

Edition 29 | February 2024

Welcome to this month's newsletter. Read on for the latest RE-STAR updates!

RE-STAR's first paper is published!

Here, we set out RE-STAR's participatory framework and its potential for enriching translational science! Many thanks to everyone who contributed.

👉 The paper is available online early [here](#).

BJPsych The British Journal of Psychiatry (2024)
Page 1 of 5. doi: 10.1192/bjp.2023.151

Original Article

Participatory translational science of neurodivergence: model for attention-deficit/hyperactivity disorder and autism research

Edmund J.S. Sonuga-Barke, Susie Chandler, Steve Lukito, Myrofora Kakoulidou, Graham Moore, Niki Cooper, Maciej Matejko, Isabel Jackson, Beta Balwani, Tiegan Boyens, Dorian Poulton, Luke Harvey-Nguyen, Sylvan Baker and Georgia Pavliopoulou on behalf of the RE-STAR team*

Youth Researcher Panel (Y-RP)

Youth Voice Matters Conference

Members of our senior Y-RP delivered a workshop on 'how to be a youth researcher', at this annual youth event, hosted by the Council for Disabled Children.



Y-RPers Tiegan, Zoe and Dorian pictured here with their crew, Georgia and Sylvan.

WP3 – My Emotions and Me Over Time (MEMO)

- ★ **Seven schools** are now collaborating with us on this longitudinal study.
- ★ **165 families** with children in Year 8 have been recruited so far.
- ★ We are **about to open recruitment** to other year groups!
- ★ This week the team delivered a workshop at Haberdashers' Academy Trust annual staff conference, themed: *Culture, Community & Collaboration*

WP1 – My Emotions and Me

- ★ Almost **300** young people have now completed our new measure: the My Emotions in School Index (MESI)!
- ★ We are now busy analysing the data to understand what it tells us about how young people experience everyday stresses and hassles at school.

MESI

WP4 & 5: The school context

Delphi Study

Over the next few months, the team will be running a nationwide survey to find out **what school staff think** are the barriers and facilitators for the successful implementation of school interventions. An expert panel of school staff has begun working with the team to co-design the survey statements.

WP2 – Experimental studies

- ★ **60** Young people have now taken part in our online survey about school environments.
- ★ Click [here](#) for more info if you know a 11-16 yo who might like to take part! The study is open to anyone attending mainstream secondary school.



Medical
Research
Council

This week we met with our funders, UKRI, for our annual **Oversight Meeting**. The board were impressed with RE-STAR's participatory work, and were supportive of our plans going forward.

Upcoming Meetings:

Management Meeting: Friday 23rd February 9am | **RE-STAR Away Day: Friday 22nd March** 9-5pm
Steering Committee Meeting: Wednesday 27th March 1-3pm.

Any questions/comments for the research team? Feel free to contact us at re-starinfo@kcl.ac.uk

Want to find out more? Head to our website: www.kcl.ac.uk/research/re-star