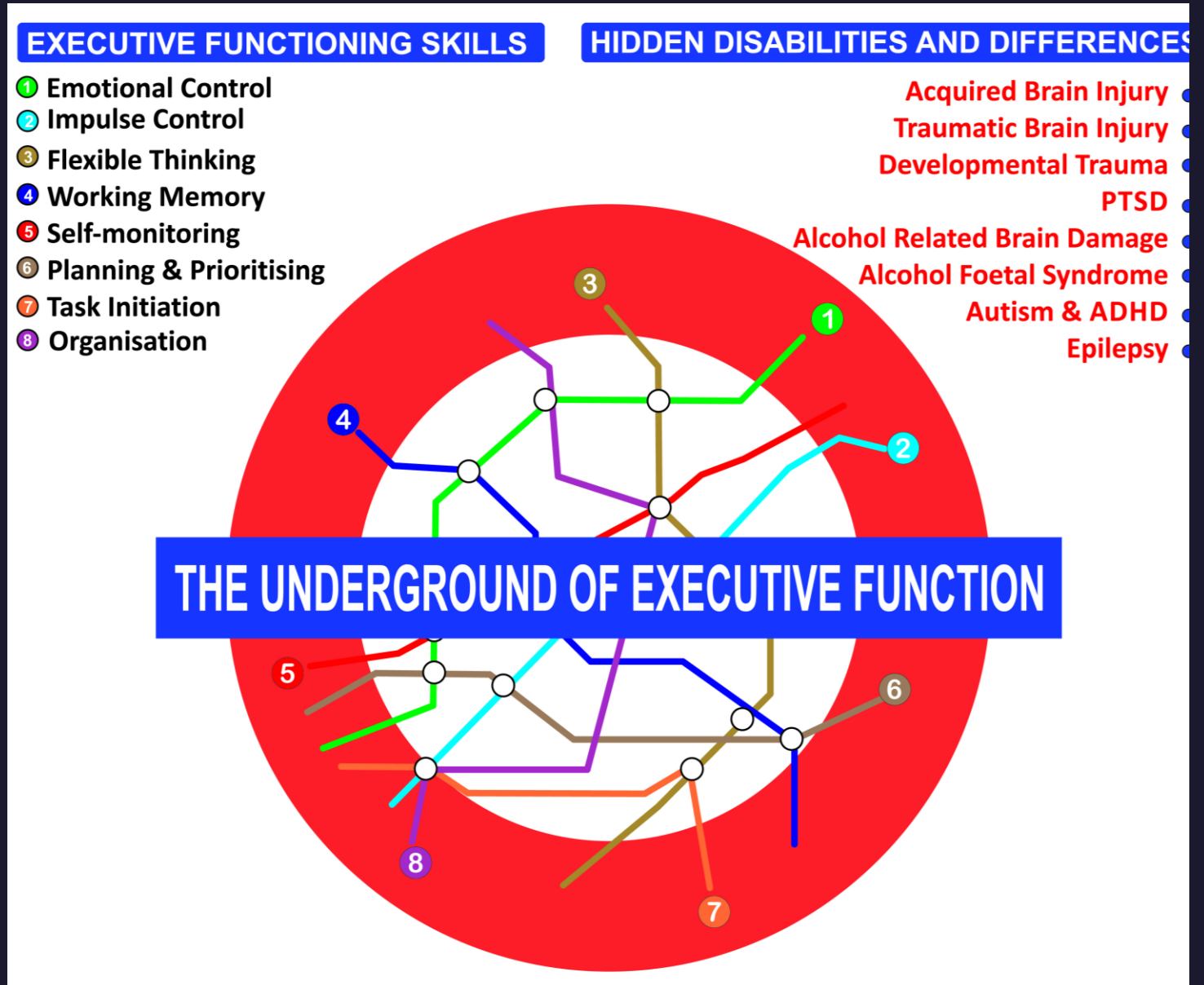


The Capacity to Act?.....

Opening doors for people with hidden disabilities and differences.

What does research and expert practice tell us about the importance of executive functioning assessments?

By Ellie Atkins: Registered social worker



A black and white photograph showing two hands reaching towards each other against a cloudy sky. The hands are positioned as if they are about to grasp each other, symbolizing connection. The background is a dramatic sky with scattered clouds. The word "CONNECTION" is overlaid in red text on the left side of the image.

CONNECTION

HUMANITY

Key messages

Why did the Governments 'Everybody in initiative' **NOT** end rough sleeping in its entirety in Manchester, during the pandemic.

Expert by practice idea, backed by evidence from research.

Executive dysfunction and why it's critical you know about it!

What can we do about it ?



Why did the 'Everybody in' initiative **NOT** end rough sleeping, in its entirety during this time?

Expert practice and research suggests why.

