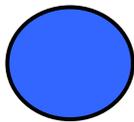


Patient level of engagement in goal setting

(as judged by team)



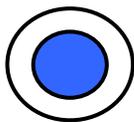
Excellent engagement

Fully independent in goal monitoring and setting their own goals



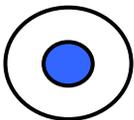
Very good engagement,

Patient takes most of responsibility for monitoring and re-setting goals



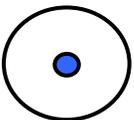
Good engagement,

But requires active support
Patient and team take 50/50 responsibility



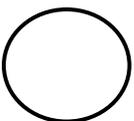
Moderate engagement,

Patient engages to some degree, but team takes most of responsibility (>50%) for monitoring and re-setting goals



Minimal engagement,

Patient indicates general goal area, but cannot engage in goal setting to any meaningful level



Unable

Cannot engage in goal setting at any level

This is a scale to record the level of engagement of a patient in their own goal setting.

It takes into account a number of factors related to goal-setting behaviour:

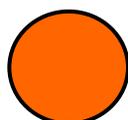
- Their **cognitive ability** to be aware of themselves, their situation and their environment
- Their **communicative ability** to articulate their priorities and frame those in specific goals
- Their **adjustment to limitations** and level of **realistic expectation** for the future.
- Their **behavioural approach to rehabilitation**, including self-monitoring, motivation and ability to organise themselves

The simple scale above does not attempt to tease these out.

If the patient is at different level with respect to these factors – eg they have the cognitive ability to understand, but cannot/ will not accept the concept of goal negotiation, **score to the lower!**

Patient satisfaction with the goal setting process

(as judged by patient / family)



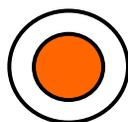
Excellent

My goals matched all my key priorities for rehab
And were entirely my own choice



Very good

My goals matched my main priorities for rehab
And I was pretty happy with my agreed goal-set



Good

My goals met most of my priorities for rehab
And I agreed with most of them



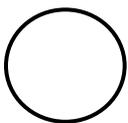
Moderate

My goals met some of my priorities for rehab
And I agreed with some of them



Poor

My goals were largely irrelevant to me
And I disagreed with most of them



None

My goals were completely irrelevant
And I did not agree with any of them
Or

What goals???

This is a scale to record the patient's satisfaction with goal setting.

It takes into account a number of factors related to goals:

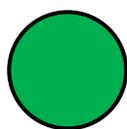
- How well the goals **matched their priorities** for rehab
- The extent to which they **agreed** with the goals
- The extent of **choice in goal areas**
- The extent to which they felt **involved with / in charge** of the goal setting process

The simple scale above does not attempt to tease these out.

If the patient is at different level with respect to these factors – eg they had a wide choice of goals but did not agree with any of them, **score to the lower!**

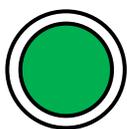
Family level of engagement in goal setting

(as judged by team) Please complete if patient is unable



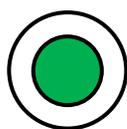
Excellent engagement

Fully able to monitor the patient's goals and set the patients goals



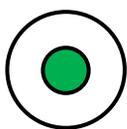
Very good engagement,

Family take most of responsibility for monitoring and re-setting goals



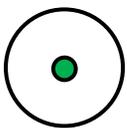
Good engagement,

But require active support
Family and team take 50/50 responsibility



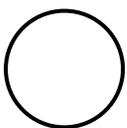
Moderate engagement,

Family engage to some degree, but team takes most of responsibility (>50%) for monitoring and re-setting goals



Minimal engagement,

Family indicate general goal area, but cannot engage in goal setting to any meaningful level



Unable

Cannot/will not engage in goal setting at any level

This is a scale to record the level of engagement of a patient's family in setting goals for the patient when the patient is unable. It takes into account a number of factors related to goal-setting behaviour:

- Their understanding of the **patient's limitations**, their **adjustment** to this, and their level of **realistic expectation** for the future.
- Their **ability to articulate** the priorities, advocating for the patient and framing those priorities in specific goals.
- Their **approach to rehabilitation**, including monitoring the goals and re-setting goals as appropriate or setting process goals (i.e. linked to care plans or discharge planning as required).

The simple scale above does not attempt to tease these out.

If the family is at different level with respect to these factors – eg they have the pockets of insight/ability to understand, but cannot/ will not accept the concept of goal negotiation, **score to the lower!**