Practice Development Seminar

Is Loneliness Really Bad for Older People?

Prof Christina Victor, Brunel University

Tuesday 1 November 2016
10am - 12.30pm
King’s College London SE1

Places are limited, so you will need to book by 18th October 2016. Local authority bookings must be made via your Learning and Development Department. For all other bookings, please contact the MRC Events Manager at University of Bedfordshire, Cara Senouni, Institute of Applied Social Research, University Square, Luton LU1 3JU, mrc@beds.ac.uk, (01582) 743085.

Christina Victor is Professor of Gerontology and Public Health in the College of Health and Life Sciences at Brunel University. Her principal research interests are in understanding the social context of ageing and later life and, in particular, loneliness and social isolation; care and caring; growing old amongst minority communities; and physical activity and exercise.

Loneliness, isolation, living alone and solitude are distinct concepts that can influence our health and wellbeing in different ways. In order to determine the impact of loneliness, and design appropriate interventions, we need to be clear about these distinctions.

In this seminar, Christina will present a critical evaluation of the ‘received wisdom’ about loneliness in later life. She will propose the adoption of a more nuanced approach to its identification and the interventions currently put forward as a solution to the ‘problem of loneliness’.

This event will be followed by Age UK’s Antony Smith 10am - 12.30pm seminar (same venue), ‘Mutual Support and Reward: Developing Intergenerational LGBT Relationships’. For more information, please go to: unibeds.info/1-nov-pm-2016.

We hope that you will be able to join us for the day, and attend both events. Lunch is not provided, but there are catering outlets onsite.