

The Rehabilitation Complexity Scale: extended

PATIENT IDENTIFICATION			
Name:		Hospital No:	
		Date of score:...../...../.....	
For each subscale, circle highest level applicable			
BASIC CARE AND SUPPORT NEEDS			
Describes the approximate level of intervention required for basic self-care or level of risk (For all centres: score both care and risk and use highest score)			
	CARE: Standard rehab needs		RISK: Cognitive behavioural needs
C 0	Largely independent in basic care activities	R 0	No risk - Standard observations only Able to go out unescorted
C 1	Requires help from 1 person for most basic care needs	R 1	Low risk – standard observations only But requires escorting outside the unit
C 2	Requires help from 2 people for most basic care needs	R 2	Medium risk – OR managed under MHA section above standard observations
C 3	Requires help from ≥3 people for basic care needs	R 3	High risk – above standard observations AND managed under MHA section
C 4	Requires constant 1:1 supervision – for safety or behavioural management	R 4	Very high risk Requires constant 1:1 supervision
SKILLED NURSING NEEDS			
Describes the level of intervention required from qualified or skilled rehab nursing staff			
N 0	No needs for skilled nursing	Tick nursing disciplines required:	
N 1	Requires intervention from a qualified nurse (e.g. for monitoring, medication, dressings etc)	General registered nursing Rehab-trained nurses Mental Health (RMN) Palliative care nursing Specialist neuro nurse (eg MS, PD, MND) State subspecialty..... Other	
N 2	Requires intervention from trained rehabilitation nursing staff and/or mental health nurses		
N 3	Requires highly specialist nursing care (e.g. for tracheostomy, behavioural management etc)		
MEDICAL NEEDS			
Describes the approximate level of medical care environment required for medical/surgical management			
M 0	No active medical intervention (Could be managed by GP on basis of occasional visits)	Tick medical interventions required:	
M 1	Basic investigation / monitoring / treatment (Requiring non-acute hospital care, could be delivered in a community hospital with day time medical cover)	Blood tests Imaging (CT / MRI) Other Investigation State type..... Medication adjustment / monitoring Surgical procedure (eg tenotomy) State type..... Medical procedure (eg Botulinum toxin) State type..... Specialist opinion State discipline..... Medico-legal or capacity issues Other.....	
M 2	Specialist medical / psychiatric intervention – for diagnosis or management/procedures (Requiring in-patient hospital care in (DGH or specialist)		
M 3	Acutely sick or potentially unstable medical / psychiatric condition (Requiring 24 hour on-site acute medical / psychiatric cover)		

THERAPY NEEDS Describes the approximate level of input that is required from therapy disciplines																								
Therapy Disciplines: State number of different therapy disciplines required to be <u>actively</u> involved in treatment																								
TD 0	0	Tick therapy disciplines required: <table border="0"> <tr> <td>Physio</td> <td>Psychology</td> <td>Orthotics</td> </tr> <tr> <td>O/T</td> <td>Counselling</td> <td>Prosthetics</td> </tr> <tr> <td>SLT</td> <td>Music/art therapy</td> <td>Rehab Engineer</td> </tr> <tr> <td>Dietetics</td> <td>Play therapy/school</td> <td>Other:</td> </tr> <tr> <td>Social work</td> <td>DEA/Jobcentre Plus</td> <td></td> </tr> <tr> <td>Other</td> <td>Recreational therapy</td> <td></td> </tr> <tr> <td></td> <td>Other</td> <td></td> </tr> </table>		Physio	Psychology	Orthotics	O/T	Counselling	Prosthetics	SLT	Music/art therapy	Rehab Engineer	Dietetics	Play therapy/school	Other:	Social work	DEA/Jobcentre Plus		Other	Recreational therapy			Other	
Physio	Psychology			Orthotics																				
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	Other																							
TD 1	1 disciplines only																							
TD 2	2-3 disciplines																							
TD 3	4-5 disciplines																							
TD 4	≥6 disciplines																							
Therapy Intensity: State overall intensity of trained therapy intervention required from team as a whole																								
TI 0	No therapy intervention (or <1 hour total/week - Rehab needs met by nursing/care staff or self-exercise programme)																							
TI 1	Low level – less than daily (eg assessment / review / maintenance / supervision) OR Group therapy only																							
TI 2	Moderate – daily intervention - individual sessions with one person to treat for most sessions OR very intensive Group programme of ≥6 hours/day																							
TI 3	High level – Daily intervention with therapist PLUS assistant and/or additional group sessions																							
TI 4	Very High level – very intensive (eg 2 trained therapists to treat, or total 1:1 therapy >30 hrs/week)																							
Total	Total T score (TD + TI) :.....																							
EQUIPMENT NEEDS Describes the requirements for personal equipment																								
E 0	No needs for special equipment	Basic Special Equipmt	Highly Specialist Equipmt																					
E 1	Requires basic special equipment	Wheelchair/seating Pressure cushion Special mattress Standing frame off-shelf orthotic Other.....	Environmental control Communication aid Customised seating Customised standing aid Customised orthotic Assisted Ventilation Other.....																					
E 2	Requires highly specialist equipment (eg electronic assistive technology or highly customized equipment)																							

TOTAL SCORE SUMMARY	Needs scores	Totals:		Currently gets	Reason for unmet need (eg Not available (NA), declined (D), or Other...)
Basic care and support (Includes risk management)	C:	Care	/ 4	C:	NA D Other..
Skilled Nursing	N:	Nursing	/ 3	N:	NA D Other..
Medical	M:	Medical:	/ 3	M:	NA D Other..
Therapy	TD:	Therapy:	/ 8	TD:	NA D Other..
	TI:			TI:	NA D Other..
Specialist equipment	E:	Equipm't	/ 2	E:	NA D Other..
Summed RCS			/ 20	Gets /20	

RCS – extended: Service Summary Sheet

CENTRE DETAILS	
Name of centre	
No of neuro-rehab beds	
Type of service	Complex specialised rehabilitation service
	Specialist rehabilitation service
	General rehabilitation service
Sample of patients	All current in-patients Selected sample from a total of
REHABILITATION COMPLEXITY SCORES for current in-patients: Date..../..../....	

No.	Patient	Care	Risk	Nursing	Medical	Therapy		Equip.	Total	Comments
		C 0-4	R 0-4	N 0-3	M 0-3	TD 0-4	TI 0-4	E 0-2		
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Photocopy if necessary to include further patients.

NB. Total RCS score = sum of C or R (use highest score) + N, M TD, TI & E