

Authors

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Purpose

This poster has been designed to give you as prospective students some ideas about what you could be reading, listening to or watching to expand your knowledge around midwifery. We hope this will help give you an insight into the world of midwifery and beyond, enhancing your passion and expanding your knowledge before you even start the course. Not all of these recommendations are specifically about clinical practice but also around the topics of feminism and birth in general.



Podcasts and Audio

- Midwives Cauldron
- The Great Birth Rebellion
- Give Birth Like a Feminist
- Women's Hour – specific episodes recommended are:
 - 28th Feb 2026 Tracey Emin, SEND reforms, Student midwives – this episode includes one of our own students discussing their activism in the struggle for jobs
 - 14th Jan 2026 Women protesting in Iran, Drugs and teens, Subpar relationships, Midwives and burnout – specifically the section on midwives and burnout with Leah Hazard

Books

- Roar Behind the Silence – Sheena Byrom
- Skilled Heartfelt Midwifery Practice – Dr Claire Feeley (KCL lecturer)
- Spiritual Midwifery – Ina May Gaskin
- The War on Women – Sue Lloyd-Roberts
- The Surprising History of How We are Born
- Health Promotion in Midwifery; Principles and Practice 4th edition – Jan Bowden and Sam Bassett (KCL lecturers)
- Call the Midwife – Jennifer Worth
- Birth Reborn – Michel Odent

Museums/Exhibits/Talks

- Threads of Protest – 5th May until 1st Aug 2026 at the Science Gallery. A free exhibition combining creative practice, lived experience and academic research to explore inequality in maternity care, and advocate for better birth experiences.
- The Big Question: Who will fix maternity care? – 23rd June at the Science Gallery. Chaired by Claire Feeley (KCL) "Join leading clinicians, researchers and activists for a timely panel discussion exploring maternity care through the lens of human rights, clinical practice and lived experience."
- The Vagina Museum – the world's first museum dedicated to vaginas, vulvas and gynaecological anatomy.

