IoPPN Youth Awards 2021

Evaluation Report



Website: <u>https://www.kcl.ac.uk/ioppn/youth-awards</u> Twitter: @IoPPNYouthAward



About the IoPPN Youth Awards 2021

The Institute of Psychiatry, Psychology and Neuroscience (IoPPN) has offered various Youth Awards since 2013 that aim to encourage young people from the local area to stay in higher education and develop a career in science, technology, engineering or maths (STEM).

This year, 47 successful applicants received an award in one of the following topics:

- Psychiatric Genetics
- Neuroimaging
- Women's Mental Health
- Health and Society

Successful applicants participated in a week of virtual 1-hour evening workshops, from $14^{th} - 17^{th}$ of June 2021. In addition to covering material relating to the different topics outlined above, the workshops covered topics such as introduction to academia and research, science communication, Q&A with academics and health professionals, and a mini-conference to share learning experiences with other award holders. Certificates and £50 book vouchers were awarded to the successful applicants.



100%

About the students







NB: Data collected from students' application forms (N = 47)



Feedback on this year's Youth Awards





Feedback on this year's Youth Awards





Feedback on this year's Youth Awards: Positive Feedback

All the members were very kind and asked lots of questions about us which I enjoyed very much and the presentations made me want to become a psychologists even more.

It was extremely interactive and very informative.

I enjoyed the presentation of the topics covered and the research materials that were analysed. During the end of the program, I enjoyed how everyone/most people contributed to the program by sharing what they learnt through videos, recordings and quiz sessions.

I found more in depth knowledge about psychology and the different courses and pathways you can take.

I learnt a lot about my future pathway and presentation skills.

I gained knowledge and motivation to do research.

It gave me an opportunity to learn about university and to gain some experience despite COVID where many opportunities were closed both this year and last Another good thing was that I got to meet amazing and funny people through this experience.

It was personalised so it was about us. Also you would feel comfortable to ask questions.

It did give me an opportunity out of my comfort zone to speak out and share my ideas, and I'm grateful. It made me realise just how much I am interested in mental health and how people behave.

The speakers were very welcoming and the presentations were great.

Developed communication skills and allowed for a deeper understanding of psychology.



Feedback on this year's Youth Awards: How to improve

I think it should have been longer so like 6-8 but with breaks.

Maybe to extend workshop times to 1hr 30 minutes

Increase the length of time as it felt rushed

The session lengths should be longer because it was so interesting! More time in breakout rooms too. More engagement.

Since the program works with young people, I'll present the fact that more activities involving youth's lifestyles and interests could be discussed . Apart from the remote learning, all other activities were great.

I did find it a bit hard to access the papers

More activities as a group



IOPPN Youth Awards 2021 Facilitators

Psychiatric Genetics

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