- **85 %** of the people sleeping rough in the UK have experience of BIG traumas.
- **95%** of the people on the streets sleeping rough experience more BIG traumas.



This is Beryl...What are the first three things you think about Beryl?



Photo in the public domain, used
as a fictitious representation.

MAKING SENSE OF THE WHY?

**What
explanations
can you think of,
why Beryl would
live like this?**



This is an executive function wheel

What is executive function?

Controlled by the frontal lobe of our brain.

Cognitive processes for the control of our behaviors.

Skills that help humans get things done.

OUR CAPACITY / ABILITY TO ACT.



Hidden disabilities & differences



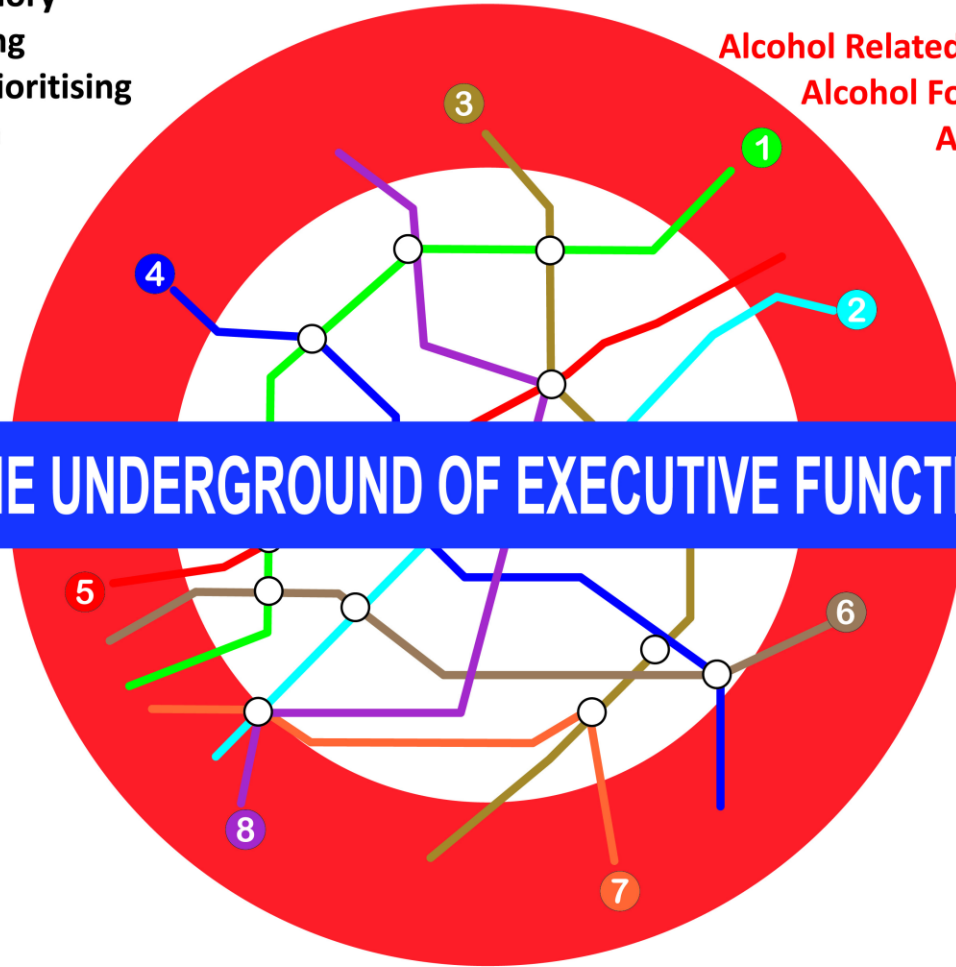
EXECUTIVE FUNCTIONING SKILLS

- ① Emotional Control
- ② Impulse Control
- ③ Flexible Thinking
- ④ Working Memory
- ⑤ Self-monitoring
- ⑥ Planning & Prioritising
- ⑦ Task Initiation
- ⑧ Organisation

HIDDEN DISABILITIES AND DIFFERENCES

- Acquired Brain Injury ●
- Traumatic Brain Injury ●
- Developmental Trauma ●
- PTSD ●
- Alcohol Related Brain Damage ●
- Alcohol Foetal Syndrome ●
- Autism & ADHD ●
- Epilepsy ●

THE UNDERGROUND OF EXECUTIVE FUNCTION



Research Internship between Adult Social Care and NHS R&D

What does research tell us about the importance of executive functioning in our assessments?



**EXPLORE HOW TO
LEAD A CULTURE OF
RESEARCH AND
INNOVATION**

Are you a service or ward manager?

