**Quality of life in multiple myeloma: recent international research and future developments**

**09.30-17.00, Thursday 31st March 2016**
Dinwoodie Lecture Theatre, Cicely Saunders Institute, Bessemer Rd, London, SE5 9PJ, UK

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<td>09.30-10.00</td>
<td><strong>Registration and refreshments</strong></td>
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<td>10.00-10.15</td>
<td><strong>Welcome and introduction</strong> Prof. Rob George, Medical Director, St Christopher’s Hospice</td>
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| 10.15-10.35| **Quality of life in myeloma — overview of the research programme at the Cicely Saunders Institute**  
Prof. Irene Higginson, Professor of Palliative Care and Policy, Cicely Saunders Institute, King’s College London |
| 10.35-10.55| **What is most important to people with myeloma? Development and validation of the Myeloma Patient Outcome Scale (MyPOS) - a quality of life questionnaire for clinical use**  
Dr Thomas Osborne, Specialist Registrar in Palliative Care, St Christopher’s Hospice, London |
| 10.55-11.15| **Advances in myeloma; living better and living longer**  
Prof. Steve Schey, Clinical Lead for Myeloma king’s College Hospital and Professor of Plasma Cell Dyscrasias London University |
| 11.15-11.35| **How does quality of life change over time in multiple myeloma and how can we best support patients and their families?**  
Christina Ramsenthaler, PhD Training fellow, Cicely Saunders Institute, King’s College London |
| 11.35-12.00| **Morning refreshment break and review of posters**                                           |
| 12.00-12.45| **Questions to panel, open discussion on measurement of quality of life in clinical practice**  
Facilitated by Prof. Rob George |
| 12.45-14.00| **Lunch and review of posters**                                                              |
| 14.00-14.20| **The impact of myeloma on quality of life**  
John Culley, Myeloma Patient and Service User |
| 14.20-14.40| **End of life care in myeloma**  
Dr Debra Howell, Senior Research Fellow, Epidemiology and Cancer Statistics Group, Department of Health Sciences, University of York |
| 14.40-15.00| **A case for patient-led tools: from small to big data**  
Sarah Richard, Health Services Research Manager, Myeloma UK |
| 15.00-15.25| **Making MyPOS work in clinical practice; practical aspects of implementation and sustainability of outcome measures in clinical practice**  
Dr Fliss Murtagh, Reader and Consultant in Palliative Medicine, Cicely Saunders Institute, King’s College London |
| 15.25-15.50| **Afternoon refreshment break and review of posters**                                        |
| 15.50-16.30| **Questions to panel, open discussion on regular monitoring of quality of life**  
Facilitated by Prof. Steve Schey |
| 16.30-17.00| **Summary and next steps**  
Prof. Irene Higginson |

**Dame Cicely Saunders: Celebrating the continuation of her life’s work**

This conference is part of a series of events being held to commemorate the 10-year anniversary of the death of Dame Cicely Saunders

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*This conference been approved by the Federation of the Royal Colleges of Physicians of the United Kingdom for 5 category 1 (external) CPD credits. Full conditions of approval are listed in the guidelines.*