BeActive Student Timetable

Term 3 28 April - 31 May 2025

Day	Activity	Time	Location
Monday	**Climbing**	14:00-15:30	The Font, Borough, **SE1 9BL**
	Men's Basketball	16:00-18:00	The Black Prince Trust, **SE11 6AA**
	Women's Basketball	18:00-19:30	The Castle Centre, **SE1 6FG**
	Pole	18:30-19:30	King's Sport & Wellness Centre, Waterloo
	Women only Swim	20:00-21:00	The Castle Centre, **SE1 6FG**
Tuesday	**Kingsrox Functional Fitness**	12:00-13:00	King's Sport & Wellness Centre, Waterloo
	Volleyball	14:30-16:00	The Castle Centre, **SE1 6FG**
	Volleyball	16:00-17:30	The Castle Centre, **SE1 6FG**
	Badminton	17:30-18:30	WEC Gym Room, Denmark Hill
	King's Runners	18:30-19:30	King's Sport & Wellness Centre, Waterloo
Wednesday	**Badminton**	11:00-12:00	The Castle Centre, **SE1 6FG**
	Badminton	12:00-13:00	The Castle Centre, **SE1 6FG**
	Student Intermediate/ Advanced Tennis	11:00-13:00	Kennington Park, **SE1 6ER**
	Student Intermediate/ Advanced Tennis	12:00-13:00	Kennington Park, **SE1 6ER**
	Pilates	12:00-13:00	IoPPN SU, Denmark Hill
	Student Beginner Tennis	13:00-14:00	Geraldine Mary Harmsworth Park, **SE1 6ER**
	Student Beginner Tennis	14:00-15:00	Geraldine Mary Harmsworth Park, **SE1 6ER**
	Salsa	14:00-15:00	King's Sport & Wellness Strand Gym, Studio 2
	Salsa Improver/ Intermediate	15:00-16:00	King's Sport & Wellness Strand Gym, Studio 2
	5-A-Side football	14:00-16:00	Geraldine Mary Harmsworth Park, **SE1 6ER**
	Netball	15:30-17:30	Geraldine Mary Harmsworth Park, **SE1 6ER**
	Women's Football	16:00-18:00	Geraldine Mary Harmsworth Park, **SE1 6ER**
Thursday	**Holistic Yoga**	12:00-13:00	WEC Gym Room, Denmark Hill
	Climbing	14:00-15:30	The Font, Borough, **SE1 9BL**
	Open Swim	18:00-19:00	The Castle Centre, **SE1 6FG**
	Pole	18:30-19:30	King's Sport & Wellness Centre, Waterloo
	Volleyball	18:30-20:00	The Castle Centre, **SE1 6FG**
	Volleyball	20:00-21:30	The Castle Centre, **SE1 6FG**
	Squash	19:00-20:00	Southbank Club, SW8 2LD
	Squash	20:00-21:00	Southbank Club, SW8 2LD
Friday	**Yoga**	08:00-09:00	King's Sport & Wellness London Bridge Gym
	Cardio Tennis	12:00-14:00	Geraldine Mary Harmsworth Park, **SE1 6ER**
	Cardio Tennis	13:00-14:00	Geraldine Mary Harmsworth Park, **SE1 6ER**
	Beach Volleyball	12:00-13:00	Marlborough Sports Garden, **SE1 1SD**
	Beach Volleyball	13:00-14:00	Marlborough Sports Garden, **SE1 1SD**
	Kpop	16:00-17:30	King's Sport & Wellness Strand Gym, Studio 2
Saturday	**Matchday Tennis**	14:00-15:00	Geraldine Mary Harmsworth Park, **SE1 6ER**
	Intermediate/ Advanced Matchday Tennis	15:00-16:00	Geraldine Mary Harmsworth Park, **SE1 6ER**
	Badminton	15:30-16:30	The Castle Centre, **SE1 6FG**
	Badminton	16:30-17:30	The Castle Centre, **SE1 6FG**

Go to **kcl.ac.uk/beactive** to book your activities & find the most up to date timetable, as it's always changing! Don't forget to follow us on instagram **@beactive.kcl** up to date!