

# Your Journey @ King's

Dream it, develop it, do it.

# Overview Starting your journey @ King's...

At King's we believe that everyone should have the opportunity to grow their career with us. We know that identifying your career ambitions in Professional Services and knowing how to achieve them can be tricky.

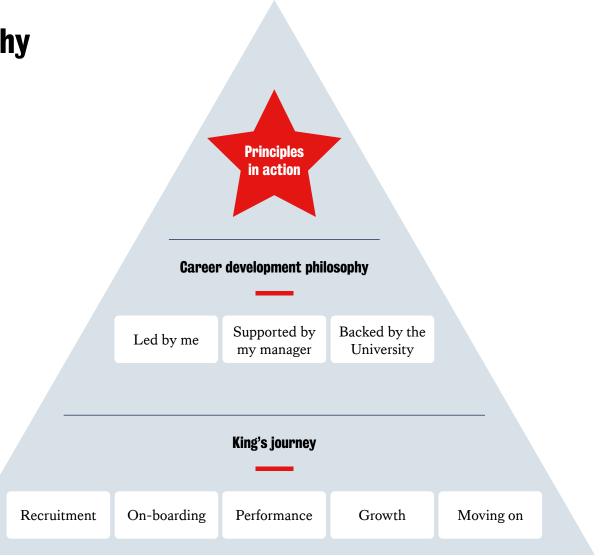
Therefore, we're committed to supporting your career goals by inspiring you to take ownership of your career with the right support from your managers.

We're also building on <u>existing programmes</u> while creating new tools such as this guide which will enable you to take full control of your career development whilst inspiring you to dream big!



# Overview Career development philosophy

Career development at King's begins with our <u>Principles in Action</u> which are brought to life through our career development philosophy.



#### Overview Career development philosophy

Our career development philosophy can be described as:

#### Led by me

I make it happen. I take the lead in developing my career by developing key skills, seeking out the right experiences and building strong relationships.

#### Supported by my manager

Guiding your progress, helping you get to where you want to be.

#### Backed by the university

Creating the right environment for people to flourish, delivering the tools wherever, whenever our people need them.

If you think about it, most people's career aspirations can be summed up as being one of the following:

#### "I want to give my best performance in my job"

- so you're happy doing your current role as well as you can.

#### "I want to develop new skills"

- you're not completely sure what you want to do, but know you want to branch out and develop further.

# "I want to explore new opportunities across the university"

- you fancy a change, a new challenge to move you away from the job you're doing now.

The good news is that whichever one of the above sounds like you, we've got a <u>range of tools</u> to help you.

#### Dream big! Your ambitions

We want you to dream big at King's and feel that you can achieve your aspirations whether that is to be brilliant at your current job or completely change track.

It is really important that you are able to discover and follow your passion in your journey at King's and love what you do.

Inspirational individuals such as J.K Rowling, Sir Ken Robinson and Martha Lane Fox all have similar things in common such as they dream big, follow their passion and love what they do.

In the following sections below, you will start to explore and identify your ambitions, who and what inspires you and what your passion is!



*"What's the point of having a plan if it's not ambitious?"* 

"Being in your element is not only about aptitude, it's about passion: it is about loving what you do."



Robinson



## Dream big! Your ambitions

So let's start by answering the questions below, and removing all potential limitations:

Where there are no limitations what are my career ambitions?

#### Who inspires me?

Why do they inspire me?

Following on from the previous section, let's continue on our journey of understanding ourselves. In particular, let's focus on what is important to you both from a career and personal perspective. Please answer the below questions below:

What are my values?

#### What is my purpose?

"If the world puts you on a road you do not like, if you look ahead and do not want that destination which is being offered and you look behind and you do not want to return to your place of departure, step off the road. Build yourself a new path"



What is my passion?

What do I love to do?

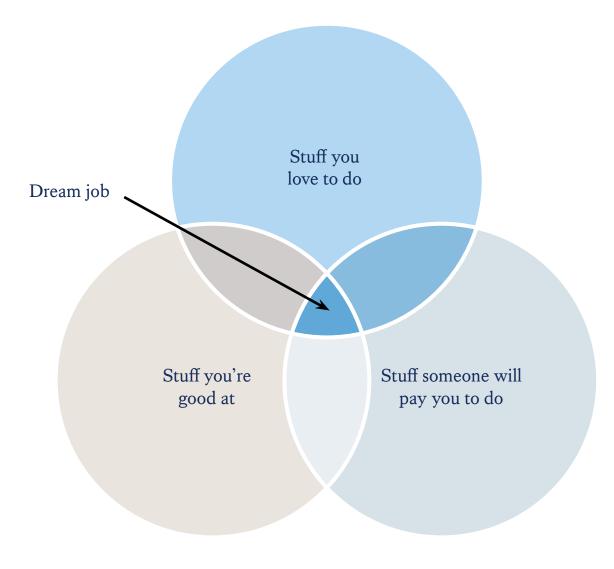
What do I not like doing?

How do I feel when in my comfort zone?

How do I feel when pushed outside of my comfort zone? What are the triggers?

Well-being: What do I need to do to support myself whilst achieving my career aspirations (e.g. eating well, exercise, meditation, family, etc)?

Based on this awareness, are you able to identify your career sweet spot based on this diagram?



# Develop it! Developing your career

We want everyone at King's to have the opportunity to develop their career and dream big. Therefore, we have created a range of practical tools and resources to help you develop your career and realise your dreams.

So why not check them out...and start exploring. For example, why not use the resources as a way to discuss your career development with your manager?

Career Development: Available Tools & Resources	"I want to give my best performance in my job"	'I want to develop new skills"	"I want to explore new opportunities across the university"
Principles in Action	✓	✓	✓
Career Development Philosophy	✓	✓	✓
Understanding my Purpose	✓	✓	✓
Understanding my Values	✓	✓	✓
Understanding my Strengths	✓	✓	✓



Career Development: Available Tools & Resources	"I want to give my best performance in my job"	'I want to develop new skills"	"I want to explore new opportunities across the university"
Coaching	✓	✓	$\checkmark$
Mentoring	✓	✓	✓
Online Learning	✓	✓	✓
TED Talks	✓	✓	✓
Professional Qualifications	✓	✓	✓
Volunteering	✓	✓	✓

"The future depends on what you do today"



Mahatma Gandhi

# Do it! Taking ownership of your career

Now is the time to believe in yourself and take ownership of your career. You can do this by using the tools we've shown you in this book.

> "You control your own life. Your own will is extremely powerful."



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