

Centre for **Society** and **Mental Health**

PARTNERING FOR Change festival

HOW CAN COMMUNITIES COME TOGETHER TO PARTNER FOR CHANGE?

ALL ACTIVITIES FREE!

THURSDAY 23RD JUNE 2022 SCIENCE GALLERY LONDON

bit.ly/CSMHFest-SG @kcsamh #PartneringForChange

THURSDAY 23RD JUNE, SCIENCE GALLERY LONDON

Register for the full day here: bit.ly/CSMHFest-SG

*denotes sessions with limited spaces, express your interest to join during registration

10:00 – 12:30, THEATRE and ATRIUM

Stalls, networking, crafts

Art space – create art pieces, poetry and pie-in-the-sky partnerships, or hang your dirty laundry! You can also leave messages for survivors via our <u>Loudfence</u> artwork.

Talks over tea – join Centre staff and session speakers for intimate discussion on partnerships, from tips and best practice to pitfalls and what to avoid.

Speaker stalls - explore research and projects led by speaker organisations.

Have your say – participate in polls, surveys and interviews through digital engagement activities. You can also join the Twitter discussion, led by <u>The Mental Elf</u>.

10:00 - 11:00, GALLERY 2*

Panel – The importance of 'giving back' in research with the <u>McPin Foundation</u>

Too often, research is extractive. This means that it takes from the people and organisations it is researching without giving much back. This dynamic can make it difficult for everyone involved. Those running research projects can improve engagement in their projects by offering something in return and by making themselves part of the surrounding context. This panel discussion will talk about this principle, using examples such as the <u>REACH research project</u>, among others. REACH involved research across 12 schools in South London. It is a good example of non-extractive research, where the research team embedded themselves in schools by supporting staff and providing opportunities for young people.

11:30 - 13:00 , GALLERY 2*

Panel and Workshop - Faith and mental health: a light at the end of the tunnel?

What role does faith have in coping with hardships? What is the relationship between faith, Black mental health and help-seeking? In what ways can churches and mental health services improve support for Black mental health, and what partnerships can be formed? The team behind this <u>important PhD project</u> will share their experience of co-producing research and will invite participants to engage in critical discussions, inspiring key messages for those with power to facilitate change.

With Sanchika Campbell, Denise Richards, Rev Gail Thompson, Winston Webber, Anna-Theresa Jieman, Nathan Stanley, Dr Chanelle Myrie, Dr Charlotte Woodhead and Prof Stephani Hatch



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12:30 - 13:30 - ATRIUM

Lunch

13:30 - 15:00, GALLERY 2*

Closed Arts Workshop - You are Safe, Seen, Supported

Survivor artist-researchers from <u>SURE</u>, <u>VAMHN</u>, <u>Traumascapes</u> and <u>Survivors Voices</u> are partnering to run a participatory arts workshop with abuse survivors. Our survivorled research on reaching and helping children and young people experiencing abuse in their households, highlighted the need for messages of hope for young people trapped in abusive situations. We know that hope is a key factor in suicide prevention. Celebrating the power of collective survivors, using a range of creative approaches, to be shared at the symposium and widely through social media.

No previous artistic experience required.

13:30 - 15:00, THEATRE

Panel Discussion and workshop - Employment support as a race equity and health inequalities issue for Black people with mental ill-health with <u>Black Thrive</u>

If you are Black and living in Lambeth, you are more likely to be physically and/or mentally unwell; you are also more likely to be unemployed or in poor quality, low paid, precarious work. There are demonstrated negative cyclical relationships between poor health and poor employment. Contrary to some beliefs, people with long-term health conditions do want to, and can work. There is an argument for employment, and good quality employment support (such as Individual Placement and Support – IPS), being positioned and prioritised as a human right, as well as a social responsibility.

This event aims to explore the extent to which employment support in mental health teams is a race equity and health inequalities issue. It will consist of a panel discussion, audience engagement and a Q&A.

15:00 - 15:15 Break



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15:15 - 16:15, THEATRE

Symposium and poetry slam - Re-imagining trauma narratives

<u>SURE</u>, <u>VAMHN</u>, <u>Traumascapes</u> and <u>Survivors Voices</u> host a disruptive dialogue! We bring together survivor researchers, artists and activists to question, challenge and reimagine the sociocultural narrative of trauma, and to celebrate the power of partnership working. Our panellists will reimagine responses to trauma through art, spoken word and performance then invite audience questions and participation.

You can submit poetry and art before the event and we'll invite questions and comments on the day. We close the session with a lively survivor poetry slam, celebrating the transformation of trauma into the power to heal and change.

Send your poems or questions to: <u>connect@survivorsvoices.org</u>

16:15 - 16:30, ATRIUM Break

16:30 - 17:30, THEATRE

Panel Discussion – How can communities come together to partner for change? Join our final activity to hear a panel of representatives from a range of community partnerships will reflect on their experiences, as well as discussion from the Festival, and capture learning to take forward in future collaboration. The session will include audience interaction via polls, as well as a Q&A.

THURSDAY 23RD JUNE, CONWAY HALL, LONDON

18:30 - 20:30, BROCKWAY ROOM AND LIBRARY

Panel and workshop - AI predicting mental health: possible futures

This free event will involve readings of short stories which depict potential ways that artificial intelligence (AI) could be used in the next 10-20 years to predict children's risk of developing mental health problems. An expert panel will discuss the issues that these imagined futures raise for individuals, families, clinicians, and society. Join us for light refreshments from 6.30pm in the Brockway Room and then for the main event from 7pm in the Library at Conway Hall.

Register here: <u>bit.ly/CSMHFest-AI</u>



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THANK YOU TO ALL OUR PARTNERS





















The Mental Elf

