



Delivering Age Attuned (Health) Care

“It is cause for celebration that people are living longer but our health and social care services must be age attuned. All health and social care providers and professionals need training in the complex management of people with multiple long-term conditions who are after all the main recipients of care.”

(Professor Paul Knight 2013)

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Attune - To bring into a harmonious or responsive relationship



Eli



Living as an Older Person with Frailty

“Doctor Johnson defined precarious in his dictionary as being **dependent upon the care of others.**”

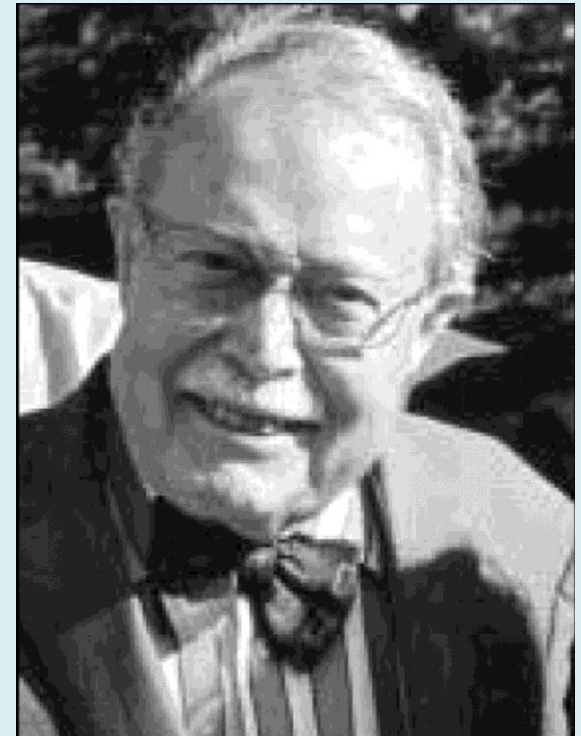
Life has become precarious with a vengeance...”

(The experience of an illness


Ronald Markille

Psychiatrist and psychotherapist

1917-2009)



Revalidating the hidden work of care

A photograph showing a caregiver in a dark blue uniform holding the hand of an elderly woman with white hair. The woman is wearing a pink hospital gown. The caregiver is looking down at the woman's hand with a gentle expression. The background is a plain, light-colored wall.

**The difference between ordinary
and extraordinary is a question of
recognition**

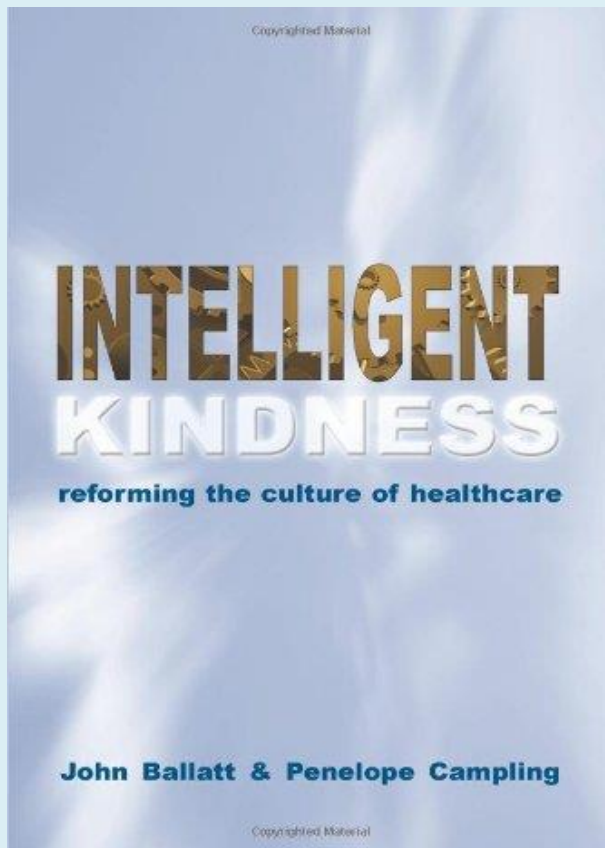
**The extraordinary work of caring
and being cared for..**

Hidden Care



Intelligent Kindness (Ballant and Campling 2011)