*Would you like to increase your team's engagement and
interest in research?*

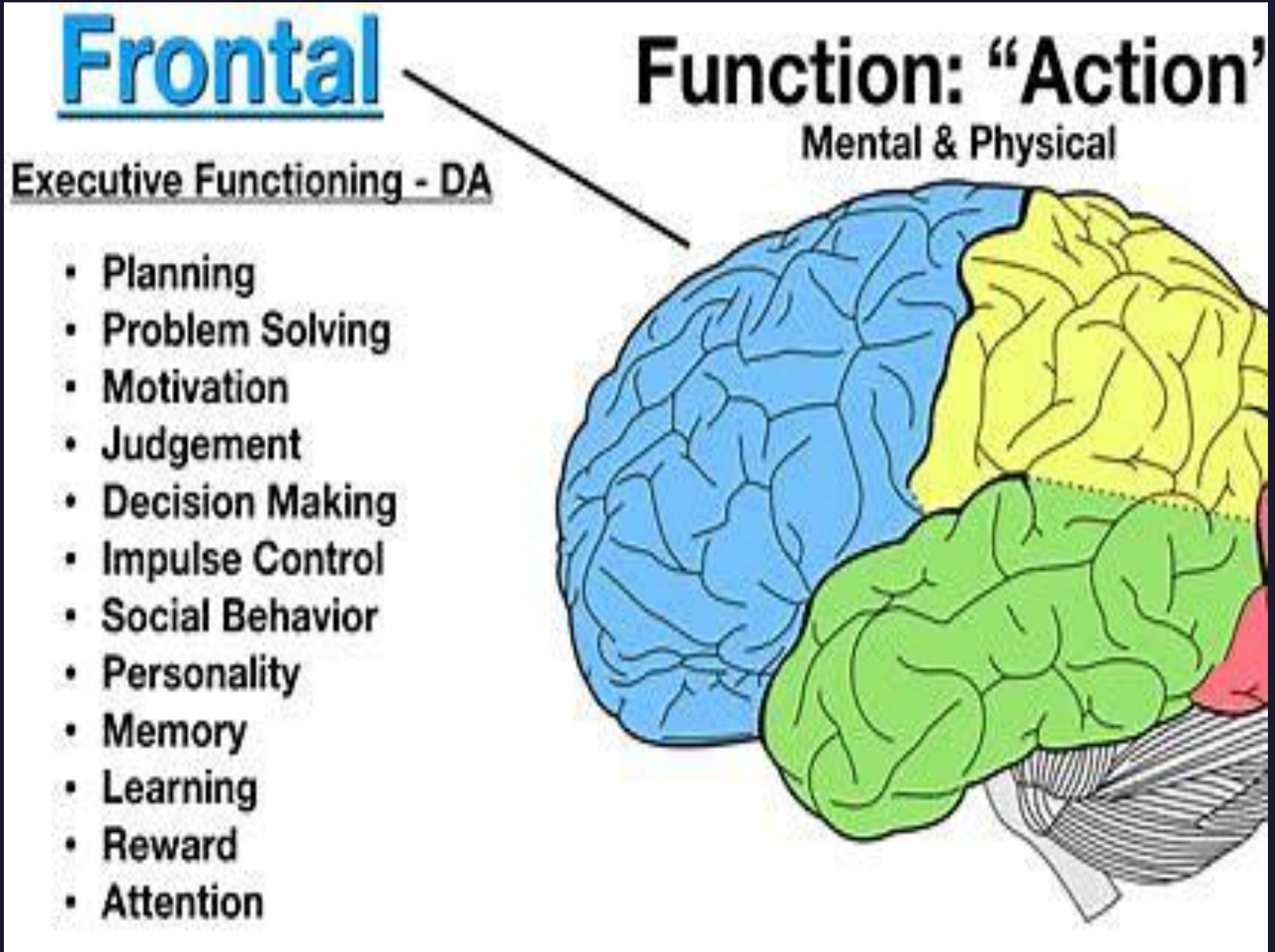
Would you like to change the culture in your team?

Post Traumatic Stress Disorder.

Attention Deficit Hyperactivity Disorder.

Alcohol related brain damage.

Brain injury.



The Capacity to Act?...

5 Principles of the Mental Capacity Act (MCA) 2005

- Assume Capacity
- Help people have capacity in all practical ways before deciding they don't have capacity
- People are entitled to make unwise decisions
- Decisions for people without capacity should be in their Best Interests
- Decisions for people without capacity should be the least restrictive possible



So... Why did the everybody in initiative **NOT** end rough sleeping in its entirety in Manchester.....?



It's this
simple!



If you're a registered social worker,
working directly with people sleeping rough
contact me:

Email: ellie.atkins@manchester.gov.uk

Twitter: @Ellieinternship

To join a national network of supportive
peers that want to lead the way on a
different response with people sleeping
rough.

Please share this message:

www.youtube.com/watch?v=yoy1aDqMmbk

