

Depression Management Protocol

Depression / Emotional Lability

Record

Previous history and treatment including agents and dates

Presenting features of depression and reason for starting

Baseline assessments (**formal measures**) undertaken in liaison with psychologists

Start Sertraline 50mg mane

Review at 2 weeks

Minimal or no Response?

Increase dose to 100mg mane

Response?

Continue

At 2 weeks: Team's assessment of subjective response at ward round
"same | better | worse?"
+
Patient's subjective response (e.g. Yale and DISCS)

Review at 4 weeks

Discontinue

NB: Although doses of 200mg can be given for short periods, these doses are poorly tolerated by people with brain injury

Continue

At 4 weeks: Team's assessment of subjective response at ward round
"same | better | worse?"
+
Patient's subjective response (e.g. Yale and DISCS) & Repeat formal measures completed at baseline

Record in Discharge Summary

Details of prescription and response

Recommended length of treatment