

To Administrator, please ensure all **3** questions are completed, including NAME and DATE

The DISCs Screen.

Patient Name.....
Date.....
NHS Number.....

1. Yale question:
Do you often feel
sad or depressed?

Yes

No

Comments: e.g. "I feel sad, but not depressed" – explain..

2. The DISCs

Most severe depression

No depression

Say to the patient:

- This is a scale to measure sadness or depression. Please point to each of the circles in turn to make sure that you can see them all. [Continue only if satisfactorily accomplished]
- The grey circles show how sad or depressed you feel.
[Indicate the clear circle at the bottom]
- The bottom circle shows no sadness or depression.
[Indicate the fully shaded circle at the top]
- The top circle shows sadness or depression as bad as it can be.
[Pointing at each circle in ascending order]
- As you go from the bottom circle to the top, you can see that sadness or depression is becoming more and more severe.
- Which of these circles shows how sad or depressed you feel today?

3. To the administrator:

In your opinion, does the patient understand this scale?

Yes

No

Comments:

Not sure

If not sure, refer for **Full screen**

4. Summary of screen

• **Depressed** – refer to Integrated care pathway

• **Not depressed** – re screen in 4 weeks **Date of re-screen**

5. Re-screen

• **Depressed** – refer to Integrated care pathway

• **Not depressed** – pathway closed **Date pathway closed**