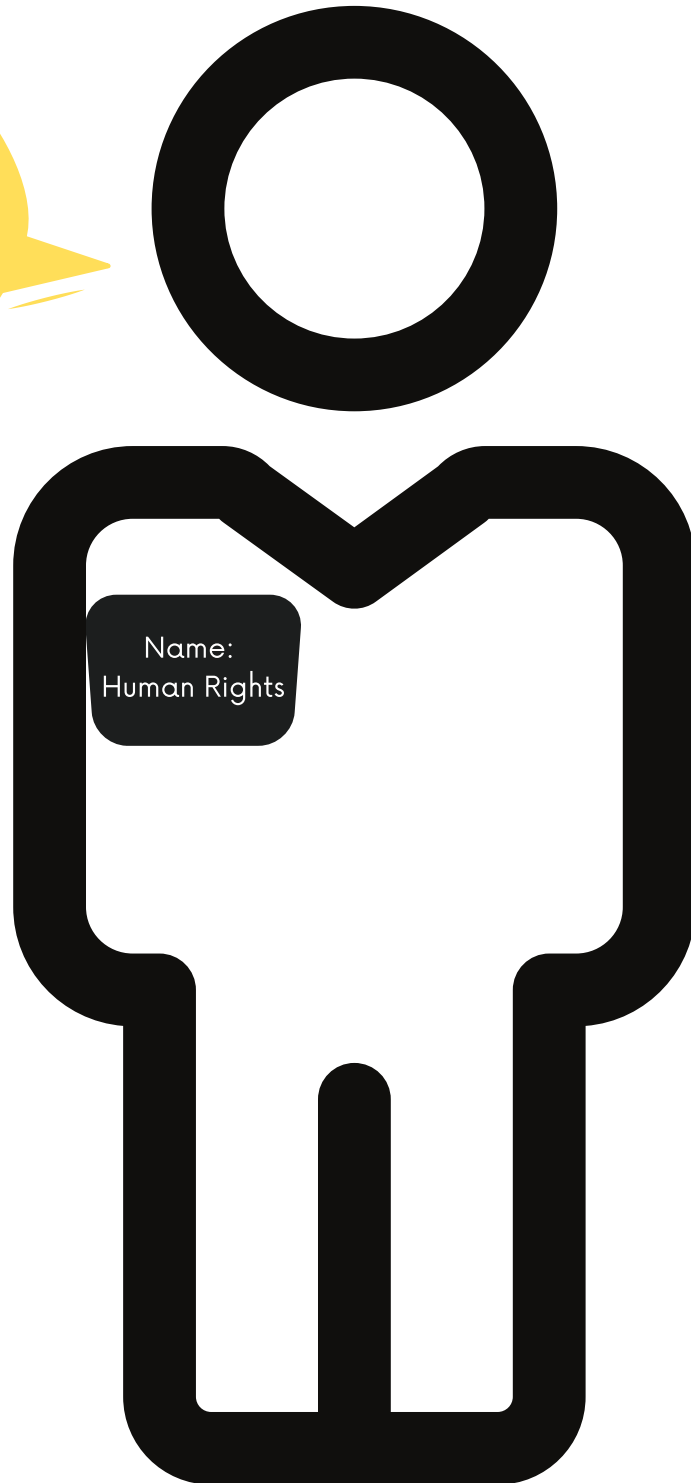


# Human Rights

"Who am I?" One Page Profile

How would you describe me?



Acknowledgments:

Dr Caroline Green, King's College London, Dr Edel Roddy, Dr Belinda Dewar Wee Culture, Carlyn Miller British Institute of Human Rights

## Guidance for using this Resource:

This resource has been developed as a way of inviting you to think about your own perspectives on human rights. The topic of human rights may be something you feel very familiar with, or it may be a subject that you feel unsure about, or one you don't have strong opinions about.

This Human Rights Who I Am? One Page Profile is:

- a chance for you to reflect on your own, about your thoughts and ideas around human rights.
- it is not a test about your knowledge on the subject of human rights, there is no right or wrong answer that we are looking for

On the reverse of this page, you will see the outline of a person- this person represents human rights and we would like you to write or sketch on this person your description of human rights.

There are suggestions below that might give you some ideas about what to write- don't feel you have to use any or all of these, they are offered as some ideas to spark your thinking.

## Human Rights Who am I?

Pick and choose from any of these prompts below that are helpful to you in describing human rights

If i was describing human rights to a person who hadn't heard of the concept i would say ...

An example of where i see human rights in action is ...

A person or group who i think are strong promoters of human rights are ..

I see the responsibility for ensuring human rights are met lying with ...

I think you can know human rights are being met when ...

A human rights anthem (song or poem) for me would be ...

The purpose of human rights for the people i support at work is ...

Something that puzzles me about human rights is ...