***Maudsley 3-item Visual Analogue Scale***

***M3VAS-Current***

In the following questions you will be asked to describe the way you have been feeling for the past 2 weeks. Please read the instructions carefully before answering and ask a researcher if you have any questions.

1. **Quality of your mood:**   
   Place a vertical mark on the line to indicate how your mood has been over the past 2 weeks.

Not at all Extremely  
 depressed depressed  
 [0] [100]

1. **Experience of pleasure:** Place a vertical mark on the line to indicate your ability to enjoy life activities (e.g. work, family and friends, hobbies, television, books or magazines, meals etc.) over the past 2 weeks.

Fully able to Completely unable to  
 enjoy any activities enjoy all activities  
 [0] [100]

1. **Experience of suicidal thoughts and feelings:**

Place a vertical mark on the line to indicate how severely/frequently you have experienced thoughts or feelings about suicide over the past 2 weeks.

Not at all suicidal Extremely suicidal  
 [0] [100]

***M3VAS-Change***

In the following questions you will be asked to describe to what extent, if at all, there have been changes in the way you have been feeling since you began with this study (*or* since you started your most recent treatment).   
If, for example, you feel that there have been no changes on a question then you would place the mark near the middle of the line. Please read these instructions carefully before answering and ask a researcher if you have any questions.

1. **Quality of your mood:**

Place a vertical mark on the line to indicate any changes in your mood.

Very much Very much  
 worse better  
 [-50] [+50]

1. **Experience of pleasure:**

Place a vertical mark on the line to indicate any changes in your ability to enjoy life activities (e.g. work, family and friends, hobbies, television, books or magazines, meals etc.).

Much less able Much more able   
 to enjoy activities to enjoy activities   
 [-50] [+50]

1. **Experience of suicidal thoughts and feelings:**

Place a vertical mark on the line to indicate any changes in how severely/frequently you have experienced thoughts or feelings about suicide.

Much more Much less  
 suicidal suicidal   
 [-50] [+50]

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