***Maudsley 3-item Visual Analogue Scale***

***M3VAS-Current***

In the following questions you will be asked to describe the way you have been feeling for the past 2 weeks. Please read the instructions carefully before answering and ask a researcher if you have any questions.

1. **Quality of your mood:**
Place a vertical mark on the line to indicate how your mood has been over the past 2 weeks.

 Not at all Extremely
 depressed depressed
 [0] [100]

1. **Experience of pleasure:** Place a vertical mark on the line to indicate your ability to enjoy life activities (e.g. work, family and friends, hobbies, television, books or magazines, meals etc.) over the past 2 weeks.

 Fully able to Completely unable to
 enjoy any activities enjoy all activities
 [0] [100]

1. **Experience of suicidal thoughts and feelings:**

Place a vertical mark on the line to indicate how severely/frequently you have experienced thoughts or feelings about suicide over the past 2 weeks.

 Not at all suicidal Extremely suicidal
 [0] [100]

***M3VAS-Change***

In the following questions you will be asked to describe to what extent, if at all, there have been changes in the way you have been feeling since you began with this study (*or* since you started your most recent treatment).
If, for example, you feel that there have been no changes on a question then you would place the mark near the middle of the line. Please read these instructions carefully before answering and ask a researcher if you have any questions.

1. **Quality of your mood:**

Place a vertical mark on the line to indicate any changes in your mood.

 Very much Very much
 worse better
 [-50] [+50]

1. **Experience of pleasure:**

Place a vertical mark on the line to indicate any changes in your ability to enjoy life activities (e.g. work, family and friends, hobbies, television, books or magazines, meals etc.).

 Much less able Much more able
 to enjoy activities to enjoy activities
 [-50] [+50]

1. **Experience of suicidal thoughts and feelings:**

Place a vertical mark on the line to indicate any changes in how severely/frequently you have experienced thoughts or feelings about suicide.

 Much more Much less
 suicidal suicidal
 [-50] [+50]

Copyright © 2023 King’s College London

All rights reserved. Any reproduction or distribution of part or all of the content in any form is prohibited other than the following:

* you may print or download to a local hard disk extracts for your personal and non-commercial use only;
* you may copy the content to individual third parties for their personal use, but only if you acknowledge the source of the material; and
* use within non-commercial research, not-for-profit charity or health care setting does not require a licence.

You may not, except with our express written permission, commercially exploit part or all of the content. If you wish to obtain a commercial copyright licence for this measure, then please contact King’s College London’s IP& Licensing Team: licensing@kcl.ac.uk.

Lastly, if you wish to adapt the content (e.g. translate it) then please contact the scale’s developers on affectivedisorders@kcl.ac.uk.