

**CENTRE FOR
DOCTORAL STUDIES**

KING'S
College
LONDON



Training for
**POSTGRADUATE
RESEARCH STUDENTS**
2020-21

Contents

Welcome	1
How to use this brochure	4
Course themes and format	5
PhD phases	6
Live interactive workshops and webinars	8
On-demand training	10
One-to-one support	11
Opportunities for postgraduate research students	13
King's Doctoral Training Partnerships & Centres	30
Researcher Development Framework	32
Frequently asked questions	37
Contacts	41
Index	43

CENTRE FOR DOCTORAL STUDIES

Our mission is *equipping research students to excel.*

Support | Funding | Training | Community

Our four priorities are:

- Support – providing timely, relevant and useful information
- Funding – growing and resourcing research students
- Training – offering high quality personal, professional and career development opportunities
- Community – nurturing a collaborative and welcoming environment for all research students

We are a university-wide professional services centre with responsibility for the postgraduate research student experience.

kcl.ac.uk/doctoral-studies

Welcome

We are delighted to commend this 2020–21 training guide to you.



A PhD is a significant undertaking

both in time and effort but the sense of personal achievement upon completion is going to be worth it! Your research and scholarship are central to your degree and we want to help you to navigate the many challenges that you may encounter along the way. This brochure is designed to make you aware of training opportunities to assist you in your personal journey at King's. I really encourage you to make the most of what's on offer from the Centre for Doctoral Studies. **Professor Rebecca Oakey, Dean for Doctoral Studies**



King's is a renowned research institution

the world over, with leading academics in many disciplines. The very fact that you are at King's for your PhD is an achievement in itself. The training and development opportunities in this brochure will allow you to make the most of your time here, and support you in making your own contribution to our outstanding research culture, and succeeding in your career. **Professor Peter Heather, Deputy Dean for Doctoral Studies**



How can we help? A PhD is a huge undertaking. You need different support at different stages to maximise the opportunities at King's, and beyond. Our development activities are designed to support you all along the way. We really encourage you to plan in time to reflect and consider what

will help you thrive. Taking time out for half a day to do something slightly different might have a transformational effect. It also gives you the chance to assess how you're doing and check you're on track. Having one eye on the future is really important, you'll get to the end much more quickly than you think! **Dr Nigel Eady, Director of Research Talent**



Our approach to training in 2020-21



We find ourselves in a different world at the start of this academic year, with the global COVID-19 pandemic that has restricted many of us to working and studying at home. We have worked with our many training partners to ensure we offer the highest quality training and development opportunities to our PGR student community within the limitations we must deal with. Whilst previously, many of our workshops were delivered on campus, currently we are delivering all training virtually, either as live sessions or on-demand. This may change at some point this year, and we'll keep you updated via our webpages.

Nevertheless, I hope you will engage with opportunities on offer, not only to sharpen your skills, but to connect with other researchers at a time when we can feel isolated or distant from our King's communities. We've also expanded our programme of wellbeing support (see page 23) – do take a look.

Dr Amy Moore

Head of Doctoral Student Development



How to use this brochure

There are many ways to participate in personal, professional and career development whilst you are a doctoral student at King's, and in fact you can use ten days each year towards this kind of training. This brochure signposts to opportunities offered via the Centre for Doctoral Studies, and other parts of the College. PGR students at King's have the added benefit of being able to participate in training offered by other London-based universities via the Bloomsbury Postgraduate Skills Network (BPSN; page 13).

New opportunities are offered throughout the year so it is always helpful to visit our web pages regularly for the latest information: kcl.ac.uk/doctoraltraining

Reflect on your skills, identify training needs

The training themes outlined in the brochure, and tools such as the Researcher Development Framework (RDF; page 32), should provide a starting point to consider where your skills lie and the areas you might wish to enhance. You should also discuss training with your supervisor, at least a couple of times each year, and your peers and colleagues – what training have they found particularly useful?

How to book

Our online booking system, Skills Forge, is where you can book onto many of our courses, using your King's user name and password: training.kcl.ac.uk Simply enter the course code into Skills Forge to find and book onto courses. Courses are opened on SkillsForge one term at a time. Where an alternative booking system is in operation, it is clearly indicated.

When should I undertake training?

It's completely up to you, though you might find our phase model helpful: kcl.ac.uk/PhDphases We recognise you are busy and have lots of demands on your time. We run multiple iterations of our most popular courses, and, typically, summer term courses are less heavily booked. An increasing number of courses are now available online on our KEATS site, so you can access them whenever and wherever you want.



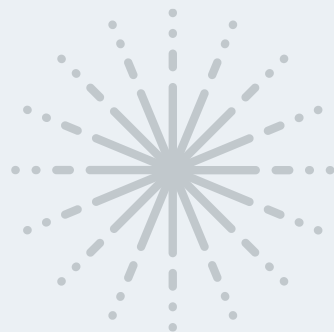
Any questions or feedback

Email doctoraltraining@kcl.ac.uk

Course themes and format

3 MODES OF DELIVERY

8 KEY THEMES



1 Live interactive workshops and webinars



2 Online, on-demand training



3 One-to-one, personalised, confidential sessions

Our activities are listed under eight themes, to make it easy to identify topics of interest.



CAREERS & EMPLOYABILITY Where next? Whatever direction your future career takes, we have activities to help you weigh up your options and be prepared.



COMMUNICATION & IMPACT Presenting research clearly and engagingly is not easy. We cover everything from posters and policy to public engagement.



DOCTORAL ESSENTIALS Undertaking a PhD can be daunting. We help demystify it with tips on getting started, preparing for upgrade and navigating the viva.



IT ESSENTIALS Learn to use software, like Microsoft Word and Powerpoint, to its full potential, as well as referencing tools and databases.



WELLBEING & PERSONAL EFFECTIVENESS Support to navigate the highs and lows of research.



RESEARCH CULTURE Creating inclusive, fair and healthy research environments.



STATISTICS & DATA MANAGEMENT The core techniques commonly required to analyse data, and address issues of data management and responsibility.



WRITING & PUBLISHING Literature reviews and research proposals, as well as how to construct an argument.

PhD phases

1

Starting out

One way of looking at the PhD journey is in terms of different phases. You may have specific needs in a particular phase of your development. Remember, there is no single PhD student experience and everyone will have different development needs at different times. This is not an exhaustive list!

The early weeks of a PhD can be a whirlwind of inductions, meetings, form filling and new tasks. Try and take a moment to think about the tasks.

PGR100 PGR101	Starting Your PhD ●
WEB	Efficient and Effective Academic Reading ●
PGR277	Practical Project Management for Research ●
PGR232	Time Management for Researchers ●
PGR258 PGR259	Writing a Literature Review



2

Working towards the upgrade

Having laid the initial groundwork for your research project, your thoughts will turn to the first major formal requirement – the upgrade from MPhil to PhD.

Requirements for the upgrade vary between faculties and departments so check what is required of you. In most faculties this will be the first time you submit written work to someone other than your first or second supervisor.

PGR144 PGR174	Preparing for the Upgrade ●
PGR269	Clear and Concise Academic Writing
PGR110	Fundamentals of Good Writing
PGR241	How to Construct an Argument

You may also find it helpful to consult one of our Royal Literary Fund writing fellows to give you advice on your writing (see page 11).

Remember that some of these courses exist as on-demand online courses (indicated by ●). So if you can't make the dates for the live sessions, there are other options. Look for the CDS online training programme in KEATS. For further information, contact us at doctoraltraining@kcl.ac.uk

3

Growing as an independent researcher

After upgrading to PhD, you will be forging ahead in your research, working with the support of your supervisors, whilst building your independence.

It is very important at this stage to consider the tasks you need to complete for your research project and the skills you need to accomplish them. It's also the time to start thinking about what you can do now to help achieve your longer term career goals.

PGR159	Writing and Giving Conference Papers (Arts, Humanities & Social Sciences)
--------	---

PGR260 PGR261 PGR262	Writing for Publication ●
----------------------------	---------------------------

PGR115	Making the Most of Conferences
--------	--------------------------------

This is a good time to speak to one of our dedicated Careers Consultants and/or participate in our career planning workshops (see page 16).



Writing up

With most of your research completed, the writing up phase is about turning that research into a thesis that will meet the criteria for the award of a PhD.

How much writing remains to be done at this stage will vary with discipline but for all students it will mean working to a strict deadline. It is also a time when you need to give serious attention to life after your PhD.

PGR103 PGR104	Writing Up Your Thesis ●
------------------	--------------------------

PGR105	Preparing for the Viva ●
--------	--------------------------

WEB	Applications & Cover Letters ●
-----	--------------------------------

PGR283	CVs
--------	-----

PGR292	Applications
--------	--------------

PGR294	New Paths
--------	-----------

PGR291	Career Strategies for a Recession
--------	-----------------------------------

4

Live interactive workshops & webinars

Interactive Workshops

Due to the restrictions in place on-campus for COVID-19, many of our workshops and courses have been re-designed for online delivery.

The specific details of the workshop delivery will be confirmed to you in good time after booking. These may differ depending on the workshop, but will broadly follow a pattern of:

- Pre-workshop preparation: a week in advance of the workshop, activities and resources to work through in your own time.
- Live session: a focussed session allowing time for interaction and discussion with the trainer and your peers. Typically 1–3 hours in duration.

The workshop may be supported with further on-demand activities, or multiple live sessions. This combination of on-demand content and live sessions is what we term 'blended learning'.

Webinars

We host webinars throughout the year covering topics such as CVs, interviews and networking.

