Welcome!

Welcome to the final issue of our first year of the IMPARTS newsletter. This academic year has been filled with exciting new developments for IMPARTS, and this issue will update you on these as well as upcoming plans for the summer. We are hosting our first symposium at the European Association of Psychosomatic Medicine conference, in Germany this Summer and we are thrilled to have been able to collaborate with renowned researchers from across the globe (more information on page 2). This issue also includes an update on our latest screening developments, details about the recent GiST article featuring IMPARTS in Hidradenitis Suppurativa, information about our upcoming seminar and a section focusing on our latest self-help resource “Coping with Endocarditis”.

IMPARTS Screening Developments

Since our last issue in January, two new services have started using IMPARTS to help identify patients who may need additional mental health care. A new follow-up service for St. Thomas’ Intensive Care Unit patients has been using our web-based screening system to assess symptoms of depression, anxiety and post-traumatic stress disorder. The temporomandibular jaw pain clinic at King’s College Hospital has also started screening for depression and anxiety, as well as pain severity and impact.

IMPARTS in the media

We were thrilled to be featured in Issue 13 of the GiST, a magazine which provides news from Guy’s and St, Thomas’ hospitals for staff and patients. The article focused on the psychological issues surrounding Hidradenitis Suppurativa, and included a description of the collaboration between St. John’s Institute of Dermatology at Guy’s and St. Thomas’ and IMPARTS. To read the full article, click here, and scroll down to page 6.

Our latest IMPARTS publication on psychological correlates of fatigue in Rheumatoid Arthritis has recently been published. Click here to read more!
IMPARTS at Conferences

This summer brings a hive of activity, with IMPARTS and data collected via IMPARTS, being presenting both nationally and internationally during this year’s conference season.

IMPARTS will be represented at the [KHP Nursing and Midwifery conference](#), with our collaboration with the KCH Endocarditis team highlighted as the “Shining Light” presentation. IMPARTS project coordinator, Anna Simpson, will be describing the utility of digital technology to improve health at the [King’s Fund Digital Health and Care Congress](#), in mid-June. At the end of June, colleagues in the renal service at Guy’s Hospital will be discussing how they have used IMPARTS to identify and meet the psychological needs of renal patients at this year’s [British Renal Society](#) conference.

IMPARTS will be hosting its first symposium in early July at the European Association of Psychosomatic Medicine conference, in Nuremburg, Germany. Our symposium consists of a range of abstracts covering collaborative and integrated healthcare provision, will be co-chaired by world renowned psychiatrist and health services researcher, [Jurgen Unützer](#), and features abstracts covering a range of fascinating topics. More information about the content of each presentation will be made available on our website, [here](#).

<table>
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<tr>
<th>Collaborative care: Embedding routine mental health assessment and management in general hospital settings.</th>
<th>Chair: Jurgen Unützer (USA), Anna Simpson (UK)</th>
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<td>Improving distress in dialysis: The development of an online cognitive-behavioural therapy (CBT) intervention for managing distress in dialysis.</td>
<td>Hudson et al. (UK).</td>
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<td>Integrating mental and physical healthcare: Research, Training and Services (IMPARTS) — A flexible service development platform for general hospital teams.</td>
<td>Hotopf et al. (UK)</td>
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<td>Measuring distress in Musculoskeletal Physiotherapy: An example of integrated care in action.</td>
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<td>Effectiveness of collaborative care in the workplace for depression: Results of a controlled observation trial.</td>
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<td>Development and evaluation of a local patient care plan for patients with neurologic symptom disorder at Karolinska University Hospital.</td>
<td>Huddinge Bendix et al. (SWE)</td>
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Soon after, IMPARTS project manager Lauren Rayner will be joining the dermatology team at the [British Association of Dermatologists](#) annual meeting to present a series of abstracts covering the use of IMPARTS within St. John’s Institute of Dermatology at Guy’s Hospital.

We wish everyone the best of luck with their presentations. More information about our conference attendances, including access to past presentations and posters, can be found on [our website](#).
IMPARTS Seminar:
Integrating mental health into physical healthcare across the lifespan.

Our next IMPARTS seminar will focus on the integration of mental and physical healthcare across the lifespan. The seminar will be held between 2pm and 5.30pm on **Thursday June 25th**, in the Harris Lecture Theatre, Guy’s campus.

The programme spans the seven ages of mankind: antenatal and maternal health; paediatric healthcare; adolescence and transition services; young adults; working age adults; aging patients; and palliative care services. This is a free event to attend, and will conclude with a wine reception to provide an opportunity for discussion and debate. To find out more about how to book your place at this seminar, visit our webpage!

Coping after Endocarditis

Our latest self-help resource is now available online and provides support to people who have been diagnosed with Endocarditis.

Endocarditis is an infection of the inner lining of the heart, commonly caused by bacteria entering the blood. Symptoms include a high temperature and joint and muscle pain and treatment could involve antibiotics administered during a hospital stay, or an operation. Endocarditis is a serious illness, and the diagnosis and intensive treatment and recovery may have an emotional impact. Data collected via IMPARTS in the inpatient clinic at KCH shows that nearly 30% of patients screen positive for probable major depression in their first week of their hospital stay.

Our new self-help leaflet, “Coping after Endocarditis” aims to provide information about Endocarditis and how it may impact mood. The leaflet covers a range of reasons why patients may struggle emotionally after Endocarditis, and provides some information about how to cope with these emotions. To access this free resource, click here!