



Centre for
**Society and
Mental Health**

PARTNERING FOR CHANGE FESTIVAL

**HOW CAN COMMUNITIES
COME TOGETHER
TO PARTNER
FOR CHANGE?**

**ALL
ACTIVITIES
FREE!**

**SATURDAY 18TH -
THURSDAY 23RD
JUNE 2022**

**ACROSS LONDON
AND COUNTY
DURHAM**

bit.ly/CSMH-Festival22 @kcsamh #PartneringForChange

FESTIVAL PROGRAMME

SATURDAY 18TH JUNE, ONLINE

13:00 SATURDAY 18TH – 13:00 SUNDAY 19TH JUNE

24-Hour Virtual Games Night with Jack Drum Arts

Organised by a team of young musicians and performers from Jack Drum Arts this non-stop 24 hour gameathon will be live streamed via Twitch starting at 1pm on Saturday until 1pm on Sunday. Young people will be raising funds for local charity If U Care Share who provide a range of services including suicide prevention, intervention and supporting those bereaved by suicide.

If you are interested in tuning in to the live stream, please email info@jackdrum.co.uk with *24 Games Night* as the subject.

More information here: bit.ly/CSMHFEST22-JDG

TUESDAY 21ST JUNE, COUNTY DURHAM

10:30 – 16:30, ST CUTHBERTS CENTRE, CHURCH HILL, CROOK, COUNTY DURHAM

Silk Painting Workshop with Jack Drum Arts

Suitable for adults age 18+. Join Jack Drum's team of staff, volunteers and freelance artists for a day of silk painting helping to create a community banner inspired by the themes of the festival. This meditative artform helps to reduce stress and aids wellbeing and is a particularly effective medium as it brings people together. You can join for the day or just come for a couple of hours. There will be a free lunch provided.

If you are interested in taking part, please email info@jackdrum.co.uk with *Silk Painting* as the subject.

18:30 – 20:30, ST CUTHBERTS CENTRE, CHURCH HILL, CROOK, COUNTY DURHAM

Get Set Samba with Jack Drum Arts

Suitable for young people age 10+. The Jack Drum youth drumming band are opening their doors to welcome young people to attend a masterclass session with freelance percussionist Sam Ward-Hardy who will teach a new piece of music to participants. Numerous studies have shown that collective music-making has a positive impact on mental health supporting wellbeing, improving confidence whilst providing a safe place for young people to make new social connections. Refreshments will be provided.

If you are interested in taking part, please email info@jackdrum.co.uk with *Get Set Samba* as the subject.

Click here for details about Tuesday at Jack Drum: bit.ly/CSMHFEST22-JD1



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FESTIVAL PROGRAMME

TUESDAY 21ST JUNE, LONDON

WORKING WITH BLACK COMMUNITIES FOR BLACK COMMUNITIES

Full afternoon hosted by Black Thrive. Information here: bit.ly/CSMHFest-BTL

Black Thrive bring together individuals, local communities, statutory agencies and voluntary organisations to address structural barriers that prevent Black people from thriving. Black Thrive place the voice of the community at the center to influence policy, service design and delivery and to provide feedback about the community's experience of services.

15:30 – 17:00, BRIXTON HOUSE, BRIXTON, LONDON

Systems Change through Black-led research: A conversation with Black Thrive

This event explores the inequalities that Black people face in academia and knowledge production and how Black Thrive and the ESRC Centre for Society and Mental Health are partnering to address these issues. The event will feature presentations from the Black Thrive research team, followed by a panel discussion.

Participants will hear from Tamanda Walker (Qualitative Research Fellow at Black Thrive) about our ongoing collaborations with Mind in Haringey and Catalyst 4 Change in Birmingham centring service user voice and developing community-owned data for systems change. Jolyon Miles-Wilson (Quantitative Research Fellow at Black Thrive) will discuss the work we are developing on big data and stop & search for police accountability followed by Nathaniel Martin (Black Thrive/KCL) who will discuss how we are involving young people with lived experience of stop and search in research. Celestin Okoroji (Head of Research) will discuss the overarching ambition of Black Thrive's research work and how the organisation is seeking to disrupt research, evidence and policymaking.

Participants will have an opportunity to reflect on knowledge production practices and their implications for Black Communities. Our distinguished panel will include Jacqui Dyer (Director at Black Thrive) and Stephani Hatch (Professor of Sociology and Epidemiology at the ESRC Centre for Society and Mental Health). The panel discussion will be chaired by Lela Kogbara (Director at Black Thrive).

Register here: bit.ly/CSMHFest-BT1

17:00 - 17:30

Break

FESTIVAL PROGRAMME

TUESDAY 21ST JUNE, LONDON (CONT.)