These 60 minute sessions give you the opportunity to ask questions and engage with the session leaders. They are recorded in case you cannot attend at the time. As with all our online training, the webinars are accessible on any mobile device. See kcl.ac.uk/cds-webinars

 *The course has been fantastic – equally enjoyable and informative; I feel very lucky to have been able to take part.* **Dr Graham Blackman,**
Clinical Research Fellow

Our approach to Blended Learning

Case study: Advancing in Academia: Health Sciences

Developed as a collaboration across several centres at King's, this course was designed for PGRs and post-docs in health and life sciences who aspire to an academic career. Each week was themed around a different aspect of career planning, with activities taking an individual active-learning approach combined with group-wide discussions and reflections. Each week an engaging live session was hosted with a panel of senior academics.



of participants said they would change their approach to starting an academic career as a result of this course.

I successfully applied to the Centre for Doctoral Studies for conference funds to attend the annual Society for Neuroscience meeting in the US. It's a globally attended conference and a great opportunity to present my research. I've also benefited from several training courses; in particular, I found the Microsoft Office courses and Presentation skills workshop really useful.

Anshua | Basic & Clinical Neuroscience



On-demand training

PGR Core Library

The Centre for Doctoral Studies has developed a core library of on-demand courses specifically designed for King's PGR students. These courses typically take an hour to complete and cover topics across our 8 key themes of doctoral training.

We also subscribe to services from other organisations to give you free access to important training opportunities.

All our online training is smartphone and tablet friendly – meaning you can access it when, where, and how it suits you.

Featured courses

Efficient and Effective Academic Reading

This popular course gives you an opportunity to look at your current research and reading habits, develop strategies about what you will read and how you will read it, and introduces you to techniques to improve your reading efficiency.

Wellbeing Toolkit for PGR Students

Looking after your mental wellbeing is an important part of being a PGR student. The Wellbeing Toolkit introduces you to two themes; knowing yourself and working with others. It covers topics including decision making, self-care, internal obstacles, power and hierarchy, assertive behaviour, and resolving conflict.

Featured subscription

Nature Masterclass in Scientific Writing and Publishing

Developed for PGR students and early-career researchers in the natural sciences, this 3-part course from Nature includes 11 hours of learning split into small modules. The Centre for Doctoral Studies' subscription gives free access to this masterclass to all members of King's.

For access details to the PGR Core Library see: kcl.ac.uk/doctoraltraining

RDFmapped.com and LinkedIn Learning

As a member of King's, you have free access to premium learning content from LinkedIn Learning. This extensive library of industry leading content gives you on-demand access to skills development courses and videos in business, technical and creative sectors.

For more information about LinkedIn Learning see: kcl.ac.uk/ctel

The Centre for Doctoral Studies has developed RDFmapped.com for the researcher community. This maps LinkedIn Learning resources to Vitae's Researcher Development Framework (page 32). This makes it easy for you to find courses and videos relevant to researchers based on keywords or in your targeted area of development.

RDFmapped.com maps over 500 courses and 1500 videos across the Researcher Development Framework and continues to grow. See: rdfmapped.com



One-to-one support

We offer FREE, confidential, one-to-one advice sessions to all postgraduate research students. This year, our one-to-one appointments are all delivered virtually online.

Support with choosing, planning and creating your career

Our careers consultants support you to plan effectively for and manage the transition to your future in or beyond academia. You can book a confidential appointment with one of our impartial, professional and experienced careers consultants, Kate Murray, Donald Lush, Vicki Tipton and Anna Favalessa, through the King's Careers & Employability website: kcl.ac.uk/careers.

Improve your writing

We host two Royal Literary Fund Writing Fellows, Ros Schwartz and Alice Albinia, who will help you improve and refine your writing skills. They are both professional writers, who can help with a very diverse set of writing skills, including:

- thesis organisation and structure
- accurate grammar
- overcoming writer's block
- punctuation
- fluent academic style
- summary skills
- literature reviews
- correct use of idiom and register
- research articles & submitting publications

The RLFs offer one-to-one tutorials from Monday to Thursday every week during term time, for researchers from any discipline. Visit our web pages for information on how to book.



The Brilliant Club has been an amazing experience. It's been so inspiring to work with students so eager to learn! Seeing young people getting excited about the research I'm doing, has made me more excited about it as well.

Natalie | Neuroimaging



The workshops are just genuinely practical and helpful. I've taken part in quite a few, including Preparing for the Upgrade, Speed Reading (which was amazing), Poster presentations and more. Each one has had a positive impact on me as a researcher! I'm always telling people how useful they are!

Finley | Theology



Opportunities for **postgraduate research students**

OPPORTUNITIES AT OTHER LONDON INSTITUTIONS

As well as internal courses, all King's research students are able to access numerous additional courses run by other London institutions. The 9 members of the Bloomsbury Postgraduate Skills Network share a selection of places on their internal courses with other members of the network.

For more information and to book, visit our training website kcl.ac.uk/doctoraltraining

Members of the Bloomsbury Postgraduate Skills Network

Birkbeck, City, King's College London, London School of Economics, London School of Hygiene & Tropical Medicine, Royal Veterinary College, School of Advanced Study, School of Oriental and African Studies, University College London

Every Faculty appoints an academic, usually known as the **Associate Dean for Doctoral Studies**, who represents the Centre for Doctoral Studies in their Faculty, and represents their Faculty within the Centre for Doctoral Studies. They work within their Faculties to ensure that the commonly-agreed standards of facilities, training and supervision are maintained and that complaints are dealt with promptly. Amongst other roles, they:

- **deal with the variety of issues** which students face, eg authorising extension of submission deadlines or changes of supervisor/project/funding.
- **ensure that all students** in their Faculty have access to appropriate research and transferable skills training.
- **help review** King's *Regulations for Research Degrees* and ensure that supervisors and Heads of Department/Division/School are aware of, and conform to, King's policies, as presented in the *Regulations for Research Degrees*.

FACULTY	ASSOCIATE DEAN FOR DOCTORAL STUDIES
Arts & Humanities	Dr Serena Ferente/Dr Aine McMurtry
Business	Dr Uta Bindl
Dental, Oral & Craniofacial Sciences	Professor Agi Grigoriadis
Law	Dr Ozlem Gurses/Mr Perry Keller
Life Sciences & Medicine	Dr Claire Wells
Natural & Mathematical Sciences	Dr Rivka Isaacson
Nursing, Midwifery & Palliative Care	Dr Wladzia Czuber-Dochan
Psychiatry, Psychology & Neuroscience	Professor Sarah Byford
Social Science & Public Policy	Dr Jill Hohenstein

Advancing in Academia

PGR289

What are the realities of an academic career? What does it take to make the transition from a PhD or a fixed-term teaching or research role to an academic job? Learn from people who recently made that transition, and senior academics making recruitment and funding decisions. Discuss options and opportunities with your peers and experts. These blended online courses (tailored to either health science, arts and humanities or social sciences) take place over a month and help you plan for the next stage of your career.

Applications

PGR292

In this webinar we'll examine how to communicate persuasively with a potential employer by building an effective, evidence-based argument for your suitability and motivation for the role you are applying for. You'll learn how to focus your application on the employers needs and increase your chances of an invitation to interview and selection stages.

Career Strategies for a Recession

PGR291

This webinar will help you to think about career management in a recession. We'll think about how it affects people at different stages of their career thinking and in different ways, and then critically, we'll consider strategies which we can deploy to strengthen our resolve whilst job hunting in different times.

CVs

PGR283

We will look critically and analytically at employers' requirements and show how to communicate your knowledge, attributes, skills and experiences (KASE) persuasively in an attractive and informative CV layout.

Dealing with Change & Uncertainty in your Career

PGR293

In this webinar we'll examine how your wellbeing is connected to your professional identity. We'll show you how collecting information and speaking to other people for help and support can increase your career success and self-confidence.

New Paths

PGR294

We'll explore what new career paths are arising in the short and long term since the global pandemic and think about how we can consider these in your career planning. We'll help you to think about whether it's OK to change direction and how to think tactically about changing labour markets.

The Unused Power of LinkedIn

PGR295

In this online session, we'll explore LinkedIn. Beforehand, we'll ask you to think about how you're already using it, and throughout the session we'll talk about creating an effective profile, how to reach out to others and be proactive using this important platform.

What Researchers Offer - Understanding your KASE

PGR296

Knowledge, Attributes, Skills and Experience (KASE) are your key qualities that are attractive to potential employers. Researchers sometimes struggle to understand and articulate these, especially for roles beyond academia, even though employers appreciate your unique qualities. Join us on this webinar where we'll help you think about what you have to offer to employers and how best to communicate it.

CAREERS & EMPLOYABILITY



CAREERS & EMPLOYABILITY

As well as our workshops & webinars, the following may help you think about your career:

- **Discover Careers events** comprise short talks from a panel of speakers, followed by a lively Q&A. Each Discover Careers panel focuses on a particular sector, eg management consultancy, science communications and policy. Details & booking: kcl.ac.uk/careers
- **Careers In Your Ears**, our podcast, features interviews with PhD holders, providing insights into their career journeys. It's available from the Apple and Google podcast stores.
- **Further online resources**, specially curated for research students: keats.kcl.ac.uk/mod/tab/view.php?id=3435432

The full range of services is available to you for two years after you graduate.



