

**NIHR****Policy Research Unit
in Health and Social
Care Workforce**University of
Bedfordshire**KING'S
College
LONDON**

MRC Adult Social Care Webinar Program: 2022 -2023

Adult Social Care Journal-Based CPD Group

For the past five years, Making Research Count has run a group for those who practice, manage and commission in adult social care. The group has explored new innovations in the adult social care field, the Covid-19 pandemic and has looked at the application and embedding of strengths-based approaches.

The group is facilitated by Professor Jill Manthorpe, NIHR Health and Social Care Workforce Research Unit, King's College London. Each month, it looks at two current research and policy-based papers or reports with a view to exploring their implications for practice. The papers are circulated a week before each meeting, and the expectation is that participants will have read them before attending.

The times and dates for the next sessions are 11 am – 12 pm on:

28 October 2022

25 November 2022

27 January 2023

24 February 2023

31 March 2023

To book places please email mrc@kcl.ac.uk

Managing and Leading Your Team in a Period of Hybrid Working: A Webinar Course for Managers in Adults' and Children's Services

The last 2½ years have seen working practice in social work change significantly. At the height of the pandemic, most of the workforce was working largely remotely. This placed particular demands on managers attempting to lead teams, ensure high quality services for those who use them alongside the wellbeing of staff. It is clear that we will not be "going back to normal". While staff are carrying out more face-to-face meetings, and visiting their offices less, we are seeing new models of hybrid working emerge. This webinar will explore the implications for management and supervision. It will look at the growing body of research on remote working and think about its implications for social work across the different aspect of supervision. Each session is a standalone seminar but, together, they constitute a course that will seek to cover many aspects of learning and managing teams.

- 1. What is Good Practice in Supervision When it is Being Carried Out in a Hybrid Environment? Tuesday 8 November 2022, 3.00 - 4.30pm**
- 2. Developing Supervisees' Capacity for Reflection, Analytical Thinking and Decision-Making Skills Friday 25 November 2022, 12.00 - 1.30pm**
- 3. Managing and Promoting Good Practice: A Strength-Based Approach to Managing Performance Tuesday 13 December 2022, 12.30 - 2.00pm**
- 4. Building Staff Wellbeing and Professional Resilience**

Thursday 12 January 2023, 1.30 - 3.00pm

- 5. Promoting Use of Self, Relationship-Based Practice and the Ethical Use of Authority in the Supervisory Relationship**

Thursday 2 February 2023, 1.30 - 3.00pm

To book places please email mrc@kcl.ac.uk

Adult Safeguarding and Homelessness Webinar Series

This series of webinars will be of interest to all those working with individuals experiencing multiple exclusion homelessness and will highlight evidence informed practice in adult safeguarding. Each webinar will be presented by the editors and chapter authors of a (2022) book* on the same theme.

- 1. Learning About Best Practice from People with Lived Experience of Homelessness Tuesday 29 November 2022, 10.00 - 11.30am**
- 2. Working with People Experiencing Homelessness Tuesday 17 January 2023, 2.00 - 4.00pm**
- 3. Commissioning, Governance, and Organisational Support for Practitioners Working with People Experiencing Homelessness Tuesday 21 February 2023, 2.00 - 4.00pm**

To book places please email mrc@beds.ac.uk

Critical Thinking and Analysis in Social Care

Date: 16/11/22 ,11am -12.30pm

In social work with adults the importance of the capacity for practitioners to exercise critical analysis and reflection is widely recognised. It impacts on abilities to manage complex casework and therefore improve the quality of their assessments and decision making. If this is true generally in our field of practice, it is particularly so in this current period. Department of Health and Social Care (DHSC) guidance recognises that social workers are working in circumstances where established practice and processes have to be adapted, especially when face to face contact with service users is limited. This webinar draws on the theoretical and research-based knowledge and tools associated with critical reflection and attempts to apply these ideas to the current context of practice.

Practitioners will be able to reflect on:

- The ongoing implications of the pandemic for social work practice and the delivery of care and support to adults and their carers;
- Recognise the role that reflective and critical thinking plays in producing high quality assessments and purposeful support and safeguarding plans;
- Understand the systemic processes that promote or impede reflection in practice;
- Explore a range of conceptual models that underpin reflective practice;
- Discuss the relationship between critical reflection, emotional intelligence and relationship building;
- Consider the links between reflective analytical thinking and anti-oppressive practice;
- Share helpful research-based resources for practice.

To book places please email mrc@kcl.ac.uk

Ethnicity and Dementia

Date: 5/11/2022, 10 am – 11.30 am

Dementia affects individuals, their families, and communities in different ways. There is longstanding concern that many people from black and ethnic minority communities access dementia support in different ways, and that stereotypes about the extent of family support within different communities accentuates existing health and social care inequalities.

