

Transcript for video about The Centre for Society & Mental Health at King's College London

Time	Speaker	Content
00:00	Professor Craig Morgan	The Centre for Society and Mental Health is a new centre has been established to address the question of 'what is the impact of rapid social change on mental health?'
00:08	Professor Nik Rose	The major determinants of mental health are social they lie in social adversity that lie in insecurity the lie in precarious employment they lie in bad experiences during childhood they lie in poverty and they lie in all those social determinants which we're beginning to understand.
00:27	Dr Stephani Hatch	What I am most excited about is to see a dedicated space and effort to have social science take more of a forefront in the study of mental health.
00:40	Professor Diana Rose	We need to drill down, we need to go to where communities are, we need to understand how people in those communities live the experience of distress. What are the communities' supports.
00:56	Professor Nik Rose	We are going to work very closely with mental health service users and with people and groups living in those difficult circumstances to understand how they experience mental health how they experience mental distress the resources that they find helpful for them in dealing with those questions
01:14	Professor Diana Rose	Because if you don't understand what it's like to experience distress and be on the receiving end of mental health services, which by the way have got worse and worse in this country, then you won't understand mental health. You will be an outsider looking in. We will be objects that you're trying to understand rather than people with experiences that we have collectively thought about and codified.
01:40	Professor Craig Morgan	There's a very strong focus on our being able to use the knowledge that we've got to actually do something, to develop policies develop strategies for prevention and for intervention that can minimise the impacts of widespread social change and some of its negative consequences and so we can minimise the impacts of those on young people, on disadvantaged communities and in relation to work and welfare.
02:02	Dr Stephani Hatch	Bringing together this interdisciplinary group of people, we, you know, the possibilities are endless and very exciting.
02:11		[Music]