3 Minute Thesis Competition

PGR600

This competition is open to any King's student studying for a PhD or other doctorate. The rules are simple: explain your research to a non-specialist audience in three minutes. No props, sound or moving images allowed; no poems, raps, songs or mimes; only a single static PowerPoint slide is permissible. The winners will be decided by a panel of judges. A series of heats will be held in Spring, with two winning contestants from each heat going forwards to the King's College London 3 Minute Thesis Grand Final. The winner of the Grand Final will be invited to represent King's at the 2021 UK 3 Minute Thesis National Semi-Finals. Further information: kcl.ac.uk/3mt

Expanding your Research into Consulting

CRSD18

Many commercial and non-profit organisations stand to benefit from accessing the knowledge and expertise of researchers at King's. However, the process of identifying potential consulting opportunities and converting these into viable projects which stand a good chance of delivering satisfactory outcomes to all involved is not straightforward. Specific skills are needed to avoid the all too common pitfalls and to make the experience of working with external clients as smooth and risk-free as possible. This course will provide you with all the know-how you need. We start by describing the sorts of external projects you could pursue and then use a number of practical and interactive exercises that will help you in spotting opportunities outside of King's, making the connection with potential clients and 'sealing the deal'. Above all, the course demonstrates how to expand the impact of your research outside of King's through paid work while maintaining your academic independence.

Developing Your Own Public Engagement Activity

PGR249

An interactive workshop which examines the practical aspects of running Public Engagement activities. We will look at planning, delivery and evaluation, as well as what is needed to support the event such as marketing, budgeting, health and safety requirements and current Covid19 restrictions. We will focus on both digital/virtual delivery and face-to-face events. Potential applicants to the Kings College Public Engagement Small Grants funding scheme (p19) are encouraged to attend.

Fundamentals of Designing A Poster Presentation

PGR113

This course is aimed at research students planning to give a poster presentation during the course of their research degree. It covers the key aspects of ensuring that the poster is effective and well-designed.

Making the Most of Conferences

PGR115

This course is aimed at research students who feel they need some guidance in knowing what to expect at their first research conference, including how to network effectively. You will learn to understand what you are aiming to get out of a conference, be able to identify effective networking strategies and develop some confidence about conference attendance.

Pitching for Funding

CRSD65

The training will help researchers to understand the components of a successful pitch, design high-impact pitches, deliver successful pitches to funding panels/interviews and prepare for, and manage, the Q&A session effectively.

Presenting with Confidence

PGR229

Presenters need to know how to capture and hold the attention of their audience who expect a shorter, but more dynamic presentation style. This session will build on your existing skills to help you present with greater authority and leave a lasting positive impact when presenting. This programme is primarily designed for those who have some experience of presenting but want to move their skills to the next level. Specifically, the training will provide a complete and practical guide to every aspect of designing and delivering a high impact presentation.

Public Speaking for Research Students & Research Staff

PGR185

Academics can make as much of an impact from what they say as what they write whether it be through teaching, conferences or job presentations. This workshop takes participants through how to structure a speech, the use of appropriate language and imagery, audio-visual aids and how to master the Q&A, and draws upon acting techniques such as how to improve diction, resonance and stage presence as well as relaxation and breathing techniques to calm nerves.

Social Media for Researchers

CRSD30

Blogging and using social media are useful skills for research staff. This workshop will help you get started about what to consider when writing your own blog or contributing engaging content to existing platforms. It will also provide an opportunity to think about and discuss how to use Twitter effectively.

LinkedIn Learning offers basic training on **getting started with Twitter**.

Understanding and Influencing – Build a Productive Relationship with Your Manager

CRSD58

Our ability to influence and manage upwards is a key part of the modern-day professional toolkit, and yet most people only think about it when their relationship with their boss goes wrong in some way. But regardless of blame or accusation, an adult relationship is something that both parties have a responsibility for, and it is something that we, as developing leaders, must learn to influence effectively. This tailored blended (on and offline) learning programme will give you an insight into how to build and co-create a better relationship with your boss..

Writing and Giving Conference Papers for Arts, Humanities & Social Sciences

PGR159

Do you want guidance on giving conference papers? This course will cover all stages of conference presentations: identifying an area of research suitable for a paper, choosing which conference(s) to attend, writing an abstract, preparing and presenting a talk, and handling questions. Advice will be offered on such things as timing, dealing with nerves, and different ways of delivering papers (reading out, PowerPoint, handouts, etc.). Advice will also be offered on chairing panels, organising your own panels, panel diversity ("manels" etc.), and developing your own conference networks. We will cover common concerns, and session will be full of practical advice and examples of what (not) to do. This session is suitable for people who consider themselves inexperienced at speaking at conferences, or want to improve how they present.

COMMUNICATION & IMPACT



ENTREPRENEURSHIP

The world of work is changing. **King's Entrepreneurship Institute** can help you develop entrepreneurial skills such as creative thinking, idea validation & self-confidence, and provide you with tools to innovate in your chosen field, identify and take advantage of opportunities, or start a new enterprise. Take part in free activities and programmes including workshops, inspirational panel events, Idea Factory competition and the King's20 Accelerator.

Further information

kcl.ac.uk/entrepreneurship-institute

Tw @Innovatekings

Connect on

[LinkedIn](#) | [Facebook](#) | [Instagram/Kingsentrepreneurship](#)
and pick up a copy of Start! Magazine



PUBLIC ENGAGEMENT

King's Engaged Researcher Network (KERN) supports a growing community of researchers, across the university, interested in engaging different audiences with their research. KERN runs training, facilitates collaborations and sends a monthly newsletter which details opportunities to get involved, funding information, resources, and advice.

Further information

kingsengagedresearchblog.wordpress.com

Tw @KingsEngages

Public engagement small grant scheme – small grants for researchers to deliver a public engagement project: kcl.ac.uk/PE-smallgrants



LEARN A LANGUAGE

The Modern Language Centre provides all postgraduate students with the opportunity to take a language module free of charge. The Language Resources Centre offers King's students access to language learning materials and free speaking practice sessions with a native speaker to improve their listening skills. Online resources in five languages are also available through KEATS.

Further information

kcl.ac.uk/modern-language-centre | modern.language@kcl.ac.uk

Postgraduate Funding: Considering the Alternatives for Research Students

PGR131

Are you a current PhD or PGR student who needs extra funding for fees, living expenses, research, conference or 4th year PhD writing-up costs? If the answer is 'yes', then consider joining this workshop! It's all about funding from unusual places you probably haven't heard of! As well as explaining the more 'usual' postgraduate funding options available, it's mainly about alternative grant-making bodies in Britain: principally charities, trusts, and foundations. Charities and trusts are seldom used by students, but often make grants regardless of subject, course, or nationality. They are an excellent – but underrated – funding option.

Starting Your PhD – in the Arts, Humanities & Social Sciences

PGR101

in the Sciences

PGR100

These courses, aimed at first year doctoral students, provide an overview of the PhD: what it is, what to expect and how to manage a research project effectively.

Preparing for the Upgrade – in the Arts, Humanities & Social Sciences

PGR144

in the Sciences

PGR174

These courses are intended for research students in the run-up to the upgrade from MPhil to PhD. The course will provide guidance on how to construct the upgrade report, prepare for the interview/presentation and what the differences are between an MPhil and a PhD.



Writing Up the Thesis – in the Arts, Humanities & Social Sciences

PGR104

in the Sciences

PGR103

This course is for research students who are entering the writing-up phase of their doctorate. In addition to addressing key questions about the structure and content of a thesis, it will also explore writing strategies and how to cope with 'writer's block'.

Preparing for the Viva

PGR105

This course is intended for research students in the final stages of writing up the thesis. It will help you prepare for the oral examination. This workshop identifies the regulations, expectations and outcomes of the viva and aims to address questions and anxieties.

DOCTORAL ESSENTIALS



FUNDING OPPORTUNITIES

NB: please check these schemes as some are currently suspended due to travel restrictions.

King's funding database [kcl.ac.uk/graduate/funding/database](https://www.kcl.ac.uk/graduate/funding/database) **Alternative funding guide** [postgraduate-funding.com/gateway](https://www.kcl.ac.uk/postgraduate/funding/gateway) **Global research grants** [kcl.ac.uk/study/abroad/discover/money/global-research-grant.aspx](https://www.kcl.ac.uk/study/abroad/discover/money/global-research-grant.aspx) **Conference fund** [internal.kcl.ac.uk/student/doctoral-studies/pgp/support/conf.aspx](https://www.kcl.ac.uk/student/doctoral-studies/pgp/support/conf.aspx)



TEACHING

The Brilliant Club is an external, not-for-profit organisation specialising in training and supporting doctoral students and research staff to support pupils from under-represented backgrounds to progress to highly-selective universities. The Brilliant Club offers a limited number of places on an enhanced development programme that equips researchers to deliver university-style tutorials based on their own research. Researchers are paid £500 for each placement they undertake.

Further information
thebrilliantclub.org

King's Academy is a centre for educational development dedicated to supporting staff in teaching and all aspects of education.

- It runs a **GTA Development** programme to help prepare Graduate Teaching Assistants for their roles and become skilful and reflective teachers.
- The **GTA One Stop Shop**, a dedicated KEATS site for GTAs, contains a wealth of information, resources and links. It has sections on *'Getting started'*, *Frequently Asked Questions*, *Assessment*, and *Professional Development* as well as lots of advice on planning teaching, dealing with common problems and pastoral care.
- GTAs with at least one year's teaching experience are supported to apply for recognition by the *Higher Education Academy* (HEA), normally at Associate Fellowship level. It is free to apply while you are a registered student or member of staff at King's. **King's Academy** provides an introduction and workshops to support your application and a KEATS site containing further information and guidance.
[internal.kcl.ac.uk/kingsacademy](https://www.kcl.ac.uk/kingsacademy)



IT ESSENTIALS

LinkedIn Learning provides access to courses on a wide range of topics such as project management, SPSS and Office 365, all available free of charge. Just login with your King's username and password.

