

RE-STAR Newsletter



Edition 30 | March 2024

Welcome to this month's newsletter! Here are our latest RE-STAR updates...

RE-STAR AWAY DAY – Friday 22nd March

RE-STAR investigators, collaborators, researchers and Youth Researcher Panel members gathered last week to celebrate and **reflect upon findings** from the first five work packages; and **identify priorities for the intervention** that will be developed in the final work package.



WP1 – My Emotions and Me

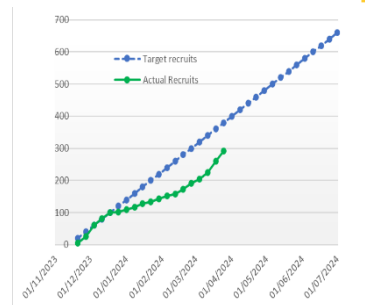


- ★ The **first paper** from the qualitative interview study has been submitted to the journal, *Autism*.
- ★ We have now reached our target for the quantitative study of our new measure, the **My Emotions in School Index (MESI)**. Thank you to the **304 young people** who have completed the measure.
- ★ The team are now busy analysing the data!

WP3 – My Emotions and Me Over Time (MEMO)



- ★ The team are busy recruiting schools and families.
- ★ 291 families have now joined our longitudinal study!
- ★ We are aiming for 600 by end June.
- ★ [Click here](#) if you know a school that would like to be part of MEMO.



WP2 – My Brain, Emotions and Me



72 young people have now participated in the audio online survey to help identify school context to use in the experiment.

Our researchers are putting finishing touches to the EEG tasks, and testing will begin soon.



WP6 -School-based intervention strategy

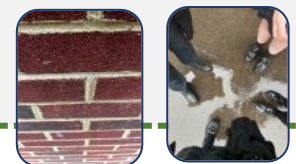


- WP6 kicked off on 1st March!
- Over the next 18 months, the team will:
 - 👉 Synthesize findings from previous work packages
 - 👉 Map existing literature on school-based interventions
 - 👉 Co-design intervention components with co-research panels
 - 👉 Present components for feasibility testing.

WP4 & 5: The school context

One of the best CPD sessions we've had!

- ★ The WP4 team have now completed eight workshops with pupils, and four with school staff.
- ★ 16 young people are participating in the photo voice interview study. There are 4 places left!
- ★ [Click here](#) if you know a young person who would like to participate!



Upcoming Meetings:

Management Meeting: Friday 26th April 2024
Steering Committee Meeting: 27th March 2024



Any questions/comments for the research team? Feel free to contact us at re-starinfo@kcl.ac.uk

Want to find out more? Head to our website: www.kcl.ac.uk/research/re-star