

# BeActive Timetable

Academic Year 2018/19 - Term 3

## Monday

### Virtual Sh'Bam

King's Sport Strand Gym Studio 3, **WC2B 4PA** 10:00 - 10:45

### Yoga

KCLSU Activity Room C, Bush House, **WC2R 1AE** 12:00 - 13:00

### Yoga

KCLSU Activity Room 1, Guy's Campus, **SE1 9RT** 12:00 - 13:00

### Pilates

KCLSU Activity Room C, Bush House, **WC2R 1AE** 17:00 - 18:00

### BoxFit

Great Dover Street Common Room, **SE1 4XA** 19:00 - 20:00

## Tuesday

### Pilates

Great Dover Street Common Room, **SE1 4XA** 11:00 - 12:00

### Yoga

KCLSU Activity Room 1, Guy's Campus, **SE1 9RT** 12:00 - 13:00

### Multi-Play

Gym Room, Weston Education Centre, **SE5 9RJ** 12:00 - 13:00

### Volleyball

The Castle Centre, **SE1 6FG** 16:00 - 18:00

### Swing Train

Vauxhall 31st Floor Common Room, **SW8 1RP** 17:00 - 18:00

### 02 Touch Rugby

Tabard Gardens, Manciple St, **SE1 4LP** 17:00 - 18:00

### Table Tennis

Gym Room, Weston Education Centre, **SE5 9RJ** 17:00 - 19:00

### Yoga

Wolfson House Common Room, **SE1 3RB** 18:00 - 19:00

### Bodyweight Blitz

Angel Lane Mezzanine, **E15 1FF** 19:00 - 20:00

## Wednesday

### Virtual Sh'Bam

King's Sport Strand Gym Studio 3, **WC2B 4PA** 10:00 - 10:45

### Yoga

KCLSU Activity Room C, Bush House, **WC2R 1AE** 12:00 - 13:00

### Badminton

Salmon Youth Centre, **SE16 4TE** 13:00 - 17:00

### Tennis

Kennington Park Tennis Courts, **SE11 4BE** 13:00 - 16:00

### Swimming

Aquatics Centre, Olympic Park, **E20 2ZQ** 14:00 - 16:00

### Women's Basketball

Lewisham Thunder, The Thunderdome, **SE16 3LP** 14:00 - 16:00

### 5-a-Side Football

Geraldine Mary Harmsworth Park, **SE1 6ER** 14:00 - 16:00

### Yoga

Champion Hill Residence Common Room, **SE5 8AN** 18:30 - 19:30

### Swing Train

Great Dover Street Common Room, **SE1 4XA** 19:00 - 20:00

## Thursday

### Swing Train

KCLSU Activity Room 1, Guy's Campus, **SE1 9RT** 11:00 - 12:00

### BoxFit

KCLSU Activity Room C, Bush House, **WC2R 1AE** 19:00 - 20:00

### Yoga

KCLSU Activity Room 1, Guy's Campus, **SE1 9RT** 12:00 - 13:00

### 02 Touch Rugby

Tabard Gardens, Manciple St, **SE1 4LP** 17:00 - 18:00

### Swing Train

Vauxhall 31st Floor Common Room, **SW8 1RP** 17:00 - 18:00

### Yoga

Angel Lane Mezzanine, **E15 1FF** 18:00 - 19:00

### Yoga

Great Dover Street Common Room, **SE1 4XA** 18:00 - 19:00

### Yoga

Vauxhall 31st Floor Common Room, **SW8 1RP** 18:00 - 19:00

### Pilates

Champion Hill Residence Common Room, **SE5 8AN** 18:00 - 19:00

### Table Tennis

Gym Room, Weston Education Centre, **SE5 9RJ** 18:00 - 19:00

### Men's Basketball

The Castle Centre, **SE1 6FG** 19:00 - 20:00

## Friday

### Virtual Sh'Bam

King's Sport Strand Gym Studio 3, **WC2B 4PA** 10:00 - 10:45

### Open Gym

King's Sport Waterloo Gym, **SE1 9NQ** 14:00 - 16:00

### Open Gym

King's Sport London Bridge Gym, **SE1 1NP** 14:00 - 16:00

### Open Gym

King's Sport Strand Gym, **WC2B 4PA** 14:00 - 16:00

## Saturday

### 5-a-Side Football

Geraldine Mary Harmsworth Park, **SE1 6ER** 13:00 - 15:00

### Badminton

Salmon Youth Centre, **SE16 4TE** 17:00 - 20:00

Go to [kcl.ac.uk/sport/beactive](http://kcl.ac.uk/sport/beactive) to book your activities and find the most up to date timetable, as it's always evolving!

