

WALKING IN MY SHOES....

The students' journey



Such passion for nursing...

I am so excited to be coming to practice in your area. I have such a passion for nursing....You have helped inspire me to become a nurse. I want to be like you. I've got ambition and passion and I want you to see it, I want you as a mentor, as my practice assessor or practice supervisor, to be proud of me and see me as the future nurse I want to be. You are all already on my first day a mentor to me, a role model and someone that I look up to and aspire to be. You are already living and breathing the career I want.

But I am also really nervous...

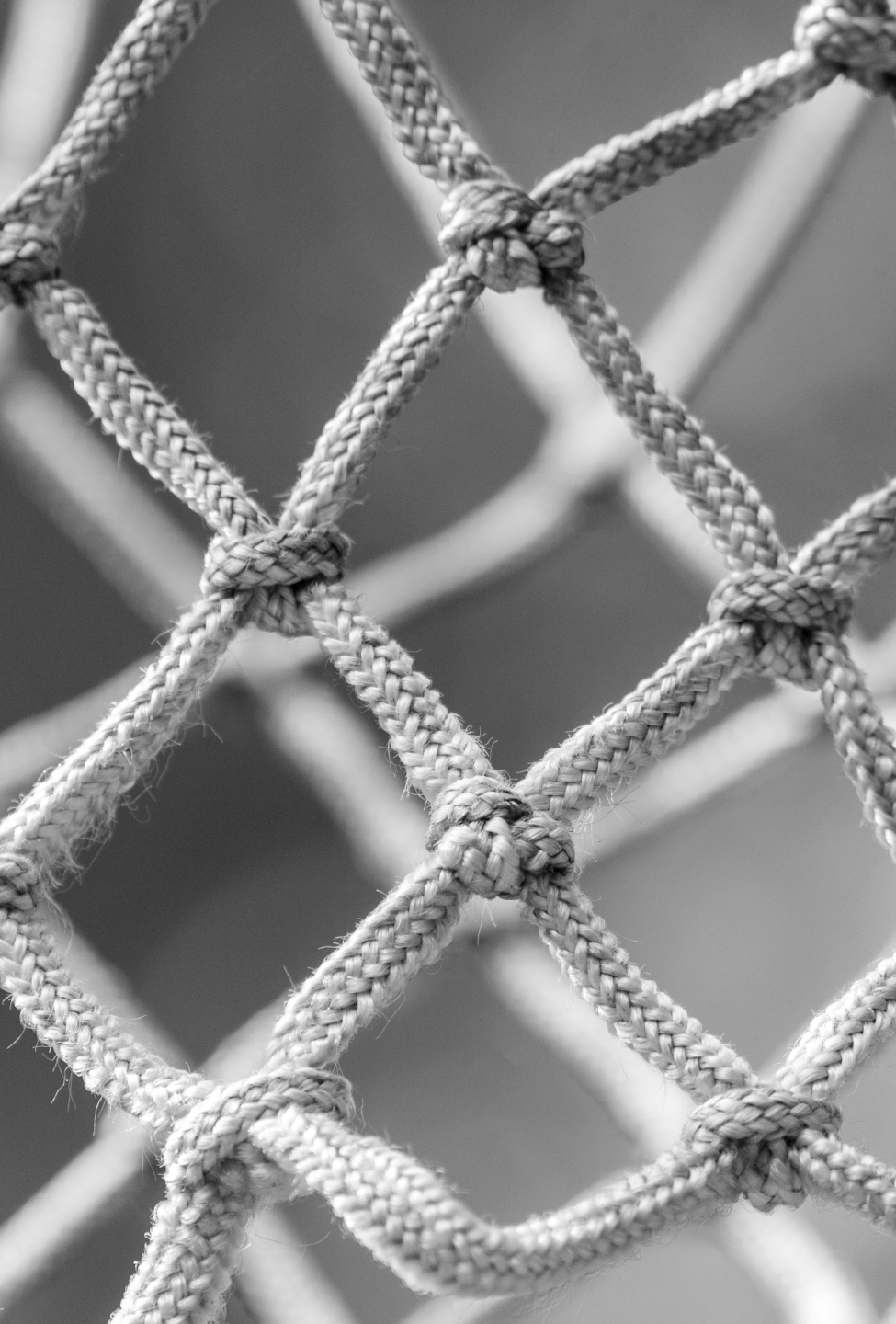
What if I do not know anything?
What if no one is expecting me?
Or wants me there? I sometimes
feel so shy when I do not know
anyone... I've never been in a
hospital setting before, I've never
met or handled a patient before.
I'm still trying to wrap my head
around the nursing language and
everything that embodies being a
nurse. This is all new and I want to
succeed.





I may feel stupid....

What if I make a mistake? What if you ask me a question, and I feel stupid for not knowing the answer? I have never been in a clinical practice area before – it is all so new...exciting and terrifying...



I need a safety net....

I need guidance, I need reassurance, I need to know that when I stumble you will be the safety net that gets me on my feet again. I'm about to see and experience situations that no other job role would. Any learning you think will help me please let me know. Whether it's a shadowing opportunity or just a book you know will help me with my studies. Anything, and everything it what I want. I am all ears. It is always so brilliant when you say – go there, talk to these people, do this, you will get to see and learn something really interesting... It makes me feel that you understand that I am a student, with so much to learn and experience.

Some things are still hard for me...

Please give me feedback, give me a debrief. Ask me “how did you find that situation”. Help me to communicate my emotions so I don’t feel alone. I want to develop but I’m still learning emotional intelligence, I’m still learning to be resilient. Seeing those I care for, or their loved ones, parents or children cry is still hard for me and I need you to remember this. It really helps so much when you take the time to talk with me after these experiences, when you really try to support me....





Help me develop...

If I know, or you know, that there is something in your area that will help me develop as a nurse, will you help me get that experience? I may be new, but I am just like you, I have the same desire to help! I want to lead, and I want to help make great changes for a better future. Who knows, maybe one day I will, but I need a solid foundation so I can find my feet to one day fly and achieve my goals.



I can lead – like you...

You can help model a future nursing leader, while being one yourself. It is an exciting opportunity for both of us.

YOUR FEEDBACK MATTERS

- If you would like to give us anonymous feedback on this resource, then please go to the link below:
- <https://vevox.app/#/m/172496681>
- We may use some of your feedback in future reports or publications.

THANK YOU

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