Library Services also provides a range of interactive e-learning materials for researchers. These include literature searching, understanding and avoiding plagiarism and specialised search skills for systematic reviewers. They can be accessed 24/7 by clicking the KLaSS button in the top right corner of your KEATS dashboard (or by searching for 'KLaSS' within KEATS).

Using MS Word to Create a Thesis Template

PGR299

This workshop teaches you how to create a template in WORD which contains all the formatting, layout, and styles required for a professional and easily managed thesis, saving you hours of time and a template you can use for future pieces of work.

More support is available on library and IT skills from libguides.kcl.ac.uk/home

For example, there is information on various referencing tools at libguides.kcl.ac.uk/reference/software

Further information kcl.ac.uk/library or email libraryservices@kcl.ac.uk



I went to see the Careers Consultant searching for answers. She asked just the right questions to help me clarify what I really wanted (and didn't want) to do and more than anything helped me to realise that I can forge a career for myself outside of the conventional approach of doing yet another course!
Yewande | Neuroscience

Research has its ups and downs. Our wellbeing is influenced by our management of ourselves and our relationships with other people. As well as developing the skills to solve problems, sustaining an active lifestyle and positive mental health are important ways to reduce the likelihood of difficulties occurring.

- Our **online mental health 'toolkit'** is available on demand:
bit.ly/pgrwellbeingtoolkit (registration link)
youtube.com/watch?v=6FXqePRHhU0
(overview video)
- The Wellbeing Thesis is an online resource for postgraduate researchers to support wellbeing, learning and research:
thewellbeingthesis.org.uk

In addition

- **Student services** offer support to all students
kcl.ac.uk/study-at-kings/student-services
student@kcl.ac.uk | [@kclstudent](https://twitter.com/kclstudent)
- **Wellbeing Hub:** Boost your wellbeing and thrive with events, activities and resources: kclsu.org/help/wellbeing/hub
- **Togetherall:** This is online platform is a safe and anonymous space you can go to if you're feeling down, struggling to cope, or just want to talk to people who understand what you're going through. Registration is free and completely confidential: togetherall.com
- **Counselling & Mental Health Support:** Free and confidential support with a wide range of personal, emotional and mental health issues, through counselling, groups, workshops, peer-to-peer support, and more kcl.ac.uk/counselling

The Seven Secrets of Highly Successful Research Students

PGR237

Find out what doctoral researchers do to finish on time, overcome isolation, doubt and writer's block, and enjoy the process, while spending time with family and friends and perhaps even having holidays!

Leadership Skills for Research Students

PGR242

How do you envisage your career development beyond your personal research? Many PhD students go on to take positions of responsibility, whether in academia or in a broader professional context. However, the skills required for self-motivation are not the same as those required to manage and motivate others. This course will look at the qualities that characterise good leadership; different leadership styles; how to draw on and develop the skills and expertise of a team; and some aspects of conflict management. Participants will share ideas, come up with solutions to common leadership challenges and reflect upon good practice.

Practical Project Management for Research

PGR277

Project Management is a key research skill, and evidence of Project Management skills are often what makes any individual researcher 'stand out from the crowd'. This practical and pragmatic course is 'the least you need to know and do' to manage your research as a project, and is 100 per cent focused on managing the sorts of projects that PhD students and Early Career Researchers are managing. It provides the core skills and key principles of research project management, taking project management theory and distilling it into the key practical tools and techniques. We share our pragmatic, quick and easy approach to getting your project under control and delivered on time.

Time Management for Researchers

PGR232

Researchers have many demands on their time but often find it difficult to prioritise those demands and manage their time effectively. The result can be detrimental to a researcher's work and their work-life balance. This workshop will examine why achieving effective time management can be challenging, how to prioritise your time and protect those priorities, and will

suggest some techniques that can help you get things done.

Coping with the Stress of a PhD

PGR282

The PhD experience can be very stressful. Students frequently report being anxious and/or depressed; they often complain of extreme loneliness; some experience personal difficulties with their supervisor(s) and many have severe self-doubt about their ability to complete their research. Through open discussion within the group, this participatory workshop will address these and similar issues that contribute to the emotional challenge of doing a PhD. It will also look at some strategies that can help you cope.

Imposter Syndrome

PGR297

We will explore what imposter syndrome is, who it affects and why it affects them. We will argue that if seen from a new perspective it becomes a strength and we will provide some top tips for managing the anxiety often associated with it.

Navigating Change and Uncertainty

PGR287

As a backdrop of result of recent and ongoing events, you are likely dealing with a lot of upheaval in a constantly changing situation clouded with uncertainty. Having changes imposed upon you, you may want to increase your capacity to navigate the process and do what you can to respond in a way that serves you better. This session will enable you to assess your current approaches to change, explore the common processes of change, and analyse a variety of techniques and strategies for coping with change, and developing yourself in the process.

Personality Types in Research Groups

PGR275

The most diverse teams produce the best work together, but it can be difficult to work with people who think and work differently from us. The Jungian theory of personality differences offers a tried and tested framework for understanding ourselves and others. This programme introduces the Myers Briggs Type Indicator (MBTI) and explains how personality differences show up in research groups. You will have the opportunity to self assess your own personality preferences, see how your own preferences affect the type of work you enjoy doing, how you like to communicate and how others see you. You will gain insight into how others think and how you can use this information in your own research environment.

Stress, Resilience and Strengths

PGR288

In light of recent events you might be facing concurrent challenges of conducting your research from home, tutoring small humans, anxiety over the welfare of family members, and a restructuring of your social life. Layered difficulties deepen stress and can rob us of our sense of control. This session will enable you to clarify what you can control and influence, explore your personal resilience, a define and deploy your personal strengths as super-powers to ease stress responses.

Wrangling your Workload

CRSD14

Competing priorities, tight timeframes, and a sense of overwhelm are common in research roles, where researchers are striving for consistently high standards in an increasingly competitive field. Defining what is important to you as a person, as well as in your research career, will empower you to make better decisions about your day-to-day workload, your long-term goals, and how progress towards them. Directing and containing your efforts to key

WELLBEING & PERSONAL EFFECTIVENESS

areas of personal and professional development with the most impact, will offer you a greater sense of control and fulfilment in all areas of your life. Cultivate your capacity for focus, and you will make more effective and productive use of your energy. In this workshop, you will review a range of strategies to reduce work-related stress in the research environment and empower you to free up time and attention for your own wellbeing.

UNIQUE – For University Women

WEB

Step back to understand your career options in and out of the university sector. Explore what is important to you so decisions are based on your values. Get clear no-nonsense advice to help you get that next position. Learn tools to help you set goals and realise them. A blended programme for early career university researchers.

Emotional Agility for Successful Research Collaborations

PGR268

The intensity of the research environment means you will experience many different emotions. Learning to move through your emotions without getting stuck in them is an essential requisite for your own wellbeing and for working effectively with others. This programme looks at how you can move beyond expressing or suppressing your emotions, so that you feel clearer, more present and better able to respond proactively to challenges that you face. We will look at how group dynamics can trigger an emotional reaction in us and better understand how we can work constructively with others, without being drawn into energy-draining drama.

Since being assigned a doctoral thesis writing-up space at the Maughan Library, I have been able to focus much better, and use my time more effectively.

Rogelio | Lau China Institute



RESEARCH CULTURE

Researchers have a collective responsibility to promote positive, inclusive research environments, supporting individual and collaborative research activities of the highest quality.

Active Bystander Training for researchers

PGR298

A Bystander is a person who observes a conflict or unacceptable behaviour. It might be something serious or minor, one-time or repeated, but the Bystander knows that the behaviour is destructive or likely to make a bad situation worse. Sometimes it's difficult to have the confidence to challenge unacceptable behaviour, particularly if the offender is more senior or powerful. This training aims to provide practical approaches to challenging others, regardless of hierarchy or power dynamics.

Introduction to Research Governance, Ethics and Integrity

Code TBC

A sound understanding of research governance, research ethics and research integrity is fundamental as the basis for research excellence. This introductory course provides attendees with an overview of these three areas to support you as you embark on your research endeavour. This one-hour session is suitable for all research-active staff and research students, across all Faculties at King's and at any career stage. We also welcome any professional services staff working in a research support role. Please note that attendance on the course requires active participation through live polling in discussion of a case study.

Developing Cross-Cultural Intelligence

LinkedIn Learning

Being able to work across cultures is an increasingly necessary skill for all employees. Communications expert Tatiana Kolovou helps you develop the cross-cultural intelligence to

navigate cultural differences. [linkedin.com/learning/developing-cross-cultural-intelligence/individual-and-group-focused-cultures-2?u=76208058](https://www.linkedin.com/learning/developing-cross-cultural-intelligence/individual-and-group-focused-cultures-2?u=76208058)

Research Governance, Ethics and Integrity

The department of Research Governance, Ethics and Integrity (RGEI) is committed to enabling researchers to achieve research excellence. We support the King's research community to ensure that all research conducted is safe, lawful, and of the highest standards of integrity and rigour. The Department is responsible for developing and monitoring relevant College policies. We also provide further guidance and training to all researchers across the university in governance, ethics, and integrity matters. Please contact the relevant team for further details or to discuss your specific training requirements. **For more information, visit kcl.ac.uk/rgei**

Diversity & Inclusion

King's Equality, Diversity & Inclusion aims to embed equality within everything King's does, and has a range of resources and guidance that students may find helpful. You can take 'Diversity Matters' training to learn more about embedding inclusion in your learning or workplace – just search for it on Skillsforge. The 'It Stops Here' campaign is aimed at ensuring that King's has safe and welcoming campuses for everyone. The online 'Consent Matters' course which is available to all students on **KEATS**. kcl.ac.uk/diversity | [@KCLdiversity](https://twitter.com/KCLdiversity)

RIOT Science Club

A seminar series to raise awareness and provide training in Reproducible, Interpretable, Open, & Transparent Science. Putting the R.I.O.T into science! Weekly talks, workshops and tutorials on open science and more! **Email contact: riotscienceclub@kcl.ac.uk YouTube | [@riotscienceclub](https://twitter.com/riotscienceclub)**

Essentials of Copyright*

LIB841

Copyright considerations come into play at many points in academic life – for example, when publishing a journal article or PhD thesis, creating a taught course, or producing promotional material for a conference or event. This course provides an introduction and overview of copyright considerations in scholarly practice. It will help you understand key concepts, learn about the landscape of legislation and licences, what to think about when using copyrighted material in research and teaching, and copyright in works you create.

