

Life Story Work with People with Learning Disabilities

Author reference (open access)

Ledger, S.; McCormack, N.; Walmsley, J. ; Tilley, E. ; Davies, I. (2021) “Everyone has a story to tell”: A review of life stories in learning disability research and practice’, *British journal of learning disabilities* [Preprint]. doi:10.1111/bld.12388.

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Life Story Work Resources

(Copies provided)

Davies, I., Tilley, E. and Moriguchi, H. (2022) *The Life Story of Ian Davies*. Kyoto Seika University.

Ian Davies and colleagues share their examples of life story manga.

Down’s Syndrome Scotland (2019) *A Guide to Life Story Work*

This booklet produced by University of Stirling is a useful resource for anyone getting started with Life Story Work. It introduces various ways of presenting life stories and provides a clear and accessible framework that could be adapted in many ways for use with people with learning disabilities, families, advocates and paid supporters.

Further reading

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Tilley, E., Moriguchi, H., Davies, I., Ellis, L., Ryan, S., Sunman, J., Walmsley, J., Fujino, M., Kasahara, C., Omori, A., Omori, S., & Tanaka, H. (2020) Building a UK/Japan network on learning disability and belonging. E- report: <http://www.open.ac.uk/health-and-social-care/research/shld/sites/www.open.ac.uk.health-and-social-care.research.shld/files/files/UK%20Japan%20report%20on%20learning%20disability%20and%20belonging.pdf> (last accessed 07.05.21)

Towers, C. (2017). *Thinking ahead: A planning guide for families*. <https://www.togethermatters.org.uk/thinking-ahead-planning-guide-pdf/> Accessed 4 December 2020

Westerhof, G., Beernink, J., & Sools, A. (2016). Who am I? A Life story intervention for persons with intellectual disability and psychiatric problems. *Intellectual and Developmental Disabilities*, 54(3), 173–186.

Young, H., & Garrard, B. (2015). Bereavement and loss: developing a memory box to support a young woman with profound learning disabilities. *British Journal of Learning Disabilities*, 44(1), 78–84. <https://doi.org/10.1111/bld.12129>

Watchman, K. & Mattheys, K. (2019) *My Life My Future: evaluation of Down's Syndrome Scotland life story project*, Stirling, University of Stirling, Scotland.