



# Sarah Byford

*Professor of Health Economics*

DEPARTMENT OF

HEALTH SERVICE & POPULATION RESEARCH

My main interests are in the evaluation of mental health and social care services for children and adolescents: to try and make a meaningful difference to populations who are struggling. My work with the National Institute for Health and Care Excellence and the Social Care Institute for Excellence has given me the clearest sense of making a real difference to research and public policy. Since having children I have more defined work hours and home time, but it's a constant battle to get that balance right.