Introduction to Statistics for Researchers – 6 part course

PGR257

The course is designed for researchers who have little understanding of statistical methods and wish to apply statistical techniques in practice. The fundamentals of popular statistical procedures and tests will be explained, including descriptive statistics, confidence intervals, hypothesis testing, data transformation, t-tests, Mann-Whitney and Wilcoxon Tests, Chi-square and Fishers Exact Tests, one-way ANOVA, linear regression and binary logistic regression.

By the end of the sessions you will understand fundamental statistical concepts so you can decide the appropriateness of statistical procedures and tests, and be able to use SPSS to apply the relevant techniques.

Managing Your Research Data*

LIB842

Good research data management is an essential part of every researcher's practice and can help to ensure the integrity and quality of research. This practical course looks at how to manage research information and data throughout the whole research process. It provides guidance on storage options, how to share and publish data, archiving, and the potential reuse of data.

It also covers researchers' legal responsibilities to keep data secure and confidential, and funders' research data management requirements

Measures of Agreement and Statistical Methods for Assessing Diagnostic Tests

PGR149

This course focuses on the statistical methods used for measuring agreement for both categorical and quantitative data. You will learn about standard measures and techniques that are used to evaluate the performance of diagnostic tests and assess the agreement between observers.

By the end of the sessions you should be able to: gauge the agreement between observers using Kappa, weighted Kappa, Fleiss Kappa and Bland-Altman method; evaluate diagnostics tests by calculating sensitivity, specificity, positive and negative predictive values; assess a quantitative variable as a diagnostic tool by drawing a ROC curve.

Survival Analysis

PGR150

This course will focus on statistical methods used to assess the time to an event. Although these methods are usually considered under the heading of 'survival analysis' the event could be any event where the focus of interest is the time until it occurs. You will be shown how to perform survival analysis through the statistics package SPSS and interpretation of SPSS output will be considered.

By the end of the session you should be able to: estimate survival probabilities using the Kaplan-Meier method; use the log rank test to compare two survival curves; explain published results of Cox regression.

**Courses organised by Library Services*

Clear & Concise Academic Writing

PGR269

This course will offer many tips for writing clearly and concisely. These tips will help you cut 10–30 per cent of the words in your current drafts – and communicate your ideas more clearly. It will cover topics such as: cutting excess words; making the verb work; letting the argument flow; avoiding ambiguity; and using an appropriate tone. We will look at various examples of good and bad practice. The session will include a lecture and some interactive editing exercises.

Fundamentals of Good Writing

PGR110

This course will look at the key writing elements needed to write clearly, accurately and elegantly. We will look at the components of good style; common difficulties and areas of uncertainty in grammar, syntax, and punctuation; good use of the verb; how to recognise bad style and avoid it; the nature of English vocabulary and how to make best use of it.

How to Construct an Argument

PGR241

This course helps you to develop clarity and logic by looking at what constitutes good argumentation. We examine the requisite vocabulary to structure and develop your thoughts; how to make transitions; how to establish hierarchies of argument; how to decide what to include and exclude; and write clearly and concisely. This course is aimed at any student wishing to hone rhetorical skills for PhD submission, and for their application in the wider world, such as publication or the workplace.

How to Write a Good Research Grant Application (for the Inexperienced Grant Writer)

PGR281

This course is aimed at those who are starting to look for funding and planning to prepare an external research grant application within

the next 18–24 months or sooner. We will cover: where to look, and what to look for; when selecting an appropriate funding scheme; how funders make decisions and what qualities they look for in a competitive application; common reasons for failure; specific aspects of a grant application (formulating a good research idea, preparing a good project summary and rationale in support of the proposed work, presenting a credible research work plan and methodology). Tips on writing and presentation as well as how to respond to external reviewer comments will be provided.

Open Access Publishing*

LIB840

Open Access (OA) publishing provides opportunities for scholarly works to reach a wider audience and enhance their impact. This course looks at what Open Access is and how it affects you. It will help you learn about university policy and funder policies, and how to comply. It covers how to obtain funding where OA incurs costs and how to make your research OA at no cost by depositing it in an online repository – including uploading your papers into King's repository system Pure. It explains how to comply with OA policy for the next REF, and ways to develop an online research profile.

Publishing a Scientific Research Paper

PGR261

To forge a career in science, you need to publish research papers in peer-reviewed journals. But the journal publishing system can be difficult to navigate. This course will give you insider insights from a former journal editor who knows scientific journals from many angles. You will learn how to choose a journal and get your paper through peer review, and some information on how to write and structure the paper will also be included. You will find out about innovations in peer review and publishing that could improve your publishing success, and you will get to see journals from the editor and peer reviewers'

point of view. This is an interactive course, in which you will look into the practices of the journals that are of most interest to you.

Virtual Writing Retreat

CRSD28

Do you have a deadline coming up and are struggling with writer's block? It's important to take time to start writing thesis chapters, grant applications or papers early but often we find it hard to schedule 'writing time' into our busy research lives. The virtual writing retreat is here to give you time, peace, and space to fend off procrastination and beat writer's block. We invite all researchers who need to get away from their usual surroundings to dedicate 3 hours to writing using the effective Pomodoro technique.

Writing a Literature Review for the Arts, Humanities & Social Sciences

PGR258

This session will cover different ways of handling literature reviews, while also identifying the core feature of all good literature reviews, which is to help you justify your approach, by identifying what is good, bad and missing in the literature. The session will also cover: literature searches; looking sideways at similar studies in other areas; and structuring and categorising your literature review(s). (NB We do not cover systematic reviews or coding the literature.)

Writing a Literature Review for the Sciences

PGR259

This session explores the relationship between your research and what already exists, covers the key principles of organising and critiquing published work and identifies the importance of key themes to help you structure your writing about others' work.

Writing for Publication in the Arts & Humanities

PGR260

This course is designed for early career researchers who have limited experience of writing about their research, as well as those who are now ready to submit research papers, journal articles or a monograph for publication. You will be introduced to the academic publishing industry; the different types of publishing, the grading of various journals, the peer review process, how publishing relates to the REF and your broader career. We will cover the stage by stage process of writing a journal article from submission to publication. Focus will be placed on writing style; how to read one's own and other's writing; different ways of constructing and demonstrating evidence and rhetorical styles; how to plan and write a journal (and the ways in which it is different from writing a PhD); the submission, peer review and redrafting process and how to put together a book proposal, as well as contribute to edited collections of essays.

Writing for Publication in the Social Sciences

PGR262

This course is aimed at research students and early career researchers in the social sciences who have no, or limited, experience of writing for publication. The half-day session will cover issues including different ways of turning a PhD or thesis chapter into publishable work, structuring a paper, and how to find a good way of framing your paper. It will also look at how to deal with a rejection, how to deal with a revise and resubmit and how to use social media to advertise accepted papers.

**Courses organised by Library Services*

Don't forget that our Royal Literary Fund Fellows offer one-to-one feedback on your academic writing – see page 11

King's Doctoral Training Partnerships & Centres

King's leads or partners in a number of Doctoral Training Partnerships/Centres supported by the UK Research Councils and The Wellcome Trust. Each offers a structured training programme of doctoral research.

Further information: kcl.ac.uk/study/doctoral-studies/doctoral-training-partnerships

Most Doctoral Training Partnerships/Centres only offer direct support to the cohorts of students funded through the relevant funding agency. King's recognises that the additional training opportunities afforded by such partnerships/centres are of benefit to all relevant students. Cohort-based activities also provide a stimulating and supportive working environment. King's has therefore put additional investment in two areas to ensure as many students as possible benefit from a 'DTC-like' experience. King's is working towards providing such an experience for all PGR students.

London Interdisciplinary Social Science Doctoral Training Partnership (LISS DTP)

LISS DTP is funded by the ESRC (Economic & Social Research Council) and provides studentships, training and other support for doctoral researchers working in social sciences at King's, Queen Mary University of London and Imperial College London. LISS DTP activities are open to all social science PhD students across the three partner institutions, not just those holding studentships. LISS is organised around 13 Thematic Pathways covering interdisciplinary research in the broad domains of: health, well-being and social inclusion, economics & business, language, culture & education, the environment and urban life and security and governance. LISS also provides an extensive programme of core and advanced short courses covering quantitative and qualitative methods, social theory, digital methods and knowledge exchange.