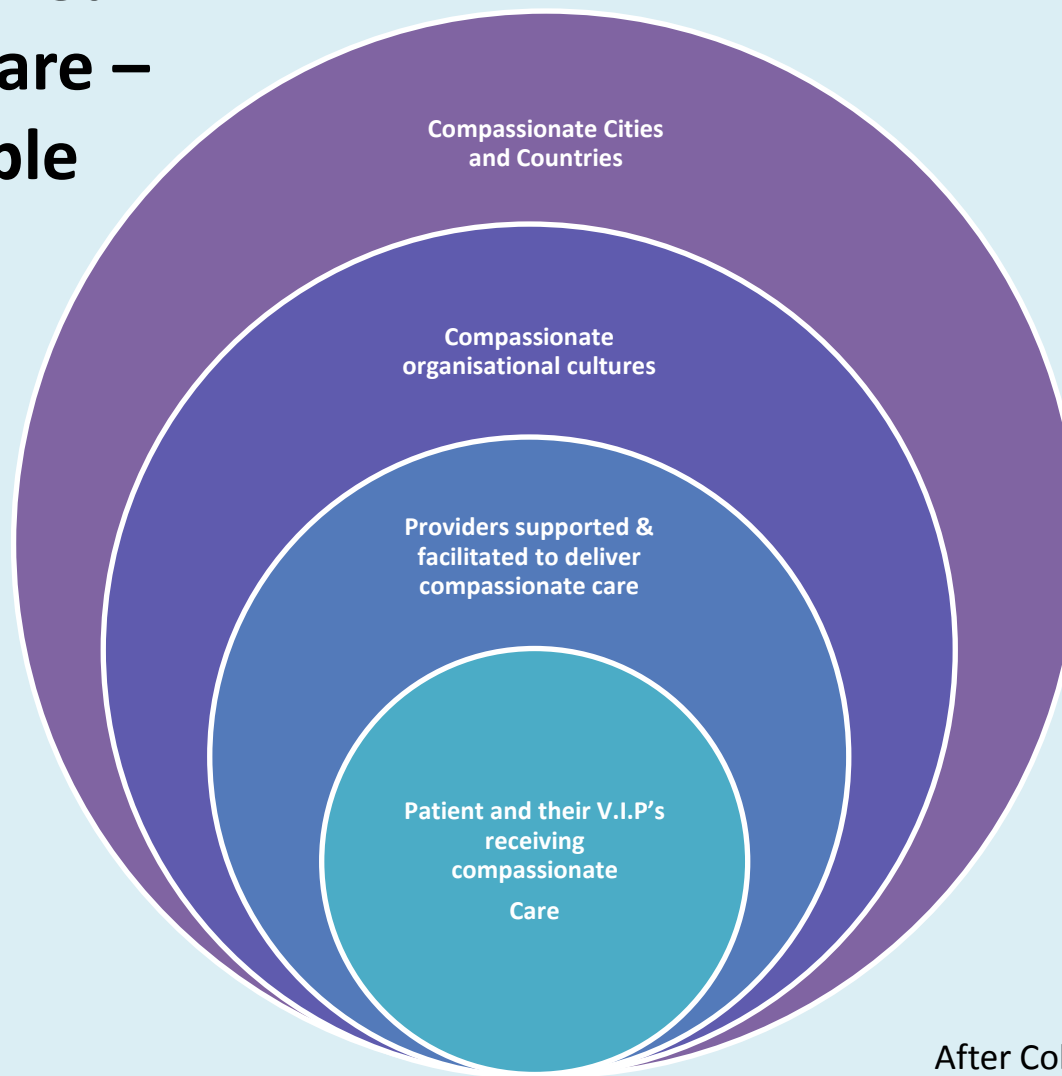
Kindness, they suggest, is derived from our sense of connectedness with others and is at the heart of effective health care, but it takes courage and it carries risk.



Caring- negotiated partnerships between teams, the older person and the social networks through which and in which lives are lived



Age Attuned Health Care – In Principle



After Cole-King and Gilbert 2011

Age Attuned Health Care – In Practice



***“No problem can be solved from the same level of consciousness that created it.
We must learn to see the world anew.”***

Albert Einstein

**Many thanks to patients , relatives and friends , NHS staff
who have given up their time to take part in this research**

Disclaimer: This work is produced by Dr. Caroline Nicholson under the terms of the NIHR Postdoctoral research training fellowship issued by the NIHR. . The views expressed in this presentation are those of the trainee and do not necessarily reflect those of the NHS, the National Institute for Health Research or the Department of Health.