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When I realised that the way we perceive everything, including the universe, originates from our brain, I became interested in researching the source of ‘our’ reality, the brain. I’m proud that my research has helped to change the public image of ADHD from ‘naughty children’ to a brain developmental disorder. It’s a humbling experience if your favourite hypothesis turns out to be wrong and you have to rethink. It opens your mind and makes you aware of the relativity of human beliefs.