

# Advanced Kidney Care

## maximising choice, optimising care Symposium 2024

8<sup>th</sup> February 2024

at Fetal Medicine Research Institute, 16-20 Windsor Walk, SE5 8BB

Hosted by:

Centre for Nephrology, Urology and Transplantation - *King's College London*

### Course summary

Realising that you have advanced kidney disease can be life changing and frightening. Advanced kidney care clinics were set up to support patients through this phase by understanding the patient, providing extensive education and supporting them to make their best treatment choices. Join us for this new multi-disciplinary day looking at how to optimise the delivery of this vital phase of kidney care.

### Outcome aims

By the end of the symposium you will have learnt about:

- Key outcome data which is available for this population as well as the data we should be collecting
- Causes of and approaches to inequalities in this population
- How to put the patient at the centre of decision making as they consider treatment options
- How to widen choices and optimise care for patients with high BMI and for frailer older patients
- The UKKA/KQuIP National Advanced Kidney Care Quality Improvement Project

### You will also gain:

- Top tips for managing common problems in these patients such as anaemia and renal bone disease
- Practical experience through a small group workshop matching real clinical cases to possible optimal treatment modalities.

## Provisional Programme

Time	Session	Speakers / Chairs
08.15 – 08.45	<b>Coffee &amp; Registration</b>	
08:45 – 08:50	<b>Welcome and Housekeeping</b>	
08:50 – 09:15	Introduction: The Purpose of Advanced Kidney Care	<b>Heather Brown</b> - Consultant Nephrologist (Renal, Urology and Transplantation Directorate) at Guy's & St Thomas' NHS Foundation Trust <b>Katie Vinen</b> - Consultant Nephrologist at King's College Hospital
09.15 – 09:45	Inequalities in AKC provision	<b>Gavin Dreyer</b> – Co-Chair Health Equity Team, Consultant Nephrologist at Barts NHS Trust
09.45 – 10.10	Meeting the needs of young adults in AKC	<b>Refik Gokmen</b> - Consultant Nephrologist & Medical Information Officer at Guy's and St Thomas' NHS Foundation Trust
10:10 – 10:30	“How I manage...” Update and guidelines for common problems in AKC	<b>Adam Rumjon</b> – Consultant Nephrologist at King's College Hospital <b>Helen Alston</b> – Consultant Nephrologist at King's College Hospital
<b>10.30 –10.50</b>	<b>Coffee break and networking</b>	
10.50 – 11.15	Person Centred AKC & Shared Decision Making	<b>Eleri Wood</b> – Kidney Nurse Consultant at King's College Hospital
11.15 – 11.40	Difficult conversations: talking with people about kidney failure and advance care planning	<b>Anna Winterbottom</b> – Research Psychologist (NHS) and Visiting Senior Research Fellow at the University of Leeds
11.40 – 12.05	The GOLD programme – supporting live kidney donation / targeted interventions to reduce health inequalities	<b>Dela Idowa</b> – Founder of Gift of Living Donation (GOLD) <b>Kathryn Griffiths</b> – Renal Registrar, Research Fellow (KCL) and Inequality Fellow (Lewisham), closely involved with GOLD and the London Kidney Network
12.05 – 12.20	Questions to the panel	
12.20 – 12.30	Patient story	
<b>12.30 – 13.15</b>	<b>Lunch break and networking</b>	
13.15 – 13.45	Frailty in AKC	<b>Hannah Young</b> – Research Physiotherapist at the University Hospitals of Leicester
13.45 – 14.15	Obesity in AKC	<b>Jules Briggs</b> – Senior Renal Physiotherapist   Renal Rehabilitation and Exercise Team at King's College Hospital NHS Foundation Trust <b>Rochelle Blacklock</b> – Clinical Lead Dietitian (Renal and Bariatric Surgery) at King's College NHS Foundation Trust   London
14.15 – 14.30	Questions to the panel	
14:30 – 15:20	Modality fit workshop – case discussions in small groups	Faculty as facilitators
<b>15.20 – 15.30</b>	<b>Coffee break and networking</b>	
1530 – 1615	The National AKC QI Project	<b>Rosie Donne</b> – Consultant in Renal Medicine at Salford Royal Foundation Trust, Lead Consultant for Advanced Kidney Care, National Medical lead for the UKKA KQIP Quality Improvement Programme.
1615 – 1620	Summing up and thank you	