Welcome to this month’s newsletter! Here are our latest RE-STAR updates...

**Youth Researcher Panel (Y-RP) updates**

**Read our blog!** Senior Y-RP members, along with the WP2 researchers have published a blog on RE-STAR’s approach to enhancing participatory neuroscience research. Take a read [here](#)!

Meanwhile, the Juniors are continuing to meet as a group with the WP4/5 team.

**WP1 – My Emotions and Me**

**My Emotions in School Index (MESI)**

165 parents/carers and 148 young people have now completed our online study testing our new measure: My Emotions in School Index (MESI).

- Preliminary analysis has begun.
- Families can still take part. Click [here](#) for more info!

**WP2 – Experimental studies**

**My Brain, Emotions and Me (BE ME!) – a pilot study**

- Ethics application – provisional outcome, pending amendments
- Participant recruitment opening soon!

**WP3 – My Emotions and Me Over Time (MEMO)**

We have begun recruiting schools for the longitudinal study, My Emotions and Me Over Time. Three schools have now signed up!

- The WP3 team will be visiting the first school to commence data collection on 6th November.

**WP4 & 5 – The School Context**

**Drama workshop**

This Saturday, the WP4 team led a joint workshop with our collaborating partners Company Three (C3) and Senior Y-RP members. “It was fantastic to see members of RE-STAR’s Y-RP work creatively with 11-15 year-olds from C3. Together they field-tested creative practices that we will be using with students in schools later this year.” (Sylvan Baker, WP4 Lead)

**Interview study**

WP5 have begun training Y-RP co-interviewers. They will begin piloting the interviews with young people as soon as the final ethics approval is received.

**WP6 – School-based Intervention Strategy**

**Introducing the WP6 Research Team**

Prof Graham Moore

- First WP6 planning meeting: 7th Nov ’23
- WP6 officially starts: March ‘24.
- Research assistant recently appointed

**Steering Committee Meeting # 4**

- RE-STAR met with Steering Committee on 22/09/23
- Huge thanks to the committee for their sound advice and positive feedback!

**Upcoming Meetings**

Management Meetings: 27th October & 24th November, 9am

Any questions/comments for the research team? Feel free to contact us at re-starinfo@kcl.ac.uk

Want to find out more? Head to our website: www.kcl.ac.uk/research/re-star