Goal Attainment Scaling-Leg

| Name:Age | |
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Domain 2: Activity function

Importance to person: Important, Very Important, Extremely important.

<u>Difficulty</u> of achieving (professionals): Not difficult, Minor difficulty, Moderate difficulty, Extreme difficulty

Goal attainment **baseline**: usually set at some function, or No function, (as bad as it can be)

Goal attainment score: As expected = achieves goal as expected. partially achieved = some improvement but goal not achieved, same as baseline = no change, a little better = achieved more than the goal, Much better - over achieved goal

| NHS No: | | L | | | | | |
|------------------------------|----------------|------------------------|--|--|----------|---|--|
| Patient stated goal | SMART goal* | Importance | Difficulty of achieving | Baseline | Achieved | Extent achieved | Variance (Describe achievement if differs from expected) |
| Domain 1: Impairme | ent / symptoms | | | | | | |
| Pain or discomfort | | □ imp □ v.imp □ Ex.imp | □ Not difficult□ Minor difficulty□ Mod difficulty□ Extreme difficulty | ☐ Some function ☐ No function (as bad as can be) | ☐ Yes | ☐ Much better ☐ A little better ☐ As expected | |
| | Date Set | Describe Baselin | ne Status | | □ No | ☐ Part achieved ☐ Same as baseline ☐ Worse | Date |
| Involuntary movements/Spasms | | □ imp □ v.imp □ Ex.imp | □ Not difficult□ Minor difficulty□ Mod difficulty□ Extreme difficulty | ☐ Some function ☐ No function (as bad as can be) | ☐ Yes | ☐ Much better☐ A little better☐ As expected | |
| | Date Set | Describe Baselin | ne Status | | □ No | ☐ Part achieved ☐ Same as baseline ☐ Worse | Date |
| Contracture prevention | | □ imp □ v.imp □ Ex.imp | □ Not difficult□ Minor difficulty□ Mod difficulty□ Extreme difficulty | ☐ Some function☐ No function (as bad as can be) | ☐ Yes | ☐ Much better☐ A little better☐ As expected | |
| | Date Set | Describe Baselin | ne Status | | □ No | ☐ Part achieved ☐ Same as baseline ☐ Worse | Date |
| Patient stated goal | SMART goal | Importance | Difficulty of achieving goal | Baseline | Achieved | Extent achieved | Variance (Describe achievement if differs from expected) |

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|--|------------------|--------------------------|--|--|--|---|------|
| Passive function Caring for the affected limb whether care is done by someone else or by the person him/herself. | | □ imp □ v.imp □ Ex.imp | □ Not difficult□ Minor difficulty□ Mod difficulty□ Extreme difficulty | ☐ Some function ☐ No function (as bad as can be) | ☐ Yes | ☐ Much better☐ A little better☐ As expected | |
| | Date Set | Describe Baselin | ne Status | | □ No | □ Part achieved□ Same as baseline□ Worse | Date |
| Active function Transfers/ Standing Improved transfers / standing due to better balance, etc | | □ imp □ v.imp □ Ex.imp | □ Not difficult□ Minor difficulty□ Mod difficulty□ Extreme difficulty | ☐ Some function ☐ No function (as bad as can be) | ☐ Yes | ☐ Much better ☐ A little better ☐ As expected | |
| | Date Set | Describe Baseline Status | | □ No | □ Part achieved□ Same as baseline□ Worse | Date | |
| Active function Locomotion Improved walking due to better balance, etc | | □ imp □ v.imp □ Ex.imp | □ Not difficult□ Minor difficulty□ Mod difficulty□ Extreme difficulty | ☐ Some function ☐ No function (as bad as can be) | ☐ Yes | ☐ Much better☐ A little better☐ As expected | |
| | Date Set | Describe Baselin | ne Status | | □ No | ☐ Part achieved ☐ Same as baseline ☐ Worse | Date |
| Cosmesis or Facilitation of therapy or other | | □ imp □ v.imp □ Ex.imp | □ Not difficult□ Minor difficulty□ Mod difficulty□ Extreme difficulty | ☐ Some function ☐ No function (as bad as can be) | □ Yes | ☐ Much better☐ A little better☐ As expected☐ | |
| | Date Set | Describe Baselin | ne Status | | □ No | □ Part achieved□ Same as baseline□ Worse | Date |

Goal Attainment Scaling-Leg

Notes:

- 1. Please use the Goal Attainment Scaling-Leg (GAS-Leg) in conjunction with the GAS-light model implementation guide.
- 2. It is not necessary to complete a goal in each category. In most instances one or two goals will be identified by the patient and set, but will usually relate to one of the pre-defined categories. If a goal does not fit in any predefined category then it can go in as 'other' (Cosmesis or Facilitation of therapy or other), but this should not be a common occurance.
- 3. Please set goals in conjuction with patients and when appropriate carers. Record the patients initial goal in the first column on the left. A SMART measureable goal should then be agreed with the patient and the clinical team and recorded in the next column.
- 4. Weighting of the goal involving rating of 'importance' and 'difficulty' of the goal is not essential using the GAS-light approach, but can be included. It maybe particularly valuable because of the qualitative information this rating can provide.
- 5. In the next column the 'baseline' assessment should be completed related to the goal set only (in blue).
- 6. When outcome is evaluated 'acheivement' and the 'extent of acheivement' should be rated (in red).
- 7. Any variance in goal achievement from that expected should be descibed and explained.