



Trauma Awareness Training April 2022

Resources list

Links to publications mentioned during the training session:

1. A best practice guide: Trauma-informed care in the perinatal period
<https://www.birthcompanions.org.uk/resources/247-trauma-informed-care-in-the-perinatal-period>
2. The NPEU Listening Series
<https://www.npeu.ox.ac.uk/pru-mnhc/news-and-blog/2211-our-listening-series-guidance-for-researchers-is-now-live>
and
<https://tv.ndph.ox.ac.uk/ppie/>
3. One Small Thing organisation
<https://onesmallthing.org.uk/>
4. Engaging with Complexity: Providing effective trauma-informed care for women
<https://www.birthcompanions.org.uk/resources/131-engaging-with-complexity>
5. A Sense of Safety: Trauma informed approaches for women
<https://www.birthcompanions.org.uk/resources/133-a-sense-of-safety>

You can also find loads more resources related to inequality and disadvantage, trauma informed working, maternity care, and the criminal justice, social services and immigration systems in Birth Companions' website resource library:

<https://www.birthcompanions.org.uk/pages/111-resources>