Further information: liss-dtp.ac.uk

Contact: liss-dtp@kcl.ac.uk

Health Sciences Doctoral Training Centre

The Health Sciences Doctoral Training Centre (HSDTC) provides training and development support for the 1,700 doctoral research students in the four Health Faculties at King's College London, irrespective of funding stream. The HSDTC:

- Is structured around seven interdisciplinary research themes
- Delivers a bespoke doctoral training programme in research methods and skills, communication and impact, and careers and employability
- Offers a framework that encourages collaboration and cohort building across the Health Faculties, via networking events, funding opportunities, and peer mentoring

All doctoral research students in the four Health Faculties at King's are automatically registered with the HSDTC, and receive a monthly newsletter which highlights upcoming workshops, courses and events, and funding and other opportunities.

Further information: kcl.ac.uk/hsdtc

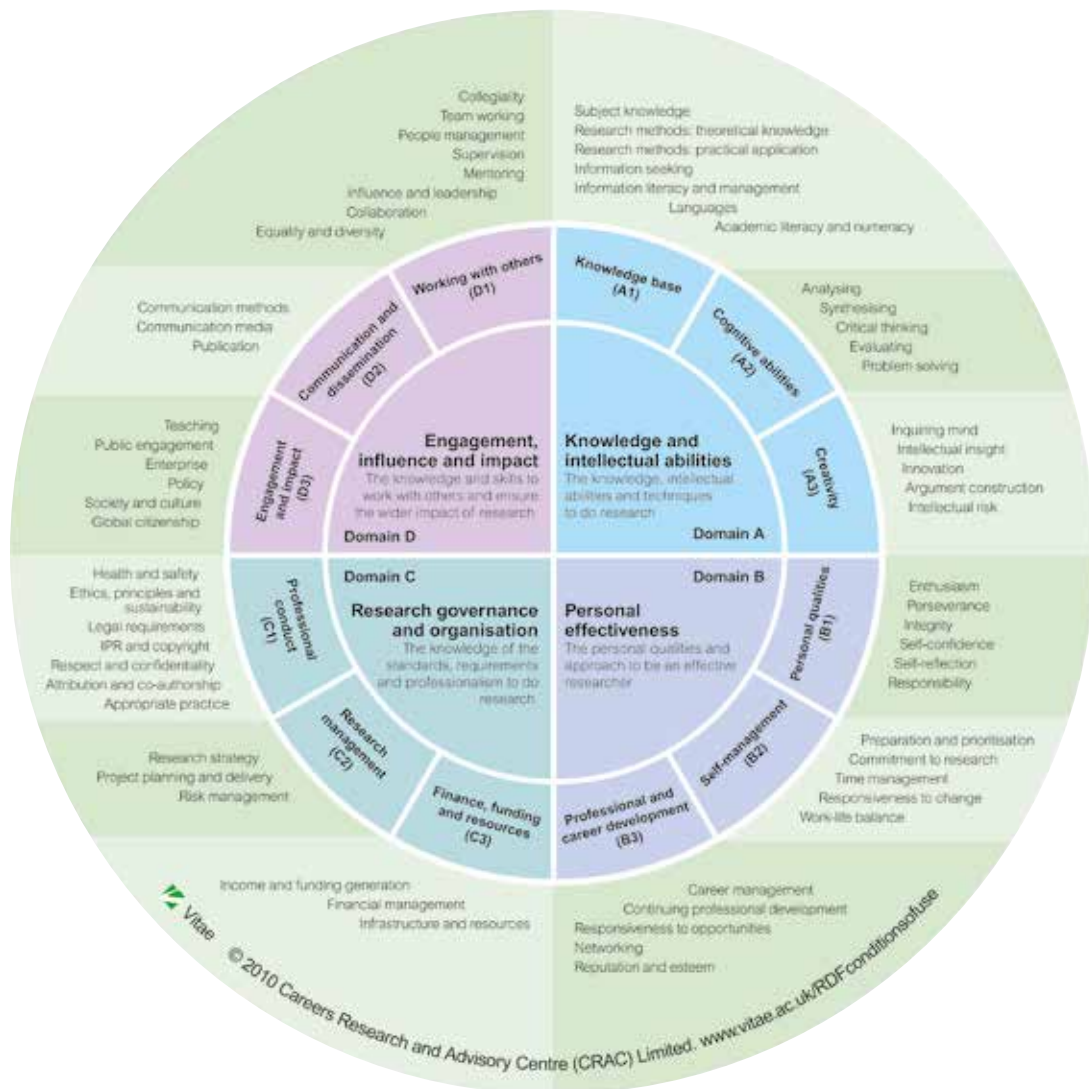
Contact: hs-dtc@kcl.ac.uk or [@Kings_HSDTC](https://twitter.com/Kings_HSDTC)

3 Minute Thesis was an exciting journey for me. It was a wonderful experience to challenge myself to describe my research interests to the public in such a short amount of time. I learned how to communicate more efficiently, think more critically, and also have fun at the same time.

Jane | Psychological Medicine



Researcher Development Framework



The Researcher Development Framework (RDF) has been developed by Vitae in collaboration with the higher education sector and other stakeholders. Further details about the RDF are available at vitae.ac.uk/rdf

Researcher Development Framework

For Researchers

The Researcher Development Framework (RDF) is a national framework which researchers at any career stage can use to identify their skills and strengths and to plan their personal, professional and career development. At King's, we encourage researchers to use the RDF in discussions with your supervisor to identify and prioritise skills that you need to develop.

The Researcher Development Framework comprises four broad domains, which are each divided into three sub-domains and then individual skill descriptors.

- A. Knowledge and intellectual abilities
- B. Personal effectiveness
- C. Research governance and organisation
- D. Engagement, influence and impact

Further information: vitae.ac.uk/rdf

We have mapped courses and videos from LinkedIn Learning against the RDF to help researchers identify useful training available via this online platform. Visit [RDFmapped.com](https://www.rdfmapped.com).

For Supervisors

The Researcher Development Framework provides a way to fulfil the requirements of the QAA UK Quality Code: advice & guidance for research degrees, the Concordat to Support the Career Development of Researchers (vitae.ac.uk/concordat), the UKRI Statement of Expectations for Doctoral Training and the Roberts recommendations on training for postgraduate research students. Combined with the programme of workshops & activities outlined in this brochure, this provides a way for supervisors to ensure that their postgraduate research students obtain the training and development recommended by King's academic regulations for research degrees and the Concordat.

Assessing Development Needs

All our workshops are listed by the RDF domain and sub-domain they come under, in a table on pages 34-36. You can also search for training courses by RDF domain on Skills Forge: training.kcl.ac.uk

Researcher Development Framework
vitae.ac.uk/rdf

Concordat
vitae.ac.uk/concordat

Skills Forge
training.kcl.ac.uk

RDF Mapped
[RDFmapped.com](https://rdfmapped.com)

Completing your thesis is a big challenge. I struggled with planning a daily schedule and missed a few deadlines, so I decided to attend some of the workshops – one on time management and another on how to cope with anxiety. Not only did I get lots of great advice, I also met other students facing the same issues, which made me feel much less isolated.

Claude | War Studies
PHD STUDENT

Researcher Development Framework

CAREERS & EMPLOYABILITY																													
COURSE CODE/TITLE	DOMAIN A			DOMAIN B			DOMAIN C			DOMAIN D			COURSE CODE/TITLE	DOMAIN A			DOMAIN B			DOMAIN C			DOMAIN D						
	A1	A2	A3	B1	B2	B3	C1	C2	C3	D1	D2	D3		A1	A2	A3	B1	B2	B3	C1	C2	C3	D1	D2	D3				
PGR289 ADVANCING IN ACADEMIA					●	●							PGR293 DEALING WITH CHANGE & UNCERTAINTY IN YOUR CAREER					●	●	●									
PGR292 APPLICATIONS						●							PGR294 NEW PATHS						●										
PGR291 CAREER STRATEGIES FOR A RECESSION					●	●	●							PGR295 THE UNUSED POWER OF LINKEDIN						●									
PGR283 CVS						●							PGR296 WHAT RESEARCHERS OFFER – UNDERSTANDING YOUR KASE					●	●	●									

COMMUNICATION & IMPACT																									
COURSE CODE/TITLE	DOMAIN A			DOMAIN B			DOMAIN C			DOMAIN D			COURSE CODE/TITLE	DOMAIN A			DOMAIN B			DOMAIN C			DOMAIN D		
	A1	A2	A3	B1	B2	B3	C1	C2	C3	D1	D2	D3		A1	A2	A3	B1	B2	B3	C1	C2	C3	D1	D2	D3
PGR600 3 MINUTE THESIS HEATS											●	●	PGR249 PUBLIC ENGAGEMENT: DEVELOPING YOUR OWN ACTIVITY											●	●
CRSD18 EXPANDING YOUR RESEARCH INTO CONSULTING												●	PGR185 PUBLIC SPEAKING FOR RESEARCH STUDENTS & RESEARCH STAFF					●							●
PGR113 FUNDAMENTALS OF GIVING A POSTER PRESENTATION												●	CRSD30 SOCIAL MEDIA FOR RESEARCHERS												●
PGR115 MAKING THE MOST OF CONFERENCES	●					●					●	●	CRSD58 UNDERSTANDING & INFLUENCING – BUILD A PRODUCTIVE RELATIONSHIP WITH YOUR MANAGER											●	
CRSD65 PITCHING FOR FUNDING									●			●	PGR159 WRITING & GIVING CONFERENCE PAPERS FOR ARTS/HUMANITIES & SOCIAL SCIENCE STUDENTS					●	●						●
PGR229 PRESENTING WITH CONFIDENCE												●													

