

London Northwest University Healthcare



NHS Trust

**University of London** 

# The Scale of Pain Intensity **SPIN Screen**

The SPIN Screen can be used and copied freely, but please acknowledge the originators in all publications

Th SPIN was originally devised by Dr Diana Jackson

#### Further information and advice may be obtained from:

Professor Lynne Turner-Stokes DM FRCP lynne.turner-stokes@nhs.net Northwick Park Hospital and King's College London

**Regional Rehabilitation Unit** Northwick Park Hospital, Watford Road, Harrow, Middlesex. HA1 3UJ Tel: +44(0)-208-869-2800 Fax: +44(0)-208-869-2803

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# The SPIN Screen. 1

1	Do	VOII	have	nain	anywhere?
ж.	DU	you	liave	pam	anywherer

I	X	

Yes

No

If yes, where?	
NB if >1 site, complete separate shee	et
for both	

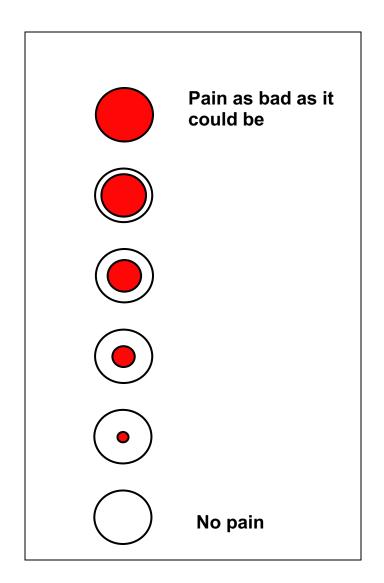
Patient Name.....

Date..... Time.....

#### 2. The scale below is a measure of pain.

The top red circle indicates pain as bad as it could be The bottom clear circle indicates no pain at all

Which circle best describes the pain that you feel?



## **3. To the administrator:** In your opinion, does the patient understand this scale? **Comments:**

Yes No Not sure If not sure, refer for Full SPIN

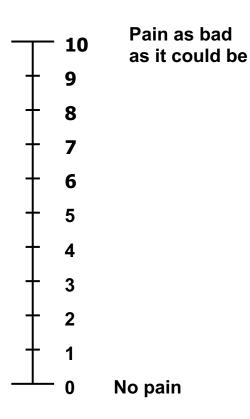
# The NGRS Screen. 1

Patient Name	
Date	
Time	

#### 4. The scale below is a measure of pain.

The top LEVEL (Marked 10) indicates pain as bad as it could be The bottom LEVEL (0) indicates no pain at all **Which circle best describes the pain that you feel?** 

### The Numeric Graphic Rating Scale (NGRS)



**5.** To the administrator: In your opinion, does the patient understand this scale? **Comments:**  Yes No Not sure If not sure, refer for Full SPIN

#### 6. Which scale would they prefer to use to assess their pain routinely?

The SPIN The NGRS Either Copyright: Lynne Turner-Stokes and Diana Jackson Contact <u>lynne.turner-stokes@nhs.net</u>

# **The SPIN Screen 2**

Repeat in 24 hours if SPIN Screen 1 is positive

1.	Do	you	have	pain	anywhere?	

1	
X	

- If yes, where?..... NB if >1 site, complete separate sheet for both
- 2. Has in changed at all since yesterday? ( or date when SPIN 1 was done).

Yes / No, not really

Patient Name

Date..... Time.....

Yes

No

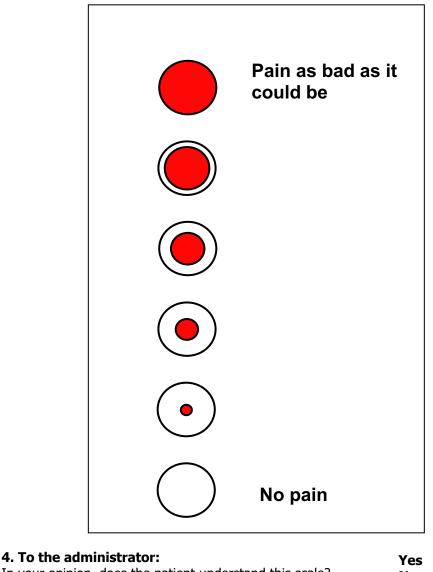
If so, how: better / worse / same

### 3. You probably remember that the scale below is a measure of pain.

The top red circle indicates pain as bad as it could be

The bottom clear circle indicates no pain at all

### Which circle best describes the pain that you feel?



In your opinion, does the patient understand this scale? **Comments:**  Yes No Not sure If not sure, refer for Full SPIN