness Calendar

2024
Calendar overview

The following calendar outlines numerous equality, diversity, inclusion (EDI) and wellbeing related notable dates which may be celebrated, marked and or acknowledged by our university community. Please click here for an accessible version of the calendar on sharepoint, complete with information about each occasion which you can add to your calendar.

Provisional and tentative dates

Some of the dates are provisional where they are based on the lunar calendar and/or sighting of the moon. King’s recognise that in the case of most of the faiths concerned there are various ways of spelling the same word. This is because of the range of languages (and alphabets) of the original terms. Some dates may also vary and the date of local celebrations may differ. Please note that all Jewish Festivals start the night before the dates highlighted in this calendar. Some dates included have been marked as tentative due to dates not yet being confirmed for 2024.

Religious observances

Please click here for religious observances which may impact on university activities.

Notable dates

At King’s we want our EDI & Wellbeing Calendar and events to reflect our international community of staff & students, therefore, if you feel something is missing, please contact the EDI team: diversity@kcl.ac.uk
### Notable Dates

- **4th**: World Braille Day
- **7th**: Orthodox Christmas
- **10th**: Lunar New Year
- **14th**: Makar Sankranti (Hindu Dharma)
- **15th**: Blue Monday
- **16th**: Martin Luther King Jr. Day
- **17th**: Birthday of Guru Gobind Singh (Sikhism)
- **21st**: World Religion Day,
- **24th**: Moebius Syndrome Awareness Day
- **27th**: International Holocaust Remembrance Day, Parent Mental Health Day
- **28th**: Data Privacy Day, World Leprosy Day
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**Notable Dates**

1st-7th: World Interfaith Harmony Week
4th: World Cancer Day
5th-11th: Race Equality Week, Children's Mental Health Week, Tinnitus Awareness Week, Sexual Abuse and Sexual Violence Awareness Week
6th: Safer Internet Day
7th: National Girls and Women in Sport Day
10th: Lunar New Year/Spring Festival
11th: International Day of Women and Girls in Science
13th: Shrove Tuesday (Christianity/Western)
14th: Start of Lent/ Ash Wednesday (Christianity/Western)
15th: Parinirvana (Mahayana Buddhism)
17th: Random Acts of Kindness Day
19th-25th: Aromantic Spectrum Awareness Week
23rd: International Stand Up to Bullying Day
24th: Magha Puja (Buddhism)
26th: Ayyam-i-Ha – The Intercalary Days (Bahá'í)
28th: Rare Disease Day, Eating Disorder Awareness Week (until 5th March)
Notable Dates

3rd: World Hearing Day
4th-9th: National Careers Week
8th: International Women’s Day, Maha Shivaratri (Hindu Dharma)
10th: Ramadan (Islam, until 8th April), Mother’s Day, World Glaucoma Week (until 16th)
11th-17th Nutrition and Hydration Week, Sign Language Week (tentative)
12th: My Whole Self Day
13th: No Smoking Day
13th-19th: Brain Awareness Week
14th: University Mental Health Day
15th: International Day to Combat Islamophobia, Great British Spring Clean (until 31st)
16th: Disabled Access Day
17th-22nd: Higan-e (Jodo Shinshu—Japanese Buddhism)
18th: World Sleep Day
18th-24th: Neurodiversity Celebration Week
20th: International Day of Happiness, Naw-Rúz (Bahá’í), Norouz (Persian New Year), Spring/Vernal Equinox (Paganism)
23rd: National Day of Reflection (Covid), Purim (Jewish)
25th: Functional Neurological Disorder Awareness Day, Holi (Hindu)
26th: Epilepsy Awareness Day (purple day), Hola Mohalla (Sikh)
27th: World Autism Acceptance Week (until 2nd April)
29th: Good Friday (Christian/Western)
30th: World Bipolar Day
31st: Transgender Day of Visibility, Easter Sunday (Christian/Western)
April

Bowel Cancer Awareness Month
Autism Acceptance Month
Functional Neurological Disorder (FND) Awareness Month
Parkinson's Awareness Month
Stress Awareness Month
Carers Active April

Notable Dates

1st-7th: World Autism Acceptance Week
2nd: World Autism Awareness Day
5th: Walk to Work Day
7th: World Health Day
10th: Eid al-Fitr (Islam)
11th: World Parkinson's Day
11th-17th: Parkinson's Awareness Week
13th: Vaisakhi (Sikhism)
16th: World Voice Day
17th: Rama Navami (Hinduism)
18th: Non-binary Parents Day
20th: Ridvan (Baha'i) (until 2nd May)
22nd: Stephen Lawrence Day, Earth Day
22nd-28th: MS Awareness Week (tentative)
23rd-30th: Passover (Judaism)
25th: Global Intergenerational Week (until 1st May)
28th: World Day for Safety and Health at Work, Stop Food Waste Day
May

