

# ARUARES, The Apricot



## Acknowledgement

Recognise past health and research injustices, the valid reasons for the mistrust.

## Reassurance

Address their concerns, share current practices, and highlight the rules, regulations and safeguards designed to protect patients.

## Utilising a mixed method approach

Use different modes of communication, e.g. local radio, 1:1, and employ different approaches, e.g. outreach (targeted approach).

## Awareness

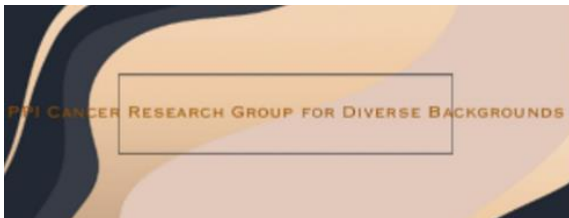
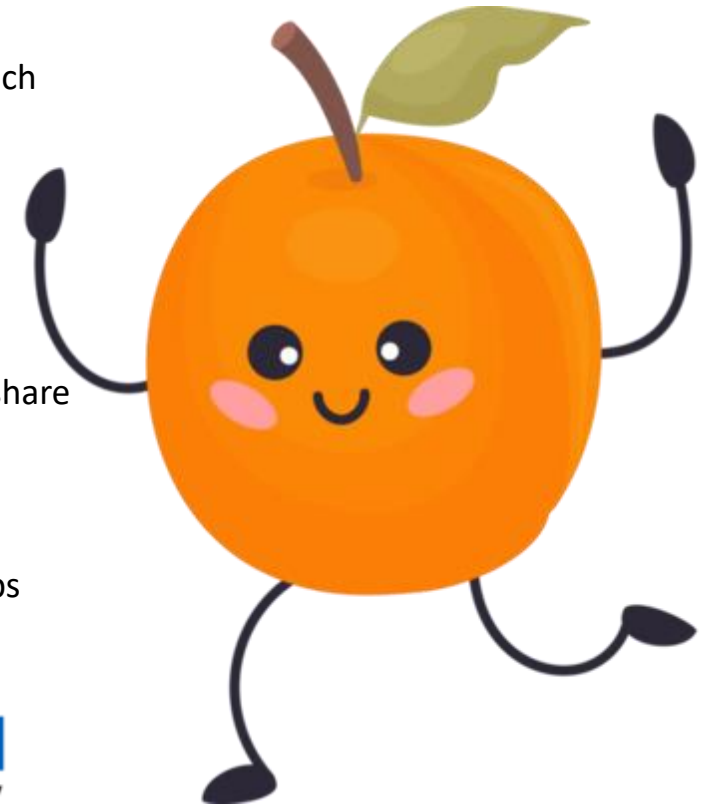
Have an awareness of the barriers (the past, language, culture, religion, etc.).

## Respect

Have & Provide Adequate planning for PPI = adequate PPI budget, remuneration for time and input, and share findings; and feedback/report on what progress is being made on the project.

## Encourage & Support

Show encouragement and support throughout the research process, particularly in the early stages – helps retention, and provide guidance throughout.



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