DOCTORAL ESSENTIALS																									
COURSE CODE/TITLE	DOMAIN A			DOMAIN B			DOMAIN C			DOMAIN D			COURSE CODE/TITLE	DOMAIN A			DOMAIN B			DOMAIN C			DOMAIN D		
	A1	A2	A3	B1	B2	B3	C1	C2	C3	D1	D2	D3		A1	A2	A3	B1	B2	B3	C1	C2	C3	D1	D2	D3
PGR131 POSTGRADUATE FUNDING: CONSIDERING THE ALTERNATIVES FOR RESEARCH STUDENTS									●				PGR101 STARTING YOUR PHD IN THE ARTS/HUMANITIES & SOCIAL SCIENCES					●			●				
PGR144 PREPARING FOR THE UPGRADE IN THE ARTS, HUMANITIES & SOCIAL SCIENCES		●			●	●		●					PGR100 STARTING YOUR PHD IN THE SCIENCES					●			●				
PGR174 PREPARING FOR THE UPGRADE IN THE SCIENCES		●			●	●		●					PGR104 WRITING UP THE THESIS IN THE ARTS/HUMANITIES & SOCIAL SCIENCES	●	●			●			●			●	
PGR105 PREPARING FOR THE VIVA		●			●	●							PGR103 WRITING UP THE THESIS IN THE SCIENCES	●	●			●			●			●	

Researcher Development Framework

IT ESSENTIALS																									
COURSE CODE/TITLE	DOMAIN A			DOMAIN B			DOMAIN C			DOMAIN D			COURSE CODE/TITLE	DOMAIN A			DOMAIN B			DOMAIN C			DOMAIN D		
	A1	A2	A3	B1	B2	B3	C1	C2	C3	D1	D2	D3		A1	A2	A3	B1	B2	B3	C1	C2	C3	D1	D2	D3
PGR299 USING MS WORD TO CREATE A THESIS TEMPLATE	●	●																							

WELLBEING & PERSONAL EFFECTIVENESS																									
COURSE CODE/TITLE	DOMAIN A			DOMAIN B			DOMAIN C			DOMAIN D			COURSE CODE/TITLE	DOMAIN A			DOMAIN B			DOMAIN C			DOMAIN D		
	A1	A2	A3	B1	B2	B3	C1	C2	C3	D1	D2	D3		A1	A2	A3	B1	B2	B3	C1	C2	C3	D1	D2	D3
PGR268 EMOTIONAL AGILITY FOR SUCCESSFUL RESEARCH COLLABORATIONS				●	●					●			PGR297 IMPOSTER SYNDROME				●	●							
PGR242 LEADERSHIP SKILLS FOR RESEARCH STUDENTS				●		●				●			PGR287 NAVIGATING CHANGE & UNCERTAINTY				●	●	●						
PGR277 PRACTICAL PROJECT MANAGEMENT FOR RESEARCH								●					PGR275 PERSONALITY TYPES IN RESEARCH GROUPS				●						●		
PGR232 TIME MANAGEMENT FOR RESEARCHERS				●	●								PGR288 STRESS, RESILIENCE & STRENGTHS				●	●							
PGR282 COPING WITH THE STRESS OF A PHD				●	●								PGR237 THE SEVEN SECRETS OF HIGHLY EFFECTIVE RESEARCH STUDENTS				●								

RESEARCH CULTURE																									
COURSE CODE/TITLE	DOMAIN A			DOMAIN B			DOMAIN C			DOMAIN D			COURSE CODE/TITLE	DOMAIN A			DOMAIN B			DOMAIN C			DOMAIN D		
	A1	A2	A3	B1	B2	B3	C1	C2	C3	D1	D2	D3		A1	A2	A3	B1	B2	B3	C1	C2	C3	D1	D2	D3
PGR298 ACTIVE BYSTANDER TRAINING FOR RESEARCHERS				●						●			LinkedIn DEVELOPING CROSS-CULTURAL INTELLIGENCE							●					
TBC INTRODUCTION TO RESEARCH GOVERNANCE, ETHICS & INTEGRITY				●			●																		

STATISTICS & DATA MANAGEMENT																									
COURSE CODE/TITLE	DOMAIN A			DOMAIN B			DOMAIN C			DOMAIN D			COURSE CODE/TITLE	DOMAIN A			DOMAIN B			DOMAIN C			DOMAIN D		
	A1	A2	A3	B1	B2	B3	C1	C2	C3	D1	D2	D3		A1	A2	A3	B1	B2	B3	C1	C2	C3	D1	D2	D3
LIB841 ESSENTIALS OF COPYRIGHT							●						PGR149 MEASURES OF AGREEMENT AND STATISTICAL METHODS FOR ASSESSING DIAGNOSTIC TESTS	●											
PGR257 INTRODUCTION TO STATISTICS FOR RESEARCHERS – 6 PART COURSE	●												PGR150 SURVIVAL ANALYSIS	●											
LIB842 MANAGING YOUR RESEARCH DATA	●						●																		

Researcher Development Framework

WRITING & PUBLISHING																									
COURSE CODE/TITLE	DOMAIN A			DOMAIN B			DOMAIN C			DOMAIN D			COURSE CODE/TITLE	DOMAIN A			DOMAIN B			DOMAIN C			DOMAIN D		
	A1	A2	A3	B1	B2	B3	C1	C2	C3	D1	D2	D3		A1	A2	A3	B1	B2	B3	C1	C2	C3	D1	D2	D3
PGR269 CLEAR & CONCISE ACADEMIC WRITING	●											●	CRSD28 VIRTUAL WRITING RETREAT												●
PGR110 FUNDAMENTALS OF GOOD WRITING	●											●	PGR258 WRITING A LITERATURE REVIEW FOR THE ARTS/HUMANITIES & SOCIAL SCIENCES	●							●				
PGR241 HOW TO CONSTRUCT AN ARGUMENT	●	●	●									●	PGR259 WRITING A LITERATURE REVIEW FOR THE SCIENCES	●							●				
PGR281 HOW TO WRITE A GOOD RESEARCH GRANT APPLICATION									●				PGR260 WRITING FOR PUBLICATION IN THE ARTS & HUMANITIES												●
LIB840 OPEN ACCESS PUBLISHING												●	PGR262 WRITING FOR PUBLICATION IN THE SOCIAL SCIENCES												●
PGR261 PUBLISHING A SCIENTIFIC RESEARCH PAPER												●													



Individually tailored career consulting sessions provided me with expert opinions on the postgraduate job market. I also gained invaluable insight and knowledge on interview practices, and advice on the structure and content of my CV, significantly improving the quality of my applications.

Thomas | Biomedical Engineering

Frequently asked questions

If these FAQs do not answer your question, please check the FAQ section on our webpages kcl.ac.uk/cds-faqs

1. Will training courses be run on campus over the 2020–21 academic year?

- Currently there are no plans to run PGR training courses on campus this year. We will be delivering all training virtually, either as live sessions or on-demand. This may change at some point, but we'll keep you updated via our webpage here kcl.ac.uk/study/doctoral-studies/pgs-coronavirus-information.

2. How do I book onto a course?

- Go to training.kcl.ac.uk. Under **Development Activities** on the left-hand side, click on **Book a place on a course or event**. Enter the course code into the main search area and it will bring up available courses.

3. Why can't I log in to the online booking system ('Skills Forge') to book an online training course?

- Check you are using
 - the correct web address: training.kcl.ac.uk
 - your King's email username and password to log in
- If your username begins with a 'k' try changing the case
- If none of the above work, try resetting your password kcl.ac.uk/it/password-resets-and-management
- If you are still unable to log in please contact the IT Services helpdesk: kcl.ac.uk/it/help-and-support

4. Why can't I find a course on the Skills Forge website?

- Workshops open for bookings one term at a time, on the following dates: **5 October 2020** for October to December 2020 courses; **7 December 2020** for January to April 2021 courses; **12 April 2021** for May to June 2021 courses.
- Your user status will affect the courses you can view and book onto on Skills Forge. For example, if you are a Student and try to view a course that is for Research Staff only, you will not be able to see it (and vice versa).

5. How many training days am I entitled to?

- All King's research students are entitled to 10 days of transferable skills training per year.

FAQs

kcl.ac.uk/cds-faqs

Skills Forge

training.kcl.ac.uk

IT Services Help Desk

kcl.ac.uk/it/help-and-support

Tel 020 7848 8888

Email 8888@kcl.ac.uk

The support offered by the Careers Consultants has been excellent. The time, dedication and invaluable advice they provided enabled me to secure an internship at a life sciences consultancy, which really opens up my career choices post PhD.

Carly | Neuroscience

PHD STUDENT

Frequently asked questions

- The Research Councils require all their funded students to fulfil the training requirement of 10 days per year.
- Not all this training needs to be taken through the Centre for Doctoral Studies. For example, some might be used for career development activities undertaken during a research conference.
- The most important consideration for whether an activity will be considered appropriate is that it has a clearly identifiable developmental component. Courses that involve skills specific to your research and are of no use beyond the end of the project are not considered to be 'transferable'.

6. How will my course attendance be recorded in my progress report?

- Any course that you book through Skills Forge will be processed through a Skills Forge register, then your attendance will be automatically fed through to your progress report. If you experience any problems with this process, please contact the course organiser.

7. What counts as 'attended' for an online workshop?

- Attendance reports will be taken in the live workshop session(s). If you don't attend the live session this will not count as being attended in your progress report.

8. What happens if I can't attend a course?

- To withdraw from a course, login to Skills Forge and cancel your online booking. Please note that you must cancel your booking at least 48 hours before the course is due to take place.
- If you are sick on the day of the course, please contact us as soon as possible via doctoraltraining@kcl.ac.uk.