- Action on Stroke Month
- Hepatitis Awareness Month UK
- National Walking Month
- Celiac Awareness Month
- National Share a Story Month
- Sun Awareness Month
- Tourette's Awareness Month

### Notable Dates

1. **1st**: Beltane – May Day (Pagan)
2. **3rd**: Good Friday (Orthodox Christian)
3. **5th**: Easter (Orthodox Christian)
4. **6th**: Yom Ha-Shoah/Holocaust Remembrance Day (Judaism)
5. **6th-12th**: Dying Matters Awareness Week, Maternal Mental Health Week (tentative)
6. **6th-17th**: Dying Matters Awareness Week, Maternal Mental Health Week (tentative)
7. **7th-13th**: Deaf Awareness Week
8. **8th**: National Day of Staff Networks
9. **10th**: World Lupus Day
10. **10th-17th**: Men’s Health Awareness Week
11. **10th-17th**: Men’s Health Awareness Week
12. **12th**: International ME Awareness Day
13. **12th**: International ME Awareness Day
14. **13th-19th**: Black Inclusion Week, Mental Health Awareness Week, Coeliac Disease Awareness Week, Face Equality Week (tentative)
15. **15th**: International Day of Families
16. **16th**: Global Accessibility Awareness Day
17. **17th**: International Day Against Homophobia, Transphobia and Biphobia, Spinal Cord Injury Awareness Day (tentative)
18. **20th-26th**: Type 2 Diabetes Prevention Week (tentative), Dementia Awareness Week, Epilepsy Awareness Week (tentative)
19. **21st**: World Day of Cultural Diversity
20. **22nd**: Vesakha Puja/Buddha Day (Buddhism)
21. **23rd**: Declaration of the Báb (Bahá’í)
22. **25th**: George Floyd’s Anniversary
23. **30th**: World Multiple Sclerosis Day
### Notable Dates

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<td>Global Day of Parents</td>
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<td>Volunteers Week</td>
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<td>Tourette’s Awareness Day</td>
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<td>Global Wellness Day</td>
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<td>10th-14th</td>
<td>British Nutrition Foundation Healthy Eating Week</td>
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<td>10th-16th</td>
<td>Bike Week, National Carer’s Week, Diabetes Awareness Week, Global Inclusion Week, Loneliness Awareness Week, Men’s Health Week</td>
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<td>12th-13th</td>
<td>Shavuot (Judaism)</td>
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<td>14th</td>
<td>World Blood Donor Day</td>
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<td>14th-19th</td>
<td>Hajj (Islam)</td>
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<td>16th</td>
<td>Father’s Day, Martyrdom of Guru Arjan Dev (Sikhism)</td>
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<td>16th-17th</td>
<td>Eid al-Adha (Islam)</td>
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<td>17th</td>
<td>International Father’s Mental Health Day</td>
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<td>17th-23rd</td>
<td>Learning Disability Week, Refugee Week, Cervical Screening Awareness Week</td>
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<td>18th</td>
<td>Autistic Pride Day</td>
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<td>19th</td>
<td>Juneteeth (USA)</td>
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<td>20th</td>
<td>National Clean Air Day, World Refugee Day, Midsummer Solstice (Paganism)</td>
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<td>21st</td>
<td>World Humanist Day, Reserves Day</td>
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<td>22nd</td>
<td>Windrush Day, Armed Forces Day</td>
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<td>24th-30th</td>
<td>Deafblind Awareness Week, World Wellbeing Week</td>
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July

Make a Difference to Children Month

International Women with Alopecia Month

Disability Pride Month

Talk to Us Month

South Asian Heritage Month (18th July-17th August)

Notable Dates

1st-7th: Alcohol Awareness Week, Health Information Week (tentative)
6th: Omnisexual Visibility Day
7th: Al-Hijra/Islamic New Year (Islam)
9th: Martyrdom of the Báb (Bahá’í)
12th: Malala Day
14th: International Non-binary People’s Day, Disability Awareness Day
15th: World Youth Skills Day
16th-17th: Ashura (Shia Muslim)
17th: World Day for International Justice
18th: Nelson Mandela International Day
21st: Dhamma Day (Buddhism)
24th: International Self-Care Day, Samaritan’s Awareness Day
25th: National Schizophrenia Awareness Day
30th: International Day of Friendship
### August

