Attitudes to Containment Measures (Staff)

We’d like to know what you think about different methods used to contain disturbed behaviour. Please read each statement carefully, and then tick the box that applies. Not all these containment methods are in use in the UK, but all of them are in use in at least one European country. We will describe each one (you can refer to the photographs as well), and then ask you to rate your responses to how acceptable each method is. It is important that you complete this questionnaire by yourself, without conferring with others or trying to find out what their answers are. When the questionnaire is complete you may discuss it with others. Please answer all questions. If you are not sure about your response, please make a judgment as best as you can. As a last resort, it is better to guess than to leave a question unanswered. If you do not wish to complete the questionnaire just leave it blank. If you change your mind at any time you can stop.

**PRN MEDICATION:** Medication given at the nurses’ discretion, in addition to regular doses, by any route, and accepted voluntarily.

Q1a

<table>
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<tr>
<th>Strongly agree</th>
<th>Agree</th>
<th>Uncertain</th>
<th>Disagree</th>
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Is acceptable [ ] [ ] [ ] [ ]

Q1b. I have used PRN MEDICATION

YES [ ] NO [ ]

**PHYSICAL RESTRAINT:** Physically holding the patient, preventing movement.

Q2a

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Is acceptable [ ] [ ] [ ] [ ]

Q2b. I have used PHYSICAL RESTRAINT

YES [ ] NO [ ]

**SECLUSION:** Isolated in a locked room.

Q4a

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Is acceptable [ ] [ ] [ ] [ ]

Q4b. I have used SECLUSION

YES [ ] NO [ ]

**TIME OUT:** Patient asked to stay in room or area for a period of time, without the door being locked.

Q5a

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Is acceptable [ ] [ ] [ ] [ ]

Q5b. I have used TIME OUT

YES [ ] NO [ ]

**INTERMITTENT OBSERVATION:** An increased level of observation, of greater intensity than that which any patient generally receives, coupled with allocation of responsibility to an individual nurse or worker. Periodic checks at intervals.

Q3a

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Is acceptable [ ] [ ] [ ] [ ]

Q3b. I have used INTERMITTENT OBSERVATION

YES [ ] NO [ ]

**COMPULSORY INTRAMUSCULAR SEDATION:** Intramuscular injection of sedating drugs given without consent.

Q6a

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Is acceptable [ ] [ ] [ ] [ ]

Q6b. I have used COMPULSORY INTRAMUSCULAR SEDATION

YES [ ] NO [ ]
**CONSTANT OBSERVATION**: An increased level of observation, of greater intensity than that which any patient generally receives, coupled with allocation of responsibility to an individual nurse or other worker. Constant: within eyesight or arms reach of the observing worker at all times.

Q9a

Q9b. I have used CONSTANT OBSERVATION

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**PSYCHIATRIC INTENSIVE CARE**: Transfer to a specialist locked ward for disturbed patients.

Q7a

Q7b. I have used PSYCHIATRIC INTENSIVE CARE

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**MECHANICAL RESTRAINT**: The use of restraining straps, belts, or other equipment to restrict movement.

Q8a

Q8b. I have used MECHANICAL RESTRAINT

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**NET BED**: Patient placed in a net bed enclosed by locked nets, which he or she is unable to leave.

Q10a

Q10b. I have used NET BED

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**OPEN AREA SECLUSION**: Isolated in a locked area, accompanied by nurses.

Q11a

Q11b. I have used OPEN AREA SECLUSION

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Thank you for taking part