17:30 - 19:00, BRIXTON HOUSE, BRIXTON, LONDON

Supporting Black Families through Trauma

Join Black Thrive in an open and honest conversation with parents, therapists, and organisations to discuss healing trauma in our modern Black communities.

Parenting teenagers can be tough but perhaps even more worrying for parents when accessing services is difficult, and even the police can be a threat. We are all aware navigating services such as the education system, youth justice system, health and mental health can contribute to the trauma our families face. These systemic issues faced by some parents is clear but how can we build together as a community to call for effective change? How will we hold organisations accountable? What support is already available? What should services offer our parents and families? Come and find out about local people and organisations working hard to change outcomes and challenge the system. Let's work together to envision what the future of thriving family support needs to look like.

A discussion including: Ira Campbell, a Parent and Co-CEO of [Marcus Lipton Community Centre](#) which forms part of the [Ecosystem Coldharbour](#); Karen Dhlamini, a Parent and therapist working with [Black Thrive](#); Zena Kada, a Parent and Mental Health Nurse really pushing for positive change for parents and their families; Jay Perkins, Founder of [Partisan](#) an organisation collaborating with community organisations like [Juvenis](#) to offer therapeutic support to families and young people; and Livia Whyte, Head of Special Projects and Legacy, [Black Thrive](#); alongside parents, community members and local organisations, and you. **Your voice** is important.

WEDNESDAY 22ND JUNE, COUNTY DURHAM

11:00 - 14:00, ST CUTHBERTS CENTRE, CROOK, COUNTY DURHAM

Happiness Hub with Jack Drum Arts

Suitable for adults age 18+. Join the [Jack Drum](#) Happiness Hub workshop for a fun arts and crafts workshop delivered by local artist Anna Harding and create a beautiful memory box to store precious memories of family, friends or home. Stay for a shared lunch and meet some of our regular members.

If you are interested in taking part, please email info@jackdrum.co.uk with *Happiness Hub* as the subject.

Click here for details about Wednesday at Jack Drum: bit.ly/CSMHFEST22-JD2



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FESTIVAL PROGRAMME

WEDNESDAY 22ND JUNE, COUNTY DURHAM (CONT.)

18:30 - 20:30, ST CUTHBERTS CENTRE, CROOK, COUNTY DURHAM

Games Night with Jack Drum Arts

Suitable for young people age 11+. Young people from the Jack Drum Cree Connections youth mental health group will be working with a games designer to create their own novel board games inspired by themes of community, the environment and role play. This regular group is part of the County Durham Cree network supporting health and wellbeing through provision of a regular social group.

If you are interested in taking part, please email info@jackdrum.co.uk with *Games Night* as the subject.

Click here for details about Wednesday at Jack Drum: bit.ly/CSMHFEST22-JD2

WEDNESDAY 22ND JUNE, LONDON

18:30 - 20:30, THE BROCKWELL ROOM, CONWAY HALL, LONDON

Celebrating Thrive LDNs Right to Thrive Projects hosted by Thrive LDN

Right to Thrive is Thrive LDN's ongoing commitment to celebrate and protect diversity in London, especially for those at higher risk of unfair treatment based on their identity, beliefs, or social class, and in some cases a combination of these. In celebration of the Right to Thrive programme and as part of the Kings College London, ESRC Centre for Society and Mental Health 2022 Partnering for Change festival; we are inviting Thrive LDN's Right to Thrive projects for an evening of celebration on Wednesday 22 June 2022.

This event plans to showcase some of the Right to Thrive projects by hearing from a range of speakers as well as a Q&A roundtable with interactive icebreakers and networking opportunities throughout. We will also be bringing together partners across London who have contributed to the development of the programme to celebrate Right to Thrive.

Register here: bit.ly/CSMHFEST-TLDN

FESTIVAL PROGRAMME

THURSDAY 23RD JUNE, SCIENCE GALLERY LONDON

Register for the full day here: bit.ly/CSMHFest-SG

*denotes sessions with limited spaces, express your interest to join during registration

10:00 – 12:30, THEATRE and ATRIUM

Stalls, networking, crafts

Art space – create art pieces, poetry and pie-in-the-sky partnerships, or hang your dirty laundry! You can also leave messages for survivors via our [Loudfence](#) artwork.

Talks over tea – join Centre staff and session speakers for intimate discussion on partnerships, from tips and best practice to pitfalls and what to avoid.

Speaker stalls – explore research and projects led by speaker organisations.

Have your say – participate in polls, surveys and interviews through digital engagement activities. You can also join the Twitter discussion, led by [The Mental Elf](#).

