



# Elizabeth Kuipers

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I've worked in psychosis for many years. Early on there were few therapies available and lots of pessimism about outcomes and I felt I might make a difference. With colleagues, I developed and evaluated work with patients' families and individual cognitive behavioural therapy: both now NICE recommended interventions. In 2013 I received lifetime achievement awards from Women in Science and Engineering and the British Psychological Society. I've learnt that persistence is key, and that the purpose of research is to find out you are wrong.