Patient level of engagement in goal setting
(as judged by team)

**Excellent engagement**
Fully independent in goal monitoring and setting their own goals

**Very good engagement,**
Patient takes most of responsibility for monitoring and re-setting goals

**Good engagement,**
But requires active support
Patient and team take 50/50 responsibility

**Moderate engagement,**
Patient engages to some degree, but team takes most of responsibility (>50%) for monitoring and re-setting goals

**Minimal engagement,**
Patient indicates general goal area, but cannot engage in goal setting to any meaningful level

**Unable**
Cannot engage in goal setting at any level

This is a scale to record the level of engagement of a patient in their own goal setting. It takes into account a number of factors related to goal-setting behaviour:

- Their **cognitive ability** to be aware of themselves, their situation and their environment
- Their **communicative ability** to articulate their priorities and frame those in specific goals
- Their **adjustment to limitations** and level of **realistic expectation** for the future.
- Their **behavioural approach to rehabilitation**, including self-monitoring, motivation and ability to organise themselves

The simple scale above does not attempt to tease these out. If the patient is at different level with respect to these factors – eg they have the cognitive ability to understand, but cannot/will not accept the concept of goal negotiation, **score to the lower!**
Patient satisfaction with the goal setting process
(as judged by patient / family)

Excellent
My goals matched all my key priorities for rehab
And were entirely my own choice

Very good
My goals matched my main priorities for rehab
And I was pretty happy with my agreed goal-set

Good
My goals met most of my priorities for rehab
And I agreed with most of them

Moderate
My goals met some of my priorities for rehab
And I agreed with some of them

Poor
My goals were largely irrelevant to me
And I disagreed with most of them

None
My goals were completely irrelevant
And I did not agree with any of them
Or
What goals???

This is a scale to record the patient’s satisfaction with goal setting.
It takes into account a number of factors related to goals:

• How well the goals matched their priorities for rehab
• The extent to which they agreed with the goals
• The extent of choice in goal areas
• The extent to which they felt involved with / in charge of the goal setting process

The simple scale above does not attempt to tease these out.
If the patient is at different level with respect to these factors – eg they had a wide choice of goals but did not agree with any of them, score to the lower!
Family level of engagement in goal setting
(as judged by team) Please complete if patient is unable

**Excellent engagement**
Fully able to monitor the patient's goals and set the patient's goals

**Very good engagement,**
Family take most of responsibility for monitoring and re-setting goals

**Good engagement,**
But require active support
Family and team take 50/50 responsibility

**Moderate engagement,**
Family engage to some degree, but team takes most of responsibility (>50%) for monitoring and re-setting goals

**Minimal engagement,**
Family indicate general goal area, but cannot engage in goal setting to any meaningful level

**Unable**
Cannot/will not engage in goal setting at any level

This is a scale to record the level of engagement of a patient's family in setting goals for the patient when the patient is unable. It takes into account a number of factors related to goal-setting behaviour:

- Their understanding of the patient's limitations, their adjustment to this, and their level of realistic expectation for the future.
- Their ability to articulate the priorities, advocating for the patient and framing those priorities in specific goals.
- Their approach to rehabilitation, including monitoring the goals and re-setting goals as appropriate or setting process goals (i.e. linked to care plans or discharge planning as required).

The simple scale above does not attempt to tease these out. If the family is at different levels with respect to these factors – eg they have the pockets of insight/ability to understand, but cannot/will not accept the concept of goal negotiation, **score to the lower**!