10:00 - 11:00, GALLERY 2*

Panel – The importance of ‘giving back’ in research with the [McPin Foundation](#)

Too often, research is extractive. This means that it takes from the people and organisations it is researching without giving much back. This dynamic can make it difficult for everyone involved. Those running research projects can improve engagement in their projects by offering something in return and by making themselves part of the surrounding context. This panel discussion will talk about this principle, using examples such as the [REACH research project](#), among others. REACH involved research across 12 schools in South London. It is a good example of non-extractive research, where the research team embedded themselves in schools by supporting staff and providing opportunities for young people.

11:30 - 13:00 , GALLERY 2*

Panel and Workshop - Faith and mental health: a light at the end of the tunnel?

What role does faith have in coping with hardships? What is the relationship between faith, Black mental health and help-seeking? In what ways can churches and mental health services improve support for Black mental health, and what partnerships can be formed? The team behind this [important PhD project](#) will share their experience of co-producing research and will invite participants to engage in critical discussions, inspiring key messages for those with power to facilitate change.

With Sanchika Campbell, Denise Richards, Rev Gail Thompson, Winston Webber, Anna-Theresa Jieman, Nathan Stanley, Dr Chanelle Myrie, Dr Charlotte Woodhead and Prof Stephani Hatch



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FESTIVAL PROGRAMME

THURSDAY 23RD JUNE, SCIENCE GALLERY LONDON

*denotes sessions with limited spaces, express your interest to join during registration

12:30 - 13:30 - ATRIUM

Lunch

13:30 - 15:00, GALLERY 2*

Closed Arts Workshop - You are Safe, Seen, Supported

Survivor artist-researchers from SURE, VAMHN, Traumascapes and Survivors Voices are partnering to run a participatory arts workshop with abuse survivors. Our survivor-led research on reaching and helping children and young people experiencing abuse in their households, highlighted the need for messages of hope for young people trapped in abusive situations. We know that hope is a key factor in suicide prevention. Celebrating the power of collective survivor action and research partnership, we will create messages of hope for all survivors, using a range of creative approaches, to be shared at the symposium and widely through social media.

No previous artistic experience required.

13:30 - 15:00, THEATRE

Panel Discussion and workshop - Employment support as a race equity and health inequalities issue for Black people with mental ill-health with Black Thrive

If you are Black and living in Lambeth, you are more likely to be physically and/or mentally unwell; you are also more likely to be unemployed or in poor quality, low paid, precarious work. There are demonstrated negative cyclical relationships between poor health and poor employment. Contrary to some beliefs, people with long-term health conditions do want to, and can work. There is an argument for employment, and good quality employment support (such as Individual Placement and Support – IPS), being positioned and prioritised as a human right, as well as a social responsibility.

This event aims to explore the extent to which employment support in mental health teams is a race equity and health inequalities issue. It will consist of a panel discussion, audience engagement and a Q&A.

15:00 - 15:15

Break

FESTIVAL PROGRAMME

THURSDAY 23RD JUNE, SCIENCE GALLERY LONDON

15:15 - 16:15, THEATRE

Symposium and poetry slam - Re-imagining trauma narratives

SURE, VAMHN, Traumascapes and Survivors Voices host a disruptive dialogue! We bring together survivor researchers, artists and activists to question, challenge and reimagine the sociocultural narrative of trauma, and to celebrate the power of partnership working. Our panellists will reimagine responses to trauma through art, spoken word and performance then invite audience questions and participation.

You can submit poetry and art before the event and we'll invite questions and comments on the day. We close the session with a lively survivor poetry slam, celebrating the transformation of trauma into the power to heal and change.

Send your poems or questions to: connect@survivorsvoices.org

16:15 - 16:30, ATRIUM

Break

16:30 - 17:30, THEATRE

Panel Discussion – How can communities come together to partner for change?

Join our final activity to hear a panel of representatives from a range of community partnerships will reflect on their experiences, as well as discussion from the Festival, and capture learning to take forward in future collaboration. The session will include audience interaction via polls, as well as a Q&A.

THURSDAY 23RD JUNE, CONWAY HALL, LONDON

18:30 - 20:30, BROCKWAY ROOM AND LIBRARY

Panel and workshop - AI predicting mental health: possible futures

This free event will involve readings of short stories which depict potential ways that artificial intelligence (AI) could be used in the next 10-20 years to predict children's risk of developing mental health problems. An expert panel will discuss the issues that these imagined futures raise for individuals, families, clinicians, and society.

Join us for light refreshments from 6.30pm in the Brockway Room and then for the main event from 7pm in the Library at Conway Hall.

Register here: bit.ly/CSMHFest-AI

FESTIVAL PROGRAMME

THANK YOU TO ALL OUR PARTNERS



The
Mental
Elf