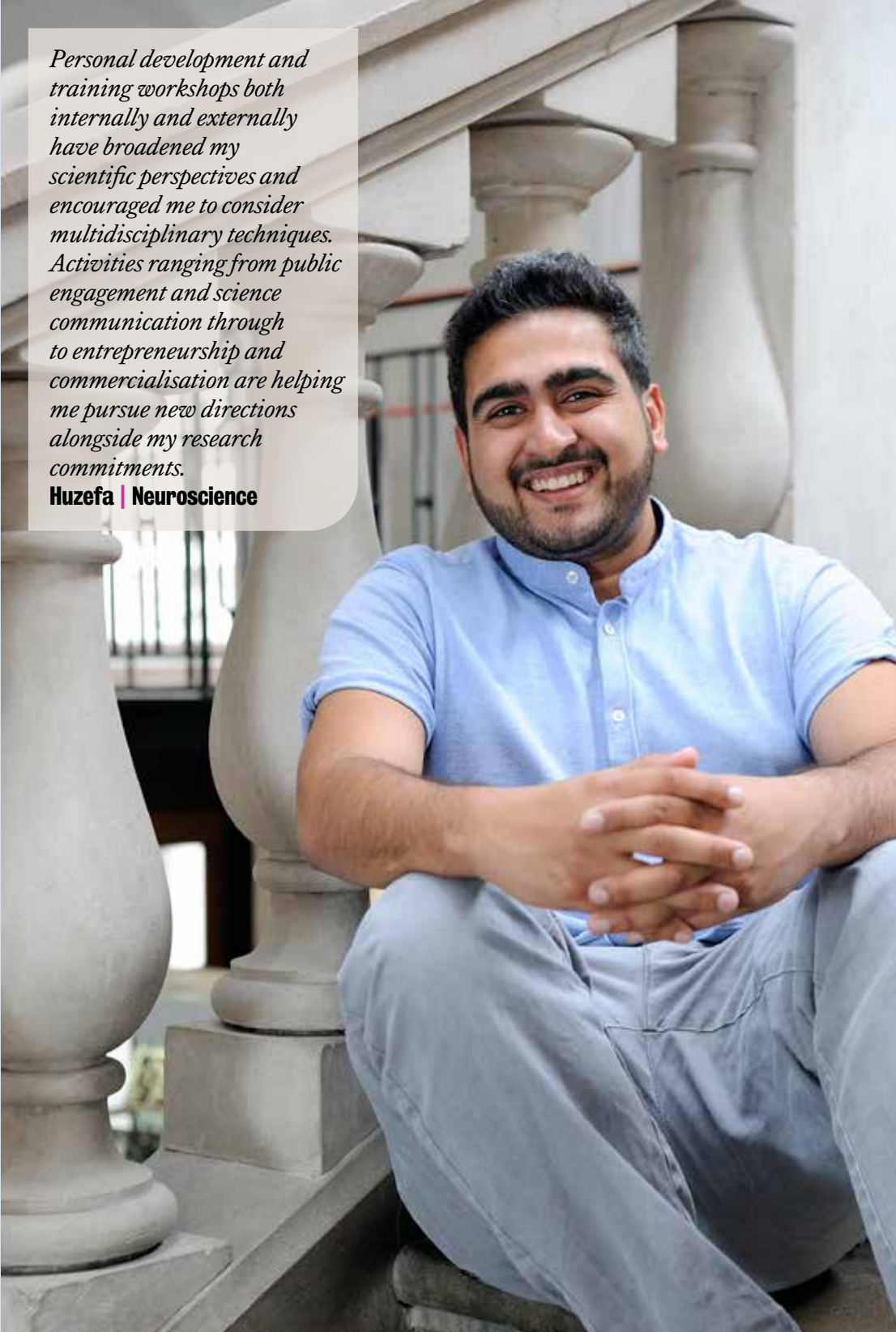
-
- **Any individual who accrues two 'no shows' will be blocked from booking future courses. A 'no show' is defined as not turning up for a course without prior notification. The recording of a 'no show' will be at the discretion of the Director of Research Talent.**
 - **The block on booking future courses will only be removed once notification is received from your Faculty that no future courses will be missed without giving appropriate notice.**
-

Further information: kcl.ac.uk/cds-no-shows

Meeting with the writing fellow had a huge impact. She gave me excellent advice and helped me understand the origin of my mistakes, mostly due to English not being my first language. Also, she suggested books and links for me to continue my learning. My supervisor has really noticed the difference between my first reports and now.

Roxana | Geography





Personal development and training workshops both internally and externally have broadened my scientific perspectives and encouraged me to consider multidisciplinary techniques. Activities ranging from public engagement and science communication through to entrepreneurship and commercialisation are helping me pursue new directions alongside my research commitments.

Huzefa | Neuroscience

Contacts

If you have any queries or would like to discuss your training needs further please contact a member of the Centre for Doctoral Studies via email or MS Teams. **For more information: kcl.ac.uk/doctoraltraining** **For any general research degree issues: doctoralstudies@kcl.ac.uk**



Dr Nigel Eady

Director of Research Talent
nigel.eady@kcl.ac.uk



Dr Amy Moore

Head of Doctoral Student Development
amy.e.moore@kcl.ac.uk



Craig Dooley

E-learning Development Adviser
craig.dooley@kcl.ac.uk



Madeleine House

Doctoral Studies Training Manager
doctoraltraining@kcl.ac.uk



Jo Stephenson

Doctoral Student Engagement Coordinator
jo.stephenson@kcl.ac.uk



Matthew Coleman

Doctoral Training Coordinator
matthew.coleman@kcl.ac.uk



Kate Murray

Careers Consultant
kate.murray@kcl.ac.uk



Vicki Tipton

Careers Consultant
vicki.tipton@kcl.ac.uk



Anna Favalessa

Careers Consultant
anna.favalessa@kcl.ac.uk



Donald Lush

Careers Consultant
donald.lush@kcl.ac.uk



Ros Schwartz

Royal Literary Fund Writing Fellow
ros.schwartz@rlfeducation.org.uk



Alice Albinia

Royal Literary Fund Writing Fellow
alice.albinia@rlfeducation.org.uk



I attended a workshop on surviving assessment centres – a recruitment process commonly used in industry. I found it very helpful. The sessions gave me the opportunity to understand what interviewers at assessment centres look out for, and how to participate effectively in team-based tasks in a recruitment setting.

Mercy | Medical Statistics

Index

3 Minute Thesis Competition	17	Postgraduate Funding: Considering the Alternatives for Research	20	Writing for Publication in the Arts & Humanities	29
Active Bystander Training for Researchers	26	Practical Project Management for Research	23	Writing for Publication in the Social Sciences	29
Advancing in Academia	15	Preparing for the Upgrade in the Arts/Humanities & Social Sciences	20	Writing Up the Thesis in the Arts/ Humanities & Social Sciences	20
Applications	15	Preparing for the Upgrade in the Sciences	20	Writing Up the Thesis in the Sciences	20
Career Strategies for a Recession	15	Preparing for the Viva	20		
Clear & Concise Academic Writing	28	Presenting with Confidence	18		
Coping with the Stress of a PhD	24	Public Engagement: Developing Your Own Activity	17		
CVs	15	Public Speaking for Research Students & Research Staff	18		
Dealing with Change & Uncertainty in your Career	15	Publishing a Scientific Research Paper	28		
Developing Cross-Cultural Intelligence	26	Social Media for Researchers	18		
Emotional Agility for Successful Research Collaborations	25	Starting Your PhD in the Arts/ Humanities & Social Sciences	20		
Essentials of Copyright	27	Starting Your PhD in the Sciences	20		
Expanding Your Research into Consulting	17	Stress, Resilience & Strengths	24		
Fundamentals of Giving a Poster Presentation	17	Survival Analysis	27		
Fundamentals of Good Writing	28	The Seven Secrets of Highly Effective Research Students	23		
How to Construct An Argument	28	The Unused Power of LinkedIn	15		
How to Write a Good Research Grant Application	28	Time Management for Researchers	23		
Imposter Syndrome	24	Understanding & Influencing – Build a Productive Relationship with Your Manager	18		
Introduction to Research Governance, Ethics & Integrity	26	Using MS Word to Create a Thesis Template	22		
Introduction to Statistics for Researchers	27	Virtual Writing Retreat	29		
Leadership Skills for Research Students	23	What Researchers Offer – Understanding Your KASE	15		
Making the Most of Conferences	17	Writing a Literature Review for the Arts/Humanities & Social Sciences	29		
Managing Your Research Data	27	Writing a Literature Review for the Sciences	29		
Measures of Agreement & Statistical Methods for Assessing Diagnostic Tests	27	Writing and Giving Conference Papers for Arts/Humanities & Social Science Students	18		
Navigating Change & Uncertainty	24				
New Paths	15				
Open Access Publishing	28				
Personality Types in Research Groups	24				
Pitching for Funding	17				



DESIGN

Susen Vural Design
susenvural.com
Approved by
brand@kcl.ac.uk
September 2020

PORTRAIT PHOTOGRAPHY

Jo Mieszkowski
jomieszkowski.co.uk
(Front cover, pages 1, 9-12,
22, 25, 31, 36, 39-40, 42

Training and development opportunities
for all postgraduate research students
kcl.ac.uk/doctraining

Try something new **@kcldo1thing**

Centre for Doctoral Studies

King's College London
Waterloo Bridge Wing
Franklin-Wilkins Building
150 Stamford Street
London SE1 9NH

E. doctraining@kcl.ac.uk

T. [@KCLDocStudies](https://twitter.com/KCLDocStudies)

W. kcl.ac.uk/doctraining