This webinar draws together what we know about dementia and ethnicity and highlights examples of ways in which better support could be provided.

To book places please email mrc@kcl.ac.uk

Effectively Responding to Domestic Violence and Abuse for Practitioners in Adult Social Care

Date: 28/11/22, 1.30pm - 3pm

There is already emerging evidence, internationally and domestically, that the Coronavirus crisis led to an increase in domestic abuse. In this webinar we will cover:

- The implications for supporting women and other victims of domestic abuse;
- Recognising and addressing concerns about the welfare of children in such a context;
- Engaging and working with perpetrators in such a context;
- The importance and reality of multi-agency work in such circumstances;

- Messages from research and practice informed knowledge about domestic abuse, and how these can be applied to current practice.

To book places please email mrc@kcl.ac.uk

Health and Wellbeing of Older Women Living Alone

6/12/22, 10am —11.30pm

Details to follow

To book places please email mrc@kcl.ac.uk

Understanding the Evolving Needs of the Workforce in a Period of Uncertainty and Challenge: A Webinar for Those in Workforce and Staff Development

Date: 13/12/ 2022, 10.00am - 12.00pm

The webinar will focus on:

- The ongoing challenges arising from the current context for adult and children's social care for services and day to day practice;
- Emerging research that is being carried out during the crisis and its messages for practice;
- The meaning of evidence informed practice in this environment, including the way research is utilised in practice development;
- The role of supervision in promoting critical reflection in the context of increased remote working;
- The meaning of professional and organisational resilience during the current crisis;
- The relationship between strengths-based approaches to practice and staff development;
- Meeting the needs of a diverse workforce.

To book places please email mrc@kcl.ac.uk

Why People Die By Suicide and What We Can Do To Prevent It

18/1/2023, 11am - 12.30pm

Details to follow

To book places please email mrc@beds.ac.uk

Spirituality and Adult Social Care in the Context of Care Homes

Date: 24/1/23, 10am - 11.30pm

Details to follow

To book places please email mrc@kcl.ac.uk

What Do We Mean By Poverty Aware Social Work?

Date: 9/2/23, 1.30 pm - 3pm

The UK is currently experiencing a severe economic and potentially social crisis. The cost of living crisis is putting a severe strain on individual families and communities. It comes in the wake of the pandemic and a decade of austerity that has seen growing poverty inequality and hardship. Social justice has been an important dimension to the social work profession's development. The current crisis has brought discussions about how social workers respond to poverty at a child and family as well as community level. As such there has been growing interest in the idea and practice of poverty aware social work. This seminar will explore the literature and research in this area and consider its relevance to contemporary practice.

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Strengths Based Approaches to Adult Social Care in 2023

Date: 13/2/23, 1.30pm - 3.00pm

Social Care In recent years there has been an increased interest in the implementing a strengths-based approach in adult social care. Partly driven by the imperatives of the Care Act, and partly by the wider aspirations of delivering a more personalised adult social care service, a wide range of different approaches and methods have been applied.

This webinar will explore:

- The policy context of strengths-based approaches, including the current context of a post Covid 19 world;
- The range of theoretical approaches that are utilised under the strengths-based approaches;
- The implications these have for day to day practice across the range of different roles and services within adult social care;
- Messages from research regarding the evaluations of embedding strength based approaches;
- Promoting the wellbeing of the adult social care workforce: how helpful is the idea of professional resilience?

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Cultural Approaches to Death and Dying

Date: 21/2/2023, 10 am – 11.30am

This webinar will consider how some of the major world religions approach death and dying and what it means for those who do not have a particular faith. It will offer opportunities to share ideas about how practitioners can best support individuals and their families. It will also consider how practitioners can cope with the distress that can arise from working with people who are dying.

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Loneliness and Social Care

2023: Date TBC

One million people aged 65 and over in the UK report they are often or always lonely, and this has been exacerbated by the pandemic. However, loneliness and social isolation are conditions that are difficult to identify, complex to address and hard to resolve. Indeed, loneliness and isolation are an issue that affects not only older people but many others who are using social care services. It is also an issue that raises wider public health concerns. The evidence base for interventions to address the problems of loneliness and social isolation is emerging and, while inconclusive at this stage, can offer some important insights in how we can address them.

This webinar will look at the implications for those working in adult social care, and focus on:

- The impact of loneliness and social isolation on health and wellbeing across the life course;
- What works to help address loneliness and social isolation;
- The challenges faced by practitioners and those delivering interventions;
- How these challenges might be overcome.

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