#### Health & Safety Month

#### Psoriasis Awareness Month

#### Children’s Eye Health & Safety Month

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1. **1st**: International Child-Free Day, Lammas/Lughnasadh (Paganism)
2. **1st-7th**: World Breastfeeding Awareness Week
3. **3rd**: Cycle to Work Day
4. **4th-10th**: International Assistance Dog Week (tentative)
5. **9th**: International Day of the World’s Indigenous Peoples
6. **12th**: International Youth Day
7. **13th**: International Left Handers Day, Tisha B’Av (Judaism)
8. **18th**: Never Give Up Day
9. **19th**: Raksha Bandhan (Hindu)
10. **25th**: UK Black Pride
11. **26th**: Krishna Janmashtami (Hinduism), Arbaeen (Shia Muslim)
12. **30th**: Grief Awareness Day
13. **31st**: Paryushana (Jainism, until 7th September)
### September

- **Sickle Cell Awareness Month**
- **Childhood Cancer Awareness Month**
- **Blood Cancer Awareness Month**
- **World Alzheimer’s Month**
- **East and South East Asian Heritage Month**
- **Latin American Heritage Month**

**Notable Dates**

- **2nd-8th**: Know your Numbers Week (tentative)
- **5th**: International Day of Charity
- **8th**: Samvatsari International Forgiveness Day (Jainism)
- **10th**: World Suicide Prevention Day
- **11th**: Ethiopian New Year (Rastafari)
- **13th**: World Sepsis Day
- **15th**: World Afro Day
- **16th-22nd**: World Childless Week, Organ Donation Week
- **17th**: World Patient Safety Day
- **18th**: International Equal Pay Day, National Fitness Day (tentative)
- **19th**: Youth Mental Health Day
- **21st**: World Alzheimer’s Day, International Day of Peace
- **22nd**: Mabon – Autumn Equinox (Pagan)
- **23rd**: Bi-visibility Day, International Day of Sign Languages
- **23rd-27th**: International Week of Happiness at Work
- **23rd-29th**: National Eye Health Week, International Week of Deaf People (tentative), Black Maternal Mental Health Week, UK National Inclusion Week
- **29th**: World Heart Day
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**Notable Dates**

1st: International Day of Older Persons
2nd: International Day of Non-Violence
3rd-4th: Rosh Hashanah (Judaism)
7th-11th: National Work Life Week
7th-13th: Dyslexia Awareness Week (Tentative), Dyspraxia Awareness Week
8th: International Lesbian Day
9th-15th: Job Loss Awareness Week
10th: World Mental Health Day, World Sight Day
10th-16th: OCD Awareness Week
11th: World Coming Out Day
12th: Yom Kippur/Day of Atonement (Judaism)
15th: Pregnancy and Infant Loss Remembrance Day
16th: World Spine Day, International Pronoun Day
17th-23rd: Sukkot (Judaism)
20th: Birth of the Báb (Bahá’í), Osteoporosis Day
20th-26th: Asexual Awareness Week (Ace Week), Invisible Disabilities Week
21st-27th: National Adoption Week
22nd: International Stuttering/Stammering Awareness Day
24th-25th: Shemini Atzeret (Judaism)
25th: Simchat Torah (Judaism)
26th: Intersex Awareness Day
27th: World’s Biggest Coffee Morning (tentative)
28th: National Fertility Awareness Week, International Stress Awareness Week (until 3rd Nov)
31st: Samhain – end of harvest/beginning of winter (Pagan), Diwali (until 4th Nov)
**November**

- Islamophobia Awareness Month
- Movember (Men’s Health)
- Transgender Awareness Month
- UK Disability History Month

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<td>National Stress Awareness Day, Bandi Chhor Divas (Sikhism)</td>
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<td>Intersex Day of Remembrance</td>
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<td>Interfaith Week (tentative), Transgender Awareness Week (tentative)</td>
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<td>Self-Care Week (tentative), Transgender Awareness Week (tentative)</td>
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<td>Anti-Bullying Week (tentative)</td>
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<td>Birthday of Guru Nanak (Sikhism)</td>
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<td>World Chronic Obstructive Pulmonary Disease Day, International Day of Tolerance</td>
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<td>Transgender Day of Remembrance</td>
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<td>International Day for the Elimination of Violence Against Women</td>
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### December

**Universal Month for Human Rights**

**Decembeard (Bowel Cancer UK)**

**Spiritual Literacy Month**

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### Notable Dates

1st: World Aids Day  
2nd: International Day for the Abolition of Slavery  
2nd-6th: National Grief Awareness Week  
3rd: International Day of Persons with Disabilities  
8th: Pansexual Pride Day, Rohatsu / Bodhi Day (Buddhist)  
10th: Human Rights Day  
18th: International Migrants Day  
20th: International Human Solidarity Day  
21st: Yule – Winter Solstice (Pagan)  
25th: Christmas Day (Western/Christianity)  
26th: Hanukkah (Judaism, until 2nd Jan), Boxing Day