

BeActive Student Timetable

Starts w/c 26th April 2021

More sessions
coming soon!

Monday

Park FIIT

SWEAT

Geraldine Mary
Harmsworth Park
15:00 - 15:30
Meet on concrete area outside the
sports facility.

Tuesday

Thames Run

EXPLORE

10:00 - 11:00
Meet at King's Sport Waterloo Gym
on Stamford Street.

Women's Basketball

PLAY

Geraldine Mary
Harmsworth Park
17:30 - 18:30

New!

Men's Basketball

PLAY

Geraldine Mary
Harmsworth Park
18:30 - 19:30

New!

Wednesday

Tennis

PLAY

Geraldine Mary
Harmsworth Park
13:00 - 15:00

Football

PLAY

Geraldine Mary
Harmsworth Park
14:00 - 16:00

Netball

PLAY

Geraldine Mary
Harmsworth Park
15:00 - 17:00

Thursday

Park FIIT

SWEAT

Archbishop's Park
12:00 - 12:30
Meet between playground & football
pitches.

Touch Rugby

PLAY

Tabard Gardens
16:30 - 17:30

Friday

Park FIIT

SWEAT

Jubilee Park
14:00 - 14:30
Meet at the international brigade
memorial.

Saturday

Tennis

PLAY

Geraldine Mary
Harmsworth Park
14:00 - 16:00

Football

PLAY

Geraldine Mary
Harmsworth Park
11:00 - 13:00

New!

Sunday

Park Fun Run

EXPLORE

Burgess Park
11:30 - 12:30
Meet at entrance on Old Kent Road.

Session Descriptions

EXPLORE: London's parks and rivers on one of our group runs.

PLAY: Your favourite sports in a fun, inclusive, non-competitive environment.

SWEAT: Park FIIT (Fun Intense Interval Training) is the perfect way to get fit, have fun, meet new people and explore London's parks.

Go to kcl.ac.uk/beactive to book your activities, find the most up to date timetable, and access our free online activities timetable!